



COUNTY OF YOLO

Health and Human Services Agency

Karen Larsen, LMFT
Director

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Local Mental Health Board Meeting Minutes

Monday, April 29, 2019

Esparto Community Library, 17065 Yolo Ave, Esparto Ca 95621

Wintun Conference Room

Members Present: Bob Schelen, Maria Simas, Bret Bandley, Richard Bellows, Nicki King, John Archuleta, Sally Madujan, Antonia Tsobanoudis, Jonathan Raven, Maria Simas

Members Excused: James Glica- Hernandez, Brad Anderson, Sally Mandujan, Serena Durand

Staff Present: Karen Larsen, Mental Health Director, HHS Director
Rebecca Mellot, HHS Deputy Director
Jessica Jones, Assistant Deputy to Supervisor Don Saylor
Sandra Sigrist, Adult and Aging Branch Director
Lindsay Brown, HHS Fiscal Administrative Officer
Josh Iverson, HHS Admin Deputy Branch Director
Samantha Fusselman, HHS

CALL TO ORDER

1. **Welcome and Introductions:** The April 29, 2019 meeting of the Local Mental Health Board was called to order at 7:00 PM. Introductions were made.
2. **Public Comment:** A Pine Tree Gardens advocate shared the importance of Pine Tree Gardens to her, her family and community.
3. **Approval of Agenda:** Approved
4. **Approval Minutes:** Postpone approval of minutes to next Month, May 20th. Members to send edits to Brittany and new minutes will be shared prior to the next meeting.
5. **Member Announcements:**
 - a. Jonathan Raven- Announced work to increase the numbers of Mental Health Court participants as well the graduation taking place tomorrow (4/30/19).
6. **Correspondence:** None
7. **Time Set Agenda:** Rebecca Mellott presented an update on the HHS FY 19/20 Budget.

CONSENT AGENDA

8. **Mental Health Director's Report** by Karen Larsen, Mental Health Director, HHS
 - a. Mental Health Awareness Month

b. Suicide Prevention Crisis Line Sustainability

Karen shared that historically HHSA funded the line for \$100,000/year out of MHSA. They are mostly operated by volunteers but struggle each year to make ends meet. We're now asking that participatory counties contribute money to the crisis line operations. For 19/20 we're going proceed with Cal Mesa, our JPA for administering contracts for participatory counties.

c. Pine Tree Gardens (PTG)

Karen talked through the sustainability plan which was included in the agenda packet. Vice Chair, Nicki King, asked how the transition to FSP and PG clients would occur. She was wondering if it would occur by attrition or by other methods. Karen said that's unclear right now and understands that concerns regarding higher intensity clients. A member of the public from Pine Tree Gardens reported that there are many clients with needs beyond what can be provided by the current operators. Another public comment mentioned that what they heard in a previous meeting provided conflicting information with what they're hearing today and expressed concerns about assessment methods. She mentioned that assessments have been happening at Pine Tree Gardens and wonder what type of assessments those were. Karen clarified the misunderstanding and helped to explain what an assessment entails and FSP means. Sandra Sigrist also mentioned that CommuniCare was assisting with past due treatment plan assessments. The public commented that Yolo County is stricter with FSP rules than other counties. Karen acknowledge the comment and explained that Yolo County doesn't fund any Board and Care facilities in Yolo County, whereas other counties might have different relationships. Member, Antonia Tsobanoudis asked how the \$150,000 per year as outlined in the sustainability plan would be distributed and ask if it would require Deidra (a PTG operator) to do more paperwork as she does not have the bandwidth to add that responsibility. Karen replied that the \$150,000 per year is directed toward Turning Point, but Karen anticipates that more financial transparency will be required. Public comment on behalf of "Save Pine Tree Gardens" thanked the board and clarified the amount her family is offering in addition to the charity event they're planning to host. She would like to see the operators provide expenditures for both houses so that MHSA money can be appropriately allocated. Her family is likely to start a non-profit to help facilitate tax deductible contributions to better support Pine Tree Gardens. Nicki suggested using NAMI as the non-profit due to the amount of effort required to comply with non-profit regulations. Member, John Archuleta would like to see a clearer budget from the operators so that the facility can run more efficiently in the long run. Public comment thanked HHSA for the quality of the Day Treatment Programs at Pine Tree Gardens. She also asked how will FSP be defined and who will be conducting assessments. Karen explained that it's undecided at this point. Public comment stated that the operators will need more help if all residents become FSP and gave examples for why that would be. She wanted everyone to know that the operators need money and resources. Nicki redirected focus back to the agenda.

d. Juvenile Detention Facility Mental Health Services

e. Addiction Intervention/Mental Health Court

Mental Health Court information was shared by Member, Jonathan Raven. He stated that KCRA 3 took interest in our Mental Health Court and interviewed staff and participants. He encouraged everyone to watch the video linked in the Mental Health Director's Report.

- f. Medication Assisted Treatment Learning Collaborative
- g. Jail Based Competency Training
- h. California Behavioral Health Director Association Executive Director
- i. Board of Supervisors Workshops
- j. Alternative Facilities and the Continuum of Care for living with serious mental illness
- k. Audit Update
- l. West Sacramento Utilization Data

Samantha Fusselman explained that the data shows what percentage of West Sacramento residents who need specialty mental health services are able to obtain them in their home City. She stated that in each meeting we've spotlighted a different major City, Davis, Woodland and now West Sacramento. She offered to provide data based on requests of the board. Member Maria Simas said she would get back Samantha with what information would be most helpful.

REGULAR AGENDA

1. **Board of Supervisors Report** – None
2. **Chair Report** –
 - a. Elections are next month: Vice Chair, Nicki King requested volunteers for the Election Committee: Robert Schelen, Jonathan Raven, Brad Anderson (Brad was volunteered in his absence).
 - b. Nicki mentioned that former Secretary, Reed Walker resigned and that she'd like to have a card signed by all to send her way. Brittany and Karen will have a card at the May meeting for all sign.
 - c. Site Visits: Member, Richard Bellows contacted Napa LMHB and they only have two people attend per site visit. He was wondering if there was a confidentiality reason for that. He was wondering how many members can legally participate. Karen and Samantha said they will look into it. Nicki said she doesn't think we can do more than 3-4 visits/year. Richard stated that the committee needs to meet again to refine questions. Richard asked if the site visits first contact could be made by HHSA. Karen suggested that Samantha be the contact for that as she leads the QM team in visits to our providers.
 - d. Additional Public Comment- Peace People from Davis: The representative came to discuss an incident with the Davis Police Department. She came to inform the board of multiple incidences where the Peace People of Davis

believe the Police need to more involved. Members Robert Schelen and Brad Bandley let the advocate know that the LMHB is here and welcomes public comment.

- e. Mental Health Court KCRA video: The video will be watched at the next meeting.

3. Future Meeting Planning and Adjournment – Nicki King

- a. LRPC: Next meeting, 5/20 will include a presentation by the MHSA team.

Meeting Adjourned at 8:54pm

[Next Meeting Date and Location](#) – May 20, 2019

AFT Community Library,
1212 Merkley Ave West Sacramento Ca 95691