

Yolo County Local Mental Health Board

Director's Report

February 25, 2019

Board of Supervisors Workshops- On Tuesday, February 5th, staff from the Yolo County Health and Human Services Agency (HHS) attended the Board of Supervisors Strategic Planning Workshop to provide updates on the topics of Behavioral Health, Homelessness and Housing. During the presentation, staff shared service roadmaps for Behavioral Health and Homeless Services as well as recent successes in alignment with HHS's Strategic Goals. The homelessness and housing presentation provided a GIS map of low income housing, and a description of some supportive services offered in Yolo County. The creation of the map was a collaborative effort of staff from HHS and General Services. After the presentations, the Board, representatives from the County Administrator's Office, and HHS discussed future plans for Behavioral Health and Homelessness Services.

Pine Tree Gardens- On February 7th, Supervisors Saylor and Provenza hosted a listening session with concerned constituents and family members in regards to Pine Tree Gardens sustainability. The County has committed to increasing support for the Day Treatment program on site so that more residents might be able to participate. The County will be meeting with Turning Point on March 8th to better understand financing and the fiscal gap in order to begin to understand what the County may be able to contribute and for how long. After this meeting we will re-convene the concerned constituent/family group to discuss.

Pacifico (Navigation and Adult Residential Facility) – On February 19th, the Davis City Council received a presentation by Lisa Baker with Yolo County Housing (YCH). This presentation addressed concerns expressed by residents living near the Pacifico site, and was designed to describe the history of the site, as well as current statistics associated with Law Enforcement and other calls for service to the area. Data shows low rates of emergency services utilization for the Pacifico site as compared to the surrounding apartment complexes in the same area. HHS, City staff, YCH and Board members Jim Provenza and Don Saylor, will continue to work on next steps for the project.

Juvenile Detention Facility Mental Health Services - On January 29th the Board of Supervisors received a comprehensive update from the Probation Department regarding the Office of Refugee Resettlement(ORR) contract with Yolo County. A portion of this funding is directly tied to mental health staffing within the Juvenile Detention Facility(JDF). In light of the increased mental health staffing, the County will be providing the bulk of the mental health services within the JDF, and WellPath (formerly CFMG), will provide Psychiatry and physical health support. We will be working closely with Probation staff and WellPath over the next several months to ensure that this transition is smooth and successful.

Temporary Shelter – Woodland The temporary shelter is continuing through June. The average # of project participants staying in the shelter since December 7th is 16.6 out of 30. Two individuals are now housed. Case management efforts are targeting the self-sufficiency factors associated with obtaining stable housing, including assisting individuals with access and linkage to Yolo County Medi-Cal, ID cards, Birth Certificates and for those eligible, Cal Fresh and SSI. County and City staff are continuing discussions on next steps for interim housing options after the emergency shelter project concludes.

Suicide Prevention Sustainability Planning- As a part of the ongoing effort to assist Suicide Prevention in becoming more sustainable, Karen and County Administrator, Patrick Blacklock, will be meeting with Yolo County Office of Education to discuss ways we might partner toward that end.

External Quality Review Organization (EQRO) - The External Quality Review Organization (EQRO) completed its annual review of the Yolo County Mental Health Plan on February 13, 2019; thank you to the consumers, family members, staff, and community partners for your participation. Following the review, the lead quality reviewer sent a statement, "on behalf of the EQRO team, I thank you and your staff for a successful review. The collaborative spirit of your team and warmth of the people we encountered during our two days in Yolo were a testament to the professionalism of the organization."

Outpatient Specialty Mental Health Services Penetration Rates & Mental Health Utilization Data – As one indicator of system capacity and access to care, we have begun looking at the utilization of specialty mental health services by city of residence. This month focuses on Davis. See attached.

