



COUNTY OF YOLO

Health and Human Services Agency

Karen Larsen, LMFT
Director

137 N. Cottonwood Street • Woodland, CA 95695
(530) 666-8940 • www.yolocounty.org

Local Mental Health Board

Regular Meeting: Monday, May 20, 2019, 7:00 PM – 9:00 PM

AFT Community Library

1212 Merkley Ave, West Sacramento, CA 95691

All items on this agenda may be considered for action.

James Glica-Hernandez

Chair

Nicki King
Vice-Chair

Vacant
Secretary

District 1
(Oscar Villegas)

Bret Bandley
Maria Simas
Sally Mandujan

District 2
(Don Saylor)

Serena Durand
Nicki King
Antonia Tsobanoudis

District 3
(Gary Sandy)

Richard Bellows
John Archuleta
James Glica-Hernandez

District 4
(Jim Provenza)

Vacant
Robert Schelen
Jonathan Raven

District 5
(Duane Chamberlain)

Brad Anderson
Vacant
Vacant

Board of Supervisors
Liaison

Don Saylor

Alternate

Jim Provenza

CALL TO ORDER ----- 7:00 PM – 7:10 PM

1. Welcome and Introductions
2. Public Comment
3. Approval of Agenda
4. Approval of Minutes from [March 25th 2019](#) and [April 29th 2019](#)
5. Member Announcements
6. Correspondence: None

TIME SET AGENDA----- 7:10 PM – 7:40 PM

7. [MHSA Budget Presentation](#)- Resource Development Associates: Kira Gunther & Lupe Garcia

CONSENT AGENDA ----- 7:40 PM – 8:10 PM

8. [Mental Health Director’s Report](#) – Karen Larsen
 - a. Mental Health Month Events
 - b. Pine Tree Gardens
 - c. Pacifco
 - d. Medication Assisted Treatment
 - e. SAB-G/DMC ODS Audit
 - f. Governors May Revise
 - g. Council on Criminal Justice and Behavioral Health Juvenile Justice Round Table
 - h. Homeless PIT Count Draft Report
 - i. Forensic ACT Team RFP
 - j. Children’s Mental Health
 - k. Strategic Plan 2019/2020
 - l. Social Security Income (SSI) Cash Out

If requested, this agenda can be made available in appropriate alternative formats to persons with a disability, as required by Section 202 of the American with Disabilities Act of 1990 and the Federal Rules and regulations adopted implementation thereof. Persons seeking an alternative format should contact the Local Mental Health Board Staff Support Liaison at the Yolo County Health and Human Services Agency, LMHB@yolocounty.org or 137 N. Cottonwood Street, Woodland, CA 95695 or 530-666-8516. In addition, a person with a disability who requires a modification or accommodation, including auxiliary aids of services, in order to participate in a public meeting should contact the Staff Support Liaison as soon as possible and preferably at least twenty-four hours prior to the meeting.

m. Access Log Data

REGULAR AGENDA ----- 8:10 PM – 8:45 PM

- 9. Board of Supervisors Report – Supervisor Don Saylor
- 10. Public Comment
- 11. Chair Report – James Glica-Hernandez
 - a. Nominating Committee (Robert Schelen & Jonathan Raven)
 - i. Elections

PLANNING AND ADJOURNMENT ----- 8:45 PM – 9:00 PM

- 12. Future Meeting Planning and Adjournment – James Glica-Hernandez
 - a. Next Meeting Presentation Topics: Housing and Homelessness, Adult & Aging Branch Director, Sandra Sigrist & Emergency Medical Response, EMS Administrator, Kristin Weivoda

Next Meeting Date and Location – June 24, 2019
Mary L Stephens Library, Blanchard Community Library
315 East 14th Street, Davis Ca 95616

I certify that the foregoing was posted on the bulletin board at 625 Court Street, Woodland CA 95695 on or before Friday, May 17, 2019.



Brittany Peterson
Local Mental Health Board Administrative Support Liaison
Yolo County Health and Human Services Agency

Item 4.
Approval of Minutes
March 25, 2019
April 25, 2019



COUNTY OF YOLO

Health and Human Services Agency

Karen Larsen, LMFT
Director

137 N. Cottonwood Street • Woodland, CA 95695
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Local Mental Health Board Meeting Minutes

Monday, March 25, 2019

HHSA Bauer Building, Thompson Conference Room

137 N. Cottonwood St Woodland Ca 95695

Members Present: James Glica-Hernandez, Bob Schelen, Bret Bradley, Karen Larsen, Richard Bellows, Nicki King, John Archuleta, Sally Madujan, Antonia Tsobanoudis

Members Excused: Serena Durand, Reed Walker, Brad Anderson, Maria Simas,

Staff Present: Karen Larsen, Mental Health Director, HHSA
Dr. Leigh Harrington, HHSA Medical Health Director
Jessica Jones, Assistant Deputy to Supervisor Don Saylor,
Samantha Fusselman, HHSA

CALL TO ORDER

1. **Welcome and Introductions:** The March 25, 2019 meeting of the Local Mental Health Board was called to order at 7:00 PM. Introductions were made.
2. **Public Comment:** Linda Wight wanted thank the board and James for all the advocacy that LMHB does. Encouraged audience to join NAMI walks and express sincere appreciation for all the help HHSA has provided her.
3. **Approval of Agenda:** Motion to approve from Richard, second by John.
4. **Approval Minutes:** Minutes approved with comment from Richard as a request for the more information from regarding the Mental Health Court.
5. **Member Announcements:**
 - a. James wanted to provide a moment of silence for Noah who recently passed.
 - b. Antonia announced that the system helped her recently get through a difficult time recently and she's glad the system is working.
 - c. Bret Bradley expressed gratitude for having Jonathon Raven on the LMHB. James agreed and feels fortunate to have the Johnathon, Bret and Sheriff Lopez here.
 - d. Jonathon introduced himself and shared his connections with the LMHB as both an advocate and consumer.
6. **Correspondence:** None
7. Sheriff Lopez presented an update on the Jail Construction and CIT training.

