

Yolo County MCAH Advisory Board

April 17, 2019

Minutes

CAROLYN CAMPOS, CHAIR
JESSICA CERNAK, VICE-CHAIR

YOLO COUNTY HEALTH AND HUMAN SERVICES AGENCY

GONZALEZ BUILDING
25 NORTH COTTONWOOD STREET,
#167 COMMUNITY ROOM
WOODLAND, CA 95695

Yolo County MCAH Advisory Board

Minutes – April 17, 2019

The Yolo County MCAH Advisory Board met on the 17th Day of April 2019 in the Community room at the Gonzales Building at 25 North Cottonwood Street, Woodland, CA at 8:30 a.m.

VOTING MEMBERS PRESENT:

Jenna Shaw-Battista, PhD, RN, NP, CNN, FACNM, CommuniCare Health Centers;
Carolyn Campos RN, Sutter Davis Hospital; Jessica Cerniak, Psy.D., The Chicago School of Professional Psychology;
Kathleen Middings, RN, Woodland Joint Unified School District; Ahna Suleiman, Community Member;
Leon Schimmel, MD, CommuniCare Health Centers; Margaret Walter, RN, BSN, MBA, UC Davis;

VOTING MEMBERS ABSENT:

Madeleine Shernock; Tia Will, MD, Retired OB-GYN-Community Member; Stephen Nowicki, MD, PhD, FAAP, Woodland Health Care

STAFF & GUESTS PRESENT:

Raquel Aguilar, HHSa; Natalie Audage, YCCA; James Burke, Partnership HealthPlans of California; Gaby Castaneda, HHSa; Nicole Mion, Help Me Grow; Sandeep Shahi, HHSa; Laurie Somerhausen, HHSa; Brian Vaughn; Ada Barros HSSA; Laura Martinez-Chavez, Community Medical Centers

8:30 A.M. CALL TO ORDER

1. WELCOME AND INTRODUCTIONS – *Carolyn Campos, Chair*

The April 17, 2019 MCAH Advisory Board meeting was called to order at 8:40 a.m., at which time around the table introductions occurred and quorum was confirmed.

2. CONSIDER APPROVAL OF AGENDA – *Carolyn Campos, Chair*

Motion: Jessica Cerniak **Second:** Ahna Suleiman **Discussion:** None **Vote:** Unanimous

3. APPROVE THE [MARCH 20, 2019 MINUTES](#) – *Carolyn Campos, Chair*

Motion: Ahna Suleiman **Second:** Leon Schimmel **Discussion:** None **Vote:** Unanimous

4. PUBLIC COMMENT

- **Nicole Mion:** shared that Help Me Grow Yolo is in its 4th year. Alameda is the oldest county with Help Me Grow in California. Alameda recently did a study with Alameda Alliance for Health which is their Partnership. They did an efficacy study to see when kids who were brought in with Help Me Grow compared to kids who didn't come in with Help Me Grow. They found that kids that came in with Help Me Grow were accessing services for developmental disorders on average of 2 ½ years younger than kids that were coming in through the traditional medical system.
- **Ahna Suleiman:** Shared that she is part of the Sex Education Roundtable. The California Department of Education is trying to finalize sex education standards for the state. The instructional quality commission is in its final stages of approving these inclusive sex education guidelines, this will outline what kids learn in grades K-12. On May 8th there will be a final hearing. There has been a lot of opposition on the curriculum from religious groups. If you are interested in coming out supporting Ahna will send an email with additional information.