State Hearings on Mental Health Financing

The Assembly and Senate Health Committees will hold a series of hearings on mental health coverage in the Medi-Cal program. The first of two scheduled hearings will be on Tuesday, February 26, 2019 at 1:30 in Room 4202 of the State Capitol is entitled “The Medi-Cal Mental Health Delivery System” and will provide an overview of the current Medi-Cal mental health delivery system to set the stage for subsequent hearings. The hearing will provide an overview of the prevalence of mental health conditions in California with a focus on the Medi-Cal population. The hearing will then provide information on what the Medi-Cal mental benefit consists of, how mental health services are delivered, administered and financed, and how quality is measured and ensured.

The second hearing will be on Tuesday, March 5, 2019 at 1:30 in Room 4202 of the State Capitol and is entitled “Improving the Medi-Cal Mental Health Delivery System.” It will focus on how well the Medi-Cal mental health benefit is delivered. The committee will hear what works well and what needs improvement in the delivery of the Medi-Cal mental health benefit, with a focus on how to improve the delivery of services and how to better integrate the delivery of physical and mental benefits in the overall Medi-Cal health care delivery system.

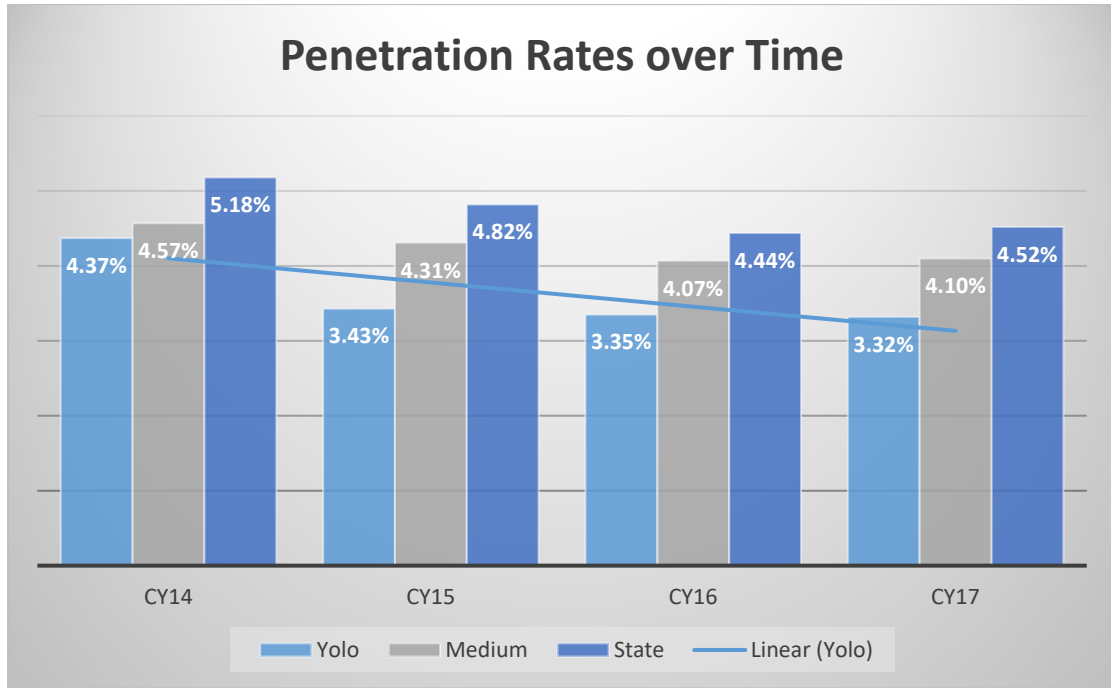
AB1315 Advisory Committee – HHS Director, Karen has been appointed to the AB1315 Advisory Committee with the Mental Health Services Oversight and Accountability Commission. As a reminder AB1315 is specific to early psychosis and mood disorder detection and intervention. I have highlighted the role I will be filling.

