# Yolo County Local Mental Health Board Director's Report March 25, 2019

#### **Pine Tree Gardens**

Supervisors Provenza and Saylor met with the County Administrator and leadership from Turning Point and HHSA to review financial information and discuss a sustainable path forward for Pine Tree Gardens homes. We are meeting with the family/community members again on March 29<sup>th</sup> to discuss further.

### **Juvenile Detention Facility Mental Health Services**

Karen is working with probation staff to transition mental health services from WellPath to Probation mental health staff in the new fiscal year. Additionally, we are bringing in an outside consultant to assist with re-vamping our Suicide Watch Protocol, training staff, etc. We are also updating all policies and procedures to be more trauma informed and evidence based.

# Suicide Prevention Sustainability Planning

As a part of the ongoing effort to assist Suicide Prevention in becoming more sustainable, Karen Larsen, Diane Somers (Suicide Prevention and Crisis Services of Yolo County), County Administrator, Patrick Blacklock, and Supervisor Provenza met with the Superintendents from all local school districts and the Yolo County Office of Education to discuss ways we might partner toward that end. Additionally, Karen is working with CalMHSA to get all counties using our local line to share in the cost based on call volume.

#### Legislative Hearing on Medi-Cal Mental Health Delivery System

Over the past month there have been 7 hearings related to mental health services in California. There is a great deal of interest at the state level in regards to mental health services, outcomes, and their financing statewide. Karen had the opportunity to testify at the March 5, Assembly and Senate Joint Health Committee hearing regarding the future of mental health service delivery.

Presentation: <u>https://ahea.assembly.ca.gov/sites/ahea.assembly.ca.gov/files/Karen%20Larsen%20PP.pdf</u> Watch Hearing: <u>https://www.assembly.ca.gov/media/joint-hearing-assembly-senate-health-committees-20190305/video</u>

# **California Healthcare Foundation of California**

California Healthcare Foundation of California issued a white paper, "Behavioral Health Integration in Medi-Cal: A Blueprint for California." Karen was asked to address their Board of Directors this month in response to their recommendations. <u>https://www.chcf.org/publication/behavioral-health-integration-medi-cal-blueprint/</u>

#### Partnership Healthplan of California

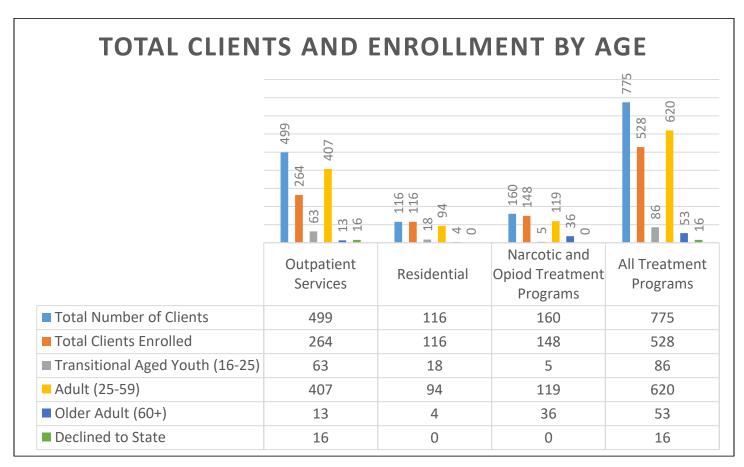
On March 6, County staff and providers met with Partnership Healthplan and Beacon Health Strategies to discuss coordination of care between mild to moderate mental health and specialty mental health services. We also discussed ways to share data and improve integration of physical health, mental health and substance use disorder services.

#### Yolo County Outpatient Mental Health Woodland Utilization: Data Attached

#### Drug Medi-Cal SUD Treatment Update

On March 26, HHSA Staff will present the Board of Supervisors with an update on Drug Medi-Cal Substance Use Treatment. The presentation will highlight program growth since the implementation of the Drug Medi-Cal Waiver as well as Results Based Accountability (RBA) outcome measures for July 1 2018 through December 31 2018. As background, on July 1st, 2018, Yolo County went live with expanded services under the Drug Medi-Cal Organized Delivery System (DMC-ODS), which allows for expanded Medi-Cal covered services. The DMC-ODS waiver has allowed Yolo County to increase services available to anyone eligible for Yolo County Medi-Cal and will include Withdrawal Management (Detoxification), Residential Treatment, Intensive Outpatient, Outpatient, Case Management, Physician Consultation, and Recovery Services. Additionally, the 1-888-965-6647 access/crisis line that previously served only mental health beneficiaries was

expanded on July 1st, 2018 to include screening, referral, and linkage to care for Drug Medi-Cal eligible services. This access line is available 24/7 for Yolo County Medi-Cal clients, and client can also walk into HHSA and CommuniCare. Locations in Davis, Woodland, and West Sacramento to receive the same screening, referral, and linkage services in person. Please see data below for RBA outcomes and further details. All data from July 1 2018 through December 31 2018.

