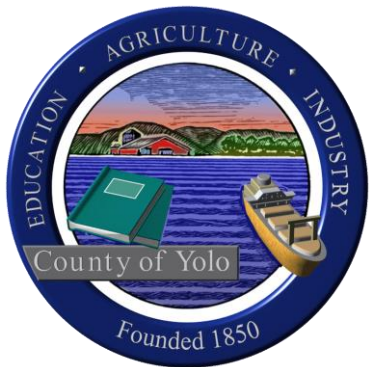


YOLO COUNTY: MHSA ANNUAL UPDATE 2018-2019 COMMUNITY MEETINGS

September 24, 2018



Anthony Taula-Lieras - Mental Health Services Act Coordinator

Tessa Smith – Outreach Specialist & Family Advocate

PURPOSE FOR TODAY

Objectives

1. Share information about MHSA
 2. Why have a planning process
 3. Hear from you
 4. Next steps
-

MENTAL HEALTH SERVICES ACT HISTORY & COMMUNITY PLANNING PROCESS

What is the MHSA? Why does it exist and why is there a
Community Planning Process?



What is the Mental Health Services Act?

- Historically, California's mental health system has been underfunded and inadequate for those with serious mental health needs.
- Advocates campaigned for better mental health services, and in 2004 California Voters passed MHSA (Prop 63).
- MHSA taxes those who make over \$1 million
 - Funds programs to expand and transform the mental health system to address the needs of the underserved.
- Why does that matter to communities?
 - Communities receive additional funding specifically targeted to the unserved, underserved and inappropriately served.

