

# Yolo County MCAH Advisory Board

December 12, 2018

Minutes

CAROLYN CAMPOS, CHAIR  
JESSICA CERNAK, VICE-CHAIR

## **YOLO COUNTY HEALTH AND HUMAN SERVICES AGENCY**

GONZALEZ BUILDING  
25 NORTH COTTONWOOD STREET,  
#167 COMMUNITY ROOM  
WOODLAND, CA 95695

## Yolo County MCAH Advisory Board

Minutes – December 12, 2018

The Yolo County MCAH Advisory Board met on the 12<sup>th</sup> Day of December in the Community room at the Gonzalez Building at 25 North Cottonwood Street, Woodland, CA at 8:30 a.m.

**VOTING MEMBERS PRESENT:** Carolyn Campos RN, Sutter Davis Hospital; Jenna Battista, PhD, RN, NP, CNM, FACNM, CommuniCare Health Centers; Jessica Cerniak, Psy.D., The Chicago School of Professional Psychology; Kathleen Middings, RN, Woodland Joint Unified School District; Leon Schimmel, MD, CommuniCare Health Centers; Nichole Sturfels, Community Member; Margaret Walter, RN, BSN, MBA, UC Davis

**VOTING MEMBERS ABSENT:** Madeleine Shernock; Tia Will, MD, Kaiser Permanente; Virydia Monteleone; Stephen Nowicki, MD, PhD, FAAP, Woodland Health Care

**STAFF & GUESTS PRESENT:** Lauren Adams, First 5 Yolo; Raquel Aguilar, HHS; Lizeth Betancourt, HHS; Gaby Castaneda, HHS; Monica Koenig, HHS; Liz Sardinias, Help Me Grow; Jaime Ordonez, HHS; Anna Sutton, RN, PHN, MSN, HHS; Cynthia VanNostrand, Partnership Health Plan; Rosa Gregorio; Lupita Vital, HHS

### 8:30 A.M. CALL TO ORDER

1. **WELCOME AND INTRODUCTIONS** – *Carolyn Campos, Chair*  
The December 12, 2018 MCAH Advisory Board meeting was called to order at 8:40 a.m., at which time around the table introductions occurred and quorum was confirmed.
2. **CONSIDER APPROVAL OF AGENDA** – *Carolyn Campos, Chair*  
**Motion:** Jessica Cerniak      **Second:** Nichole Sturfels      **Discussion:** None      **Vote:** Unanimous
3. **APPROVE THE JUNE 20, 2018, AUGUST 15, 2018, SEPTEMBER 19, 2018, OCTOBER 17, 2018, & NOVEMBER 14, 2018 MINUTES** – *Carolyn Campos, Chair*  
**Motion:** Jessica Cerniak      **Second:** Nichole Sturfels      **Discussion:** None      **Vote:** Unanimous
4. **PUBLIC COMMENT**
  - None at this time
5. **COMMUNITY HEALTH BRANCH REPORT – MCAH HIGHLIGHTS** – *Anna Sutton*
  - There is not report for the month of December; Community Health Staff used this time to provide updates
  - **Monica Koenig:**
    - House of Representatives passed a bill to grant money for Maternal Mortality Review
    - Another bill that is going to the state is the Preemie reauthorization act of 2018 it will expand research to help reduce preterm births
    - Yolo County has partnered with Chico State on it's Safe Sleep Module; Monica is hoping to roll this out soon. Parents will watch the Safe Sleep Module and receive a crib after watching the Module. Yolo County helped with the donation of Cribs from Cribs for Kids to donate to the victims of the Camp Fire
    - Monica has had some grief and bereavement training from Resolves Through Sharing; Monica is hoping to hold a training on what's learned in the Spring; She's hoping to partner with Mental Health and train their first responders
  - **Anna Sutton:** Anna shared that back in October, MCAH applied for the CalWorks Home Visiting Initiative. It funding it to serve CalWorks families. The target population for this service is pregnant women, first time mom's, pregnant or has a child under the age of 24 months and is on CalWorks. We were just notified that we were awarded the expected amount. In the proposal we asked to fund a new evidenced based home visiting program, which is called Parents as Teachers. First 5 has done a lot of work with is across the state and it uses Paraprofessionals to work with families. The teams that go see these families will be performing vision and hearing screening. It is designed to complement the existing home visiting programs. We have written into the grant to expand our Healthy Families America Programs, which our Step by Step program through YCCA. They will be getting a portion of the money to expand their home

visiting program. The third component is to launch Family Hui groups, for an early learning environments for mom. One of the focus of the grant is to get mom's physically linked to sitting where they're with other mom's and early learning child hood educators. We're going to be implementing and planning from January – June; writing MOU's with each of our partners and hoping to begin enrolling starting July 1, 2019.

