

Yolo County MCAH Advisory Board

January 16, 2019

Retreat Minutes

CAROLYN CAMPOS, CHAIR
JESSICA CERNAK, VICE-CHAIR

YOLO COUNTY HEALTH AND HUMAN SERVICES AGENCY

GONZALEZ BUILDING
25 NORTH COTTONWOOD STREET,
#167 COMMUNITY ROOM
WOODLAND, CA 95695

Yolo County MCAH Advisory Board

Minutes – January 16, 2019

The Yolo County MCAH Advisory Board met on the 16th Day of January 2019 in the Community room at the Gonzalez Building at 25 North Cottonwood Street, Woodland, CA at 8:30 a.m.

VOTING MEMBERS PRESENT: Carolyn Campos RN, Sutter Davis Hospital; Jessica Cerniak, Psy.D., The Chicago School of Professional Psychology; Kathleen Middings, RN, Woodland Joint Unified School District; Nichole Sturfels, Community Member; Margaret Walter, RN, BSN, MBA, UC Davis; Tia Will, MD, Retired Community Member; Leon Schimmel, MD, CommuniCare Health Centers; Jenna Shaw-Battista, PhD, RN, NP, CNM, FACNM, Communicare Health Centers

VOTING MEMBERS ABSENT: Virydiana Monteleon; Madeleine Shernock

STAFF & GUESTS PRESENT: Lauren Adams, First 5 Yolo; Raquel Aguilar, HHSA; Lizeth Betancourt, HHSA; Gaby Castaneda, HHSA; Ron Chapman, MD, MPH, Health Officer, HHSA; Gina Daleiden, First 5 Yolo; Bambi Eagle, Northern Valley Indian Health; Monica Koenig, HHSA; Cindy Martin, HHSA; Laura Martinez-Chavez, Community Medical Centers; Nicole Mion, Help Me Grow; Jaime Ordonez, HHSA; Sandra Rodriguez, Assistant Deputy to Supervisor Provenza; Sandeep Shahi, Sr PHN, HHSA; Laurie Somerhausen, HHSA; Anna Sutton, RN, PHN, MSN, HHSA, Community Health; Rosa Ramirez, HHSA

8:30 A.M. CALL TO ORDER

1. **WELCOME AND INTRODUCTIONS** – *Carolyn Campos, Chair*
The January 16, 2019 MCAH Advisory Board meeting was called to order at 8:40 a.m., at which time around the table introductions occurred and quorum was confirmed.
2. **CONSIDER APPROVAL OF AGENDA** – *Carolyn Campos, Chair*
Motion: Jessica Cerniak **Second:** Margret Walter **Discussion:** None **Vote:** Unanimous
3. **APPROVE THE [December 12, 2018 MINUTES](#)** – *Carolyn Campos, Chair*
Motion: Jessica Cerniak **Second:** Margret Walters **Discussion:** Margret Walter’s last name was spelled incorrectly on page 3. **Vote:** Unanimous
4. **PUBLIC COMMENT**
 - **Laurie Somerhausen:** shared that WIC is open and is triple issuing through March for those that are eligible; there is still plenty of funding for WIC through February and are looking for additional funding through March. Once this information hit the news there was a rise in people going attending going to the WIC Clinic; the WIC office in Davis is now open Monday’s and Thursday’s
 - **Cindy Martin:** shared that there are 18 new staff members starting Monday; they go through months of training; continuing to ask for patience’s when people call
5. **[COMMUNITY HEALTH BRANCH REPORT](#) – MCAH HIGHLIGHTS** – *Anna Sutton*
 - **Anna Sutton:** shared that Immunization clinic are being pushed back to 2:00-5:00 PM and are asking people to call ahead to make an appointment and they are being screened; this started January 1, 2019
 - **Lizeth Bentancourt:** shared that last Friday the Breastfeeding Coalition met and Jane Heinig was that the meeting and The California Breastfeeding Summit was founded by Jane Heining and the purpose of the summit is to bring collaboration there is new evidence based information presented each year. It takes place January 29-January 31. Members of the Yolo County Breastfeeding Coalition are eligible to receive a discount, if you are interested in attending, email Lizeth and she will send you the discount code. They are also working on their two partial Certified Lactation Education Counselor through UC San Diego, they will be sending out the application the coalition would like the applicant to live and work in Yolo County, this is a partial scholarship the total cost of the class is \$695 and the scholarship will cover half of the cost. They usually offer this training in April.
 - **Anna Sutton:** shared that we have a Facebook page, if you haven’t already please like our page. We have a lot of campaigns that we promote on there. We also have our home page and on the Yolo County website all of our public meetings are listed on there.

