

# Yolo County Mental Health & Substance Use Disorder Services

Yolo County Board of Supervisors  
February 5, 2019

# Objectives

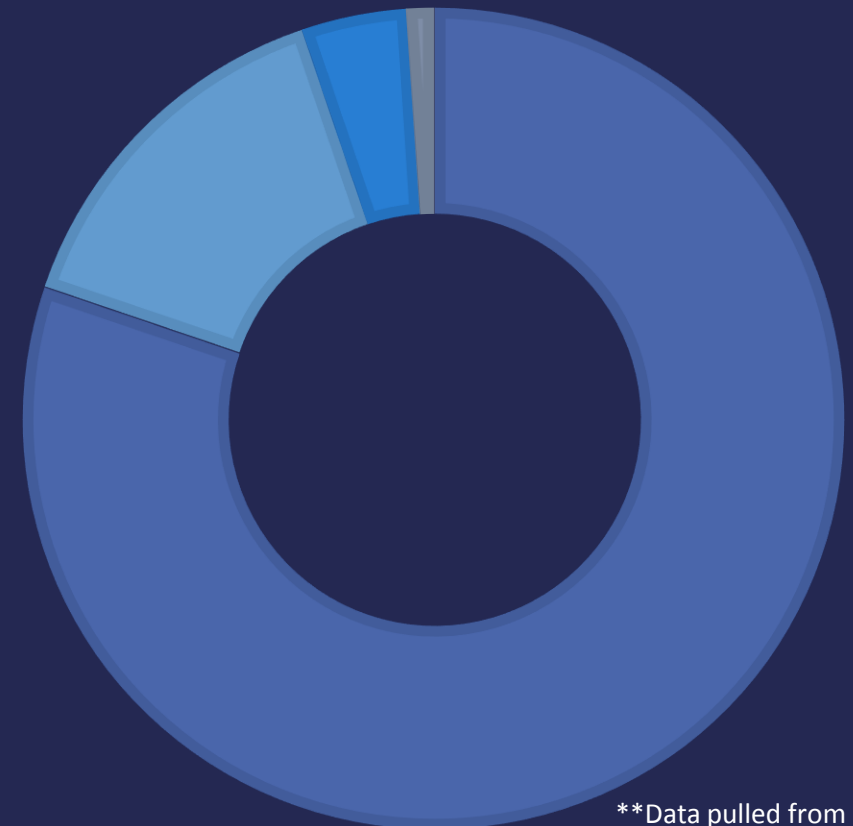
- Offer data on financing and utilization
- Increase knowledge of HHSA's Services
  - Provide Roadmaps of Services
- Summarize Recent Accomplishments as they relate to our Strategic Goals
- Discuss Future Plans

# Who are Our Clients?

- Yolo County Population: approximately 219,116 (2017) (approximately 25% of our population is on Medi-Cal)
  - 18% of the general population suffers from Mental Illness (MI) (inclusive of SMI):
  - 4% of the general population are severely Mentally Ill (SMI)

