

COUNTY OF YOLO

Health and Human Services Agency

Karen Larsen, LMFT
Director

137 N. Cottonwood Street • Woodland, CA 95695
(530) 666-8940 • www.yolocounty.org

Local Mental Health Board

Regular Meeting: Monday, March 25, 2019, 7:00 PM – 9:00 PM

HHS Bauer Building, Thompson Conference Room

137 N Cottonwood St, Woodland CA 95695

All items on this agenda may be considered for action.

James Glica-Hernandez

Chair

Nicki King
Vice-Chair

Reed Walker
Secretary

District 1
(Oscar Villegas)

Bret Bandley
Maria Simas
Sally Mandujan

District 2
(Don Saylor)

Serena Durand
Nicki King
Antonia Tsobanoudis

District 3
(Gary Sandy)

Richard Bellows
John Archuleta
James Glica-Hernandez

District 4
(Jim Provenza)

Ben Rose
Robert Schelen
Jonathon Raven

District 5
(Duane Chamberlain)

Brad Anderson
Reed Walker
Vacant

Board of Supervisors Liaison

Don Saylor

Alternate

Jim Provenza

CALL TO ORDER ----- 7:00 PM – 7:10 PM

1. Welcome and Introductions
2. Public Comment
3. Approval of Agenda
4. Approval of Minutes from [February 25th 2019](#)
5. Member Announcements
6. Correspondence: None

TIME SET AGENDA----- 7:10 PM – 7:40 PM

7. New Jail Construction Update and CIT Training- Yolo County Sheriff Lopez

CONSENT AGENDA ----- 7:40 PM – 8:10 PM

8. Mental Health Director’s Report – Karen Larsen
 - a. Pine Tree Gardens
 - b. Juvenile Detention Facility Mental Health Services
 - c. Suicide Prevention Sustainability Planning
 - d. Legislative Informational Hearing on Medi-Cal Mental Health Delivery
 - e. California Healthcare Foundation of California
 - f. Partnership Health of California
 - g. Yolo County Outpatient Mental Health Services Utilization: Woodland
 - h. Drug Medi-Cal SUD Treatment Update

REGULAR AGENDA ----- 8:10 PM – 8:45 PM

9. Board of Supervisors Report – Supervisor Don Saylor
10. Chair Report – James Glica-Hernandez
 - a. County Response: Mental Health as part of Emergency Disaster Services
 - b. Ad Hoc: Site Visits (Richard)
 - c. Brown Act Reminder: RE: Email Correspondence

If requested, this agenda can be made available in appropriate alternative formats to persons with a disability, as required by Section 202 of the American with Disabilities Act of 1990 and the Federal Rules and regulations adopted implementation thereof. Persons seeking an alternative format should contact the Local Mental Health Board Staff Support Liaison at the Yolo County Health and Human Services Agency, LMHB@yolocounty.org or 137 N. Cottonwood Street, Woodland, CA 95695 or 530-666-8516. In addition, a person with a disability who requires a modification or accommodation, including auxiliary aids of services, in order to participate in a public meeting should contact the Staff Support Liaison as soon as possible and preferably at least twenty-four hours prior to the meeting.

d. Ethics Training Reminder

PLANNING AND ADJOURNMENT----- 8:45 PM – 9:00 PM

11. Future Meeting Planning and Adjournment – James Glica-Hernandez

Next Meeting Date and Location – April 29, 2019

Esparto Community Library, 17065 Yolo Ave, Esparto, CA 95627

I certify that the foregoing was posted on the bulletin board at 625 Court Street, Woodland CA 95695
on or before Friday, March 22, 2019.

Brittany Peterson
Local Mental Health Board Administrative Support Liaison
Yolo County Health and Human Services Agency

Item 4.

Approval of Minutes from Feb 25, 2019



COUNTY OF YOLO

Health and Human Services Agency

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Director

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Local Mental Health Board Meeting Minutes

Monday, February 25, 2019

Mary L Stephens Library, Blanchard Community Conference Room

315 East 14th Street, Davis Ca 95616

Members Present: James Glica-Hernandez, Bob Schelen, Serena Durand, Maria Simas, Reed Walker, Bret Bradley, Karen Larsen, Richard Bellows, Brad Anderson, Nicki King, John Archuleta

Members Excused: Sally Madujan, Antonia Tsobanoudis

Staff Present: Karen Larsen, Mental Health Director, HHSA
Dr. Leigh Harrington, HHSA
Jessica Jones, Assistant Deputy to Supervisor Don Saylor,
Supervisor Don Saylor

CALL TO ORDER

1. **Welcome and Introductions:** The February 25, 2019 meeting of the Local Mental Health Board was called to order at 7:00 PM. Introductions were made.
2. **Public Comment:** One group present with Pacifico inquires, and two other groups present with commentary and concerns regarding Pine Tree Gardens.
3. **Approval of Agenda:** Brad motioned and approve, Richard asked for his additions regarding site visits and wants to chair the site visit ad-hoc subcommittee. Minutes approved with changes requested by Richard.
4. **Member Announcements:** James discussed the potential name change and mentioned that the outcome of the conversation with the Board of Supervisors was that the name will not change. If the name is something we want to change in the future, then we need to re-address that with a plan.
5. **Correspondence:** Linda Wight Re: Pacifico
 - a. Concerned about a fear response to the events at Pacifico. James reiterated that it's important that we take these issues seriously and wants us to continue looking at housing opportunities and our role in the community. James requested the LMHB's thoughts and opinions on the letter. Brad asked for clarification on the difference between Pine Tree Gardens and Pacifico. Karen stated that two of the four buildings at Pacifico have people living in them, but it's not being managed well so the community is questioning why more money would be spent there. Perhaps it's not the best option or use of money. Brad stated that it seems like Pacifico would be expensive to move somewhere else. Karen suggested that if the community continues to push back, then we'll look to other places for a residential treatment facility. John questioned the ratios of students and other residents in Pacifico. Supervisor Saylor clarified why Pacifico was called Pacifico and how the situation began