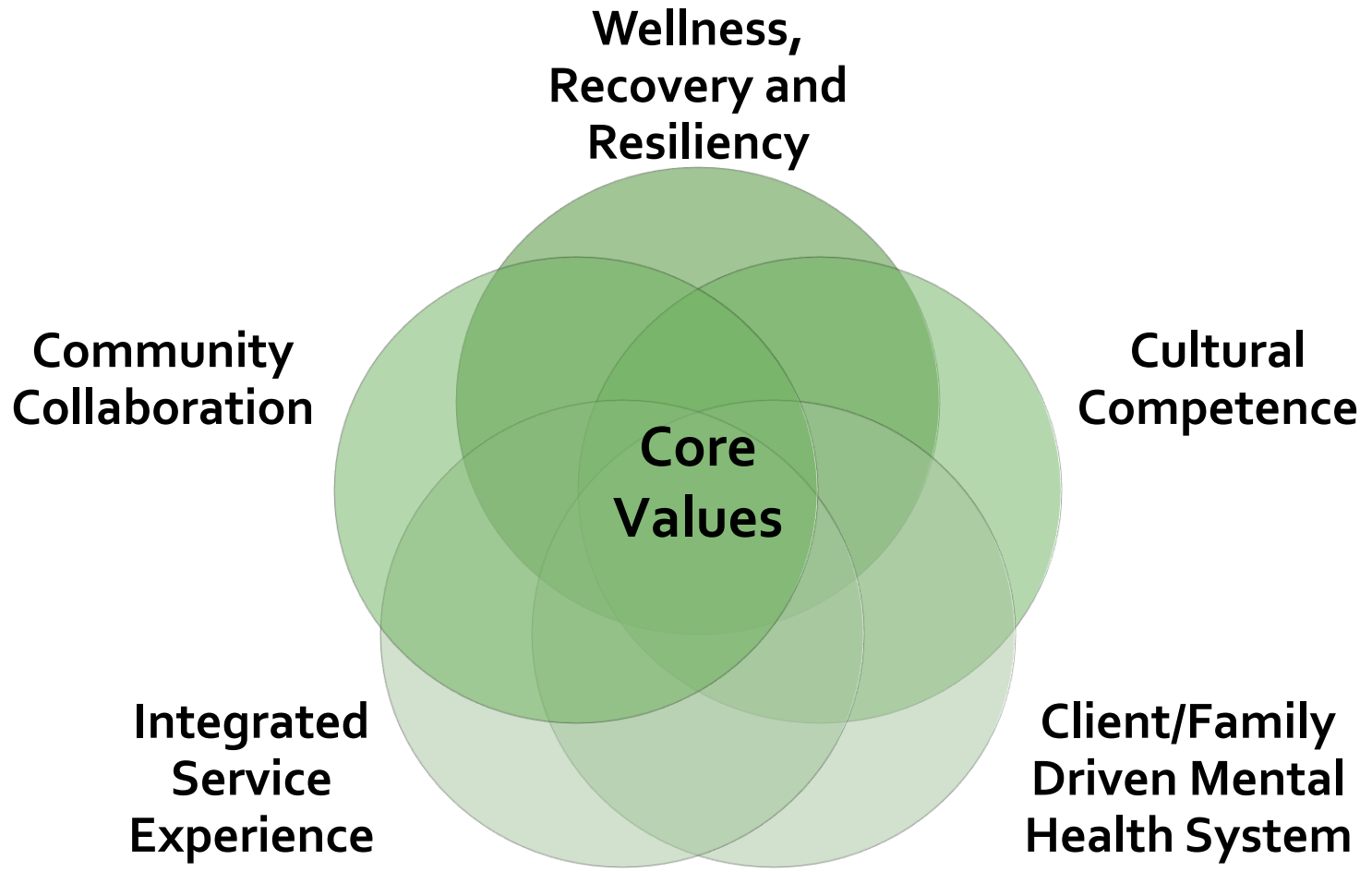


Community Planning Process

The MHSA intends that stakeholders meaningfully contribute to the **planning, design, implementation, and evaluation** of MHSA-funded programs.

- Adults and seniors with severe mental illness
- Families of children, adults, and seniors with severe mental illness
- Providers of mental health services
- Law enforcement agencies
- Education agencies
- Social services agencies
- Veterans and representatives from veterans organizations
- Providers of alcohol and drug services
- Health care organizations
- Other important interests

MHSA Core Values



MHSA Components

CSS: Community Services & Supports

- Outreach and direct services for the most serious mental health needs

PEI: Prevention & Early Intervention

- Prevention to promote wellness and reduce the impact of mental health problems
- Early intervention to address emerging mental health needs

INN: Innovation

- Funding to test new approaches to improve access, collaboration, and/or service outcomes

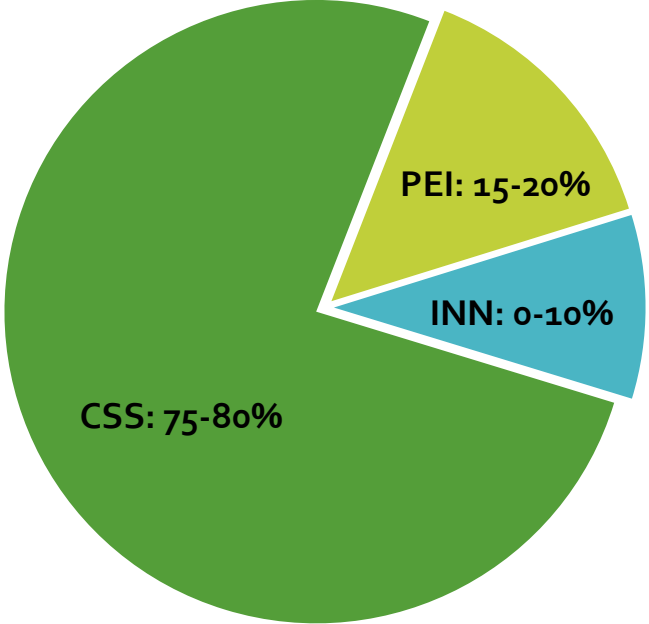
CFTN: Capital Facilities & Technology Needs

