



# COUNTY OF YOLO

Health and Human Services Agency

*Karen Larsen, LMFT*  
Director

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## Local Mental Health Board Meeting Minutes

**Monday, January 28, 2019**

**AFT Library, Community Conference Room  
1212 Merkeley Ave. West Sacramento, CA 95691**

- Members Present:** James Glica-Hernandez, Sally Manduian, Samantha Fusselman, Serena Durand, Maria Simas, Reed Walker, Bret Bradley, Karen Larsen, Richard Bellows, Brad Anderson, Antonia Tsobanoudis, Nicki King
- Members Excused:** Ben Rose
- Staff Present:** Karen Larsen, Mental Health Director, HHSA  
Samantha Fusselman, Deputy Mental Health Director and Manager of Quality Management Services, HHSA  
Jessica Jones, Assistant Deputy to Supervisor Don Saylor

### CALL TO ORDER

- Welcome and Introductions:** The January 28, 2018 meeting of the Local Mental Health Board was called to order at 7:00 PM. Introductions were made.
- Public Comment:** None
- Approval of Agenda:** Nicki King motioned to approve, Reed Walker second. 1 Abstention. Approved.
- Member Announcements:** James brought a sympathy card for everyone to sign for June Forbes's loved ones.
- Correspondence:** None

### TIME SET AGENDA

- No Presentation

### CONSENT AGENDA

- Mental Health Director's Report** by Karen Larsen, Mental Health Director, HHSA
  - Karen mentioned that this was the 1<sup>st</sup> LMHB without June Forbes in many years. Nicki commented on how impressive her service was, she was impressed by the numbers in attendance. Brad followed up with his feelings on June.

- b. **Yolo County Mental and Behavioral Health Board name change:** Brad, Karen, and James provided commentary. Nicki expressed concerns regarding the differential between “behavioral” and “mental.” James further defined his opinions of behavior vs volition; diagnosis comes from behavior. Richard stated that he agrees with Nicki in determining that both “Behavioral” and “Mental” are needed. Reed supports the Behavioral and Mental Health Board. Sally brought up other options and thoughts regarding the name change and the history of Mental Health names in Special Education. Sally expressed a desire for new letterhead, a website, mission statement etc. James echoed the need to define our mission statement again. Bret also said that we need to redefine our mission and educate the public on what LMHB does. Richard felt the Board of Supervisor was being disrespectful by questioning the name change recommendations. James explained that the Board of supervisors is within their rights question the name and seek input. James expressed concern about not paying enough attention to SUD services. Karen add the comment that SUD services are still a priority and need to be included in the title.
- c. **Pine Tree Gardens:** Nancy Temple (Public Comment): Stated that she thinks there are plans to close Pine Tree Gardens and wants to point out that if you put higher level of acuity clients in there you'll be displacing existing clients (28-30 people).
- Karen said, there's been a lot going on Pine Tree Gardens. Pine Tree Gardens doesn't currently receive County funding. The County wants to help, but can't assist unless the population changes. The BOS is actively trying to come up with solutions to help. Nobody has any immediate plans to close either Pine Tree facilities. James added that the Pine Tree LMHB Ad hoc committee has been invited to a listening session (2:00pm, Feb 7<sup>th</sup>).
- d. **Pacifico:** Nicki asked for update on Pacifico and Karen said over a 100 people showed up and discussed their concerns at the community input meeting for use permit. Karen said the first community meeting was very small and the second one had over 100 people. Neighbors were angry and spoke rudely about the people we serve. Karen was thankful for NAMI being there. Karen's stated she's not confident in the outcomes. BOS and City are involved at this point.
- e. **Involuntary Medication:** Karen explained that she had an update based on a decision of the new Sheriff. She explained that people in Yolo County who are incompetent to stand trial are waiting for a place in the State Hospital, get more sick while waiting. This pilot program would allow for medication administration in jail. The new sheriff agreed to pilot involuntary medication program for 6 months as a trial period to collect data. Karen will report back on the data. James would like invite Sheriff Lopez in March/April.
- f. **New Plan to End Homeless:** Karen announced that the new plan to end homelessness was released. Karen brought copies to share and read the high level bullets from the executive summary and the No Place Like Home (NPLH) grant. She mentioned Woodland and West Sacramento both applying for the funds. Davis is working on a development, but they're only seeking homeless funds for Faith Shelters verses a winter shelter. The Point in Time Count (PIT) happened last week, but results have not been released.