## PREVALENCE OF MENTAL ILLNESS

■ Without MI ■ MI ■ SMI ■ SMI on Medi-Cal

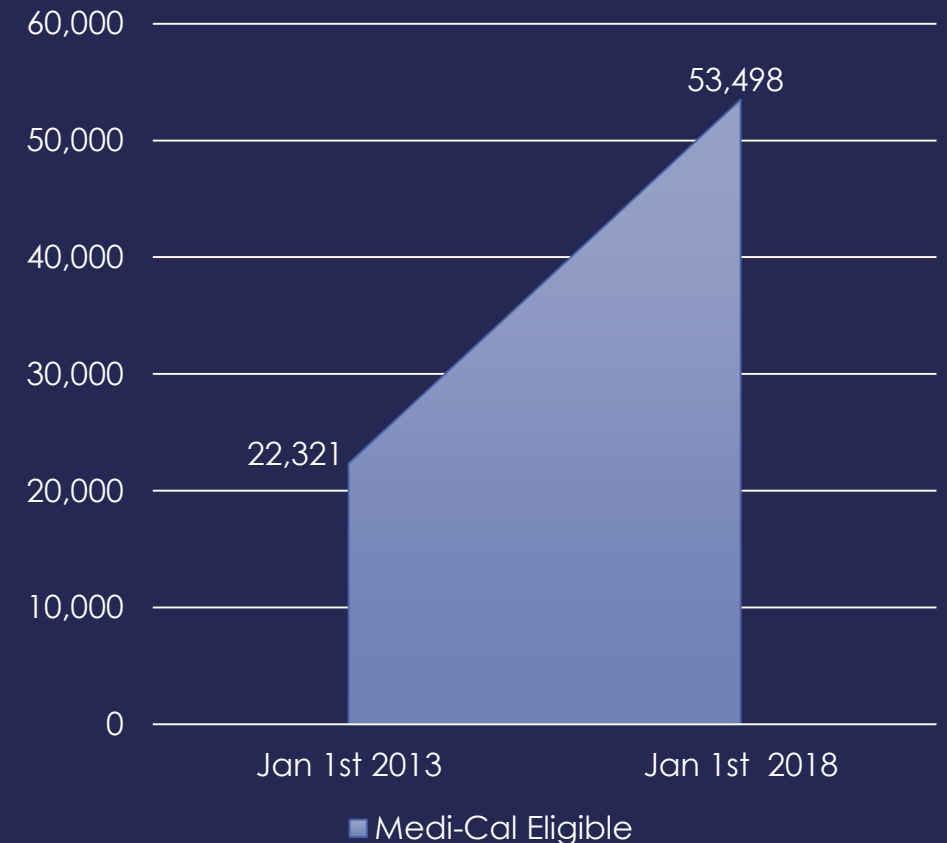


\*\*Data pulled from NAMI

# Affordable Care Act & Mental Health

- Expanded Population Served
  - Residents on Medi-Cal more than doubled with ACA
  - Mild to Moderate Benefit
  - Increased SUD Services
  - Benefits managed via Partnership

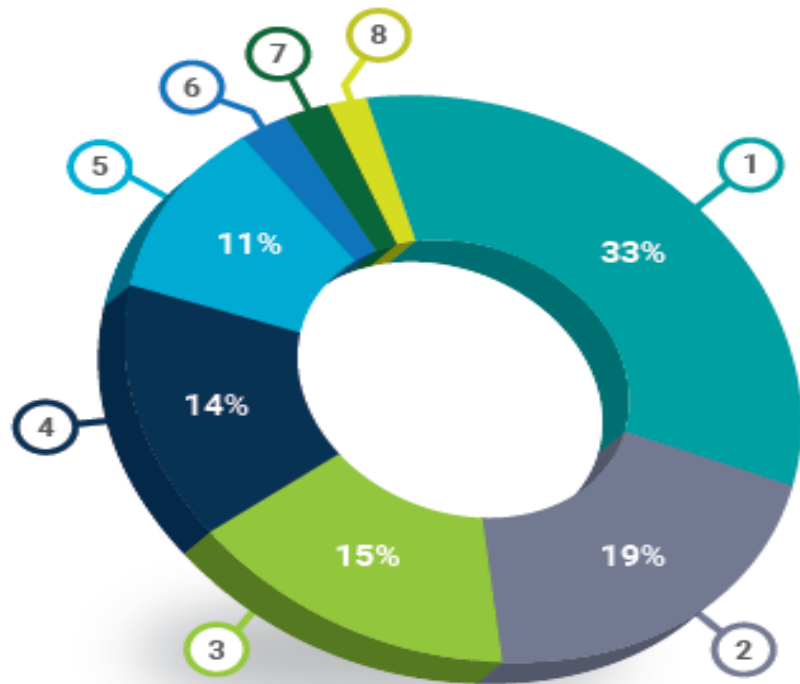
Growth of Medi-Cal



# Mental Health and Substance Use Disorder Financing

## California County Behavioral Health Funding

California counties receive over \$8 billion in funds for behavioral health. The money comes from a variety of sources.