CONSENT AGENDA

8. Mental Health Director's Report by Karen Larsen, Mental Health Director, HHSA

a. Pine Tree Gardens-

1. Nicki asked about Pine Tree Gardens and Supervisor Saylor expressed his sincere concerns regarding the people that live that there. He knows the community needs to exist and he believes that the meetings will cut down on mis-communications and will help bring people together. Nicki said the people don't understand the money situation. Supervisor Saylor would like to have a conversation with same people so we can all have a shared understanding of the conversation. Supervisor Saylor expressed how complicated the situation is and that Turning Point is not the operator. There are two operators who run the daily operations. Statewide facilities like PTG are closing because there's not state funding to keep them going. We think there's a statewide need for this and we're thinking about doing some legislative advocacy. Nicki wants to know what the state maximum is for Board and Care. Antonia said she believes that Turning Point has to charge the minimum (about \$1100/month) even if people have different income. Nicki wanted to look in to Regional Center funding and Karen mentioned that regional centers don't compare.

b. Juvenile Detention Facility Mental Health Services-

c. Suicide Prevention Sustainability Planning-

d. Legislative Informational Hearing on Medi-Cal Mental Health Delivery-

e. California Healthcare Foundation of California-

1. Nicki asked about how the presentation went. Karen talked about the plans include eliminating the carve out. Washing, Arizona, New York and Michigan have done its so we have some models to work from.

f. Partnership Health of California-

1. Antonia asked about Partnership Health Plan. Karen said that all Medi-Cal mild moderate are on Partnership Health in Woodland. During the expansion of Medi-Cal mild to moderate Partnership contracted with Beacon. When people come in for services we align them with level of care they need.

g. Yolo County Outpatient Mental Health Services Utilization: Woodland-

1. Sally asked about similar numbers for West Sacramento regarding access. Samantha let her know there was typo on our staff's part and this information is only about Woodland.

h. Drug Medi-Cal SUD Treatment Update-

i. REGULAR AGENDA

1. **Board of Supervisors Report** – Supervisor Don Saylor

- a. Tomorrow (3.26) Board of Supervisor meeting Strategic Planning Process: Community Engagement presentation tomorrow. About 500 community members participated in the survey and data collection. Based on what Sup Saylor has seen so far, homelessness, and mental health are big priorities.
- b. Pacifico: Overt the last couple months there are been many community meetings to discuss the licensed facilities. Pacifico was a privately owned dorm that is now owned by the City. The local residents are concerned about making it an adult residential facility and they delay jeopardizes the project timeline and financing. We want to do a lot of educating and information sharing to try to work with advocates. It's currently primarily operated by Yolo County Housing and tenants pay rent. Supervisor Saylor is optimistic that there's a path forward.
- c. Pacifico Navigation Center: Supervisor Saylor mentioned that it may not be the right place. Karen mentioned that the money for navigation is not tied to the funds for the Adult Residential Facility.

2. **Chair Report** – James Glica-Hernandez

- a. Call with CalBHBC
 1. White paper: Emergency Preparedness. Email from Kristin Weivoda stated that the County has adopted a crisis response plan. It's not complete, but the County is actively working to improve and to be prepared for a response. James would like to have Kristin come visit.
 2. Richard: Site visit Ad hoc: 9 places for Site Visits: Central Committee, Prioritize Visits to about 1 per month, committee would appoint a site visit leader, target 5 visitors (LMHB, NAMI members etc), the visitation leader would share out on the report.
 - a. James would like to know who else would like to participate in site visits? Nicki King, Antonia Tsobanoudis
 3. Brown Act Reminder: Please send everything to James or Brittany, then James can send out with his approval. Nicki confirmed that you can't email more than 3 people.
 4. Please make sure to complete your ethics training. If you've taken your ethics training, please copy your certificate and send it to Brittany.
 5. Mental Health Court Update: Bret and Jonathon- Jonathon participated in the Forensic Mental Health 43rd annual conference. He presented on the addiction and mental health court as well as all the restorative justice efforts. It was very exciting to have so many people in the audience and interested in starting the similar programs in their respective counties. Jonathon announced that there's a new judge (Dave) to replace Judge Guard. These systems require everyone to work together and it's a much happier place to be than

regular court. Jon feels like all the partners are evolving together to get people through the system and diverted from incarceration. We want to add numbers to these programs because there are still gaps. On an anecdotal basis these programs are remarkable. James asked if Jonathon and Bret and keep their eyes out for a potential former participant to join the LMHB.

6. Nicki wanted to know more about the innovation and incubator. Karen let her know that there are couple possible programs.

3. Future Meeting Planning and Adjournment – James Glica-Hernandez

a. LRPC

Meeting Adjourned at 8:54pm.

Invite Tico to the next meeting.

