

Yolo County MCAH Advisory Board

October 17, 2018

Minutes

CAROLYN CAMPOS, CHAIR
JESSICA CERNAK, VICE-CHAIR

YOLO COUNTY HEALTH AND HUMAN SERVICES AGENCY

GONZALEZ BUILDING
25 NORTH COTTONWOOD STREET,
#177 CLARKSBURG ROOM
WOODLAND, CA 95695

Yolo County MCAH Advisory Board

Minutes – October 17, 2018

The Yolo County MCAH Advisory Board met on the 17th Day of October 2018 in the Community room at the Gonzalez Building at 25 North Cottonwood Street, Woodland, CA at 8:30 a.m.

VOTING MEMBERS PRESENT: Carolyn Campos RN, Sutter Davis Hospital; Kathleen Middings, RN, Woodland Joint Unified School District; Nichole Sturmfels, Community Member; Margaret Walter, RN, BSN, MBA, UC Davis

VOTING MEMBERS ABSENT: Jessica Cerniak, Psy.D., The Chicago School of Professional Psychology; Madeleine Shernock, Tia Will, MD, Kaiser Permanente; Leon Schimmel, MD, CommuniCare Health Centers; Barb Boehler, CNM, CommuniCare Health Centers, Stephen Nowicki, MD, PhD, FAAP, Woodland Healthcare; Willy Onate, Yolo County Children's Alliance;

STAFF & GUESTS PRESENT: Raquel Aguilar, HHSa; Lizeth Betancourt, HHSa; Ron Chapman, MD, MPH, Health Officer, HHSa; Monica Koenig, HHSa; Cindy Martin, HHSa; Laura Martinez-Chavez, Community Medical Centers; Jaime Ordonez, HHSa; Anna Sutton, RN, PHN, MSN, HHSa, Community Health; Liz Sardinas, Help Me Grow; Sandra Rodriguez, Assistant Deputy to Supervisor Provenza; Haydee Dabritz, Yolo County HHSa; Victoria Zimmerle, First 5 Yolo; Garth Lewis, Yolo County Office of Education

8:30 A.M. CALL TO ORDER

1. **WELCOME AND INTRODUCTIONS** – *Carolyn Campos, Chair*
The October 17, 2018 MCAH Advisory Board meeting was called to order at 8:40 a.m., at which time around the table introductions occurred and quorum was confirmed.
2. **CONSIDER APPROVAL OF AGENDA** – *Carolyn Campos, Chair*
Quorum was not met.
3. **APPROVE THE [JUNE 20, 2018](#), [AUGUST 15 2018](#), & [SEPTEMBER 19 MINUTES](#)** – *Carolyn Campos, Chair*
Quorum was not met.
4. **PUBLIC COMMENT**
 - **Monica Koenig:** shared that the FIMR committee held its first remembrance ceremony, October 7th, there was a good turnout; she also shared an article with a survey that was done by the National Health and Nutrition Examination Survey, titled Food Insecurity Linked to High Blood Pressure in Kids; this was a study where they collected blood pressures on 7,250 children, 8-17 years of age from 2007-2014, researchers found that children and adolescents who lacked good access to nutritional food were more likely to have high blood pressure than their peers who had secure access to foods, and it goes to why this issue needs to be addressed
5. **COMMUNITY HEALTH BRANCH REPORT** — *Anna Sutton*
 - **Cindy Martin:** The two numbers that came up for CMSP are not eligible for CMSP; have lost another 5 team members, currently in the process of hiring; print vendor is now sending out reinvestigations starting in the month of November, this takes away a lot of the clerical work the staff has to do; Public charge is a very hot topic right now, the federal government has put out their recommendation of what it will look like, it's currently in the comment period, and closes December 10th, after that they'll decide if they'll use any of the feedback given or if they're going to do an executive order, the main concern right now is that MediCal and CalFresh have been placed in the Public Charge category, there is no word if there is going to be a look back period and if it'll count against you, Cindy has resources and will send it out, WIC will not be included in Public Charge; immigration attorneys are telling folks not to get any kind of benefits, including free or reduced lunch and if they're receiving benefits they should cancel them, as of now they haven't had cancellations of benefits; once the final decision is made regarding Public Charge, Cindy volunteered to have an analyst attend a meeting to present what the impact will be
 - **Anna Sutton:** MCAH had their remembrance ceremony as well as the Community baby shower; The Community Baby Shower was very busy and well attended, booths were very engaging, and there was a lot of little details throughout; Maternal Mental health in partnership with HHSa Mental Health Services Act and Dignity Health we are offering a front line 1 ½ day training, at the end of November, there were 100 seats available we are now down to 13

seats, this will be a 1 ½ day training to give you the basics in perinatal mood and anxiety disorders and the second ½ day gives you skills and resources on how to run support groups for mom's, there is also an evening dinner for providers providing CME's, there were 30 seats available and have all been filled, we've opened a second night and there is still 8 seats available, if you know of a provider that should attend, contact Anna; EMS has been very busy with drills, they had a drill this month and will have one next month; TB has been very busy, Yolo county is a very active county for TB, there are new mandates that are coming down from the federal government, activities may be increasing because the mandates around screening, medication and reporting of suspects, if you have any questions regarding TB, contact Anna or Dr. Chapman; We are officially in the beginning of Flu season, our unit also issues the masking orders; if you're in the healthcare industry and are working with patients, starting November 1st, there is a mandatory masking requirement, unless you've received the flu shot and have shown proof that you've received it; our team is also out giving flu shots there have been a lot of public clinics for flu shots every Monday for this age group mainly in Woodland from 1-4, it is free to receive the flu shot, the only questions asked are the screening questions to make sure you can receive the flu shot, if you are under the age of 198 you'll need a parent guardian

