

Local Mental Health Board

Director's Report

April 29, 2019

Mental Health Awareness Month –Mental Health Awareness Month is right around the corner and HHSA has been busy planning. Upcoming events include the Consumers Art Show, a Family Carnival, multiple outings and much more! Attached you'll find a calendar of events for our community.

Suicide Prevention Crisis Line Sustainability- For the past several months Karen has been working with CalMHSA, Suicide Prevention Crisis Line, and a group of counties (Solano, Butte, Shasta, Humboldt, El Dorado, Nevada, Yuba) to establish a contract whereby other counties would pay into our local line based on their call volume from the prior year. All counties mentioned above have agreed to this methodology and our hope is to have the new arrangement begin July 1, 2019, at the start of the new fiscal year.

Pine Tree Gardens- On March 29th, Supervisors Saylor and Provenza, along with staff from HHSA and Turning Point met with concerned family members and citizens to discuss sustainability plans for Pine Tree Gardens. Attached you will find a draft sustainability plan that summarizes all strategies and sources of funding discussed to date. It should be noted that this is very much a working document and subject to Board approval. Please see attached draft.

Juvenile Detention Facility (JDF) Mental Health Services- Over the past few years the Probation Department has begun hiring mental health staff to provide services to youth in custody. Specifically, these staff have been hired to provide services for youth placed in our care by the Office of Refugee Resettlement. Over time, probation mental health staff have come to outnumber CFMG (WellPath) mental health staff. This has led to confusion of roles etc. As such, all parties have mutually agreed that effective July 1st, Probation Mental Health staff, with oversight provided by Karen Larsen and Dr. Robert Canning, will assume full responsibility for the mental health services for all youth in custody. WellPath will continue to provide physical healthcare and Psychiatry for the youth.

Addiction Intervention Court/Mental Health Court– KCRA3 is running an ongoing monthly special on important community issues called CommUNITY and on April 18th they featured Yolo County's Specialty Court programs, specifically an Addiction Intervention Court graduation ceremony and significant coverage on the Mental Health Court program. You can watch the special here: <https://www.kcra.com/article/project-community-mental-illness-a-matter-of-the-mind/27200888?src=app>

Medication Assisted Treatment (MAT) Learning Collaborative – Yolo County was one of 6 projects statewide to join Cohort 2 of an initiative to increase MAT services in custody and in drug courts, joining 22 other counties from Cohort 1. The purpose of the project is to bring together key community partners, increase understanding of MAT services, identify barriers and successes, and ultimately increase the availability of these services in and out of custody for those in need. Yolo County's team currently consists of representatives from HHSA, District Attorney, Public Defender, CAO, Courts, CommuniCare Health Centers, and the Sheriff

Department. The team hopes to add a representative from WellPath moving forward. Team members attended the first of 5 all-day in person sessions in Sacramento on April 23rd to build some basic knowledge, acknowledge first steps in the process, identify a time for a jail site visit from Health Management Agency who is coordinating the technical assistance, and setup monthly technical assistance calls. Yolo will have the opportunity to apply for \$100,000-\$300,000 at the end of this 12 month collaborative to implement some of the practices learned throughout the project.

Jail Based Competency Treatment – HHSA has worked with several community partners, District Attorney, Public Defender, Sheriff’s Department, WellPath, and County Counsel, on a concept for a Jail Based Competency Treatment program inside Yolo’s jail for up to 5 felony incompetent to stand trial (IST) clients at a time. The partners met earlier this month and agreed that entering into a contract with the Department of State Hospitals (DSH) for this program would be best once the jail reconstruction is further along. All parties will continue working on the contracting aspect with DSH to ensure a program launch as soon as possible when the jail is ready. Anticipated timeline is 18-24 months.

CBHDA Executive Director- After more than 9 months of recruitment the California Behavioral Health Directors Association has hired a new Executive Director, Michelle Cabrera. Please find attached press release. On April 19th, Ms. Cabrera came to Yolo County to learn about our successes, challenges and suggested legislative issues. We are proud to have a Yolo resident as the new ED for the association. Please see attached press release.