by targeting low income UC Davis students. The City of Davis is not currently managing the building, but Yolo County Housing is. It's currently operating as low income housing with many young people who many need services, but are not getting them on site. There are 2 vacant buildings on the property that are being discussed for the County project. The City thought a Planning Commission would best and in the course of that process it's brought to light the concerns of the neighborhood. The location is near a bike path which leads to lots of movement in the area and that's concerning for the neighborhood. Brad asked if the students are bothered by the "mobile population," as the neighbors are. Supervisor Saylor responded that he doesn't think that there are many students still living there. Davis City Council is considering options that may be different than what was originally proposed. It's a board and care facility that's proposed, and it's likely that the concerns expressed with the current situation would likely not be an issue with a managed residential facility. Nicki mentioned the model that Caesar Chavez has been working for the last 12 years and that doesn't seem to have any issues. Perhaps we should spend some time looking at that type of model? James said that Caesar Chavez is not in a single family home neighborhood. Sup Saylor said it's clear that many residents of Davis would benefit from the project should it be built. Lastly, this is a publicly owned facility that's not being used and the City has no way to do it alone. The County is trying to help utilize the property with public dollars and services.

TIME SET AGENDA

6. Karen Presented a Behavioral Health Updated

CONSENT AGENDA

7. [Mental Health Director's Report](#) by Karen Larsen, Mental Health Director, HHSA
 1. Board Workshop
 2. Pine Tree Gardens- Requested by Brad
 - a. There's not much new to report and funds are limited. Two Board of Supervisors, Karen and CAO will be meeting to discuss future plans. In hopes of mitigating problems, we're working to find a sustainable funding source.
 - b. Nicki suggested looking in to innovation grants to pilot geriatric treatment programs. Medications and treatment options for seniors may be something to look in to. Karen, replied that not many of the current residents are older.
 3. Pacifico (Navigation and Adult Residential Facility)- Requested by Nicki
 - a. Covered by Supervisor Saylor at the beginning of the meeting, see notes above.
 4. Juvenile Detention Facility Mental Health Services
 5. Temporary Shelter
 6. Suicide Prevention Sustainability Planning
 7. External Quality Review Organization (EQRO)- Requested by Richard
 - a. Karen reported out on improvements. She started that metrics are heading the right direction. HHSA continues to

work on improving quality of services and date reporting.
Richard agreed there are good changes.

8. Outpatient Specialty Mental Health Services Penetration Rates & Mental Health Utilization Data
 - a. Richard asked about penetration rates changing over time. Karen talked about how the penetration rates don't reflect the work of our partners so that area has room for improvement. It only includes the HHSA clients and not all the others that are served. Richard agreed it's an apple and orange comparison so it's not as helpful as he thought.
9. State Hearings on Mental Health Financing
10. AB1315 Advisory Committee

REGULAR AGENDA

1. **Board of Supervisors Report** – Supervisor Don Saylor
 - a. Supervisor Saylor mentioned the Strategic Planning Process and milestones. Asked that everyone take a look at the online survey and participate; MHSA strategic planning will take place right around the same time so it's great timing for our community to have a voice.
 1. As part of the strategic planning process, Supervisor Saylor mentioned to be on the lookout for Budget Update information as well as the Community Corrections Partnership Strategic Plan that will be reviewed soon.
2. **Chair Report** – James Glica-Hernandez
 1. EQRO- James attended the EQRO opening and closing events. He was impressed by HHSA staff and their presentations. He mentioned the external team was also pleased with HHSA team. James said he was really impressed by the professionalism of the whole process.
 2. MHSA Forum- James attended the MHSA Forum. He discussed the 5 year WET (Workforce Education Training) plan, use of CSS dollars for when the WET disappears. He said that, apparently you can use up to 20% of your CSS dollars for WET Services. Karen mentioned this was all part of MHSA. Professional development was also mentioned. The hope is to get more get more professionals into the mental health field.
 3. Tentative Long Range Planning Calendar
 - a. Karen mentioned that Yolo County's new Sheriff will be presenting next meeting. He'll be discussing suicide watch protocol, CIT training and providing an update on the new jail construction.
Requests:
 - b. James- in person visitation,
 - c. Richard- psychiatry visits going to web-based, more library resources.
 4. NAMI, Pat Williams Dinner
 - a. James was so impressed by the dinner and Robert mentioned how special Maggie's talk was. James and Nicki affirmed.
 5. Training Reminder for all LMHB members
 - a. CALBHBC

- a. Reminders for all Members April 9th- James asked that LMHB to please mark their calendar and try to come to support the meeting. James is on the governing board.
- b. James reminded and encouraged all members to follow through on their Ethics Training and get their certifications turned in to Brittany.

3. Future Meeting Planning and Adjournment – James Glica-Hernandez

- a. LRPC

Meeting Adjourned at 8:51pm.

