

# Yolo County MCAH Advisory Board

March 20, 2019

Minutes

CAROLYN CAMPOS, CHAIR  
JESSICA CERNAK, VICE-CHAIR

## **YOLO COUNTY HEALTH AND HUMAN SERVICES AGENCY**

GONZALEZ BUILDING  
25 NORTH COTTONWOOD STREET,  
#167 COMMUNITY ROOM  
WOODLAND, CA 95695

## Yolo County MCAH Advisory Board

Minutes – March 20, 2019

The Yolo County MCAH Advisory Board met on the 20<sup>th</sup> Day of May 2019 in the Community room at the Gonzales Building at 25 North Cottonwood Street, Woodland, CA at 8:30 a.m.

**VOTING MEMBERS PRESENT:** Carolyn Campos RN, Sutter Davis Hospital; Jessica Cerniak, Psy.D., The Chicago School of Professional Psychology; Kathleen Middings, RN, Woodland Joint Unified School District; Ahna Suleiman, Community Member; Leon Schimmel, MD, CommuniCare Health Centers; Lana Casper, YCCA-Step by Step; Jenna Shaw-Battista, PhD, RN, NP, CNN, FACNM, CommuniCare Health Centers; Stephen Nowicki, MD, PhD, FAAP, Woodland Health Care

**VOTING MEMBERS ABSENT:** Madeleine Shernock; Margaret Walter, RN, BSN, MBA, UC Davis; Tia Will, MD, Retired OB-GYN-Community Member

**STAFF & GUESTS PRESENT:** Lizeth Betancourt, HHSA; James Burke, Partnership HealthPlans of California; Gaby Castaneda, HHSA; Mariah Ernst-Collins, YCOE; Cindy Martin, HHSA; Nicole Mion, Help Me Grow; Jaime Ordonez, HHSA; Sandra Rodriguez, Assistant Deputy to Supervisor Provenza; Sandeep Shahi, Sr PHN, HHSA; Anna Sutton, RN, PHN, MSN, HHSA, Community Health; Brian Vaughn; HHSA; Lupita Vital; HHSA; Kendra Cramer, PHC; Gail Nadal, YCOE Headstart; Rosa Gregorio, Children's Home Society;

### 8:30 A.M. CALL TO ORDER

1. **WELCOME AND INTRODUCTIONS** – *Carolyn Campos, Chair*

The March 20, 2019 MCAH Advisory Board meeting was called to order at 8:40 a.m., at which time around the table introductions occurred and quorum was confirmed.

2. **CONSIDER APPROVAL OF AGENDA** – *Carolyn Campos, Chair*

**Motion:** Jessica Cerniak      **Second:** Ahna Suleiman      **Discussion:** None      **Vote:** Unanimous

3. **APPROVE THE [February 20, 2019 MINUTES](#)** – *Carolyn Campos, Chair*

**Motion:** Dr. Leon Schimmel      **Second:** Jessica Cerniak      **Discussion:** None      **Vote:** Unanimous

4. **PUBLIC COMMENT**

- **Rosa Gregorio:** shared that the Children's Home Society has a resource and referral line that is open to the public. They have providers throughout all of the county. Parents can call and give them their information and they will find a provider based on the needs of the parent. Right now is Open Enrollment, they are currently enrolling. They take applications regularly but right now they are actively pulling applications. They have an event coming up "Raising Resilient Children", Saturday, April 20<sup>th</sup>, 9:00 AM-4:00; lunch will be provided. This event is free of charge and you can register at [chs-ca.org](http://chs-ca.org) They also offer resources for providers and the public. They have a lending library that is open to the public. They also offer reimbursements for health and safety trainings for Providers.

5. **[COMMUNITY HEALTH BRANCH REPORT](#)** – *Anna Sutton*

- **Cindy Martin:** shared that the Service Center has hired new people. In the process of preparing for June 1<sup>st</sup> those that are on SSI and not eligible for CalFresh will now be eligible for CalFresh. There is a lot of outreach right now on this. They are anticipating an influx of application once this goes into effect.
- **Anna Sutton:** shared that Jane Heining, Director of the UC Davis Human Lactation Center, has volunteered to lead strategic planning for the Yolo County Breastfeeding Coalition. Communicable Disease is preparing for next school year. There are changes for what is being required to enter school. The immunization clinics have changed to be by appointment. Immunization program is currently in the process of training their Outreach Specialist, Lupita Vital, to be a liaison point for the community. April is Child Abuse Awareness month. There are materials available for this and you contact Natalie Audage to get some for your agency. MCAH will be doing the travelling blue dot again for Maternal Mental Health Awareness. Your agency can take a picture with the dot and have it posted on our Facebook page with a short blurb written about your agency.