PRESENTATIONS

6. SCHOOL AGED YOUTH SUMMARY – *Kathi Middings, Anna Sutton, and Guests*

7. ADOLESCENT – REVIEW OF HEALTH INDICATORS – *Haydee Dabritz*

- The number of children going into foster care in Yolo County is going up
- Because of the passing of SB277 we're doing very well with vaccination rates
- TDap for 7th grade is at 97%, this number has been consistent for a few years now
- English language proficiency in 3rd grade is low in all school districts in Yolo County
- 11th grade math test scores, Davis numbers are high, our numbers mirror the state
- Body composition in 7th grade, 20% of kids in the 7th grade are obese
- Everything we talk about is a behavior or a choice, we should consider all the drivers for health to make choices easier for everyone who receives services, how do we make choice easier and safer, this may be our biggest ask of our community
- For some families giving their children fast food is a reward
- We need to create the marketing to make health hip, as part of our platform statement
- Adolescents-high school graduation rates are high across the county; the graduation rates in the county exceed the those of the state
- What will see in the upcoming accountability data release in December is that although we have a high graduation rates, there is a big gap in college and career readiness indicator, this is determined by the percentage of children that complete A-G requirements for UC or CSU eligibility, and those that complete a career pathway through career technical education, we'll see double digit gaps in those that graduate high school and those that have meant those requirements
- Chlamydia rates are going up, kids are starting to get long term contraceptives and are not using other methods to protect themselves from STD's, expecting to have over 1,000 chlamydia cases in the county for this year
- Teen pregnancy rates are going down, Hispanic teen rate is the highest in Yolo County, but it is still under the Hispanic rate for the state
- It seems that teen pregnancy rates have swapped with STD rates in the county
- The Healthy Youth Act sexual health information should be presented once in high school and once in middle school; it has yet to be properly implemented in the local school districts, this would allow students to get all the information they need without feeling uncomfortable and getting proper information

- In January when we gather for our MCAH Advisory Board retreat, we’re going to revisit all of these life stages, there is another data set that Anna and Haydee are going through, the FHOP Data Books, that is from the state MCAH Program,
- we now have additional indicators to make each of our stages more robust, we have education, social emotional, and motor vehicle accidents, they do a lot of analysis of hospital data
- We should also look at what the data we collect isn’t telling us
- What’s driving these risky sexual behavior
- The group suggested having Friday Night Live at the table, they do a lot of work to help kid that have adverse backgrounds, also Rise in Esparto, they have a center for teens to get together
- If we don’t change the way we work together the data will remain the same 5 years from now
- When we talk about our perinatal population, who needs to be at the table? Our managed care is very critical to be at the table when we talk about prenatal outcomes; we should also think about having someone from Mental Health; as a group we should think about 5 major stake holders who should be at the table; we can as an advisory board say if you are making decisions about funding and policies these are the six drivers of health, we can call out the major concerns that the data tells us about, and some frameworks that we should always keep in mind if we’re going to be creating programs and policies for that particular group; those are some things we can use as a structure to update our platform statement
- It would be nice to have representation from Dignity Health
- It would be helpful since we’re all either live or are employees of Yolo County to have Dr. Chapman and Brian come and talk about how county strategic planning links back to our work here and we can see some of our opportunities to be more vocal, we can invite them back to our January retreat, we can then see how the MCAH needs assessment and our work might tie in better

8. **ADOLESCENT – DATA DISCUSSION - Anna and all**

HANDOUT:

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ANNOUNCEMENTS

9. **MEMBER ANNOUNCEMENTS/SHARING**

- **Lizbeth Betancourt:** Shared that the Breastfeed Coalition 7th annual breast milk drive; there will be 4 locations throughout Folsom, Roseville, Sacramento, and Davis, the drive is the first week of December, there will be door prizes for those who attend, their location at UC Davis will also be drawing blood for free to do screening, and collection; the Yolo County Breastfeeding Peer Counseling Program was awarded the USDA Award of Excellence, in CA there are 70 Breastfeeding Peer Counseling Programs and they were 1 of 2 awarded in the state; during the Community Baby Shower there were a lot of mom’s were interested in breastfeeding services but didn’t want to enroll in WIC because of their residency status, through the breastfeeding warm line they can help anyone in county whether they’re WIC eligible or not
- **Garth Lewis:** Shared that the Yolo County Office of Education will be hosting the Resilient Yolo Summit on October 30th, the main focus of the afternoon will be on the school and prison pipe line and will be looking at the life course of an individual through birth and the next generation, we’re looking for agencies, community based organizations, and school districts to interact with folks that interact with people in that life course to try and interrupt the school and prison pipe line, in the morning will focus on issues around ACE’s, it would be nice to have a forum with someone from HHSA to provide information on Public charge
- **Monica Koenig:** Shared that October is Pregnancy and infancy lost awareness month
- **Anna Sutton:** shared the on November 28, 3:00-5:00 will be our Healthy Schools Collaborative, there will be a lot of updates given around school health
- **Margret Walter:** Shared that on November 8th, 5:30-7:30, at the Veteran’s Memorial Theatre in Davis, there will be a Cannabis town hall, Dr. Chapman will be on the panel speaking about medical impact, there will also be people from the city talking about how the stores will be regulated and placed, Law enforcement will also be there

ADJOURNMENT

10. Next Meeting: November 14, 2018

Proposed Topics

- Adolescents wrap up and summary
- Transitional Aged Youth (TAY) – data and trends – Margaret Walter, ED of Health & Wellness, UC Davis student Health and Counseling Services and Student Disability Center

10:30 A.M. ADJOURNMENT

Respectfully submitted by:



Gaby Castaneda, Secretary
Yolo County MCAH Advisory Board