




**S.T.A.Y. WELL CENTER**  
**WOODLAND COMMUNITY COLLEGE**  
 700 Building – Room 744  
 Monday - Friday  
 9:00 a.m. – 5:00 p.m.

**NOVEMBER 2018**

**S.T.A.Y. Well Center Activities**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
  <b>AND SEE WHAT IS AVAILABLE</b>  Lounge Computers TV Refrigerator Microwave Meeting Room Student Artwork Community and Campus Resources Food Pantry  				1 OPEN LOUNGE	2 Free Friday Wii & board games
	5 OPEN LOUNGE	6 Stress Relieving Tuesday 1-5 Movies & TV	7 Walk It Off Wednesday Arts & Crafts	8 OPEN LOUNGE	9 Free Friday Wii & board games
	12 CENTER CLOSED FOR OBSERVATION OF 	13 Stress Relieving Tuesday 1-5 Movies & TV	14 Walk It Off Wednesday Arts & Crafts	15 OPEN LOUNGE	16 Free Friday Wii & board games
	19 Mindfulness Monday 12-2 Wii & Board games 3-5 Movies & TV	20 Stress Relieving Tuesday 1-5 Movies & TV	21 Walk It Off Wednesday Arts & Crafts	22 CENTER CLOSED 	23 CENTER CLOSED
	26 Mindfulness Monday 12-2 Wii & Board games 3-5 Movies & TV	27 Stress Relieving Tuesday 1-5 Movies & TV	28 Walk It Off Wednesday Arts & Crafts	29 OPEN LOUNGE	30 Free Friday Wii & board games