5. [COMMUNITY HEALTH BRANCH REPORT](#) – **MCAH HIGHLIGHTS** – *Brian Vaughn*

- **Brian Vaughn:** Shared that the MCAH Title V needs assessment is due in June. Anna is currently doing presentations. Anna will be presenting at YCCA, the local child care planning council, CommuniCare, and YCOE. If you would like Anna to come present to your agency, you can email Anna at Anna.Sutton@yolocounty.org. The Blue Dot Campaign for maternal mental health awareness week, they are rolling out a campaign with the local libraries. The national Mental Health Awareness week starts April 29th. On May 21st there will be a resolution for Mental Health month and Maternal Mental Health at the Board of Supervisors meeting. We are coming up on the end of our 3 year planning cycle for the Mental Health Services Act. If you are interested there will be community meetings. There will be a meeting on May 2nd. We received a grant for CMSP for \$300,000 to work on Syphilis. They are continuing to monitor the measles
- **Laurie Somerhausen:** Shared that WIC will be hosting a Mother's Day Tea Party on May 9th at 1:30. The WIC card will be coming out in Yolo September 23.

PRESENTATIONS

6. CHILD ABUSE PREVENTION MONTH – *Natalie Audage, Yolo County Children's Alliance*

HANDOUT:

- April is child abuse prevention month
- The theme for this year is Resilience-Nurturing Children During Times of Stress, Helping Children Bloom
- The materials also have conversation starts for Providers
- There is a one pager with information on parenting resources
- Natalie will send out an evaluation in May

7. REVIEW SCHOOL AGED KIDS

- **The following was added to Obesity Overweight:**
 - Chronic illness resulting from inactivity and undernutrition
- **The following was added to Health & Healthcare:**
 - Lack of affordable expertise for nutrition
 - Education
 - Loss of food as the basis of health (medicalization of nutrition)
- **The following as added under Social & Community:**
 - Influence of food industry
 - Role of local markets
 - Availability and placement of healthy foods

8. ROOT CAUSE ANALYSIS: OLDER TEENS & TRANSITIONAL AGED YOUTH

- **Education:**
 - Lack of comprehensive health curriculum
 - Ineffective education methods
 - Resistance and lack of training of educators and admin
 - Competing priorities
 - Lack of standardization and resources
 - Cultural competency
 - Lack of partnership with parents
 - Parental opt-out
 - LGBT education
- **Economic Stability:**
 - Sex as a commodity
 - Sex for survival (homelessness)
- **Neighborhoods and Environments:**
 - Misinformation and stigmatization of sex and sexuality
 - Pervasiveness and accessibility of porn
 - Perception of STIs as risky
 - Transactional nature of sex
 - Allure of risk
 - Continued stigma of LGBT
 - Overemphasis of purity of virginity
- **Health and Healthcare:**
 - Prioritization of pregnancy prevention methods over STI prevention (LARC)
 - Effectiveness in treatment and prevention of HIV

- Understanding adolescents as sexual beings
- Underutilization of HPV vaccine
- Fragmentation of health coverage
- **Social & Community:**
 - Parental push back
 - Diverse cultural values
 - Puritanical history
 - Parents unequipped for discussions
 - Intergenerational
 - Distrust of public institutions and science
 - Lack of parental education
 - Prioritization of male pleasure
 - IPV
 - Peer pressure

ANNOUNCEMENTS

9. MEMBER ANNOUNCEMENTS/SHARING

- a. MCAH Advisory Board Annual Report draft
 - *Anna and Carolyn will be drafting a report to share with the group in May. The annual report will be given to the BOS in June.*
 - *Thanks to Ahna Suleman for assisting with an accompanying infographic summarizing themes and issues to date for the BOS report in June.*
- b. Maternal Mental Health and Mental Health Awareness Month – Blue Dot Photo/Green Ribbons
 - *please come to the May meeting for a group photo and like the Yolo County CH Branch FB page. Help us like, share and tag others to amplify our message to increase engagement and awareness to reduce stigma.*

ADJOURNMENT

10. Next Meeting: May 15, 2019

Proposed Topics

- a. MCAH Advisory Board Annual Report draft
- b. Maternal Mental Health and Mental Health Awareness Month – Blue Dot Photo/Green Ribbons

11:00 A.M. ADJOURNMENT

Respectfully submitted by:



Gaby Castaneda, Secretary
Yolo County MCAH Advisory Board