Membership on the committee shall be as follows:

- (1) The chair of the Mental Health Services Oversight and Accountability Commission, or his or her designee, who shall serve as the chair of the committee.
- (2) The president of the County Behavioral Health Directors Association of California, or his or her designee.
- (3) The director of a county behavioral health department that administers an early psychosis and mood disorder detection and intervention-type program in his or her county.
- (4) A representative from a nonprofit community mental health organization that focuses on service delivery to transition-aged youth and young adults.
- (5) A psychiatrist or psychologist.
- (6) A representative from the Behavioral Health Center of Excellence at the University of California, Davis, or a representative from a similar entity with expertise from within the University of California system.
- (7) A representative from a health plan participating in the Medi-Cal managed care program and the employer-based health care market.
- (8) A representative from the medical technologies industry who is knowledgeable in advances in technology related to the use of innovative social media and mental health information feedback access.
- (9) A representative knowledgeable in evidence-based practices as they pertain to the operations of an early psychosis and mood disorder detection and intervention-type program, including knowledge of other states’ experiences.
- (10) A representative who is a parent or guardian caring for a young child with a mental illness.
- (11) An at-large representative identified by the chair.
- (12) A representative who is a person with lived experience of a mental illness.
- (13) A primary care provider from a licensed primary care clinic that provides integrated primary and behavioral health care.

YOLO COUNTY OUTPATIENT SPECIALTY MENTAL HEALTH SERVICES FEBRUARY 2019

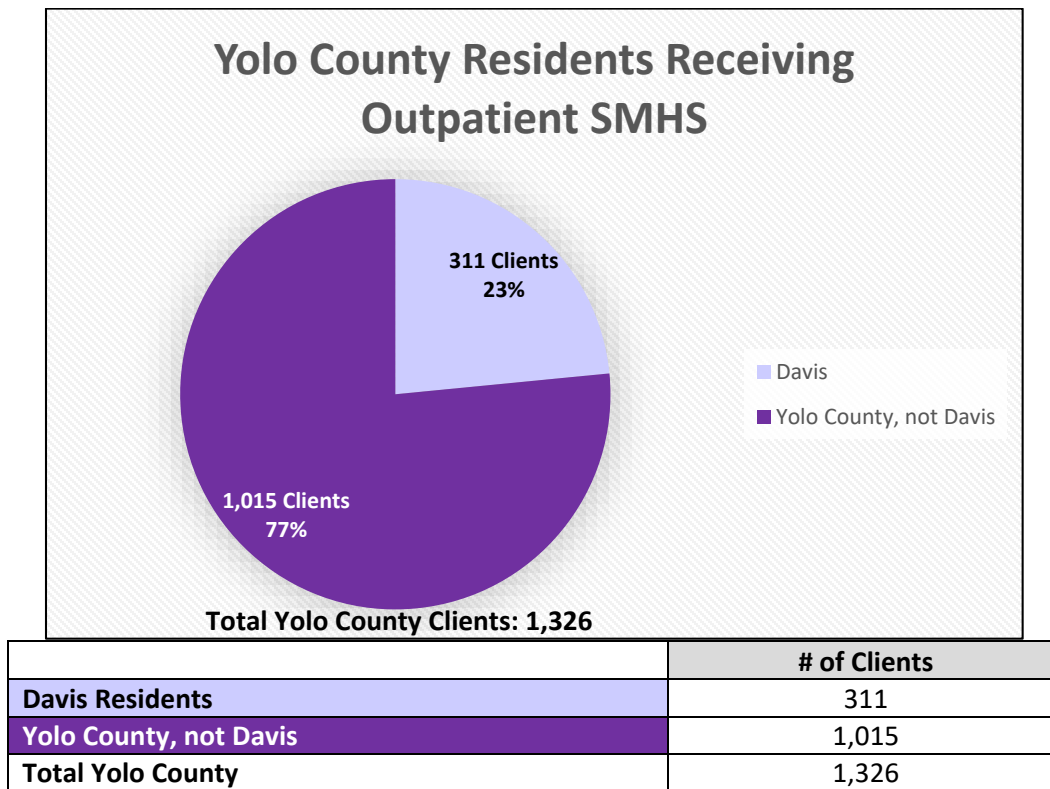
FIGURE 1



	CY14	CY15	CY16	CY17
Yolo	4.37%	3.43%	3.35%	3.32%
Medium	4.57%	4.31%	4.07%	4.10%
Statewide	5.18%	4.82%	4.44%	4.52%