## PRESENTATIONS

### 6. TRANSITIONAL AGED YOUTH (TAY) DATA AND TRENDS – *Margret Walter, RN, UC Davis*

#### HANDOUT:

- All student in the UC system are required to have health insurance; if they don't have health insurance they will receive the UC health insurance; this allows them to have more access to care; Medi-Cal meets the requirement
- On track to be certified as a Hispanic serving institution; once they are certified this will provide for funding to serve that population
- The new Chancellor identified three topics he wanted the community to learn about; those were food insecurities, housing insecurities, and mental health; he created three task forces to focus on these issues
- There is a party on campus and a basic need center on campus for students; they can sign up Calfresh there and learn about other resources
- The City of Davis and the University have a partnership to bring more housing
- There is a sexual health clinic that is held for students; the clinic has primary care, sexual health, and other specialties; this is funded by student fees; primary care visits are \$15
- Recently received a grant from Kaiser to expand helmet awareness as well as hand out helmets
- There is a lot of work on healthy eating there is a teaching kitchen that is held once a month and source all resources for the teaching kitchen from the school pantry, so that the students have access to the ingredients they use
- Fruit and veggie up come on campus and deliver fruits and vegetables and they partner with the Famer's Market and it's held once a week on campus
- Hammocks have been installed on campus and are heavily used, there is a google map where students can find areas on campus to take naps
- The pantry is open to all students, the only requirement to access the pantry is to show a student ID
- The campus just opened the Aggie Compass this is a basic needs center
- There is a whole Care department on campus that helps students who have experienced violence both physical and sexual
- If a student comes in and state they are there because they've been sexually assaulted, they will see a psychologist who doesn't have to report, the psychologist will work out their options with them
- There is a lot of outreach done around alcohol; there is a health education department with four health educators; each has a focus area, one is alcohol and other drug, sexual health, activity and nutrition, and mental health; all health educators have sotto workers that work with them and student educators
- Currently doing a lot of outreach around mental health; counseling services for students are free; psychiatry is \$30 unless they have student insurance, the insurance can be billed
- Partnering with Live help online for online visits
- Anxiety among students is climbing up
- Started a partnership with crisis text line; students text the word relate to identify they are a UC Davis student
- The campus has the love lab which is cart that is taken out on campus with supplies for sexual health
- UC Davis is the first campus to have Plan B in a vending machine for students to access
- UC Davis is looking to partner in the future to provide more gynecology in their clinic
- Also being prompted by Senate bill 320, which passed last year but was not signed by the Governor and would require all California state and UC school to provide medical abortions

7. **TRANSITIONAL AGED YOUTH (TAY) WRAP UP – All HANDOUT:**

8. **MCAH ADVISORY BOARD RETREAT – LOOKING AHEAD**

## ANNOUNCEMENTS

9. **MEMBER ANNOUNCEMENTS/SHARING**

- **Jenna Shaw-Battista:** Shared that CommuniCare Health Centers has launched an evidenced based Parenting Teaching Program. This is through their Behavioral Health Department. Parents are coached through an ear piece while being observed by a professional with their child interactions. They also have a Parenting Coaching for those couples that have split and are trying to co- Parent. They have also expanded access to services and now have 6 perinatal clinics in the evenings for working families. In mid-January they will starting having a Saturday morning pediatric and primary care clinic. They will start with Salud Clinic and hopefully offer it at the other clinics. Teen Health Coaches are now paired with Midwives and there has been a dramatic increase with the teen clinic.
- **Katya Lopez Arreola:** Shared that The Public Charge comment period closed on Monday and haven't heard any updates; they are still low staff and will have 20 new eligibility workers start in January; asking that the public be patient; there are new Public Assistance Specialist that will be hitting the floor soon but are still training; the Davis Office opened last week and is located at 600 A St, there are eligibility worker there that can help with Medi-Cal and CalFresh; there is also a CalWorks person who sees people on an appointment basis
- **Lizeth Betancourt:** WIC is now open Monday's and Thursday in the Davis office; WIC was not included in the Public Charge document; currently seeing a low enrollment number for pregnant moms. WIC participated in the NorCal Milk Drive where they collected 7,000 ounces of breastmilk in Yolo County

## ADJOURNMENT

10. **Next Meeting: January 16, 2019**

Proposed Topics

- January Retreat
- Confidential teen reproductive health services

10:00 A.M. ADJOURNMENT

Respectfully submitted by:



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Gaby Castaneda, Secretary  
Yolo County MCAH Advisory Board