Infrastructure development to support electronic health records and facilities

WET: Workforce Education & Training

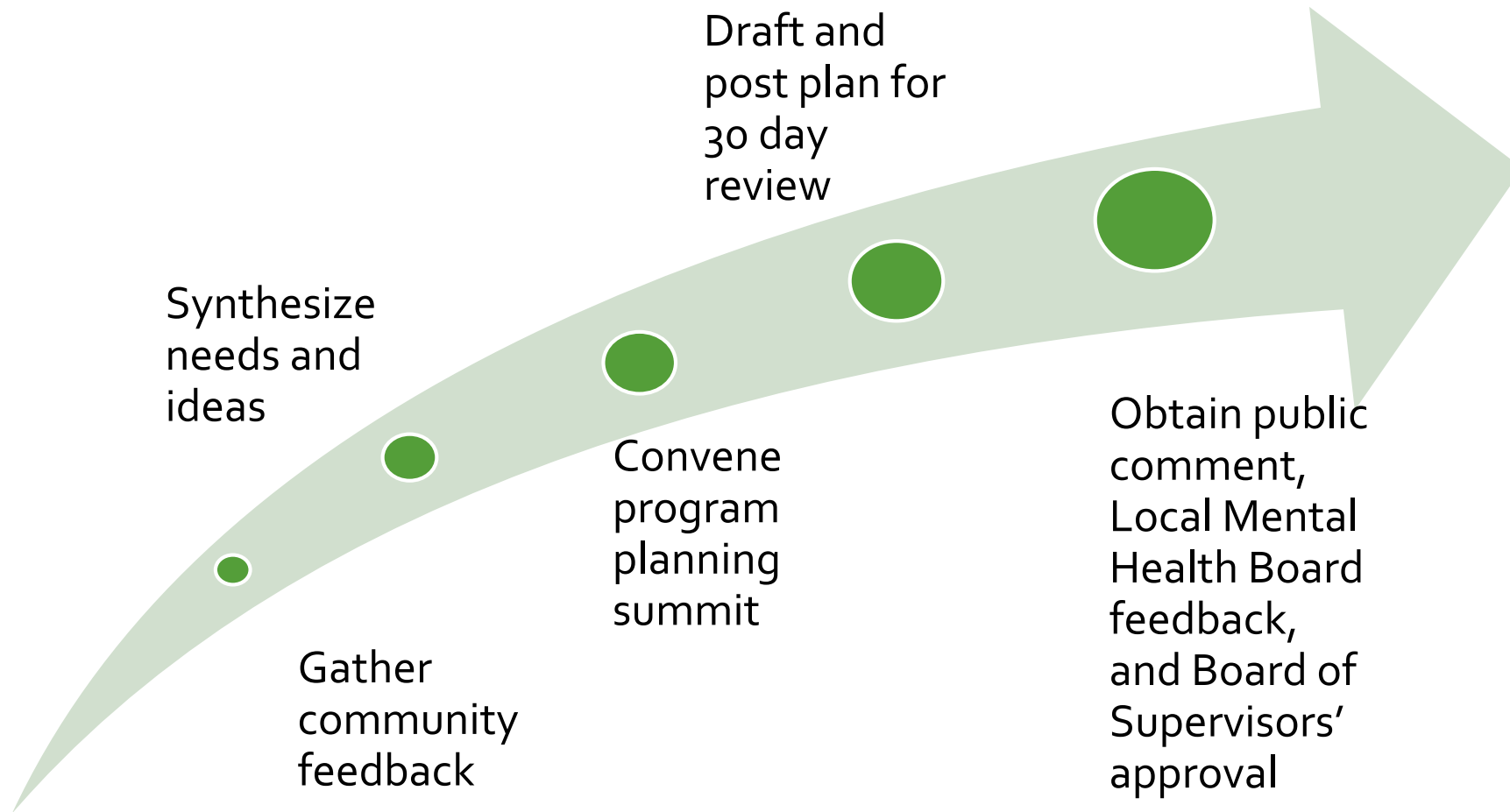
Support to build, retain, and train a competent public mental health workforce

MHSA County Funding*



*Counties received 10-year allocations for WET and CFTN activities

MHSA Annual Update Process



What is currently funded for Children and Youth?

	Program	Program Description
PEI	Early Childhood Access & Linkage to Service Program	Implements universal screening and service linkage. Strengthens identification and linkage to services for children and identifies the appropriate level of care.
PEI	School and Community-based Mentorship program	Provides school-based educational presentations about mental health. Creates afterschool mentorship and activity-based resiliency programming.
CSS	Children's Mental Health Services	Outreach and Engagement to connect children/families to services.
		System Development: Services for children with mild to moderate needs.
		Full Service Partnership: Services for children with the highest level of mental health need.

	Program	Program Description
PEI	School-based Access & Linkage to Service	Strengthens identification and linkage to services for youth and young adults and identifies the appropriate level of care.
	TAY Wellness Center	Provides activity-based, socialization, and recovery-focused services
PEI	TAY Early Intervention Program	Services for youth that are beginning to develop mood or anxiety-related serious mental illness. <i>*UC Davis will serve youth experiencing a First Episode Psychosis/First break outside of MHSA funding.</i>
PEI	TAY Speaker's Bureau	Reduces stigma and discrimination through creation of a TAY Speaker's Bureau.
CSS	Pathways to Independence	Outreach and Engagement at the TAY Wellness Centers to connect to services.
		System Development: Services for TAY with mild to moderate needs.
		Full Service Partnership: Services for TAY with the highest level of need.

What is currently funded for Adults and Older Adults?