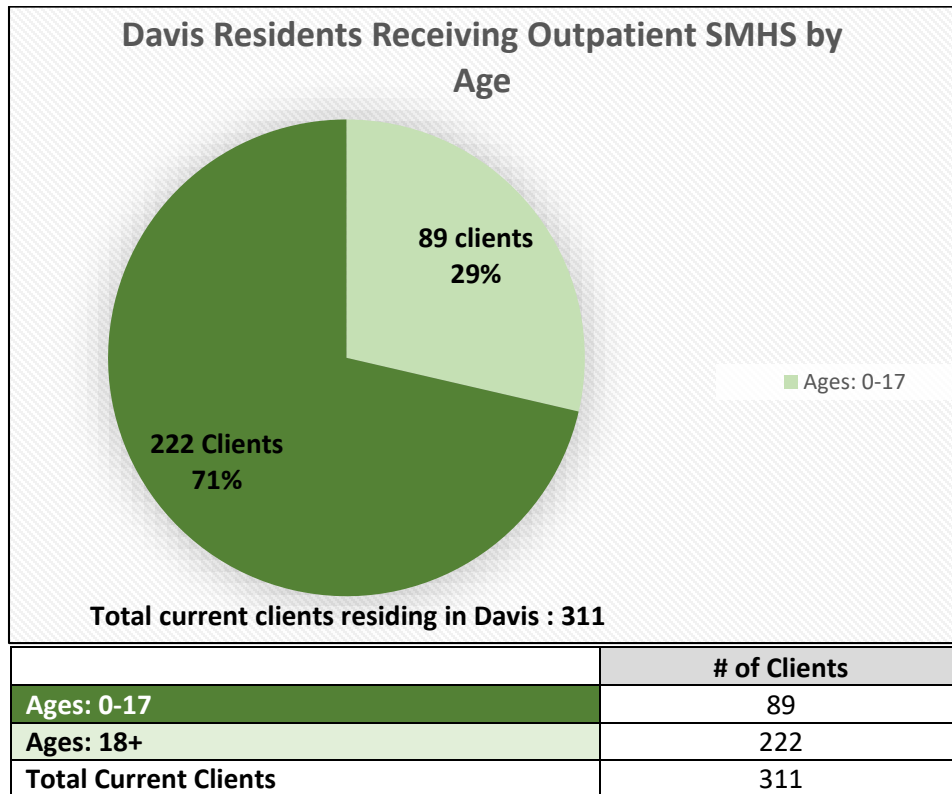
- Figure 1 reflects the change in Penetration Rates among all beneficiaries who received specialty mental health services from 2014 through 2017, comparing Yolo County to other medium-sized Mental Health Plans and to the statewide average.
- Penetration Rate is considered a proxy measure for access to services and is calculated by dividing the number of unduplicated beneficiaries served by the monthly average enrollee count.
- Yolo County's overall penetration rate of 3.32% in CY17 is below the penetration rates in other medium MHPs (4.10%) and the State (4.52%); this suggests that Medi-Cal beneficiaries in Yolo County have more difficulty accessing services compared to beneficiaries in other similar-sized counties and the state.