- **Dr Chapman:** shared that our new Governor has appointed Ann O’leary as his Chief of Staff. She worked very closely with Hillary Clinton during her campaign. One of her focuses was health and healthcare. Governor Newsom also announced an executive order to create a Surgeon General of California, there are very few states in the nation that have their own Surgeon General. The Surgeon General will report directly to the Governor and the State Health Office will report to the secretary of health who sits on the Governors Cabinet. The number of syphilis case in Yolo County are increasing. We currently have the highest number of pregnant women with syphilis in Yolo County. We are building a task force to come up with an approach for this issue.
- **Monica Koenig:** Our number of fetal demise cases decreased in 2018.

6. ADVISORY BOARD VACANCIES AND BOARD MEMBER DUTIES- Carolyn Campos

Carolyn Campos:

- We currently have 3 vacancies at this time
- There have been questions about term membership and attendance
- Now that we are getting ready to fill vacancies we thought it would be a good time to talk about what the membership means and what the expectations are and to look at our current vacancies and what area of the social determinates of health are we missing?
- Because we have a vacancy we should rush out to fill out, we should be mindful of who we are asking to fill this position
- Also, can you meet the requirements of the board? We have had months where months and agenda can’t be approved
- Looking for a representative from housing would be good and a representative from Dignity Health Care which is the other hospital in Yolo County would be good

Anna Sutton:

- Our advisory board is intentionally selected heavily in category B, Health Care Providers
- Where we are lacking and now have a vacancy is for a parent of a child who is eligible for state services; this can include special education services
- Our next vacancy is a partner group, a local non-profit; this position was filled by Willy from Yolo County Children’s Alliance
- Our last vacancy is anyone from the community that is interested in the health of families
- Members don’t have to live or work in Yolo County; if they have a real commitment in Yolo County, a business, non-profit, or serve Yolo County residents predominately, they can be approved; Supervisor Provenza goes through an interview process with these applicants to see if they would be a good fit for the board
- We ask for a commitment of 3 years, everything starts February 1 and ends January 31st; you can serve up to 6 years consecutively
- This is a monthly meeting; we take off December and July
- Once you meet three meetings in a row it’s considered that your vacating your advisory board position; What we will start doing, if you miss 2 meetings we will reach out to you and see if you’re still interested in serving on the board, on the 3rd vacancy we will be in touch with Supervisors Provenza’s office regarding that 3rd absences
- If you are a voting member, please communicate to Gaby if you will absent
- If you know that someone is interested, you can contact Anna or Carolyn
- The application is on the website under general application for all committees, you just list the name; it is preferred that you go through Anna first
- If you are interested in applying and all the positions are filled, your application is still valid for up to 2 years

7. [APPROVE 2019 CALENDAR](#) – Carolyn Campos

- Our plan was to build on what we created last year
- Last year we took a deep dive into each of the age groups that we represented

- Today our intention is to look at each age group and what issues came up during year
- We would like to identify the top issue in each age group and spend the next first half of the year diving into what are the causes of these issues in Yolo County
- Today we are going to identify our biggest issue and the thing that we think we are doing really well
- The second half of the year we will do an appreciative inquiry to find out why this is working so well in Yolo County
- Can what we do well cross age groups
- We will have breaks in July and December
- We added to our calendar the age groups that we will focus on
- We will summarize what was discussed for each age group and guest to take back and share with their agencies