	Program	Program Description
PEI and CSS	Community Based Drop in Navigation Centers	Community-based drop-in centers provide recovery-based socialization, activity-based programming, and case management.
CSS	Adult Wellness: Alternatives SD/FSP	Current adult full service partnership (FSP) program which includes the Wellness Centers with expanded service hours and more formalized programming based in evidence based practices (EBPs).
	ACT/AOT	This refers to the contracted ACT team that serves the highest level of FSP as well as consumers enrolled in AOT.

	Program	Program Description
PEI	Wellness Project: Senior Peer Counselor Volunteers	Peer support for older adults at risk of losing their independence.
CSS	Older Adult Outreach and Assessment	Outreach and Engagement: Strategy to help identify and adult and older consumers in need of services.
		System Development (SD): Services for older adults with a mild to moderate mental health need.
		Full Service Partnership (FSP): Services for older adults with the highest level of mental health need.

How is MHSA Supporting your Workforce?

Program	Program Description
Cultural Competency/ LGBT+ Initiative	Targeted support to improve cultural competency mental health service provision across the system.
Peer Workforce Development Workgroup	Workgroup inclusive of peer staff that strengthens the onboarding, training, and supervision to peer support staff and considers EBPs in peer support model, and works to increase inclusion of peer workforce across the agency.
Mental Health Professional Development	Provides training on emerging and best practices, will expand to include new training for DSM-V, trauma-informed care, motivational interviewing, CBT, and include Gallup's Strengths Finder.
Perinatal Mental Health Services Training	Training for providers across the healthcare system targeted at understanding perinatal mental health needs like postpartum depression.
Psychiatry Residency Program Development	Through partnership with UC medical schools, this program trains psychiatric residents and encourage them to enter the public mental health workforce.
Clinical Internship Program	Initiatives to develop a more robust intern training program for master's level clinical staff and continued commitment to developing the psychiatric residency program with UCD.

What Programs are available across the Lifespan?

Program Name	Program Description
Early Signs Project: Crisis Intervention Team (CIT) Training	Trains law enforcement and other first responders to recognize the signs of mental illness when responding to a person experiencing a mental health crisis.
Early Signs Training and Assistance	Trains individuals who have the knowledge and skills to respond to or prevent a mental health crisis in the community.
Integrated Behavioral Health Services for Latino Community and Families	Provides culturally responsive services to Latino/Hispanic residents with health issues, mental health illnesses, and/or substance use issues and includes primary care and full-scope behavioral health services to consumers, focused on engaging the family system and strategies for engaging men.
Early Signs Project: Crisis Intervention Program	This program pairs community-based behavioral health providers with law enforcement to respond to community mental health crisis.
Peer and Family Led Support Services	Assists peers and families to understand the signs and symptoms of mental health, promote awareness of mental health resources, develop ways to support an individual or loved one to access needed services, and receive support to cope with the impact of mental health for an individual or within the family.

What is currently funded for technology and facilities ?

Program Name	Program Description
Adult Wellness Centers	Wellness centers with a variety of rehabilitative services, skill building groups, and computer labs with internet access.
Adult Residential Treatment Program	Facility that provides a community-based residential treatment alternative for adults at risk of falling back into Mental Health Rehabilitation Center (MHCs.)
Tele Psychiatry	Provides psychiatric services to clients through live, interactive audio videoconferencing during which Yolo HHSA staff facilitate the consultation between the client and the psychiatrist, taking special care in ensuring the privacy, confidentiality, and informed consent of the client.
Electronic Health Record and Data Upgrades	Updating information systems and software systems, standardizing data collection, improving the electronic documentation system, and strengthening analytic and reporting process.
LGBT+ Data Collection	This initiative focuses on data collection across the county on the LGBT+ community to provide culturally responsive outreach, quality mental health services/programs, and ultimately improve outcomes among this population.
Social Media Initiative	This program explores social media and mobile applications that includes social media management tools that can run automatic analytics.

We want to hear from you!

Needs Assessment

- **Year in review**
 - What have we accomplished?
 - What programs and services stand out?
 - What programs and/or services might not be working as well?
- **Remaining Needs**
 - Who isn't getting services?
 - What types of programs and services are missing?

Program Planning

- What programs and services should we **continue** as they are?
- What programs and services should we consider **changing**?
- What programs and services do we **not need**?
- What **new programs** might benefit the community?

Next Steps

HHSA Presents to Local Mental Health Board: September 24, 2018



All Day-Program Planning Summit: October 16, 2018



Develop update: November- December 2018



Post for public comment: December 20-21, 2018



Public Hearing: January 21, 2019



Submit update to Board of Supervisors: February 2019