[Next Meeting Date and Location](#) – March 25, 2019

Bauer Building, Community Conference Room, 25 Cottonwood St Woodland, Ca 95695

a. LRPC

Meeting Adjourned at 8:51pm.

Next Meeting Date and Location – March 25, 2019

Bauer Building, Community Conference Room, 25 Cottonwood St Woodland, Ca 95695

Item 8.
Mental Health Director's Report

**Yolo County Local Mental Health Board
Director's Report
March 25, 2019**

Pine Tree Gardens

Supervisors Provenza and Saylor met with the County Administrator and leadership from Turning Point and HHSa to review financial information and discuss a sustainable path forward for Pine Tree Gardens homes. We are meeting with the family/community members again on March 29th to discuss further.

Juvenile Detention Facility Mental Health Services

Karen is working with probation staff to transition mental health services from WellPath to Probation mental health staff in the new fiscal year. Additionally, we are bringing in an outside consultant to assist with re-vamping our Suicide Watch Protocol, training staff, etc. We are also updating all policies and procedures to be more trauma informed and evidence based.

Suicide Prevention Sustainability Planning

As a part of the ongoing effort to assist Suicide Prevention in becoming more sustainable, Karen Larsen, Diane Somers (Suicide Prevention and Crisis Services of Yolo County), County Administrator, Patrick Blacklock, and Supervisor Provenza met with the Superintendents from all local school districts and the Yolo County Office of Education to discuss ways we might partner toward that end. Additionally, Karen is working with CalMHSA to get all counties using our local line to share in the cost based on call volume.

Legislative Hearing on Medi-Cal Mental Health Delivery System

Over the past month there have been 7 hearings related to mental health services in California. There is a great deal of interest at the state level in regards to mental health services, outcomes, and their financing statewide. Karen had the opportunity to testify at the March 5, Assembly and Senate Joint Health Committee hearing regarding the future of mental health service delivery.

Presentation: <https://ahea.assembly.ca.gov/sites/ahea.assembly.ca.gov/files/Karen%20Larsen%20PP.pdf>

Watch Hearing: <https://www.assembly.ca.gov/media/joint-hearing-assembly-senate-health-committees-20190305/video>

California Healthcare Foundation of California

California Healthcare Foundation of California issued a white paper, "Behavioral Health Integration in Medi-Cal: A Blueprint for California." Karen was asked to address their Board of Directors this month in response to their recommendations. <https://www.chcf.org/publication/behavioral-health-integration-medi-cal-blueprint/>

Partnership Healthplan of California

On March 6, County staff and providers met with Partnership Healthplan and Beacon Health Strategies to discuss coordination of care between mild to moderate mental health and specialty mental health services. We also discussed ways to share data and improve integration of physical health, mental health and substance use disorder services.

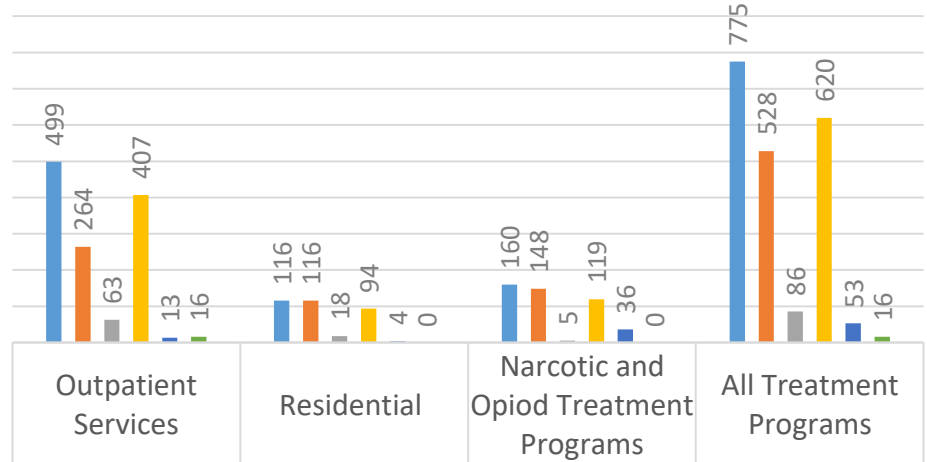
Yolo County Outpatient Mental Health Woodland Utilization: Data Attached

Drug Medi-Cal SUD Treatment Update

On March 26, HHSa Staff will present the Board of Supervisors with an update on Drug Medi-Cal Substance Use Treatment. The presentation will highlight program growth since the implementation of the Drug Medi-Cal Waiver as well as Results Based Accountability (RBA) outcome measures for July 1 2018 through December 31 2018. As background, on July 1st, 2018, Yolo County went live with expanded services under the Drug Medi-Cal Organized Delivery System (DMC-ODS), which allows for expanded Medi-Cal covered services. The DMC-ODS waiver has allowed Yolo County to increase services available to anyone eligible for Yolo County Medi-Cal and will include Withdrawal Management (Detoxification), Residential Treatment, Intensive Outpatient, Outpatient, Case Management, Physician Consultation, and Recovery Services. Additionally, the 1-888-965-6647 access/crisis line that previously served only mental health beneficiaries was

expanded on July 1st, 2018 to include screening, referral, and linkage to care for Drug Medi-Cal eligible services. This access line is available 24/7 for Yolo County Medi-Cal clients, and client can also walk into HHSA and CommuniCare. Locations in Davis, Woodland, and West Sacramento to receive the same screening, referral, and linkage services in person. Please see data below for RBA outcomes and further details. All data from July 1 2018 through December 31 2018.