Board of Supervisors Workshops – As part of the County strategic planning process the Board of Supervisors have been receiving presentations from staff and community groups. On April 16th HHSA Staff presented on multiple topics including Health in all Policies, Health Equity and Adult and Aging Services. Health in All Policies and Health Equity were presented by the Community Health Branch and included Yolo County specific health information as well as recommendations to think “upstream” when making policy decisions to improve health outcomes for the community. The presentation on Adult and Aging Services provided up-to-date information on services provided by HHSA for older adults as well as recommendations on how to make Yolo County a more aging-friendly community. [Both presentations can be viewed here: https://yoloagenda.yolocounty.org/docs/2019/BOS/20190416_3034/8646_Workshop%20April%2016th%20Presentations.pdf](https://yoloagenda.yolocounty.org/docs/2019/BOS/20190416_3034/8646_Workshop%20April%2016th%20Presentations.pdf)

Alternative Facilities and the Continuum of Care for those Living with Serious Mental Illness: Addressing the Shrinking Safety Net of Licensed Residential Facilities- On April 11th, Karen joined the Steinberg Institute and Assemblymember Bloom, along with influential experts, for a special briefing exploring challenges facing our shrinking safety net of residential facilities. Adult Residential Facilities (ARF’s) are a critical component of California’s housing continuum and play a key role in preventing homelessness, incarceration, and recidivism. When people receive the care and support they need, they are less likely to find themselves in emergency departments and psychiatric facilities.

Audit Updates

External Quality Review Organization (EQRO) Report

We received the final report from the February 2019 Mental Health EQRO site audit, which is linked below. EQRO reviewers evaluated Yolo county’s performance regarding Access, Timeliness, and Quality of Care, as well as the functionality of our Health Information System, Avatar. We were found to have met or partially met 94% of the Key Components on which we were evaluated. Additionally, both Performance Improvement Projects (PIP) were well received. We successfully completed our Clinical PIP addressing transitions in care for adult clients in locked facilities, and we successfully implemented the Non-Clinical PIP, which addresses timely

access to adult mental health services The Non-Clinical PIP will continue into FY 19-20, and we will initiate a new Clinical PIP. Overall, the EQRO identified 15 specific recommendations for system improvement that staff will address throughout the coming year. You can see the full report here: https://www.yolocounty.org/health-human-services/mental-health/behavioral-health-quality-management/-folder-3837#docan1597_10556_7495

Drug Medi-Cal- Organized Delivery System (DMC-ODS) / Substance Abuse Block Grant (SABG) - The Department of Healthcare Services will be onsite May 8-10 for the inaugural DMC-ODS State audit and the annual SABG audit.

Substance Use Disorder- External Quality Review Organization (SUD-EQRO) - The inaugural SUD EQRO review is scheduled for fall 2019; preparations will begin in June.