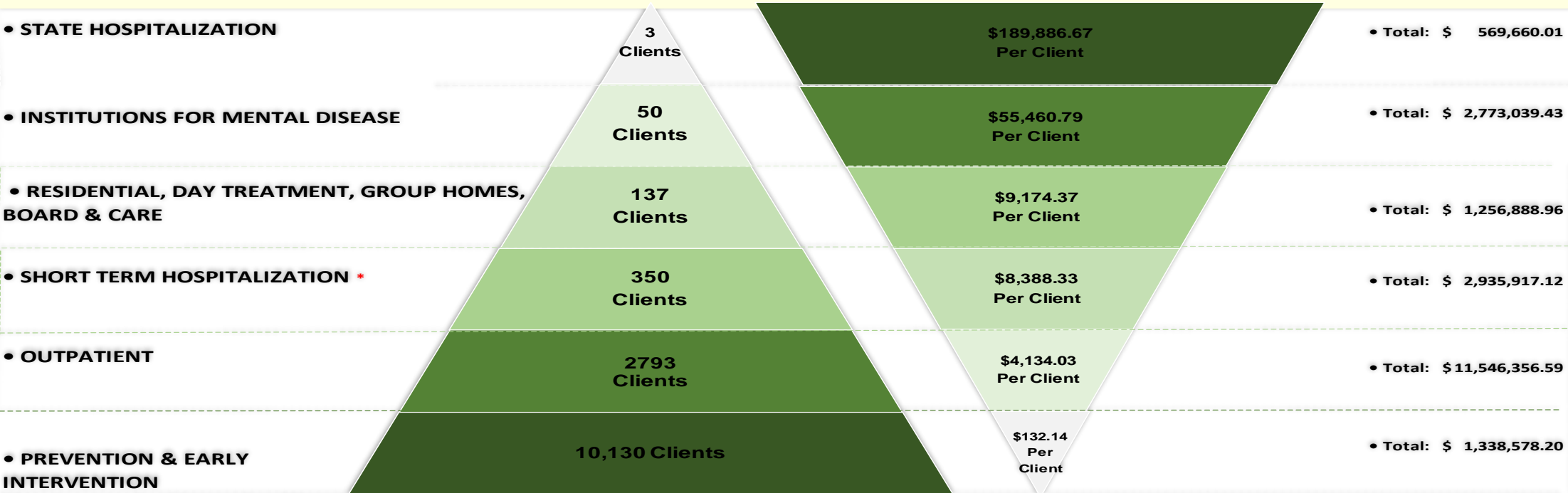


1	Federal Mental Health Medicaid Matching Funds	\$3.04 billion
2	Mental Health Services Act	\$1.77 billion
3	2011 Realignment	\$1.39 billion
4	1991 MH Realignment	\$1.31 billion
5	Federal SUD Medicaid Matching Funds	\$990 million
6	Federal SAPT Block Grant	\$225.6 million
7	Other (MH Block Grant, County MOE, County GF)	\$212.8 million
8	State General Fund	\$162.7 million

# Levels of Care and Associated Cost

## HHSA Mental Health Levels of Care

### Number of Clients Served vs. Cost of Service FY 17/18



\* Data does not reflect Managed Care Offset of \$472,843.28

# Access to Services

- Three Full Time Clinics
  - Woodland, West Sacramento and Davis
- Community Based Services
  - Homeless
  - CBOs
- Wellness Centers
  - West Sacramento, Woodland, Davis, Woodland Community College



# Meet Our Clients



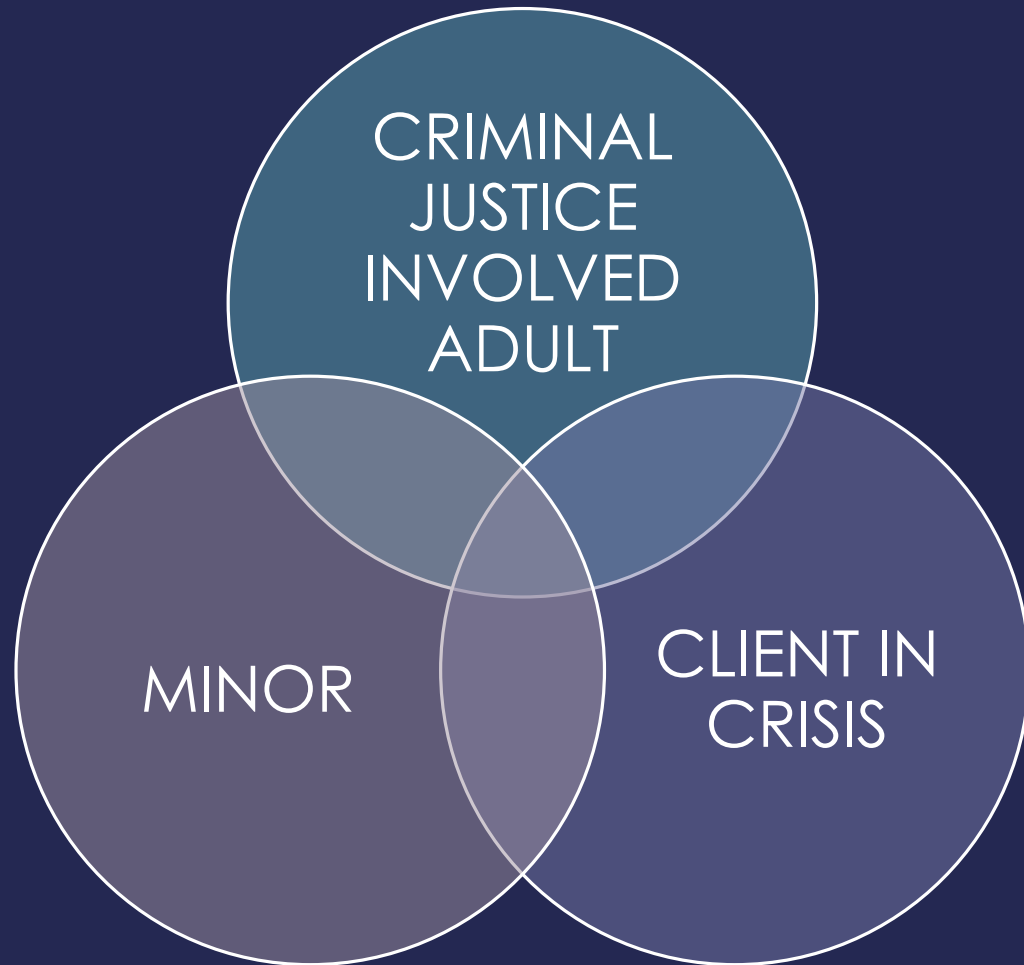
- Client in Crisis  
(Any age)