TOTAL CLIENTS AND ENROLLMENT BY AGE



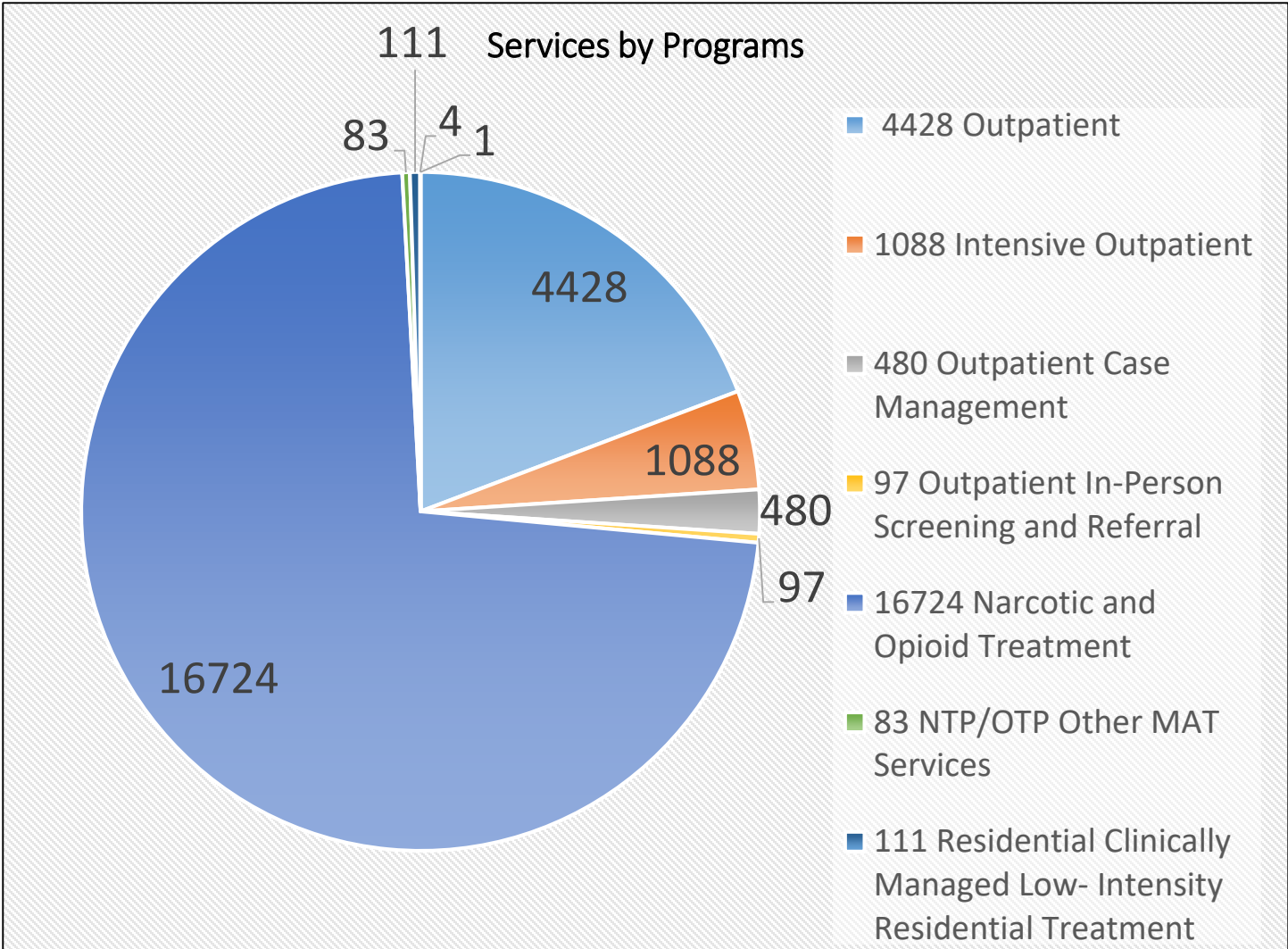
	Outpatient Services	Residential	Narcotic and Opioid Treatment Programs	All Treatment Programs
Total Number of Clients	499	116	160	775
Total Clients Enrolled	264	116	148	528
Transitional Aged Youth (16-25)	63	18	5	86
Adult (25-59)	407	94	119	620
Older Adult (60+)	13	4	36	53
Declined to State	16	0	0	16

Access log entries for the period of 07/01/2018 through 12/31/2018:

35% (921 contacts) of the total number of entered Access Log contacts (2617 contacts) where requesting SUD Services