Next Meeting Date and Location – April 22, 2019

Esparto Community Library 17065 Yolo Ave, Esparto, CA 95627



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Health and Human Services Agency

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Local Mental Health Board Meeting Minutes

Monday, April 29, 2019

Esparto Community Library, 17065 Yolo Ave, Esparto Ca 95621

Wintun Conference Room

Members Present: Bob Schelen, Maria Simas, Bret Bandley, Richard Bellows, Nicki King, John Archuleta, Antonia Tsobanoudis, Jonathan Raven, Maria Simas

Members Excused: James Glica- Hernandez, Brad Anderson, Sally Mandujan, Serena Durand

Staff Present: Karen Larsen, Mental Health Director, HHSA Director
Rebecca Mellot, HHSA Deputy Director
Jessica Jones, Assistant Deputy to Supervisor Don Saylor
Sandra Sigrist, Adult and Aging Branch Director
Lindsay Brown, HHSA Fiscal Administrative Officer
Josh Iverson, HHSA Admin Deputy Branch Director
Samantha Fusselman, HHSA

CALL TO ORDER

1. **Welcome and Introductions:** The April 29, 2019 meeting of the Local Mental Health Board was called to order at 7:00 PM. Introductions were made.
2. **Public Comment:** A Pine Tree Gardens advocate shared the importance of Pine Tree Gardens to her, her family and community.
3. **Approval of Agenda:** Approved
4. **Approval Minutes:** Postpone approval of minutes to next Month, May 20th. Members to send edits to Brittany and new minutes will be shared prior to the next meeting.
5. **Member Announcements:**
 - a. Jonathan Raven- Announced work to increase the numbers of Mental Health Court participants as well the graduation taking place tomorrow (4/30/19).
6. **Correspondence:** None
7. **Time Set Agenda:** Rebecca Mellott presented an update on the HHSA FY 19/20 Budget.

CONSENT AGENDA

8. **Mental Health Director's Report** by Karen Larsen, Mental Health Director, HHSA
 - a. Mental Health Awareness Month

b. Suicide Prevention Crisis Line Sustainability

Karen shared that historically HHSA funded the line for \$100,000/year out of MHSA. They are mostly operated by volunteers but struggle each year to make ends meet. We're now asking that participatory counties contribute money to the crisis line operations. For 19/20 we're going proceed with Cal Mesa, our JPA for administering contracts for participatory counties.

c. Pine Tree Gardens (PTG)

Karen talked through the sustainability plan which was included in the agenda packet. Vice Chair, Nicki King, asked how the transition to FSP and PG clients would occur. She was wondering if it would occur by attrition or by other methods. Karen said that's unclear right now and understands that concerns regarding higher intensity clients. A member of the public from Pine Tree Gardens reported that there are many clients with needs beyond what can be provided by the current operators. Another public comment mentioned that what they heard in a previous meeting provided conflicting information with what they're hearing today and expressed concerns about assessment methods. She mentioned that assessments have been happening at Pine Tree Gardens and wonder what type of assessments those were. Karen clarified the misunderstanding and helped to explain what an assessment entails and FSP means. Sandra Sigrist also mentioned that CommuniCare was assisting with past due treatment plan assessments. The public commented that Yolo County is stricter with FSP rules than other counties. Karen acknowledge the comment and explained that Yolo County doesn't fund any Board and Care facilities in Yolo County, whereas other counties might have different relationships. Member, Antonia Tsobanoudis asked how the \$150,000 per year as outlined in the sustainability plan would be distributed and ask if it would require Deidra (a PTG operator) to do more paperwork as she does not have the bandwidth to add that responsibility. Karen replied that the \$150,000 per year is directed toward Turning Point, but Karen anticipates that more financial transparency will be required. Public comment on behalf of "Save Pine Tree Gardens" thanked the board and clarified the amount her family is offering in addition to the charity event they're planning to host. She would like to see the operators provide expenditures for both houses so that MHSA money can be appropriately allocated. Her family is likely to start a non-profit to help facilitate tax deductible contributions to better support Pine Tree Gardens. Nicki suggested use NAMI as a Fiscal Agent/Host so that Deidra's family could work under NAMI rather than get their own 501c3. Member, John Archuleta would like to see a clearer budget from the operators so that the facility can run more efficiently in the long run. Public comment thanked HHSA for the quality of the Day Treatment Programs at Pine Tree Gardens. She also asked how will FSP be defined and who will be conducting assessments. Karen explained that it's undecided at this point. Public comment stated that the operators will need more help if all residents become FSP and gave examples for why that would be. She wanted everyone to know that the operators need money and resources. Nicki redirected focus back to the agenda.

d. Juvenile Detention Facility Mental Health Services

e. Addiction Intervention/Mental Health Court

Mental Health Court information was shared by Member, Jonathan Raven. He stated that KCRA 3 took interest in our Mental Health Court and interviewed staff and participants. He encouraged everyone to watch the video linked in the Mental Health Director's Report.

- f. Medication Assisted Treatment Learning Collaborative
- g. Jail Based Competency Training
- h. California Behavioral Health Director Association Executive Director
- i. Board of Supervisors Workshops
- j. Alternative Facilities and the Continuum of Care for living with serious mental illness
- k. Audit Update
- l. West Sacramento Utilization Data

Samantha Fusselman explained that the data shows what percentage of West Sacramento residents who need specialty mental health services are able to obtain them in their home City. She stated that in each meeting we've spotlighted a different major City, Davis, Woodland and now West Sacramento. She offered to provide data based on requests of the board. Member Maria Simas said she would get back Samantha with what information would be most helpful.

REGULAR AGENDA

1. **Board of Supervisors Report** – None
2. **Chair Report** –
 - a. Elections are next month: Vice Chair, Nicki King requested volunteers for the Election Committee: Robert Schelen, Jonathan Raven, Brad Anderson (Brad was volunteered in his absence).
 - b. Nicki mentioned that former Secretary, Reed Walker resigned and that she'd like to have a card signed by all to send her way. Brittany and Karen will have a card at the May meeting for all sign.
 - c. Site Visits: Member, Richard Bellows contacted Napa LMHB and they only have two people attend per site visit. He was wondering if there was a confidentiality reason for that. He was wondering how many members can legally participate. Karen and Samantha said they will look into it. Nicki said she doesn't think we can do more than 3-4 visits/year. Richard stated that the committee needs to meet again to refine questions. Richard asked if the site visits first contact could be made by HHSA. Karen suggested that Samantha be the contact for that as she leads the QM team in visits to our providers.
 - d. Additional Public Comment- Peace People from Davis: The representative came to discuss an incident with the Davis Police Department. She came to inform the board of multiple incidences where the Peace People of Davis

believe the Police need to more involved. Members Robert Schelen and Brad Bandley let the advocate know that the LMHB is here and welcomes public comment.