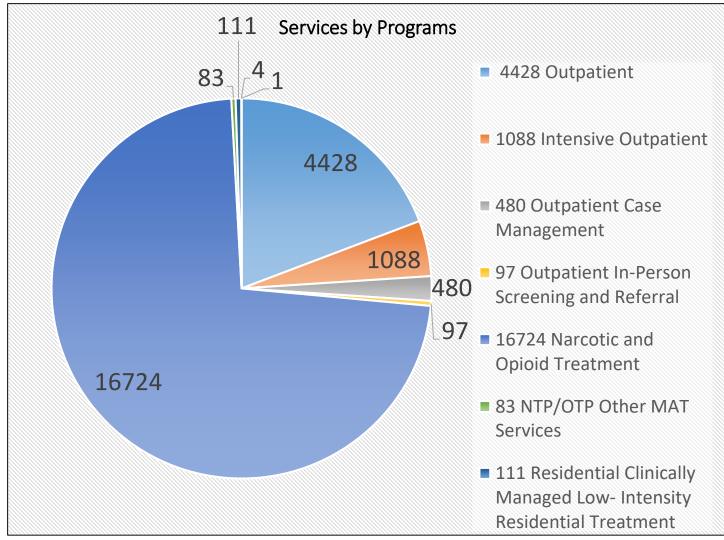


Access log entries for the period of 07/01/2018 through 12/31/2018:

35% (921 contacts) of the total number of entered Access Log contacts (2617 contacts) where requesting SUD Services

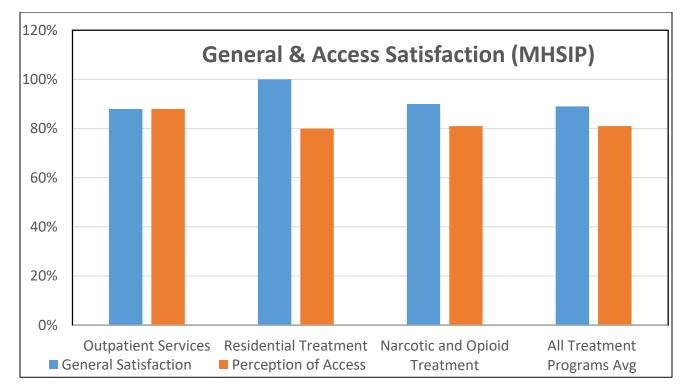
653 ASAMS were entered into Avatar through an access point entry

There are a number of ASAMS that are not accounted for.

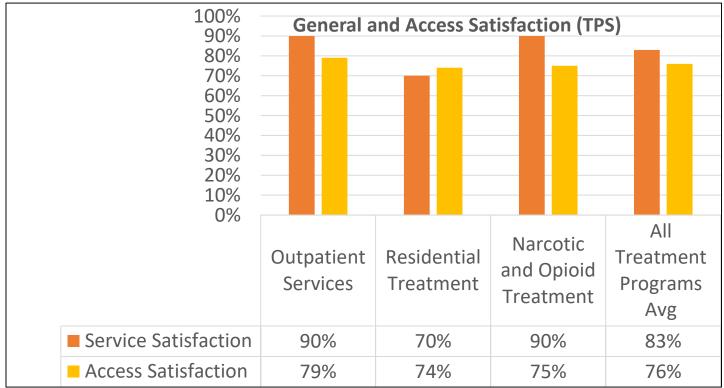


*Bi-Annually Reported* Number of referrals/ coordination for other services and referral dispositions

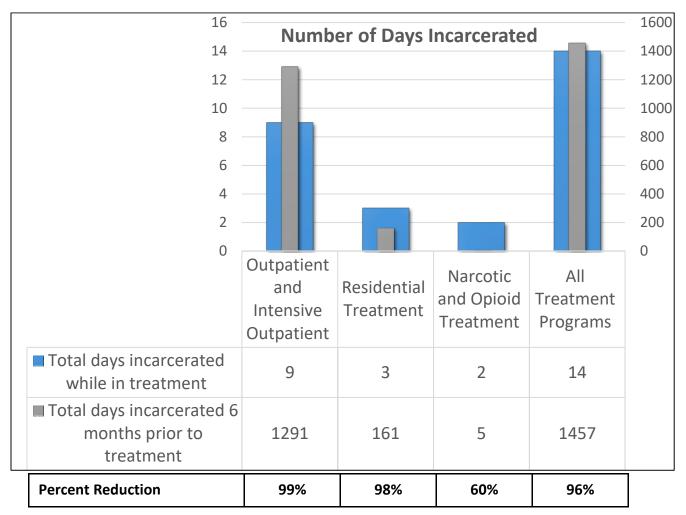
Total Services Provided: 23016



Percent of beneficiaries satisfied with services and access provided based on MHSIP (Mental Health Statistics Improvement Program).



Number of beneficiaries satisfied with access and services provided based on Drug Medi-Cal Organized Delivery System (DMC-ODS) **Treatment Perception Survey (TPS)**.