653 ASAMS were entered into Avatar through an access point entry

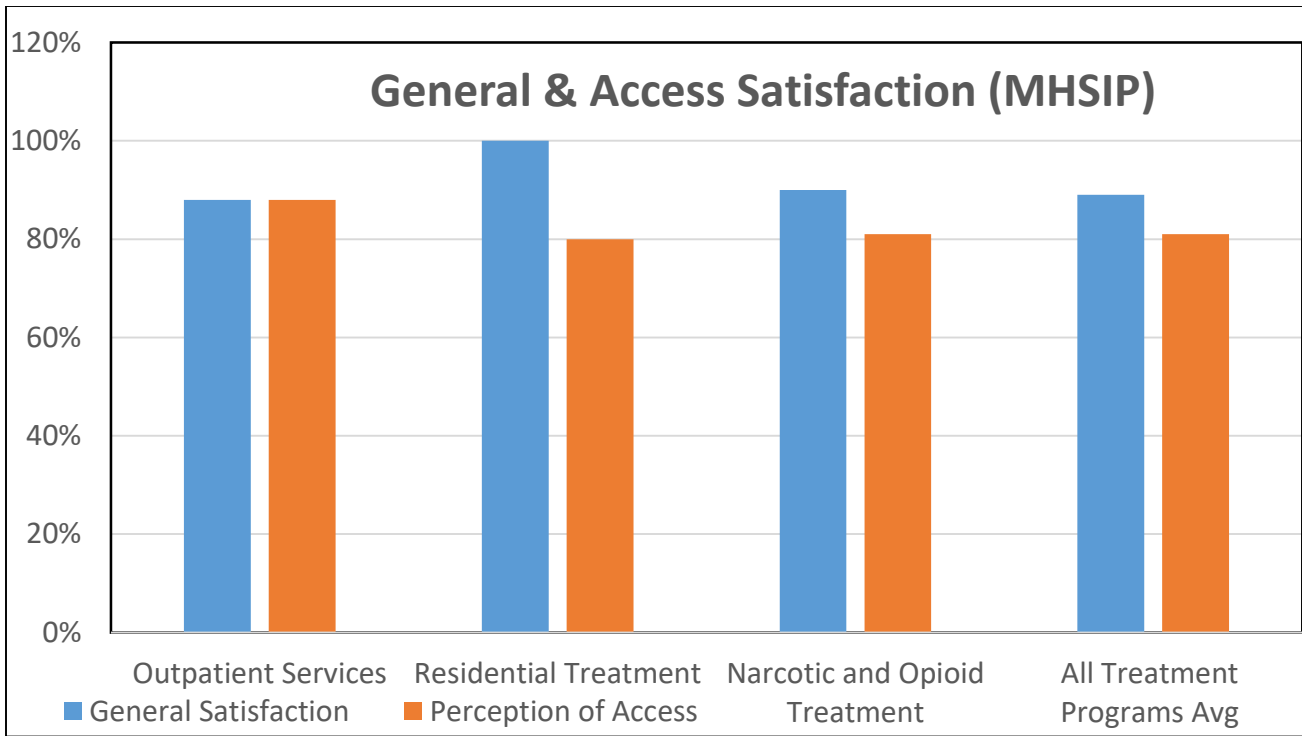
There are a number of ASAMS that are not accounted for.