- e. Mental Health Court KCRA video: The video will be watched at the next meeting.

3. Future Meeting Planning and Adjournment – Nicki King

- a. LRPC: Next meeting, 5/20 will include a presentation by the MHSA team.

Meeting Adjourned at 8:54pm

[Next Meeting Date and Location](#) – May 20, 2019

AFT Community Library,
1212 Merkley Ave West Sacramento Ca 95691

Item 7.
MHSA Update Presentation



YOLO COUNTY: MHSA ANNUAL UPDATE 2019 LOCAL MENTAL HEALTH BOARD

May 20, 2019

Resource Development Associates (RDA)

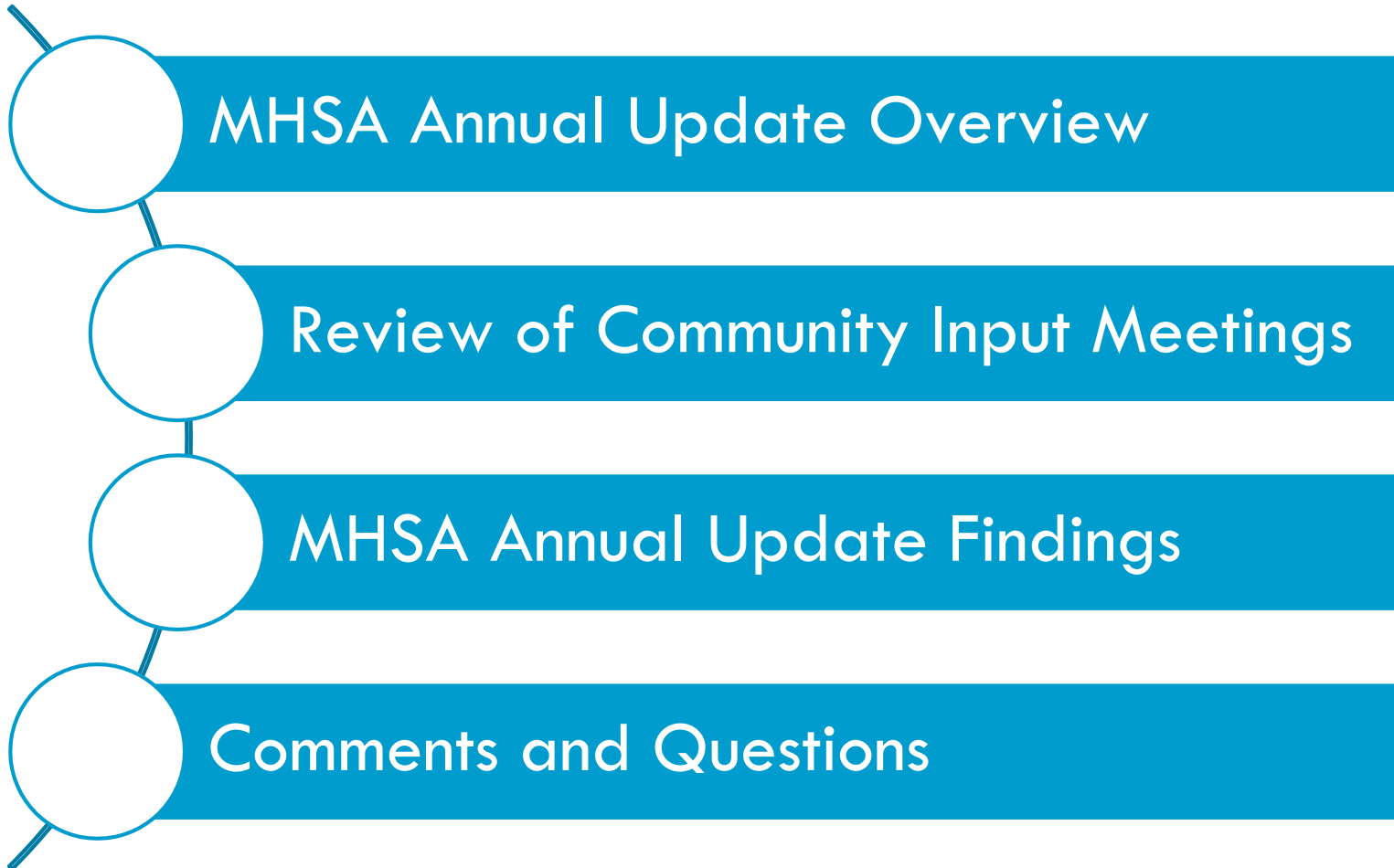
Kira Gunther

Lupe Garcia



Local Mental Health Board

Agenda



3

MHSA Annual Update Overview

MHSA Overview

4

- Mental Health Services Act (Proposition 63) passed November 2, 2004
- 1% income tax on income over \$1 million
- Purpose of MHSA: to expand and transform mental health services in California