West Sacramento Utilization Data

**YOLO COUNTY OUTPATIENT SPECIALTY MENTAL HEALTH SERVICES
WEST SACRAMENTO
JULY 1ST, 2018 THROUGH DECEMBER 31ST, 2018**

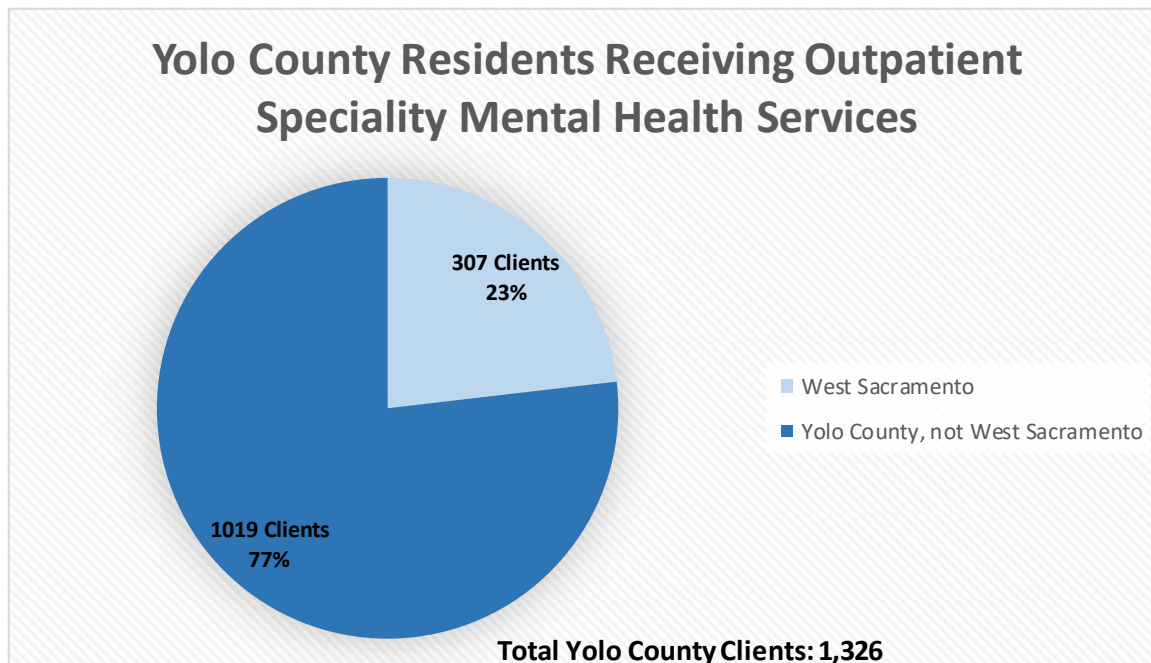


Figure 1

	# of Clients
West Sacramento Residents	307
Yolo County, not West Sacramento	1,019
Total Yolo County	1,326

*Data compiled date 03/11/2019

West Sacramento residents who receive Outpatient Specialty Mental Health Services (307) account for 23.2% of all Yolo County residents who receive Outpatient Specialty Mental Health Services (1,326).

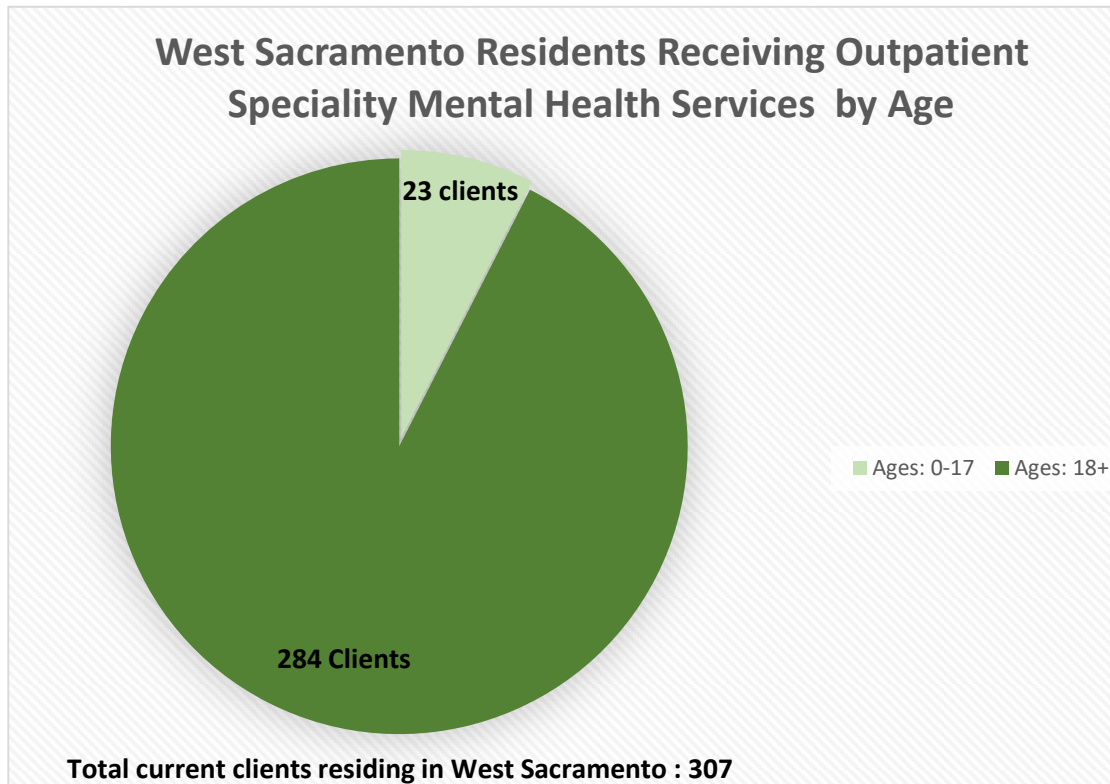


Figure 2

	# of Clients
Ages: 0-17	23
Ages: 18+	284
Total Current Clients	307

*Data compiled date 03/11/2019

- 7.5% (23) of West Sacramento clients are aged 0-17, representing 1.7% of all Yolo County Outpatient Specialty Mental Health Services clients (1,326)
- 92.5% (284) of West Sacramento clients are aged 18+, representing 21.4% of all Yolo County Outpatient Specialty Mental Health Services clients (1,326)