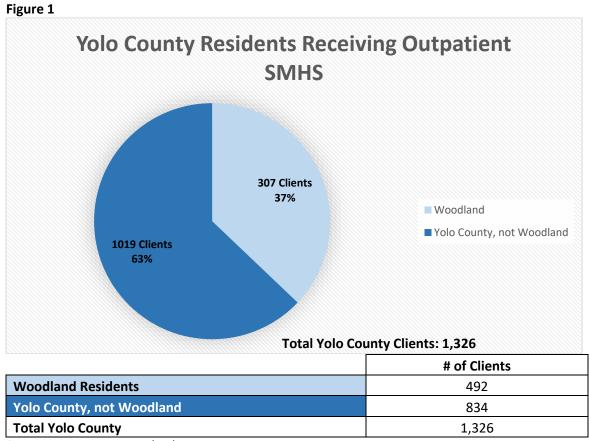
Outpatient: 99% Reduction in Days incarcerated while in treatment

Residential: 98% Reduction in Days incarcerated while in treatment

Narcotic and Opioid Treatment: 60% Reduction in Days incarcerated while in treatment

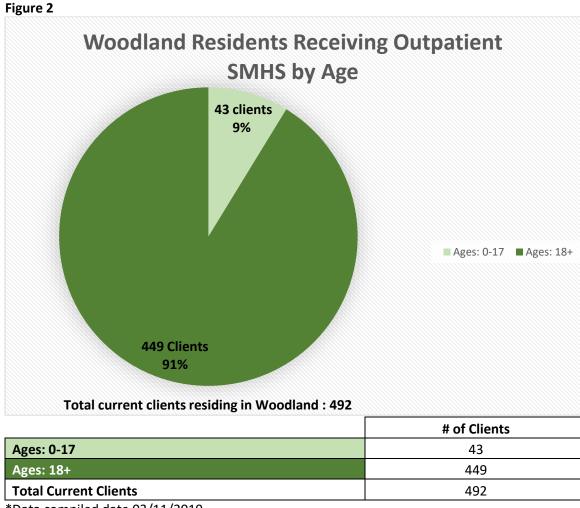
The "while in treatment" measure is captured at discharge from treatment. So, for clients who leave abruptly and a discharge is not able to be done with the client, this data would not get captured. Therefore, this is for clients who completed treatment and is self-report.

# YOLO COUNTY OUTPATIENT SPECIALTY MENTAL HEALTH SERVICES WOODLAND UTILIZATION DATA JULY 1<sup>st</sup>, 2018 THROUGH DECEMBER 31<sup>st</sup>, 2018



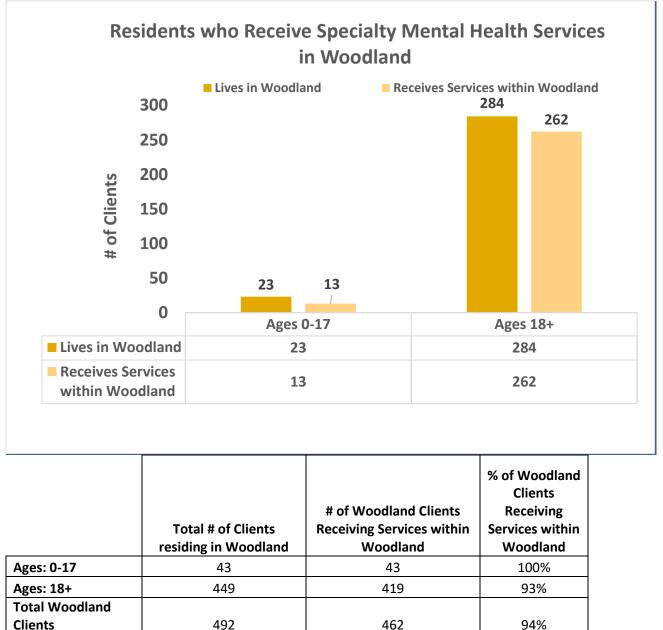
\*Data compiled date 03/11/2019

Woodland residents who receive Outpatient Specialty Mental Health Services (492) account for 37.1% of all Yolo County residents who receive Outpatient Specialty Mental Health Services (1,326).



- \*Data compiled date 03/11/2019
  - 8.7% (43) of Woodland clients are aged 0-17, representing 3.2% of all Yolo County Outpatient Specialty Mental Health Services clients (1,326)
  - 91.3% (449) of Woodland clients are aged 18+, representing 33.9% of all Yolo County Outpatient Specialty Mental Health Services clients (1,326)

#### Figure 3



Of the current Yolo County clients who receive Specialty Mental Health services and reside in Woodland, the majority of clients (94%) receive services within Woodland.

- All Children and Youth (43) clients aged 0-17 receive Outpatient Specialty Mental Health services within Woodland.
- 93% (449) of clients aged 18+ receive Outpatient Specialty Mental Health services within Woodland.