



# COUNTY OF YOLO

## Health and Human Services Agency

### COMMUNITY HEALTH BRANCH REPORT

February 2019

#### ENROLLMENT

PROGRAM	JANUARY 2019	FEBRUARY 2019
Medi-Cal/PHC	51,698	51,567
CMSP	3	3

#### Women, Infants, and Children (WIC)

The Yolo County Breastfeeding Coalition recently received one of the coveted Golden Nugget Awards from the California Breastfeeding Coalition for their coalitions’ support of the Surgeon General’s “Call to Action to Support Breastfeeding”; and the California Breastfeeding Coalition’s vision that “There are no barriers to breastfeeding in California.” During the last year, the coalition hosted the Big Latch On Event, The Rock and Relax, and the Milk Drive to promote breastfeeding and protect a mother’s right to breastfeed

#### Health Education

- The Yolo County Oral Health program is celebrating National Children’s Dental Health Month (February) in several ways. First, every movie theater in Yolo County will feature a 30-second oral health promotion video before the movie to encourage parents of young children to start building good oral health habits early. Second, the Program is partnering with the Davis Joint Unified School District to bring oral health curriculum and a visit from the program’s mascot, Mighty Molar, to several elementary schools throughout February. Mighty Molar will also make an appearance to two Head Start locations this month, one in Woodland and one in West Sacramento.
- Friday Night Live Updates – Winters High School Friday Night Live (WHS-FNL) organized a Mental Health Awareness Week on January 22-25, 2019. FNL Members began the awareness week by putting a positive message on a Post-It note on every locker (700 lockers) on Monday night (Martin Luther King Holiday) so that when students came back to school they would be greeted with a positive affirmation. Throughout the rest of the week WHS-FNL encouraged students to sign a green pledge banner in support of mental health wellness and breaking the silence about it. WHS students received a lime green wristband and/or ribbon to wear all week in support of Mental Health Awareness Week. The week culminated with guest speakers from NAMI and mindfulness expert and master herbalist from the Herbal House in there “Explore” advisory class. A lunchtime event featuring informational booths with free giveaways on Friday. Booth presenters included: NAMI, Yolo County HHSA – MHSA programs, Friday Night Live, Winters

Healthcare, CHP and Winters Police Department. For more information about this Mental Health Awareness Week, please see Winters Express article on Wednesday, January 30, 2019, Page B-1.

On Thursday, January 30, 2019, Alcohol Beverage Control (ABC) Officer, Brandon Shotwell, spoke to members of River City High School Friday Night Live (RCHS-FNL) on process of Target Responsibility for Alcohol Connected Emergencies (TRACE). TRACE is a process that ABC uses to connect the adult supplier (parent, social host, merchant, etc.) of alcohol to the underage drinking emergency that results from the use of that alcohol. Some of those emergencies include: drinking driver crashes, alcohol poisonings, sexual violence, etc.

RCHS-FNL wants to work with the West Sacramento Police Department to adopt TRACE as a formal policy and use it when there is an alcohol related emergency involving a minor. RCHS-FNL wants parents and other adults who provide alcohol to minors to know that there is a process to connect them to the emergency they contributed to, and hold the accountable. RCHS-FNL strongly believes that policies such as TRACE, will discourage people from providing alcohol to minors and contributes to a change in norms, resulting in a reduced youth access to alcohol.

Yolo County Friday Night Live received a mini-grant from the California Friday Night Live Partnership to start at Friday Night Live Kids program at the Knights Landing Sci-Tech Charter Academy for 5th and 6th grade students. Yolo County Friday Night Live has begun teaching a 10-week curriculum called “Too Good for Drugs” (TGFD) to the 5th & 6th grade classes during class time. Students learn and practice peer pressure refusal strategies, healthy decision making, goal setting, effective communication styles and alcohol, tobacco, marijuana and other drug education. So far the students and teachers at Sci-Tech are enjoying the TGFD activities and lessons.

### UPCOMING HHSa MEETINGS & EVENTS

DATE	TIME	EVENT
<b>February 12</b>	4:30 pm	<a href="#">Community Services Action Board (CSAB)</a>
<b>February 14</b>	9:00 am	<a href="#">Health Council</a>
<b>February 20</b>	8:30 am	<a href="#">Maternal, Child, Adolescent Health (MCAH) Advisory Board</a>
<b>February 25</b>	7:00 pm	<a href="#">Yolo County Local Mental Health Board</a>
<b>March 12</b>	4:30 pm	<a href="#">Community Services Action Board (CSAB)</a>
<b>March 14</b>	9:00 am	<a href="#">Health Council</a>
<b>March 20</b>	8:30 am	<a href="#">Maternal, Child, Adolescent Health (MCAH) Advisory Board</a>
<b>March 25</b>	7:00 pm	<a href="#">Yolo County Local Mental Health Board</a>
<b>March 26</b>	3:30 pm	<a href="#">Steps to Success Prop 47 Local Advisory Committee</a>
<b>April 9</b>	4:30 pm	<a href="#">Community Services Action Board (CSAB)</a>
<b>April 11</b>	9:00 am	<a href="#">Health Council</a>
<b>April 17</b>	8:30 am	<a href="#">Maternal, Child, Adolescent Health Advisory Board</a>
<b>April 22</b>	7:00 pm	<a href="#">Yolo County Local Mental Health Board</a>