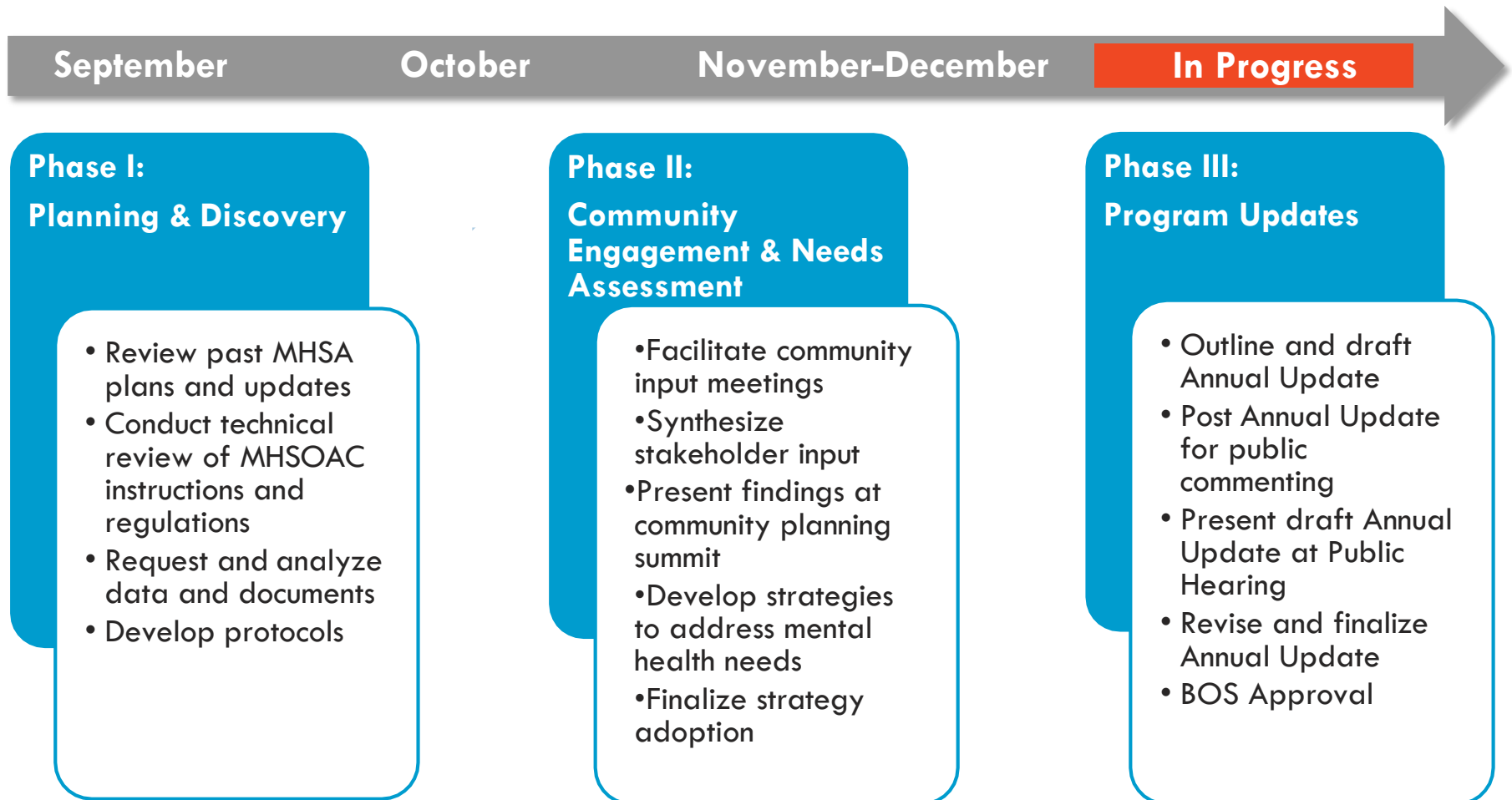
MHSA Annual Update

5

- County mental health programs shall prepare and submit an Annual Update for Mental Health Service Act (MHSA) programs and expenditures.
- Annual Updates must be adopted by the county Board of Supervisors and submitted to the Mental Health Services Oversight and Accountability Commission (MHSOAC) within 30 days after board of supervisor adoption.