- Minor Age 0 - 17  
(18-21 if involved  
with Child Welfare)



- Criminal Justice  
Involved Adult





# Access Points



- Crisis Line, Walk-Ins, Probation, Hospital, Concerned Family/Friends...

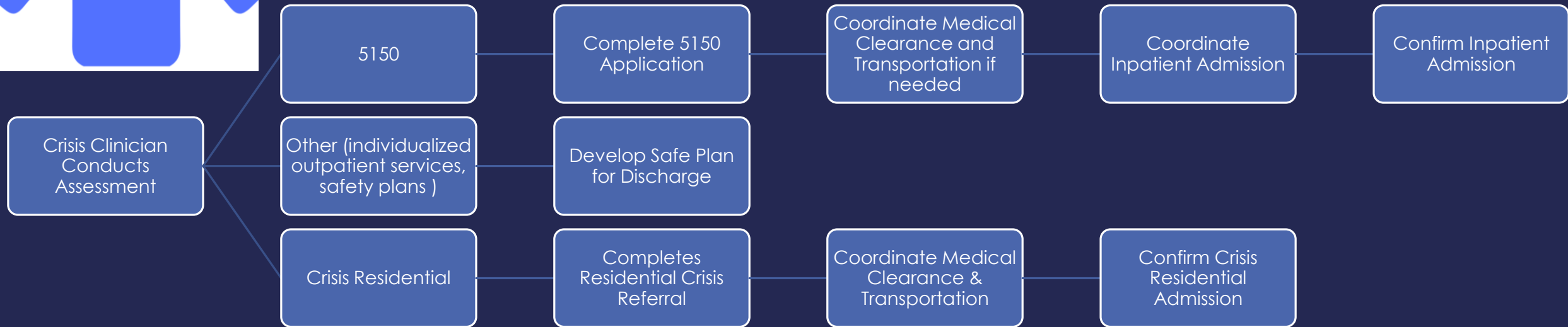


- Child Welfare Services, Self Referral, Hospital, School, Probation...



- Probation, Local Law Enforcement, Courts...

# Pathway to Service: Client in Crisis



# Pathway to Service: Minor



## Access

Clinician will review the referral and conduct a phone triage screening

## Determination

Clinician will determine eligibility and utilize Medical Necessity form to determine level of care needed

## Referral

Clinician will refer to a provider and make necessary recommendations for treatment

## Assessment

Provider will further assess for medical necessity and need for Specialty Mental Health Services

# Child, Youth & Family Providers

## Turning Point Community Programs

Therapeutic Behavioral Services

Full Service Partnership

Primary/KTA (EPSDT)

## Victor Community Support Services

Primary/KTA (EPSDT)

Wraparound

## CommuniCare

Wraparound

Primary/KTA (EPSDT)

## Stanford Youth Services

Primary/KTA (EPSDT)

