

Yolo County MCAH Advisory Board

November 14, 2018

Minutes

CAROLYN CAMPOS, CHAIR
JESSICA CERNAK, VICE-CHAIR

YOLO COUNTY HEALTH AND HUMAN SERVICES AGENCY

GONZALEZ BUILDING
25 NORTH COTTONWOOD STREET,
#177 CLARKSBURG ROOM
WOODLAND, CA 95695

Yolo County MCAH Advisory Board

Minutes – November 14, 2018

The Yolo County MCAH Advisory Board met on the 14th Day of November 2018 in the Clarksburg room at the Gonzalez Building at 25 North Cottonwood Street, Woodland, CA at 8:30 a.m.

VOTING MEMBERS PRESENT: Carolyn Campos RN, Sutter Davis Hospital; Jessica Cerniak, Psy.D., The Chicago School of Professional Psychology; Kathleen Middings, RN, Woodland Joint Unified School District;

VOTING MEMBERS ABSENT: Madeleine Shernock; Nichole Sturmfels, Community Member; Margaret Walter, RN, BSN, MBA, UC Davis Tia Will, MD, Kaiser Permanente; Leon Schimmel, MD, CommuniCare Health Centers; Jenna Shaw-Batista, PhD, RN, NP, CNM, FACNM, CommuniCare Health Centers; Virydiana Monteleone; Stephen Nowicki, MD, PhD, FAAP, Woodland Healthcare;

STAFF & GUESTS PRESENT: Raquel Aguilar, HHSa; Lizeth Betancourt, HHSa; Gaby Castaneda, HHSa; Monica Koenig, HHSa; Nicole Mion, Help Me Grow; Anna Sutton, RN, PHN, MSN, HHSa, Community Health; Dawn McBride, All Leaders Must Serve; Laura Martinez, PA Esparto Community Medical Center

8:30 A.M. CALL TO ORDER

1. **WELCOME AND INTRODUCTIONS** – *Carolyn Campos, Chair*
The November 14, 2018 MCAH Advisory Board meeting was called to order at 8:40 a.m., at which time around the table introductions occurred and quorum was not met.
2. **CONSIDER APPROVAL OF AGENDA** – *Carolyn Campos, Chair*
Quorum was not met
3. **APPROVE THE JUNE 20, 2018, AUGUST 15, 2018, SEPTEMBER 19, 2018, & OCTOBER 17, 2018 MINUTES** – *Carolyn Campos, Chair*
Quorum was not met
4. **PUBLIC COMMENT**
 - **Anna Sutton:** Yolo County has not given out masks. Yolo County has released a press release for people to access correct information; for schools and county the Air Management district board is where information is being pulled from. Visit the Yolo County Website, to get accurate information. The general recommendation is to stay indoors if you're part of the sensitive population. Yolo County has started releasing masks to those that work outside; and the homeless population. Yolo County has deployed staff to the fire, our Health Officer and other Emergency Preparedness Staff is out there helping. The state of Californian Emergency Medical Services requires drilling of their medical services every 5 years, this is part of their Federal requirement funding; Yolo was designated to help with the organizing of the event. The scenario was that on Saturday November 3rd, the California International Marathon was moved to Folsom, and during the race there was a release of pulmonary anthrax. Hundreds and thousands of people where there including vendors. In the morning of Sunday, November 4th, people started reporting with signs of influenza. A report came in that 5 people reported to the ER with these symptoms and more victims started coming in, lines were flooded, and we were starting to get simulations of cases and within 48 hours we had to set up an incident command center, and consult the Health Officer. The CDC came and dropped off pallets of antibiotics, in order to test if we were equipped to dispense the medication. Hospitals and fire trucks were coming in to pick up medication. We had a POD here. At the last minute we had to find people to hand out medication, they were not medical staff. Everyone that works for the county is sworn a disaster worker, that doesn't mean that as soon as a disaster hits we get deployed. There is a process to where it must be declared a state public of public health emergency first. A lot of people have been asking how they can volunteer, you can visit the DHV website and register there. There is a need for medical volunteer staff. Anna hasn't received any request for Nurse's but she does anticipate that they will be in need of PHN's. They are mainly in need of Nurses with med-surg experience.
5. **COMMUNITY HEALTH BRANCH REPORT** – *Anna Sutton*
 - **Anna Sutton:** EMS was drilled on an active shooter drill staged at the Old Court house, they had simulations of gun noises, and artist to come in and draw wounds on those that we're acting as an injury victim; they've done accidents

simulations in the past, this is the first time they've done an active shooter; Health Education has had a lot of activity in the schools, Red Ribbon week and motor vehicle safety