Annual Update Activities and Timeline

6



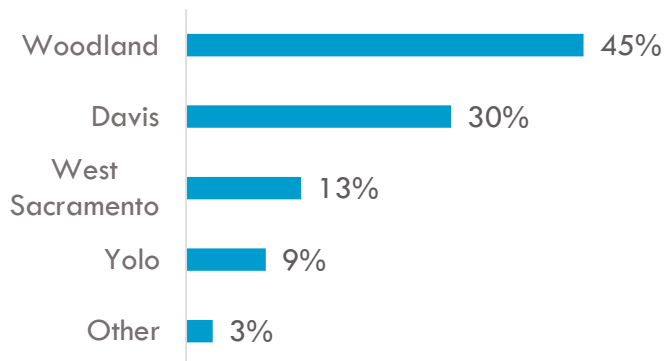
7

Review of Community Input Meetings

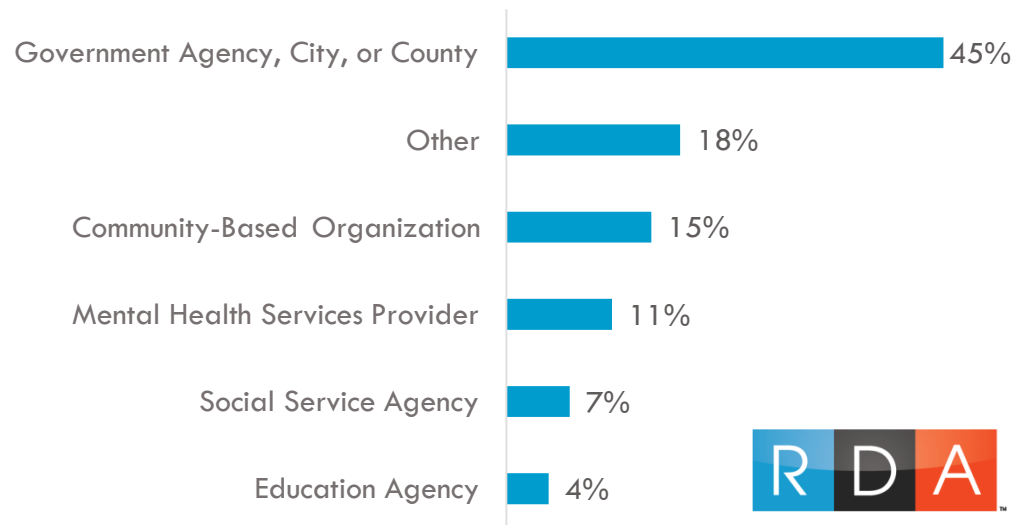
Community Participation

Activity	Date	Total Participants
Community Input Meeting (6)	September 2018	73
Provider-Stakeholder Work Group	September 2018	34
Mental Health Staff Meeting	September 2018	9
Community Planning Summit	October 2018	45
Total		161

City of Residence

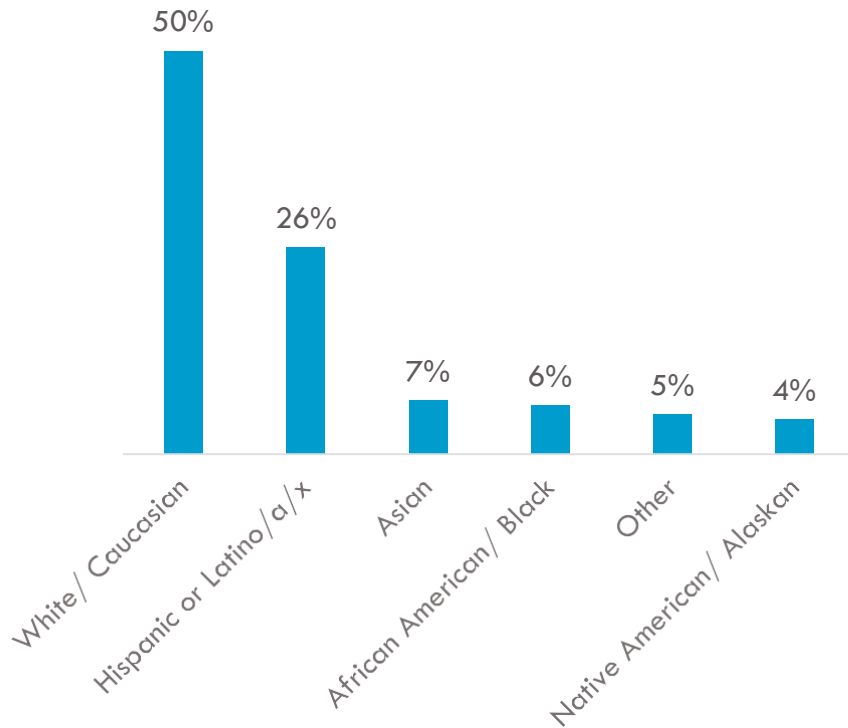


Stakeholder Affiliation



Participant Demographics

Race/Ethnicity



Lived Experience	<ul style="list-style-type: none"> • 12% Consumers • 35% Family Members • 53% No
Sex	<ul style="list-style-type: none"> • 83% female • 12% male
Age	<ul style="list-style-type: none"> • 3% 16-24 years old • 84% 25-59 years old • 13% 60+ years old
Disabilities	<ul style="list-style-type: none"> • 27% reported a disability • 73% reported no disability
Veteran Status	<ul style="list-style-type: none"> • 98% non-veteran status • 2% veteran status
Sexual Orientation	<ul style="list-style-type: none"> • 7% LGBT+ • 91% Heterosexual/straight • 2% Declined to answer

MHSA Annual Update Findings

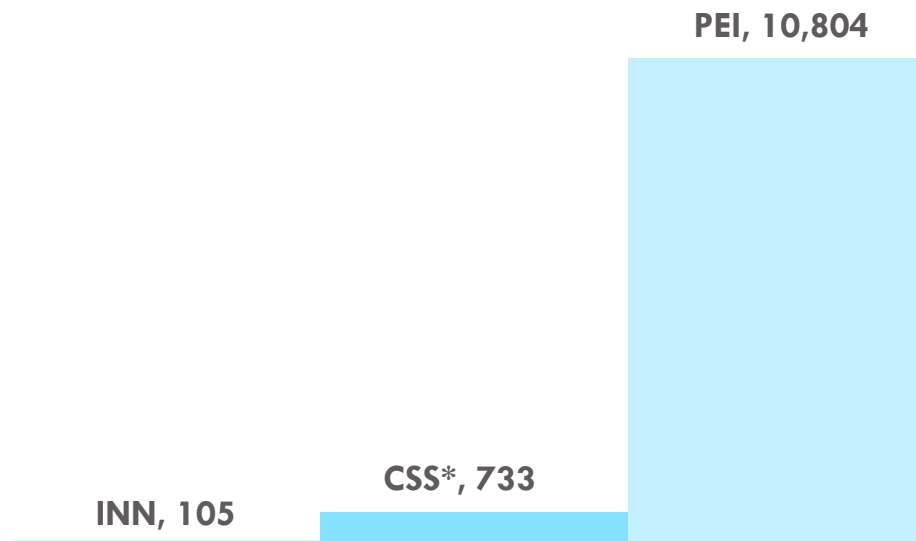
Services Provided in FY 2017-18

11

11,642 people received MHPA-funded services

- 838 identified with Serious Mental Illness

Consumers Served by Component, FY 2017-18



* Excludes Children's Outreach and Engagement Data

Children's System of Care

Identified Needs

- *Screening and Assessment:* No clear processes to screen, assess, and refer children to appropriate level of care
- *Service Needs:*
 - Bullying/cyberbullying, anxiety, and depression as primary concerns
 - Need for more parent and family support

