



2019

MAY IS MENTAL HEALTH AWARENESS MONTH

Complete an "Each Mind Matters" Green Ribbon this month!

Outing to Sutter-Yuba Rally
Thursday, May 2nd

For details, please contact Linda Hernandez-Fogle at 530-666-8630 .

Cultural Competence Committee's May is Mental Health Month Welcoming Event*
Friday, May 10th: 11:30am-1:00pm

View directing change videos and enjoy refreshments including the Stop The Stigma Salsa Bar.

Transition Age Youth World Premiere Of Digital Stories at the Davis Wellness Space
May 20th 3:30pm-5:30pm (600 A Street, Davis CA 95616)

Mental Health Matters Day at State Capitol & Wear Green Day Campaign
Wednesday, May 22nd: 9:30am-2:00pm

Outing: Sacramento River Cats Mental Health Matters Night
Friday, May 24th

Children's Wellness Center Carnival*
Bauer Bldg Playground and Parking Lot
Tuesday, May 28th: 4:00pm-7:00pm





Face Painting, Photo Booth, Balloons, Corn Hole, Sensory/Art Coping Table, Food Table, Mental Health Awareness, Music, Spoken Word Artists and more!

Consumer Art Show*
Walker Room, Bauer Bldg
Thursday, May 30th: 11:00am-4:00pm

Join us for an art exhibit and contest by Yolo County Mental Health Consumers! Community, staff and consumer are invited to attend and cast votes.

Each Mind Matters Green Ribbons: Get Involved by completing a ribbon!
The whole month of May!

Blue Dot Campaign (Maternal Mental Health Month)*
The whole month of May!

MON	TUE	WED	THU	FRI
		1	2 ● Outing: Sutter-Yuba Rally	3
6	7	8	9	10 ● Cultural Competence Committee's May is Mental Health Month Welcoming Event*
13	14	15	16	17
20 ● TAY World Premiere of Digital Stories at the Davis Wellness Space	21	22  ● Mental Health Matters Day at State Capitol & Wear Green Day Campaign	23	24 ● Outing: Sacramento River Cats Mental Health Matters Night
27	28  ● Family Carnival*	29	30 ● Consumers Art Show*	31

*Location: Yolo County Health and Human Services, Bauer Building, 137 N. Cottonwood Street, Woodland, CA