

**Yolo County Local Mental Health Board
Director's Report
January 28, 2019**

June Forbes – It's hard to find the words adequately to express all that June has meant to our mental health system over the years. She pushed us all to do better by those we serve. She was passionate and fierce and I hope every community is lucky enough to have a June in their midst to remind them of the benefits of recovery and the risks of stigma.

Local Mental Health Board Name Change – The Board of Supervisors will consider the proposed name change for this Board at their meeting January 29th. They have asked for staff recommendation and are considering options.



Pine Tree Gardens –Supervisors Provenza and Saylor visited the Pine Tree Gardens homes and are scheduled to meet with parents/families on February 7th. HHSA staff will also be present at this meeting. Additional and significant costs continue to grow.

Pacifico (Navigation and Adult Residential Facility) –Many community and NAMI members participated in a well-attended community input meeting held on January 10, 2019. Concerns and support associated with both projects were expressed at this forum, and questions were addressed by Yolo County Housing, HHSA, CommuniCare Health Centers Navigation staff and North Valley Behavioral Health ARF staff. The application for the two projects has now been submitted to the City of Davis and following a few pending edits to the document as request by the City of Davis planning department, a Conditional Use Permit (CUP) hearing will be scheduled.

Involuntary Medication – Sheriff Lopez has agreed to piloting this service in custody. As a reminder, this service will be available to those individuals found incompetent to stand trial on felony charges, awaiting placement for State Hospital. We will be closely tracking data over the first six months and determining whether or not to continue after that period.

Jail Based Competency – HHSA continues to work with its' partners at CFMG, the Sheriff Department, District Attorney, Public Defender, and the Department of State Hospitals to implement a Jail Based Competency Treatment (JBCT) Program at Monroe Detention Center here in Woodland. The proposal is that HHSA, CFMG, Sheriff Department, and Department of State Hospitals would enter into an agreement that would fund the necessary HHSA, CFMG, and Sheriff Department personnel needed to staff a 5 bed JBCT program to serve clients found incompetent to stand trial on a felony charge. This agreement would allow for a local program that connects clients to care much quicker than waiting for placement into a Department of State Hospital bed.

Governor's 19/20 budget – See attached summary from California Behavioral Health Director's Association (CBHDA).

No Place Like Home/Homeless Action Plan – HHSA has spent a significant amount of time over the last several months working with its partners in the City of Woodland and West Sacramento on two separate project applications for the No Place Like Home grant. Applications were sent off to the California Department of Housing and Community Development today. Both projects include No Place Like Home specific units that will be reserved for Full Service Partnership clients of Yolo County who are Homeless, At-Risk of Homeless, or Chronically Homeless as defined by the No Place Like Home definitions, and other low income units that will house a variety of low income populations. In total, there are 70 combined No Place Like Home units between the two projects.

One of the many component of the No Place Like Home grant was the development a County Plan to Address Homelessness which included many specific requirements about community member and stakeholder input. Please see attached.

Temporary Shelter – Since December 6, 2018, HHSA has partnered with the City of Woodland and 4th & Hope to provide a temporary shelter to 30 individuals who had previously been living in a parking lot. Case Managers have been assigned and a variety of supportive services are in place, assisting the individuals to obtain ID's, Medi-Cal, Cal Fresh, income and housing. The project is projected to run through June 30, 2019 while next steps for an intermediate-term shelter location are developed.

California Behavioral Health Policy Forum – On December 17th Karen presented on a panel with Frank Mecca, Executive Direct California Welfare Directors Association, Susanna Kniffen, Senior Director, Child Welfare Policy, Children Now and Joy Anderson, entitled Child Welfare, Foster Care and Trauma Informed Strategies. The panel focused on the multitude of state policy changes impacting the mental health of our youth in foster care. In preparation for the panel I looked into our local data surrounding our foster youth. Over the past five years we have more than doubled the number of foster youth receiving mental health services in Yolo County. We have also more than doubled the average services provided per youth (measured by average claim per beneficiary). While we haven't reached our penetration rate goal for this population, we are absolutely moving in the right direction.

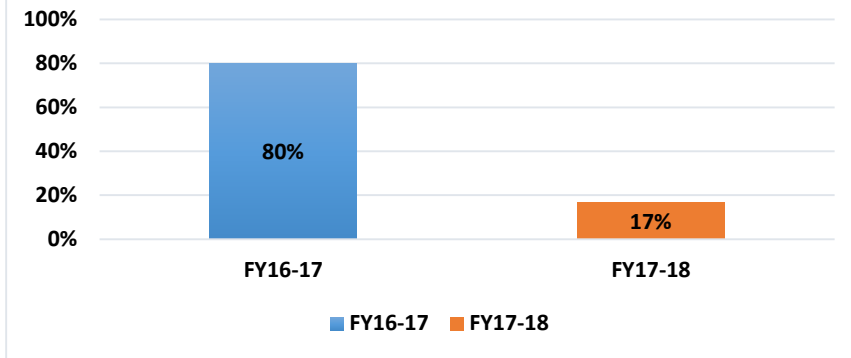
Suicide Prevention sustainability planning- HHSA is working closely with Suicide Prevention and other counties to develop a sustainability plan. Unfortunately, Suicide Prevention has to patch together several funding streams every year to support their operations. With call volumes increasing dramatically and severity of calls increasing, we want to ensure that this service is available to our residents for a long time to come. We have discovered that Suicide Prevention takes calls from several surrounding counties and we are working with Solano County first to see if they will share in the sustainability for this organization as the County with the second largest call volume after Yolo.

External Quality Review Organization (EQRO) –The External Quality Review Organization (EQRO) will be in Yolo County for their annual site review February 12-13, 2019. The focus of this review is access to care, timeliness to services, and overall quality and outcomes of care within our specialty mental health system; the EQRO will also evaluate our Information Systems capability (Avatar) and the way in which we use data to drive decisions and evaluate performance. Part of what makes these reviews unique is that the EQRO asks to meet with representation from all levels of the service delivery system, including consumers, family members, line staff, leadership, contract providers....please reach out to Samantha Fusselman if you would like to participate.

Data – One of the EQRO requirements is to conduct data-informed Performance Improvement Projects (PIPS) aimed at improving client outcomes among selected populations. This year's PIP has focused on improving outcomes for clients who receive mental health services in long term, intensive treatment facilities. Through targeted interventions, including increased care coordination and focus on transitions between levels of care, we have seen meaningful improvements in key indicators:

- Increased HHSA services provided:
 - HHSA provided nearly 4x as many services at long term, intensive treatment facilities in FY17-18 compared with FY16-17
- Reduction in acute psychiatric hospitalizations
 - Among clients who experienced *any* acute hospitalizations within the fiscal year (before, during, or after their treatment facility stay), the percentage who were hospitalized while in a treatment facility reduced substantially between FY16-17 (80%) and FY17-18 (17%)

Reductions in Acute Psychiatric Hospitalizations



- Improvements in transitions in levels of care
 - The percentage of clients who had any transition in care within the fiscal year (higher or lower LOC) dropped by a third between FY16-17 (36%) and FY17-18 (24%)
 - There was a 74% reduction in the percentage of facility admissions that required a higher LOC between FY16-17 (19%) and FY17-18 (5%)
 - There was a slight increase in the percentage of facility admissions that were able to transition to a lower LOC between FY16-17 (18%) and FY17-18 (21%)

Transitions in LOC