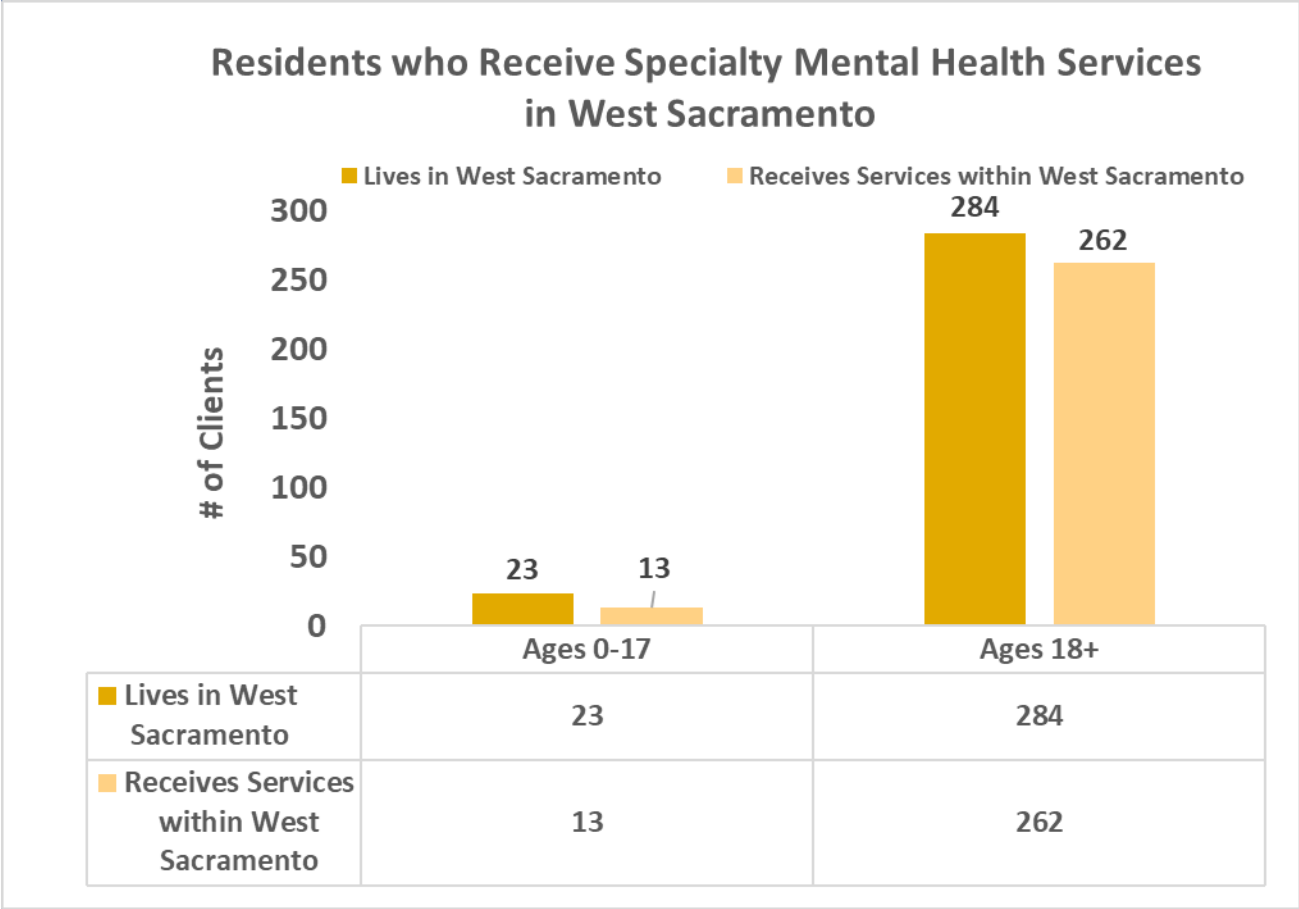


Figure 3

	Total # of Clients residing in West Sacramento	# of West Sacramento Clients Receiving Services within West Sacramento	% of West Sacramento Clients Receiving Services within West Sacramento
Ages: 0-17	23	13	57%
Ages: 18+	284	262	92%
Total West Sacramento Clients	307	275	90%

Of the current Yolo County clients who receive Specialty Mental Health services and reside in West Sacramento, the majority of clients (90%) receive services within West Sacramento.