- g. **Jail Based Competency:** Nicki brought up Jail Based Competency Training. She said Mental Health Oversight OAC is spending 10 million on reducing the number of people to stand trial. Karen helped to define the program and what it means to restore them to competency. Karen explained that people sit in jail too long because they need mental health services and state hospital beds are unavailable.
- h. **Suicide Prevention Sustainability:** Karen explained that we're working with neighboring counties to see if we can help with the crisis line. Our county doesn't have as high of numbers as other counties. Richard asked about their current budget: Karen said it's approximately 300k. HHSA contributes approx. \$150k. We all agree it's a valuable service and something we want to continue supporting.
- i. **Governor Proposed Budget:** Antonia brought up the Governor's Budget and asked about the funding for Law Enforcement Training. Karen explained the difference in training for Police Department in different cities. West Sacramento uses a different provider, but Woodland and Davis do a 40-hour training. Karen feels like training we provide has had a good response. Antonia asked a specific question regarding the response of officers. She wants more from officers in term of getting those who need attention to treatment. Karen mentioned that we should look at the Penal Code to see what the current required training is as she thought it recently changed. James directed the conversation back to agenda.

## REGULAR AGENDA

### 8. Board of Supervisors Report – Supervisor Don Saylor

- None

### 9. Chair Report – James Glica-Hernandez

- James attended a training in San Diego and would like to share the content with the group. He will share a packet of info at some time in the future. James encouraged everyone to take trainings whenever possible and reminded everyone that they need to take the ethic training.

- a. **Discuss New Member Orientation:** We have a high turnover this year and we have not done a new member orientation in sometime. The basics will be covered by Susan.
- b. **Rebranding of the Board:** James recommended that the Board consider rebranding and a tri-fold brochure. He'd like to examine the bylaws and prioritize tasks. He said it's time for us to start doing these things.
- c. **Strategic Plan:** James would like to discuss the Strategic Plan at the next meeting so he asked for members to be prepared with ideas.

### 10. Nicki King- Provided an update on Mental Health Services Oversight and Accountability Commission (MHSA)

Nicki shared information about an at risk teens program in San Francisco (innovation program). It showcases the art work of participants and provides group programs. She

mentioned that the program desires to provide preventive and early intervention services. They specialize in immigrant and refugees and provide trauma informed treatment with these special populations. James brought up Yolo County Health Council, Nicki said she attends those meetings. Karen explained how MHSA funds have oversight via the MHSA.

James encouraged all members to come back from conferences and share what they've learned.

#### **11. Future Meeting Planning and Adjournment:** James Glica-Hernandez

- a. James said the Data Note Book is due in March. What they want to know is what we understand about our community. James asked for volunteers. Nicki and James discussed what the Notebook is intended for. James asked for four volunteers to help with Data Notebook.

1. *The following members volunteered to participate: Richard Bellows, Nicki King, Brad Anderson, Serena Durand and James Glica- Hernandez*
2. *Richard Bellows would like to take lead on Site Visits.*

- Presentations/ Training Suggestions: Members voted on the presentation topics listed below and James expressed gratitude for participating.

1. Cultural Competency (Theresa Smith, HHSA)
2. PG Update (Quarterly update in Karen's Report)
3. Update from new Yolo County Sheriff (March)
4. Karen mentioned the upcoming Homelessness and Housing as well as Behavioral Health and offered to do them here
5. Facilities Visits (program education?)
6. Early Intervention
7. Consumer Perception Survey
8. Children Mental Health, at risk identification
9. SUD continuum
10. Update LMHB Strategic Plan

James wanted to close out the meeting in honor of June Forbes. James said thank you to everyone present and expressed gratitude for doing all that the LMHB does.

**Next Meeting:** February 25<sup>th</sup> 2019, Mary L Stephens Library Blanchard Community Conference Room, 315 East 14<sup>th</sup> Street Davis Ca 95616

**Adjournment:** 9:00pm