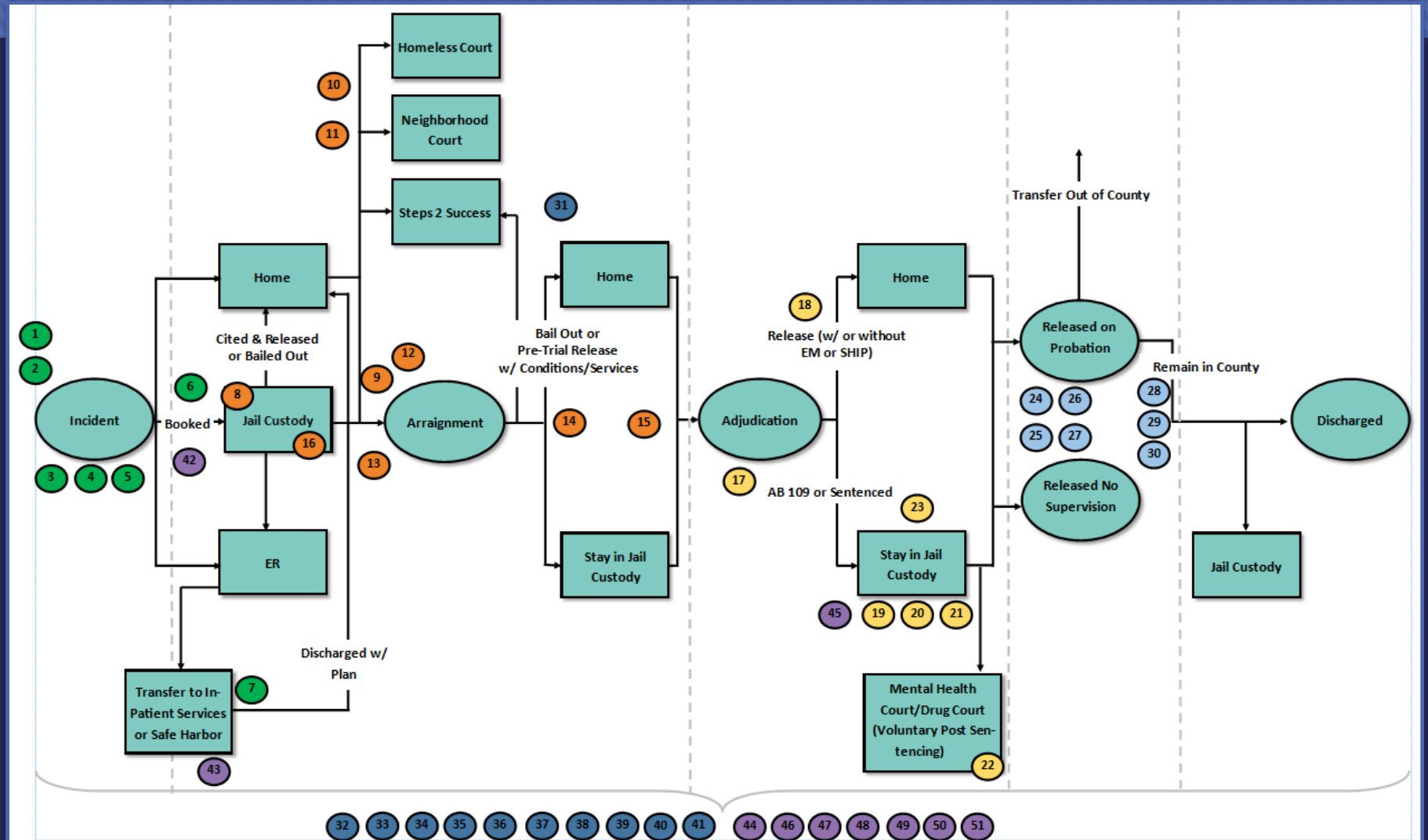
## CYF Mental Health Team

Access and Crisis Screening

Primary/KTA (EPSDT)

Hospital Discharge Planning

# Pathway to Service: Criminal Justice Involved Adult

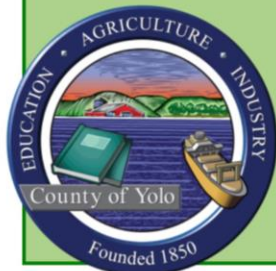


# Yolo County Health and Human Services Agency

## 2018-2019 Strategic Plan Goals

### **GOAL 1:** Improve Outcomes for Clients and the Community

- Collaborate with at least two local jurisdictions to implement policies to improve community health and wellness for residents.
- Improve long-term financial self-sufficiency outcomes for General Assistance clients by strengthening care coordination between public assistance, housing, employment and health care services.
- Increase Medi-Cal funded services in the local substance use disorder treatment continuum of care.
- Improve re-entry coordination for individuals with behavioral health conditions leaving custody settings.
- Ensure timely access to assessment and services for children in Child Welfare Services.
- Achieve exclusive breastfeeding rates at hospital discharge that rank Yolo in the top 10 percent of local health jurisdictions in California.
- Shift the focus of the local CalWORKs case planning system towards client driven goals, benchmarks and aspirations.