- 57% (13) of clients aged 0-17 receive Outpatient Specialty Mental Health services within West Sacramento.
- 92% (262) of clients aged 18+ receive Outpatient Specialty Mental Health services within West Sacramento.



2019

MAY IS MENTAL HEALTH AWARENESS MONTH

Complete an "Each Mind Matters" Green Ribbon this month!

Outing to Sutter-Yuba Rally
Thursday, May 2nd

For details, please contact Linda Hernandez-Fogle at 530-666-8630.

Cultural Competence Committee's May is Mental

Health Month Welcoming Event*
Friday, May 10th: 11:30am-1:00pm

View directing change videos and enjoy refreshments including the Stop The Stigma Salsa Bar.

Consumers Art Show Preview

Friday, May 17th: 11:00am-1:00pm
1110 West Capitol Ave, West Sacramento Ca 95691

Transition Age Youth World Premiere Of Digital Stories at the Davis Wellness Space

May 20th 3:30pm-5:30pm (600 A Street, Davis CA 95616)

Mental Health Matters Day at State Capitol & Wear Green Day Campaign

Wednesday, May 22nd: 9:30am-2:00pm

Outing: Sacramento River Cats Mental Health Matters Night

Friday, May 24th

Children's Wellness Center Carnival*

Bauer Bldg Playground and Parking Lot
Tuesday, May 28th: 4:00pm-7:00pm

Face Painting, Photo Booth, Balloons, Corn Hole, Sensory/Art Coping Table, Food Table, Mental Health Awareness, Music, Spoken Word Artists and more!

Consumer Art Show*

Walker Room, Bauer Bldg
Thursday, May 30th: 11:00am-4:00pm













Join us for an art exhibit and contest by Yolo County Mental Health Consumers! Community, staff and consumer are invited to attend and cast votes.

Each Mind Matters Green Ribbons: Get Involved by completing a ribbon!

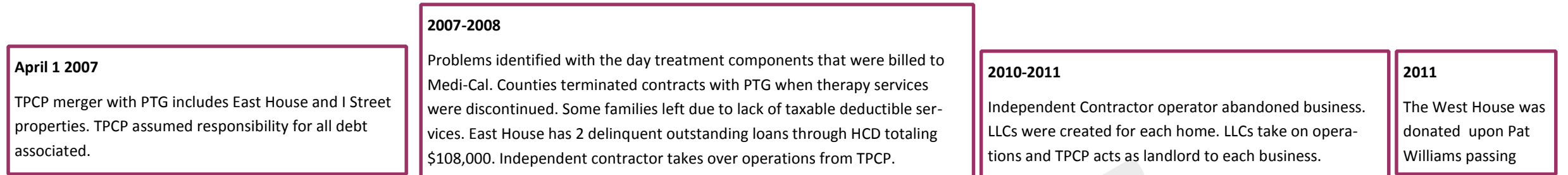
The whole month of May!

Blue Dot Campaign (Maternal Mental Health Month)*

The whole month of May!

MON	TUE	WED	THU	FRI
		1	2  Outing: Sutter-Yuba Rally	3
6	7	8	9	10  Cultural Competence Committee's May is Mental Health Month Welcoming Event*
13	14	15	16	17 Consumers Art Show Preview, West Sacramento 
20  TAY World Premiere of Digital Stories at the Davis Wellness Space	21	22   Mental Health Matters Day at State Capitol & Wear Green Day Campaign	23	24  Outing: Sacramento River Cats Mental Health Matters Night
27	28  Family Carnival* 	29	30  Consumers Art Show*	31

*Location: Yolo County Health and Human Services, Bauer Building, 137 N. Cottonwood Street, Woodland, CA



April 1 2007- July 1 2018

Turning Point Community Program (TPCP) has intimated that on top of the \$150,000 losses annually for their agency, the Operators will require additional support in order to continue (i.e. health insurance, vacation coverage, etc). The amount of this additional support has not been quantified as of yet. TPCP received \$125,000 from the Avi Foundation that must be used for ARF's or Mental Health Services in Yolo County (this money is not attached to PTG).