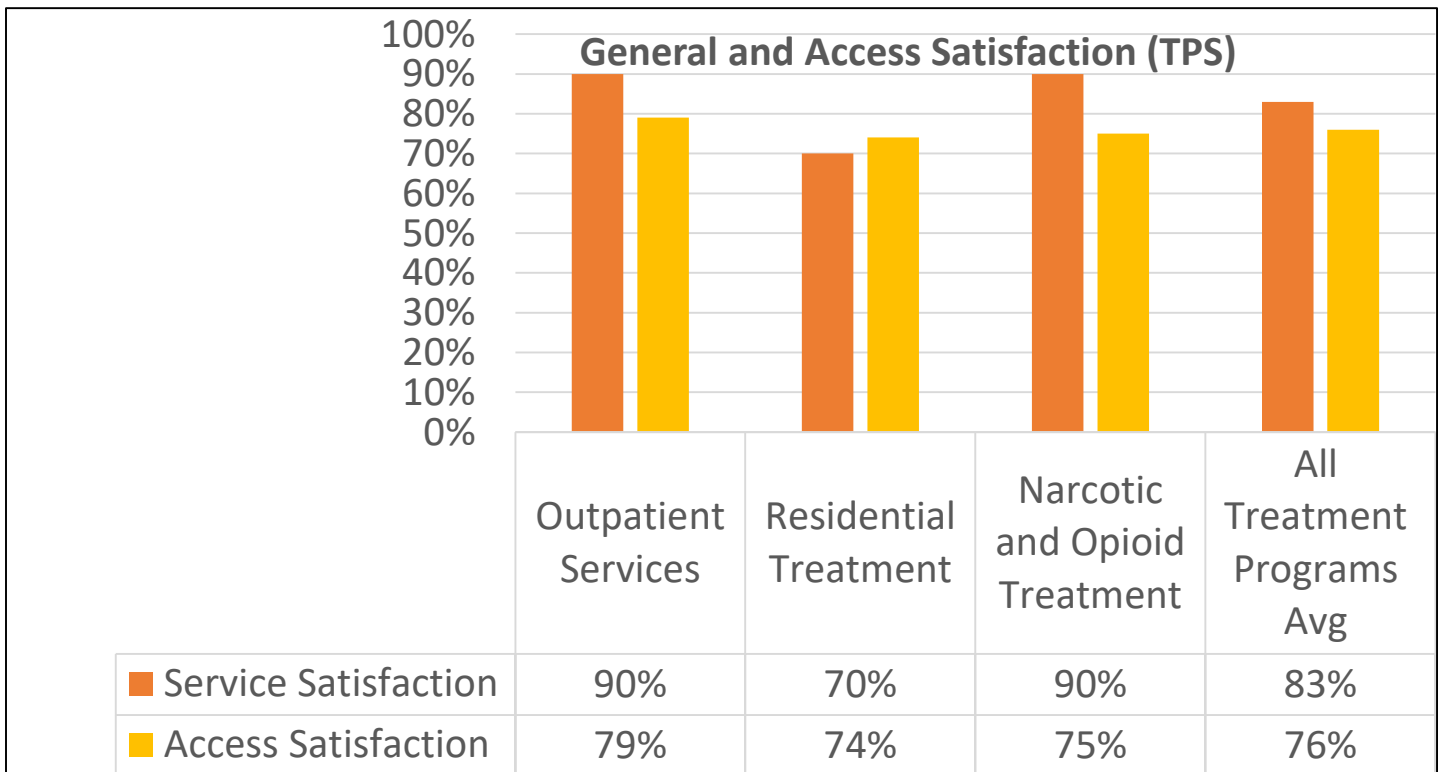
Bi-Annually Reported

Number of referrals/ coordination for other services and referral dispositions

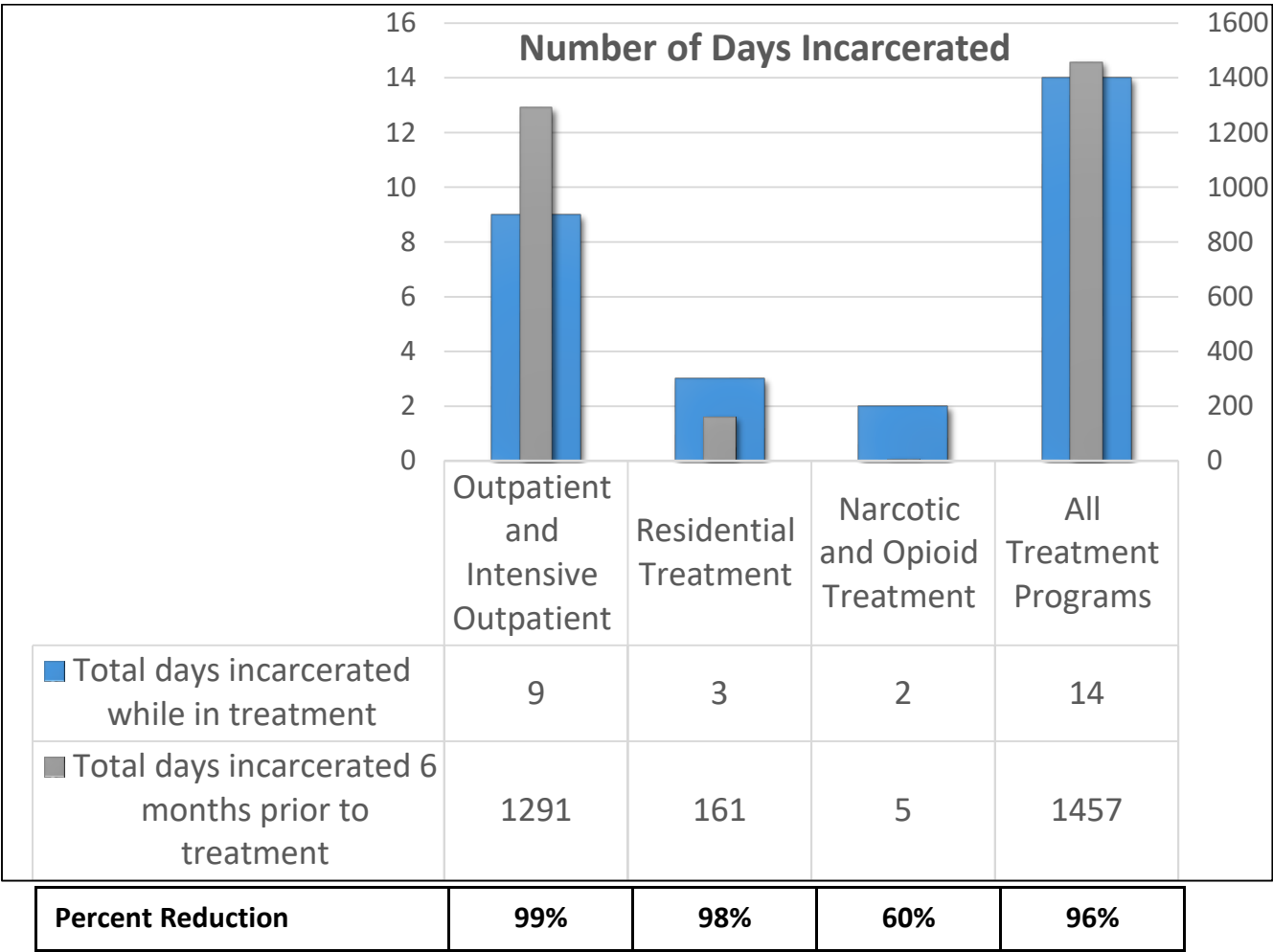
Total Services Provided: 23016



Percent of beneficiaries satisfied with services and access provided based on MHSIP (Mental Health Statistics Improvement Program).



Number of beneficiaries satisfied with access and services provided based on Drug Medi-Cal Organized Delivery System (DMC-ODS) **Treatment Perception Survey (TPS)**.