8. YOLO COUNTY STRATEGIC PLAN INPUT – Anna Sutton

- The CAO's office leads and facilitates the county wide strategic planning; it's a 3-year plan, a lot of stakes holders are pulled into this
- They have reached out to all advisory boards to make sure we are participating
- There is an electronic link that we will be sending out for the plan
- Expect it to come through and email; if you have any questions contact Gaby or Anna

PRESENTATIONS

9. MCAH TITLE V NEEDS ASSESSMENT: DATA PRESENTATION – Haydee Dabritz

POWERPOINT:

- We realize that what happens at the start of life affects the rest of life
- Different indicators are important at different points in time; health, scholastic achievement, and bullying
- Trimester into entry to prenatal care, meaning mom has a provider and any issues can be addressed early and hopefully prevent some problems that may arise in the future; we had a dip in 2016-17; this improved in 2017-18
- One thing that our Branch Director has asked us to look into is to look into the indicators of poverty if the data is available like Medi-Cal moms and also looking at race and ethnicity; we've seen that Hispanic numbers have come increased a lot
- We do see that there are some disparities for Asian and African American women getting into prenatal care
- In Woodland and north east part of the county, entry into prenatal care is lower; Davis looks good as does parts of West Sacramento except for the Broderick Bright district in West Sacramento
- We don't have access into where they established prenatal care; we are only given the payer source
- Looking into Mental health we have an increasing trend of women ages 15-44 going
- Alcohol/drug relating hospitalization has been flat while mental health has really been increasing
- Our data vs the states for pregnant women with mental health who were hospitalized our rates are higher than the state as well as the rates with pregnant women having alcohol and substance abuse
- Mental Health diagnosis represents 180-300 hospitalizations per year and substances abuse is 30-40 per year this is around 10-15% of all pregnant women
- Substance abuse can be drugs, alcohol, and prescription drugs
- Downstream affect is that the infant having a substance use diagnosis
- We have had an increase in infants with substance use diagnosis since the early 2000's
- We are doing well in preterm births
- The percent of mom's that are obese during pregnancy, is high in mom's that have more than one child
- Mom's BMI is on the birth certificate
- There is a lot of resources around breastfeeding in Yolo County
- We have exceeded the Healthy People 2020 for breastfeeding

- Looking at fetal mortality we are meeting the goal; we have very few infants dying if they make it past 28 days
- Still births include any fetus that is 20 plus weeks that dies in utero has increased
- Perinatal mortality rate is 28 weeks or older and any infant that died within the 7 days has also increased relatively to the previous 5 years
- The number of children living in poverty has gone up in Woodland but has gone down over all through the county
- Median income for a family in California is \$82,00; about 15% in California are living below the poverty level; California families who only have a single income and living below the poverty level is 1/3 of them
- Because of SB277 that came into effect January 1, 2016, immunizations in preschool-school aged kids has increased
- The county has also seen an increase in substantiated child abuse and neglect in ages 0-5; it has gone up 44% between 2016-2017
- A lot of children are already overweight before entering pre-school
- The percentage of children that have tooth decay in the County is high; West Sacramento has the highest rate; this age group is for ages 4-15
- The number of students eligible for free or reduced lunch ages 5-17 has increased about 20% in a 10-year period; there has not been a change of eligibility criteria that we know of
- The Service Center does reach out to the local schools to give them a list of kids that are receiving Cal-Fresh to show they are also eligible for free or reduced lunch
- The percentage of Kindergartners that are vaccinated is above the 95% threshold needed to prevent outbreaks
- The number of kids enrolled in Dental Cal has doubled since 2014 as a result of Covered California
- There is a lot of providers that are not accepting new Denta-Cal patients
- Davis Community Clinic will add a Denta-Cal Provider in April
- Public school children in Special Education ages 0-17 has gone up in the last 5 years
- Most of the schools in Yolo County are performing worse than the state
- 1/3 of kids are overweight in 7th grade; more than half the kids in 7th grade in Esparto are over weight
- Hospitalization rates for children ages 1-14 for the last 6 years has gone from around 200 to 300
- We also had a note from our Mental Health Department that there were 329 children ages 5-14 that were referred to Mental Health Services, these are Medi-Cal children; this could be anything from a behavioral issue, mental health, or a drug use issue, and about 100 of those children were in the Child Welfare system this was for year 2018
- 68% of kids in the state feel that they are connected to school; most of the schools in Yolo County are performing below the state
- We are in-line with California for kids who are being bullied at school
- Yolo County is below the state when it comes to scholastic achievement for teens
- High School graduation rates are higher than that of the state
- Gonorrhea has been going up throughout the state and in Yolo County
- Chlamydia has flattened
- Teen pregnancy rates have also been going down; it is the highest in Hispanic teens
- 43% of kids in 11th grade reported that they had used drugs or alcohol in the last 30 days
- 11th graders that seriously considered suicide is highest in Davis, they came in higher than that of the state
- Mortality rates for young adults we were increasing in 2016 but have begun to decrease and are a lot lower than that of the state
- Students are not required to pass an exit exam in order to graduate from high school