System Planning Based On Needs

- New programs and services to create a more seamless process:
 - Early Childhood Mental Health Access and Linkage Program
 - School Based Access and Linkage Program
 - Mentorship/Strengths-Building Program

Current State

- 500+ children have received screening and 153 children were referred to mental health services
- Access & Linkage programs will continue to work towards improving service linkage for children

Transition Age Youth System of Care

Identified Needs

- *Service Utilization:* TAY wished there were alternative ways to engage in services
- *Social Isolation:* TAY requested need to have more recovery-focused activities and TAY-dedicated space

System Planning Based On Needs

- New programs and services aimed to strengthen service engagement, promote wellness and reduce mental health stigma:
 - TAY Wellness Center
 - TAY Speaker's Bureau
 - TAY Early Intervention Program

Current State

- TAY Wellness Centers opened in late 2018 and have reported success in the number of consumers utilizing services and overall service provision
- The Early Intervention Program is experiencing staffing challenges and is working towards recruiting and retaining a clinician

Adult/Older Adult System of Care

Identified Needs

- *Service Navigation:* There is a desire to further understand service availability and access points
- *Recovery Supports:* The community requested stronger recovery supports such as vocational and educational opportunities
- *Residential Treatment:* There is a need for more discharge, residential, and Board & Care home options

System Planning Based On Needs

- New programs and services aimed to bridge the gap between services and strengthen community and peer services:
 - Community-Based Navigation Drop-in Centers
 - Peer and Family Led Support Services
 - IBHS for Latino Community and Families
 - Adult Residential Treatment Program

Current State

- A Navigation Center is open 3 days per week in the Davis County mental health clinic, and 2 days per week in other community-based locations
- Yolo is increasing City/County partnerships on projects providing vocational opportunities for individuals living homeless
- Yolo is in a permit process with the city of Davis to locate the Adult Residential Treatment Program in a multi-building affordable housing complex
- Yolo completed a Board and Care Study with Innovation funds, supporting statewide efforts to increase mental health-based residential programs

Countywide Initiatives

Identified Needs

- *Cultural Responsiveness:* Stakeholders requested to strengthen the County's cultural competency specifically around LGBT+
- *Crisis Intervention Services:* Community members expressed the need for expanded CIP hours and more proactive services
- *Technological Needs:* There is a need for alternative methods for communication and seeking support

System Planning Based On Needs

- New programs and services to strengthen the behavioral health workforce ability to respond to consumer needs:
 - Cultural Competency/ LGBT+
 - Peer Workforce Development Workgroup
 - Early Signs Project: Crisis Intervention Program Augmentation
 - Social Media/ Application Initiative

Current State

- Yolo routinely collects LGBT+ community demographic data to provide culturally responsive services
- Yolo provides 7 day/week crisis services at the Mental Health Urgent Care, responds to local emergency departments to conduct mental health evaluations, and provides community crisis response for TAY, and at law enforcement request
- Reliable transportation remains a barrier to mental health services access; Yolo is developing a transportation initiative
- HHSA is in strengthening cross-system partnerships specifically with our criminal justice partners

MHSA Funded Programs

Overview of MHSA-Funded Programs & Services

Prevention & Early Intervention (PEI)	Early Signs Project	Community Services & Supports (CSS)	Children's Mental Health Services
	Crisis Intervention Training		Pathways to Independence
	Early Childhood Access & Linkage to Services		Adult Wellness Alternatives
	School Based Access & Linkage to Services		Older Adult Outreach & Assessment
	TAY Wellness Centers		Adult Residential Treatment Program
	School and Community-Based Mentorship Program		Community-based Drop-in Navigation Center
	Senior Peer Counseling	Workforce, Education, Training (WET)	Peer and Family Led Support Services
	Youth Early Intervention/Access and Linkage Program		Mental Health Professional Development
	TAY Speaker's Bureau		Peer Workforce Development Workgroup
	IBHS for Latino Community & Families	Capital Facilities & Technological Needs (CFTN)	Acquisition and Rehabilitation of the Adult Residential Treatment Facility
	Latino Outreach/Mental Health Promotores Program		
	LGBT+ Initiative		
	Mental Health Professional Development	Innovation (INN)	First Responders Initiative
	Clinical Internship Program		
	Peer Workforce Development Workgroup		

What is currently funded for Children?

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MHSA	Program	Program Description	Provider
PEI	Early Childhood Access & Linkage to Service Program	Implements universal screening and service linkage. Strengthens identification and linkage to services for children and identifies the appropriate level of care.	First Five Yolo
PEI	School and Community-based Mentorship Program	Provides school-based educational presentations about mental health. Creates afterschool mentorship and activity-based resiliency programming.	Victor Community Support Services (Urban) RISE (Rural)
CSS	Children's Mental Health Services	Outreach and engagement to connect children/families to services.	Yolo HHSA
CSS	Children's Mental Health Services	System Development: Services for children with mild to moderate needs.	Turning Point / Communicare
CSS	Children's Mental Health Services	Full Service Partnership: Services for children with the highest level of mental health need.	HHSA
CSS	Children's Mental Health Services	Full Service Partnership: Services for children with the highest level of mental health need.	Turning Point

What is currently funded for TAY?