### **GOAL 2:** Ensure Fiscal Health

- Re-design Agency's fiscal structure and budgets by branch.
- Improve Agency's ability to produce accurate and timely financial reports.
- Oversee implementation of County wide grant procedures on all HHSA grant applications.
- Develop in-house system for tracking realignment revenue and expenditures Agency wide.

### **GOAL 3:** Strengthen Integration

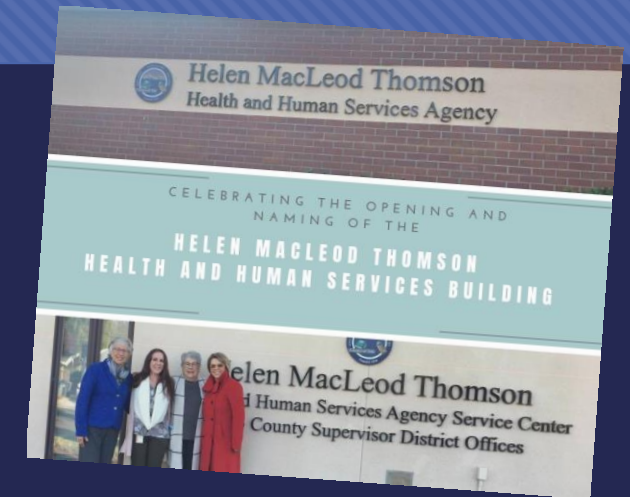
- Provide training and development opportunities for Agency employees.
- Increase employee retention.
- Develop consistent agency wide policies and procedures.
- Improve the Agency's preparedness to respond to emergencies that require the provision of mass care, public health and/or medical services.

### **GOAL 4:** Make Data Informed Decisions and Create a Culture of Quality

- Provide timely access to benefit programs for applicants in HHSA Service Centers.
- Improve adult mental health system access and timeliness.
- Improve capacity for conducting continuous quality improvement in Child Welfare.
- Complete a county-wide Community Health Assessment in partnership with Yolo County hospitals and community clinics that identifies key health needs and issues through systematic, comprehensive data collection and analysis.
- Implement use of a performance management system Agency wide.

# 1. Improve Outcomes for Clients & Our Community

- Special Populations Outreach:
  - Native American Community
  - Russian-Speaking Communities
  - Transitional Aged Youth (TAY)
  - Latino Communities
  - Older Adults
- Expanded Crisis Services to 24/7 response
- Implemented Drug-Medi-Cal Organized Delivery System (DMC-ODS)
- West Sacramento Mental Health Urgent Care



**S.T.A.Y. WELL CENTER**  
WOODLAND COMMUNITY COLLEGE  
700 Building – Room 744  
Monday - Friday  
9:00 a.m. – 5:00 p.m.