- **Cindy Martin:** prepared a statement, and was read by Anna Sutton, Public Charge proposed regulations changes are still in discussion until December 12. Please send any stories of the impact to Anna or Gaby. We're still in the covered California open enrollment period until January 15. They still have 21 vacancies; you can access them in their self-service which is 24 hours or online through CalWin

PRESENTATIONS

6. ADOLESCENT WRAP UP AND SUMMARY – Anna Sutton

HANDOUT:

- Kathi took notes on the discussions that we had regarding Adolescent data and summarized what we discussed
- There were categories that we discussed, obesity, healthy habits especially around nutrition and exercise, poverty, immigration, social foundations (social norms-things that influence the development), complacency in caregivers, latten stage of development in adolescents, visiting primary care doctors, bullying, mental health, safe places for our kids, limited access to health personnel at our school sites, and parental substance abuse, sexually transmitted infections
- From those listed Anna went back to look at cross cutting issues that were affecting all of our population and those include obesity, preconception health, access to school based services, substance use, obesity, fear, and stigma
- This group is facing the same issues that the other groups face, this is emphasizing that the categories that we saw are correct
- Some of the data from school aged kids also carried over to the adolescents
- We're hoping in January to show all the major data sources that is informing us, those who write action plans
- If we look at poverty across the entire county, we look ok if we lump everyone together, once we start to break it down by gender, education, zip code, Medi-Cal status, number of children we start to see major disparities come up, that is what we're hoping to present in January
- This is a great way to explain to the Board of Supervisors
- Human development index, looks at poverty, education, and one more indicator, you get the scores from a census track and do a calculation, this gives you an index on how well our population is doing, we're currently trying to get this data for Yolo County
- The CDC selects sites, Yolo was selected for the first time in
- Surveys that our done on kids at school, is this data that we receive?
- These are the kids that aren't going to school,
- We have a set a tools that give us health indicators and
- We want to the board solutions to the problems we are presenting to them
- Presentation that was given by doctor chapman at the Davis town hall meeting, what is going to happen with our youth now with the legalization of Cannabis?
- The healthy kids survey shows that kids are using less Tabaco
- The realistic expectation for January's retreat is to highlight and identify what is going well in Yolo County and left them up
- At the end of our retreat in January, Anna would like to bring in the people behind Resilient Yolo, they've launched a campaign, Be the One, it's about social connection, a lot of our public health issues are due to social health isolation
- If you have anything you would like to bring to the retreat in January, resources, inspirational talks, therapies, or speakers, we need to start looking at all the assets we have
- Next year's MCAH Title V needs assessment is going to highlight and prioritize issues for the MCAH population, the Community Health Needs assessment is also going to come out and highlight the top priorities for our county

- At January’s retreat when we look at the programs we’re highlighting we should also look at those programs that aren’t working, as well as the root cause for the good and not good
- This generation has a False sense of connection due to Social Media
- We should bring back the ACE’s pyramid; a lot of the issues we are discussing are the maladaptive behaviors, because of foundational issues that haven’t been addressed
- Email Anna at Anna.Sutton@yolocounty.org or Gaby at Gaby.Castaneda@yolocounty.org, one or two organizations in Yolo County that you think have been successful across any issue within the last year
- Having an intern from UCD business and marketing come and speak to the group on how to promote successfully

7. TRANSITIONAL AGED YOUTH (TAY) DATA AND TRENDS – Margret Walter, MD

HANDOUT:

- Presentation rescheduled to December 12 meeting.

ANNOUNCEMENTS

8. MEMBER ANNOUNCEMENTS/SHARING

- **Lizeth Betancourt:** Shared that the Davis WIC office is now open Monday’s and Thursday. WIC just signed an MOU with Dignity Health to give mom’s hospital grade breastfeeding pumps to those moms that are WIC eligible there at the Hospital. Also, the Breastmilk drive is December 6th at all UC Davis medical offices in Davis
- **Raquel Aguilar:** Shared that Lizeth will be presenting to the Nurse Home Visiting Program how to use the pump. We are hiring a Bilingual Community Health Assistant
- **Monica Koenig:** Shared the SIDS safe Sleep Module is almost done, Monica has been working with Chico State on this, hoping to partner with WIC to roll out the module, the module follows the American Academy of Pediatric guidelines for safe sleep, families will watch the module and receive a certificate after they’ve finished the module and will can get a free pack in play. Dignity Health now has OB in Davis and is looking to hire on in Winters
- **Laura Chavez:** Today is international Diabetes Awareness day and you should wear blue

ADJOURNMENT

9. Next Meeting: December 12, 2018

Proposed Topics

- Transitional age youth wrap up
- January retreat preparation

11:00 A.M. ADJOURNMENT

Respectfully submitted by:



Gaby Castaneda, Secretary
Yolo County MCAH Advisory Board