MCAH TITLE V NEEDS ASSESSMENT: ROOT CAUSE ANALYSIS EXERCISE – Anna Sutton

HANDOUT:

- It looks the thing we are doing well for maternal infant indicator is breastfeed; we want to look at why that's doing well
- The number one issue that we are having in Yolo County in this population is mental health substance abuse followed by obesity
- Early child indicators-we're doing great with prenatal vaccinations; Obesity is what we are going to look at for early childhood indicators
- Teen and young adults what we're doing well is reducing teen pregnancy and what we need to work on is current drug and alcohol use as well as suicide ideation

Mental Health Substance use:

Economic Stability:

- Housing: accessibility, cost, family supportive
- Wages: inadequate
- Cost of services (childcare, housing)
- Employment: family friendly, mothers v father
- Lack of: paid parental leave
- Not enough of:
- "not in my backyard"/apathy (driver)
community awareness
- Eligibility for services
- Lack of family

Education:

- Eligibility for programs (program rumors)
- Stigma
- Effect on mom/baby
- Awareness of risks and s/sx early on, impact
- Lack of parenting preparation
- Lack of awareness (what motherhood means)
- Lack of support from family (no "wise grandmother/woman")
- Social Media

Neighborhoods & Environments:

- Disinformation, rumors, lack of Trust, historical trauma, isolation,
- Substance prevalence, lack of support (what you see and experience); car dependent-lack of affordable/adequate transport

Health & Healthcare:

- Accessibility to services/tx
- Local access
- Provider avail/capacity/quality (lack of universal screening, not recognizing risk factors/preexisting conditions)
- Cost of treatment/services
- Lack of integrated services (fragmented services)
- Reimbursement rates /productivity rates (reverse incentives)
- Awareness of risks and s/sx for MMH and AOD use (impact)
- Lack of pre/interconception care (loss of coverage)

Social & Community:

- Racism
- Sexism
- Legal status>ag workforce
- Political
- Lack of trust

- Stigma: violence “am I a good mom?” + FEAR: CWS + “childless by choice”
- Historical trauma/ACEs
- Social norms: violence/emotional abuse is tolerated,
- Social support to maintain sobriety
- Poorly prepared to recognize & support those at risk/greatest risk
- Individual vs community value - ownership
- Values & Awareness
- Lack of family
- Cultural norms (not understood)

ANNOUNCEMENTS

10. MEMBER ANNOUNCEMENTS/SHARING

- No announcements were shared

ADJOURNMENT

11. NEXT MEETING: FEBRUARY 20, 2019

Proposed Topics

- Root Cause Analysis of Priority Issue: Toddler & Pre-Schoolers (Yolo County’s 0-4 Year Olds)
- MCAH Title V 5-Year Needs Assessment Data Presentation

11:00 A.M. ADJOURNMENT

Respectfully submitted by:



Gaby Castaneda, Secretary
Yolo County MCAH Advisory Board