**DECEMBER 2018**

**S.T.A.Y. Well Center Activities**

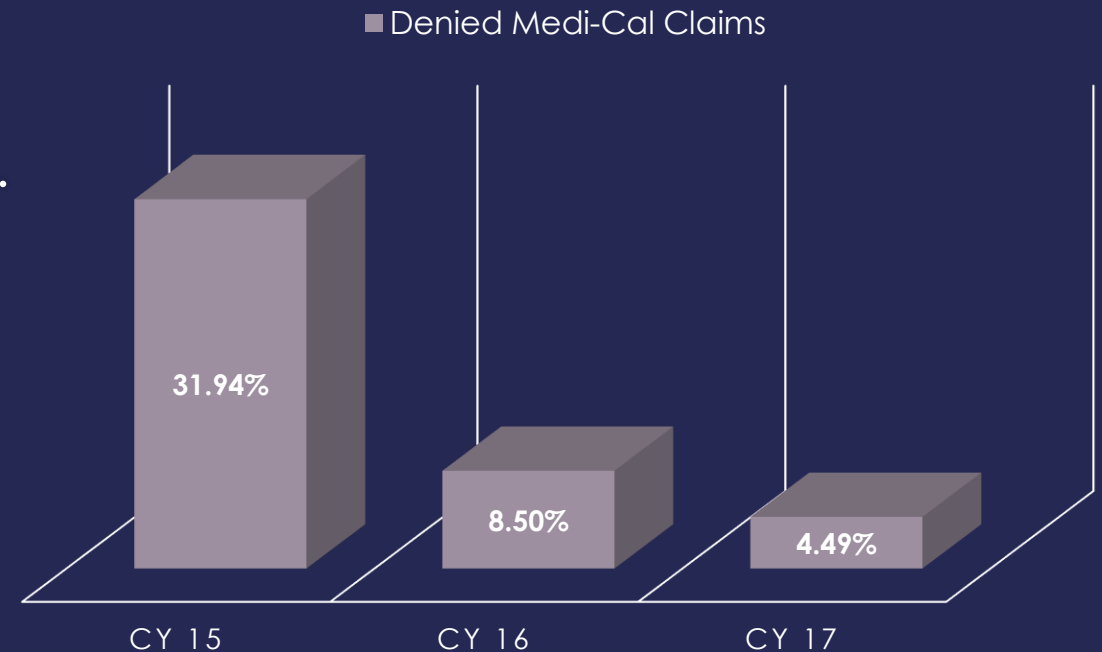
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>DROP-IN</b>	10:00-12:00	10:00-12:00	10:00-12:00	10:00-12:00	10:00-12:00
<b>AND SEE WHAT IS AVAILABLE</b>	Lounge Computers TV Refrigerator Microwave Meeting Room Student Artwork Community and Campus Resources Food Pantry				
1	Miscellaneous Monday 10-11:30 AM & Board games 11:30 AM-12:00 PM 1:30-3:00 PM-Movies & TV	4 Stress-Relieving Tuesday 10-11:30 AM & TV 1:30-3:00 PM	5 Walk & Off Wednesday Arts & Crafts	6 Tune It Thursday 10-11:30 AM & TV	7 Free Friday 10:00 AM & board games
10	Stress-Relieving Activity	11 Stress-Relieving Activity	12 Stress-Relieving Activity	13 Stress-Relieving Activity	14 Free Friday 10:00 AM & board games 11:30 AM & board games 1:30-3:00 PM Come get your FREE Flash Week Snack Survival Bags
17	Come get your FREE Flash Week Snack Survival Bags	18 Come get your FREE Flash Week Snack Survival Bags	19 Come get your FREE Flash Week Snack Survival Bags	20 Come get your FREE Flash Week Snack Survival Bags	21 Come get your FREE Flash Week Snack Survival Bags
24	Miscellaneous Monday 10-11:30 AM & Board games 11:30 AM-12:00 PM 1:30-3:00 PM-Movies & TV	25 Stress-Relieving Tuesday 10-11:30 AM & TV 1:30-3:00 PM	26 Walk & Off Wednesday Arts & Crafts	27 Tune It Thursday 10-11:30 AM & TV	28 Free Friday 10:00 AM & board games
31	Winter Break - Closed Campus	24 Winter Break - Closed Campus	25 Winter Break - Closed Campus	26 Winter Break - Closed Campus	27 Winter Break - Closed Campus
		25 Happy Holidays			28 Winter Break - Closed Campus
	31 Winter Break - Closed Campus				31 Winter Break - Closed Campus

**WELCOME**

## 2. Ensure Fiscal Health

- Anticipated reduction in IMD expenditures based on current projections, due to an increase in case management.
  - As each person steps down to a lower level of care the cost decreases for that person.
- Integrated various funding streams into consolidated contracts to best leverage funding.
  - Child Welfare, AB109, CalWORKS, Drug Medi-Cal and Substance Abuse Block Grant
- Affordable Care Act
- Reduction in denied Medi-Cal Claims
- Mental Health Court

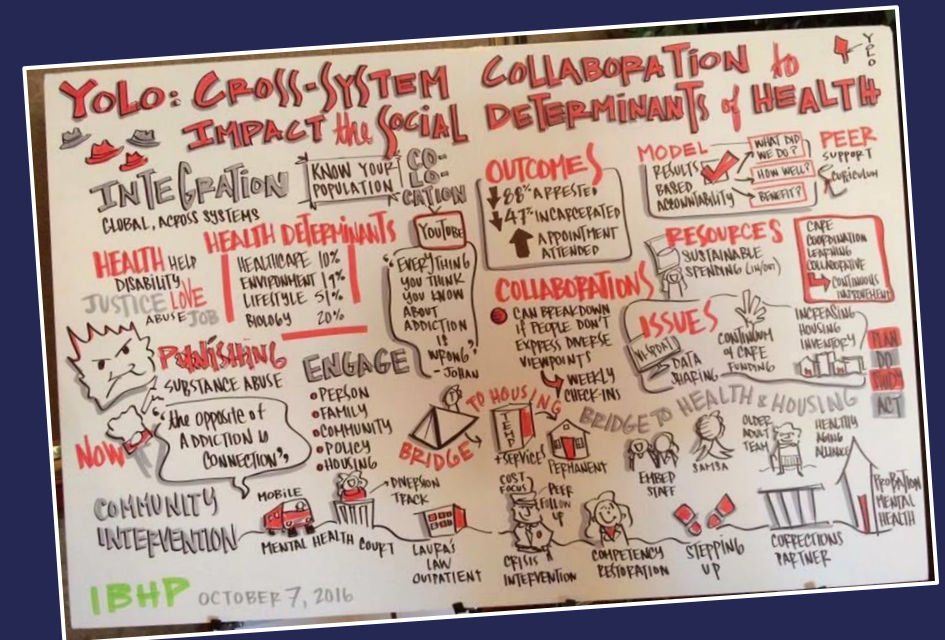
### DENIED MEDI-CAL CLAIMS FOR SPECIALTY MENTAL HEALTH SERVICES