PINE TREE GARDENS SUSTAINABILITY PLAN – Moving Forward

Marilyn Moyle and family have committed to donating \$50,000/year for capital needs. Cathy William has committed to a monthly donation amount to support Pine Tree Gardens.

July 1 2018
 HHSA to commit up to \$150,000 annually towards expenses as substantiated by receipts via MHSA Years, beginning July 1 2018.

2019- 2022
 Transition to FSP or PG clientele

June 30 2022
 HHSA \$150,000 /year commitment ends. By this time, all County funded clients need to be FSP or PG clientele.

July 1 2018—June 30 2023

HHSA is exploring longer term options for funding individual client patches based on needs for FSP and PG clientele (approx. \$300/mon) with the goal of transitioning these homes to FSP and PG clients over the next 3-5 years. These clients would have County Case Managers to assist with behaviors, transportation etc.
 In addition, HHSA will commit funding to TPCP to expand numbers of clients participating in Day Program services on site.

Several stakeholders statewide are advocating for legislative changes that will support continued operation of Board and Care, Adult Residential Facilities with the goal of having a sustainable housing continuum for our residents with mental health needs who are also in need of supportive housing options.

City of Davis is evaluating whether or not they can contribute to the Pine Tree Gardens cause.

- COUNTY
- CITY OF DAVIS
- TURNING POINT COMMUNITY PROGRAMS/OPERATORS
- FRIENDS OF PINE TREE
- LEGISLATIVE ADOVCACY
- SERVICE CLUBS/ROTARY



Contact Robb Layne
Telephone 916-556-3477
Email rlayne@cbhda.org

FOR IMMEDIATE RELEASE
March 28, 2019

THE COUNTY BEHAVIORAL HEALTH DIRECTORS ASSOCIATION NAMES NEW EXECUTIVE DIRECTOR

Michelle Doty Cabrera takes the helm at a pivotal time for Behavioral Health in California

Sacramento, CA– The County Behavioral Health Directors and staff welcome Michelle Doty Cabrera as the new Executive Director for the Association. CBHDA selected Cabrera after an extensive search led by a team of current Board Members and outside partners.

Cabrera will join CBHDA on May 6th, 2019 as the first Latina and openly LGBTQ+ Executive Director.

“We are thrilled to have Michelle take on the role of the Executive Director for CBHDA,” says Tom Renfree, Interim Executive Director of CBHDA. “Michelle brings a level of energy, sensitivity, proven leadership and a wealth of personal knowledge of the field to this position. Her passion and commitment to Behavioral Health, paired with her knowledge of CBHDA, makes her a perfect fit to continue to lead our association.”

Prior to joining CBHDA, Michelle served as the Healthcare Director for the California State Council of the Services Employees International Union (SEIU California), where she advocated on behalf of healthcare workers and consumers, including SEIU California’s county behavioral health workers.

Michelle also has experience working in the Capitol as a health and human services advisor to a former California Senate Budget Chair. Later, she went on to work for the Assembly Human Services Committee, chaired at the time by Senator Jim Beall, where she specialized in child welfare issues.

“Michelle is a leader who will bring tremendous strategic thinking, energy, and creativity to CBHDA,” said Frank Mecca, Executive Director of the County Welfare Directors Association. “She is a passionate leader with whom I look forward to partnering in our common quest for healthier children, families, and communities.”

“Michelle is a strong advocate and leader with a wealth of policy experience. She is a great fit for our behavioral health system, and we’re pleased to welcome her to the county family,” said Graham Knaus, Executive Director of the California State Association of Counties. “We look forward to working closely with CBHDA to navigate the changing landscape of behavioral health in California.”

“County Behavioral Health is at a critical crossroads, and I see tremendous potential in this moment to leverage the experience and talent of our county behavioral health systems in order to improve access to quality services for all Californians living with mental illness and substance use disorders with our County Behavioral Health Directors,” says Cabrera.

The County Behavioral Health Directors Association is a statewide non-profit association that represents all 58 county behavioral health directors and 2 city mental health programs (Berkeley and Tri-City) which is dedicated to advocating for public policy and services on behalf of people who are living with substance use disorders and mental illness.

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