Outpatient: 99% Reduction in Days incarcerated while in treatment

Residential: 98% Reduction in Days incarcerated while in treatment

Narcotic and Opioid Treatment: 60% Reduction in Days incarcerated while in treatment

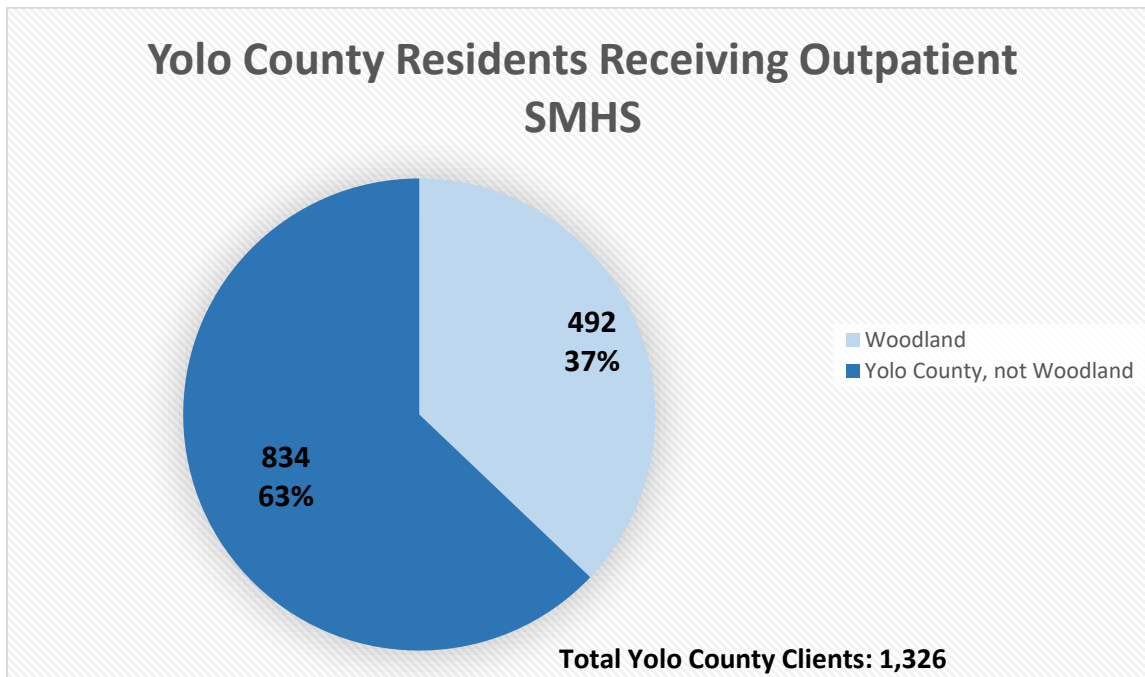
The “while in treatment” measure is captured at discharge from treatment. So, for clients who leave abruptly and a discharge is not able to be done with the client, this data would not get captured. Therefore, this is for clients who completed treatment and is self-report.

YOLO COUNTY OUTPATIENT SPECIALTY MENTAL HEALTH SERVICES

WOODLAND

JULY 1ST, 2018 THROUGH DECEMBER 31ST, 2018

Figure 1

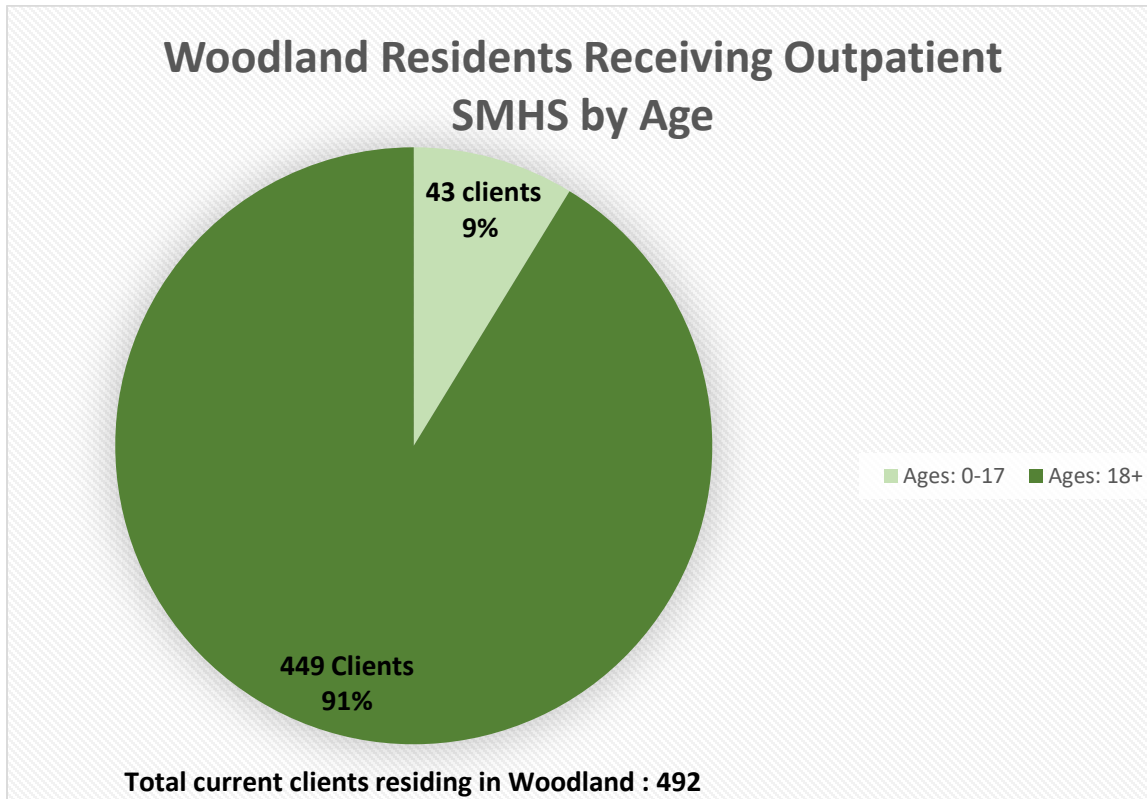


	# of Clients
Woodland Residents	492
Yolo County, not Woodland	834
Total Yolo County	1,326

*Data compiled date 03/11/2019

Woodland residents who receive Outpatient Specialty Mental Health Services (492) account for 37.1% of all Yolo County residents who receive Outpatient Specialty Mental Health Services (1,326).