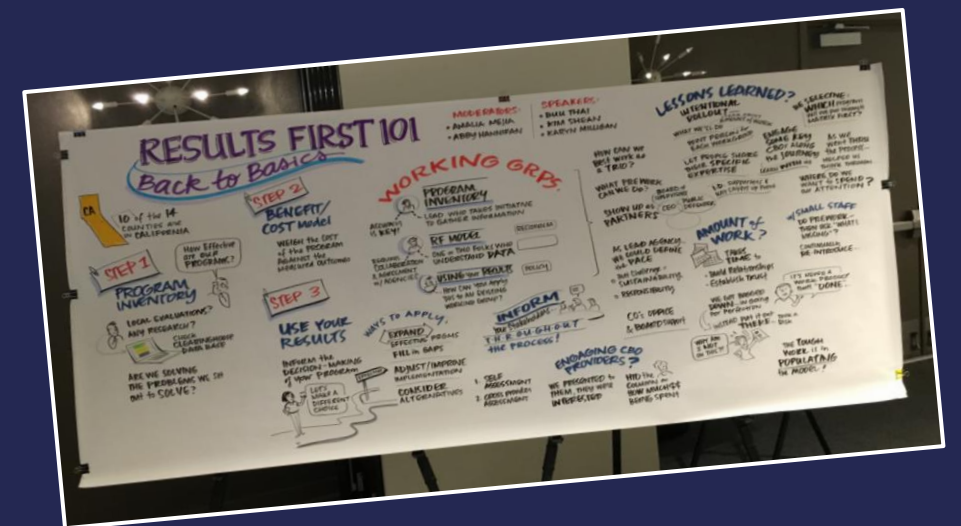
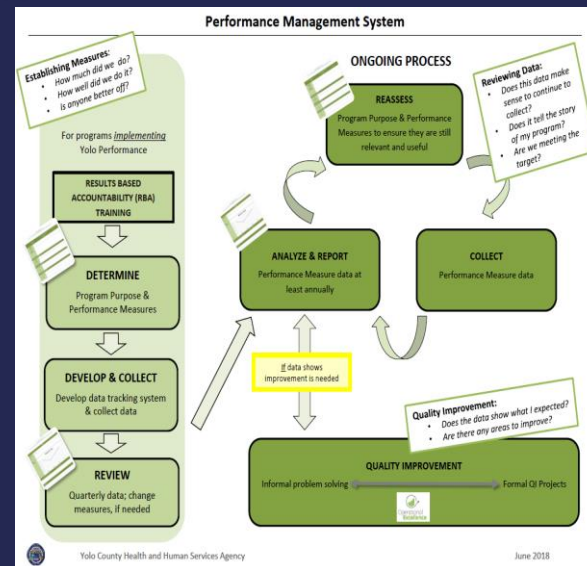
# 3. Strengthen Integration

- Collaborated with County departments to start a criminal justice grant group focused on gaps/needs from the Intercept Mapping work
- Mental Health Staff Embedded in Child Welfare
- Integration of Public Guardian and Adult Protective Services
- Homeless Team Coordination with Cities



# 4. Make Data Informed Decisions & Create a Culture of Quality

- 33 programs and sub programs using Results Based Accountability (RBA) metrics
- Increased offerings of Quality Improvement Staff Trainings
- Utilized SAMHSA's Sequential Intercept Mapping as a framework for Yolo County's Stepping Up Initiative Work



# Future Plans:

- Re-think Prevention framework – up stream
- Develop organized delivery system for youth with substance use disorders
- Grow/expand cross departmental initiatives to improve access to care
- Improve integration of physical and mental health and substance use disorder treatment
- Explore with Partnership HealthPlan whether “carve-out” continues to make sense

# Questions?