Figure 2



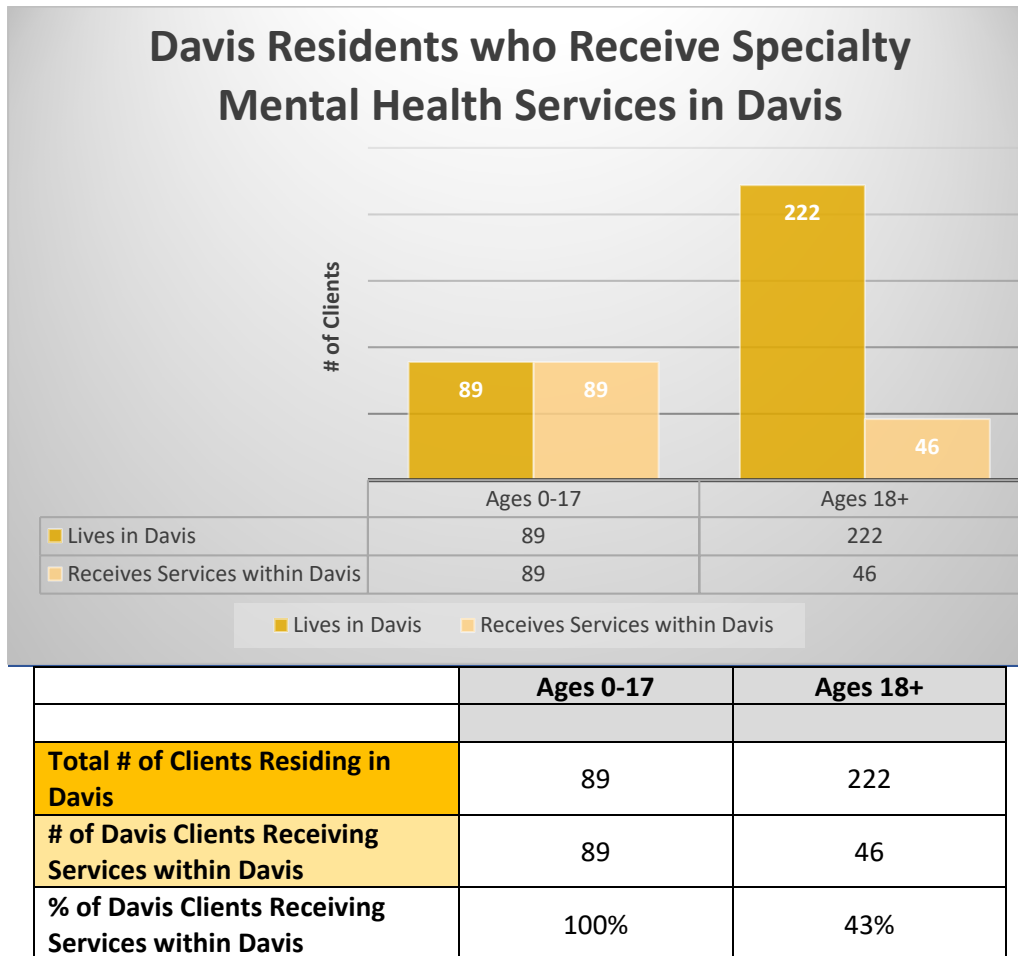
- Davis residents who receive Outpatient Specialty Mental Health Services (311) account for 23.5% of all Yolo County residents who receive Outpatient Specialty Mental Health Services (1,326)

Figure 3



- 28.6% (89) of Davis clients are aged 0-17, representing 6.7% of all Yolo County Outpatient Specialty Mental Health Services clients (1,326)
- 71.4% (222) of Davis clients are aged 18+, representing 16.7% of all Yolo County Outpatient Specialty Mental Health Services clients (1,326)

Figure 4



Of the current Yolo County clients who receive Specialty Mental Health services and reside in Davis, fewer than half (43%) receive services within Davis.

- All (89) child and youth clients aged 0-17 receive Outpatient Specialty Mental Health services within Davis.
- 21% (46) of clients aged 18+ receive Outpatient Specialty Mental Health services within Davis.