Figure 2

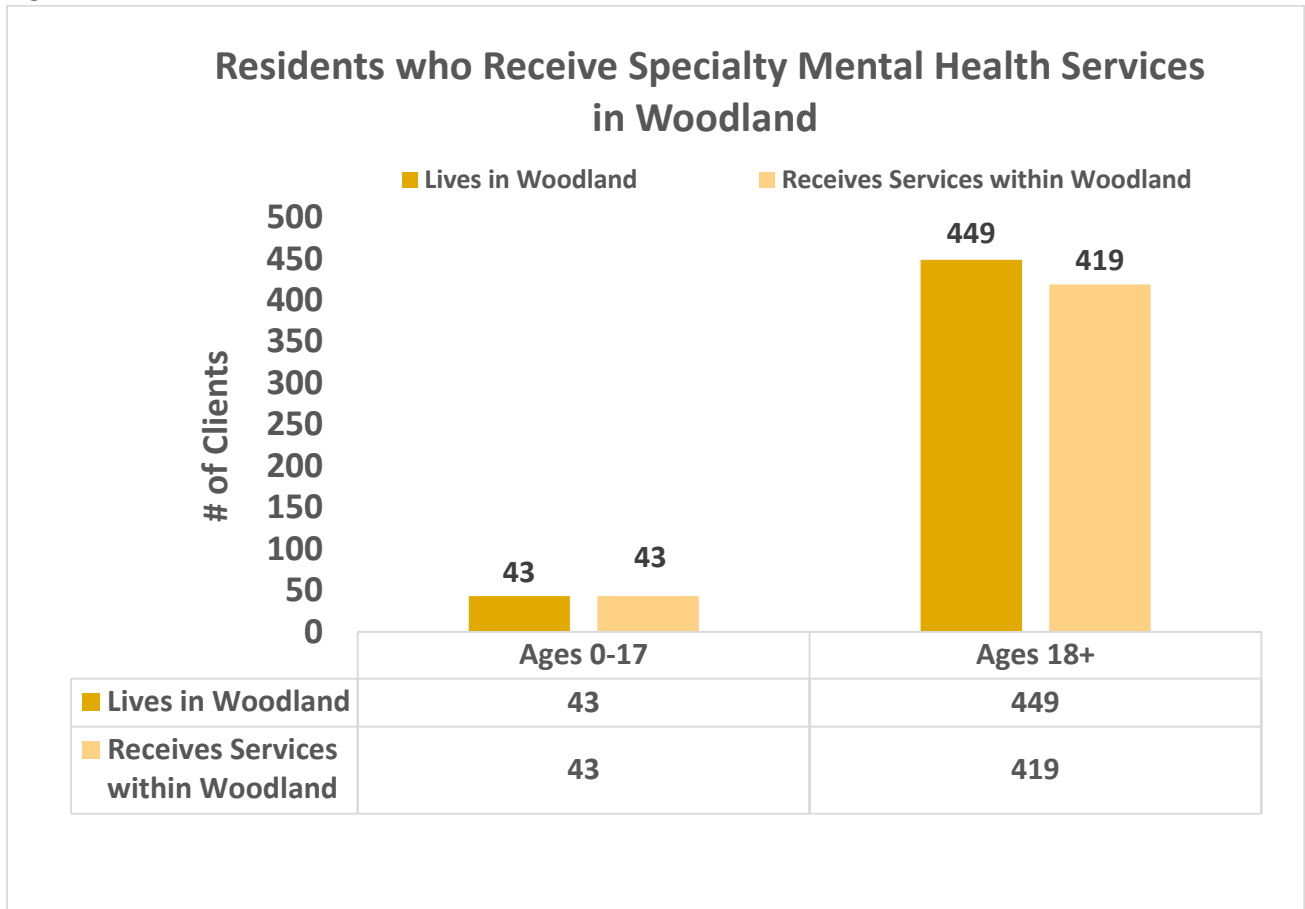


	# of Clients
Ages: 0-17	43
Ages: 18+	449
Total Current Clients	492

*Data compiled date 03/11/2019

- 8.7% (43) of Woodland clients are aged 0-17, representing 3.2% of all Yolo County Outpatient Specialty Mental Health Services clients (1,326)
- 91.3% (449) of Woodland clients are aged 18+, representing 33.9% of all Yolo County Outpatient Specialty Mental Health Services clients (1,326)

Figure 3A



	Total # of Clients residing in Woodland	# of Woodland Clients Receiving Services within Woodland	% of Woodland Clients Receiving Services within Woodland
Ages: 0-17	43	43	100%
Ages: 18+	449	419	93%
Total Woodland Clients	492	462	94%

Of the current Yolo County clients who receive Specialty Mental Health services and reside in Woodland, the majority of clients (94%) receive services within Woodland.

- All Children and Youth (43) clients aged 0-17 receive Outpatient Specialty Mental Health services within Woodland.
- 93% (449) of clients aged 18+ receive Outpatient Specialty Mental Health services within Woodland.