- **Brian Vaughn:** Shared that the Governor appointed a Health and Human Services Director, Mark Ghaly. He is a trained Pediatrician. We have reported cases of measles in the bay area. We have been monitoring the flu, there is a second strain that is going around. We have received funding through CalWORKS for a home visiting initiative. This is going to support the Parents as Teacher Model and expand our Healthy Families America model in the county. We have applied for money from CMSP-County Medical Services Provider to do STD/Syphilis prevention among pregnant women. The hope is to do infield work with homeless mother.

## PRESENTATIONS

### 6. ROOT CAUSE ANALYSIS: FINISH 0-5-SUBSTANTIATED CHILD ABUSE AND NEGLECT – *Anna Sutton*

- **The following was added to Economic Stability:**
  - Access to childcare
  - Food access/insecurities
  - Jobs-living wages
  - Economic disparities (gap growing-middle class struggling more)
  - Poverty and economics
  - Our minority group is shifting
- **The following was added to healthcare:**
  - Unintended pregnancy
  - Knowledge
  - Lack of BF
  - Substance use/alcohol
  - Relationship violence
  - Cultural beliefs
  - Intentionality-not planned or prevented

### 7. ROOT CAUSE ANALYSIS: BEGIN SCHOOL AGED CHILDREN PRIORITY TOPIC “OBESITY/OVERWEIGHT” – *Anna Sutton*

- **Education:**
  - Lack of link between culture and food
  - What are the standards? Not fully implemented?
  - Lack of access to PE (parents are teaching!)
- **Neighborhood & Environments:**
  - Mobility & Exercise-safety-schools?
  - Design of the environment (walkable)
  - Where do we have to go to get out food?
  - Loss of safe communities to play commune
- **Health & Healthcare:**
  - Lack of link between culture & food
  - Mental health link to food, choices, digestion
  - Food addiction
  - Sustaining breastfeeding and link to school aged kids
- **Social & Community:**
  - Lack of link between culture & food
  - Cultural influences/beliefs (protective and not)
  - How people eat? (Latino health paradox)
  - Not seasonal eating
  - Don't want to “fat shame” but also missing opportunities to promote healthier habits
  - DO we understand what is obesity?
- **Economic Stability:**
  - Poverty(why?)-outcome or cause?

- Economic disparities (gap growing-middle class struggling more)
- Housing insecurity (generational)
- Familial obligations
- Single parenthood
- Access to childcare
- Food/access/insecurities
- Jobs-living wage
- American food policy- (what's subsidized)
- Access/affordability of unhealthy foods
- Unhealthy eating habits
- Spend less on food is norm
- Food disparities (best are most expensive)
- Access to sports (cost prohibitive)

## ANNOUNCEMENTS

### 8. MEMBER ANNOUNCEMENTS/SHARING

- **James Burke:** shared that since January 1, 2019 Partnership Health Plan has developed the Whole Child Model this brings in the CCS (California Children's Services) population. Partnership is now in charge of their benefits; their eligibility for the program is still be done by each county. Growing Together Program has been impacted by this and they are no longer accepting moms with presumptive eligibility or state moms into that program. Partnership has a new membership portal for clients that are 18 years of age and older. There is also a community resource website through Partnerships website. If you have a chance to look at the resource guide for Yolo County and you see a resource that could be added email James.
- **Lizeth Betancourt:** Shared that the Breastfeeding Coalition group will be hosting a Mother's day tea party on May 9<sup>th</sup>. Lizeth will send out the flyer.
- **Sandra Rodriguez:** Shared that the Day of the Children will be help April 26<sup>th</sup>, from 3:00-6:00 PM, at Ferns Park. If any agency is interested in participating in the event, you can contact Sandra.
- **Jenna Shaw-Battista:** Shared that CommuniCare Health Centers received OCAP funding through the Emerging Resilience Project with Yolo County First and Help Me Grow, will in July launch their home visiting program from women with current or prior substance abuse or at risk for child abuse and neglect. They are able to add 2 fulltime behavioral health Clinicians and a fulltime perinatal social worker, and a Case Worker for those high risk cases.
- **Carolyn Campos:** Shared that as of March 1<sup>st</sup>, Sutter Davis started using donated breast milk.
- **Anna Sutton:** Shared that Tegwin Millard has designed a training for no licensed providers a training to address maternal mental health. It will be here at Woodland Memorial Hospital. The flyer is being drafted once it's ready Anna will send out. The training will take place the first week of May.

**ADJOURNMENT**

**9. Next Meeting: April 17, 2019**

Proposed Topics

- Root Cause Analysis: Older Teens & Transitional Aged Youth
- Review School Aged Kids
- Finalize Platform Statement

**10:00 A.M. ADJOURNMENT**

Respectfully submitted by:



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Gaby Castaneda, Secretary  
Yolo County MCAH Advisory Board