MHSA	Program	Program Description	Provider
PEI	School-based Access & Linkage to Services	Strengthens identification and linkage to services for youth and young adults and identifies the appropriate level of care.	Victor Community Support Services (Urban) RISE (Rural)
PEI	TAY Wellness Center	Provides activity-based, socialization, and recovery-focused services.	Yolo HHSA & Woodland Community College
PEI	TAY Early Intervention Program	Services for youth that are beginning to develop mood or anxiety-related serious mental illness.	Yolo HHSA
SDR	TAY Speaker's Bureau	Reduces stigma and discrimination through creation of a TAY Speaker's Bureau.	Yolo HHSA
CSS	Pathways to Independence	Outreach and Engagement, System Development, and FSP services at TAY Wellness Centers	Yolo HHSA

What is currently funded for Adults?

	Program	Program Description	Providers
PEI and CSS	Community Based Drop in Navigation Center	Community-based drop-in center provides crisis intervention, assessment, recovery-based socialization, activity-based programming, and case management.	CommuniCare Health Centers
CSS	Adult Wellness: Alternatives SD/FSP	Current adult full service partnership (FSP) program which includes Mental Health Court team clients, and the Wellness Centers with expanded service hours and more formalized programming based in evidence based practices (EBPs).	Yolo HHSA & Turning Point
	ACT/AOT	This refers to the contracted ACT team that serves the highest level of FSP as well as consumers enrolled in AOT.	Yolo HHSA & Turning Point

What is currently funded for Older Adults?

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	Program	Program Description	Providers
PEI	Wellness Project: Senior Peer Counselor Volunteers	Peer support for older adults at risk of losing their independence.	Citizens Who Care
CSS	Older Adult Outreach and Assessment	Outreach and Engagement: Strategy to help identify adults and older consumers in need of services.	Yolo HHSA
		System Development (SD): Services for older adults with a mild to moderate mental health need.	Yolo HHSA
		Full Service Partnership (FSP): Services for older adults with the highest level of mental health need.	Yolo HHSA



What programs are available across the lifespan?

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Program Name	Program Description	Providers
Early Signs Project: Crisis Intervention Team (CIT) Training	Trains law enforcement and other first responders to recognize the signs of mental illness when responding to a person experiencing a mental health crisis.	Disability Response
Early Signs Training and Assistance	Trains individuals who have the knowledge and skills to respond to or prevent a mental health crisis in the community.	Yolo HHSA
Suicide Prevention Training	Trains individuals to identify the signs of suicidality and support individuals in crisis with support.	Suicide Prevention of Yolo County
Integrated Behavioral Health Services for Latino Community and Families	Provides culturally responsive services to Latino/Hispanic residents with health issues, mental health illnesses, and/or substance use issues and includes primary care and full-scope behavioral health services to consumers.	CommuniCare Health Centers
Peer and Family Led Support Services	Assists peers and families to understand the signs and symptoms of mental health, promote awareness of mental health resources, develop ways to support an individuals to access needed services.	NAMI Yolo
First Responders Initiative	Has three primary components 1) Multidisciplinary Forensic Team (MDFT) 2) Mental Health Urgent Care (MHUC) and 3) Health Information Exchange (HIE)	HHSA

How is MHSA Supporting your Workforce?

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	Program	Program Description
PEI	Cultural Competency/ LGBT+ Initiative	Targeted support to improve cultural competency mental health service provision across the system.
WET	Peer Workforce Development Workgroup	Workgroup inclusive of peer staff that strengthens the onboarding, training, and supervision to peer support staff and considers EBPs in peer support model, and works to increase inclusion of peer workforce across the agency.
WET	Mental Health Professional Development	Provides training on emerging and best practices, will expand to include new training for DSM-V, trauma-informed care, motivational interviewing, CBT, and include Gallup's Strengths Finder.

What is currently funded for technology and facilities?

24

Program Name	Program Description
Acquisition and Rehabilitation of the Adult Residential Treatment Facility	Facility to provide a community-based Mental Health residential treatment alternative for adults at risk of needing a higher level of care (pending).

Thank you!

25

Give us your feedback!



Contact Us:

Kira Gunther

kgunther@resourcedevelopment.net

510.694.0137

Lupe Garcia

lgarcia@resourcedevelopment.net

510.371.02520

Item 8.
Mental Health Director's Report

Local Mental Health Board

Director's Report

May 20, 2019

Mental Health Month Events – The month of May is filled with a variety of Mental Health Awareness events including a Consumer Art Show, a Family Carnival and more. Please see attached calendar of events. Additionally, the City of West Sacramento requested information regarding the state of Mental Health in Yolo County and used the data to create a proclamation declaring May 2019 as Mental Health Awareness Month. Karen and Local Mental Health Board Members James, Maria and Sally were invited to receive the proclamation which was signed and presented, on May 17th at the City Council Meeting. Likewise, the Yolo County Board of Supervisors will present a resolution in support of Mental Health and Maternal Mental Health Awareness on May 21st. Local Mental Health Board Chair, James will receive the resolution.

Pine Tree Gardens Advocacy- On May 9th, Yolo County sent a letter supporting the Steinberg Institute's request of \$18 million in funding, per year, for three years, to supplement the current reimbursement rate paid to licensed residential facilities serving a population of Californians with severe and persistent mental illness (with primary psychotic disorder) experiencing homelessness, or at risk of homelessness. This initial investment of \$18 million per year for three years will provide an immediate infusion of resources into the system while longer-term, more-sustainable solutions to this underfunding crisis can be developed. Please see attached letter.

Pacifico- The County Administrator's Office, HHS and City of Davis are continuing with efforts to move the Pacifico Adult Residential Facility (ARF) project forward. On May 14th, the Davis City Council heard an item to address existing safety concerns on the campus. Once those issues are addressed, the ARF project can start moving through the City's conditional use permit process. To address concerns of residents in the neighborhood surrounding Pacifico. Communicare is now searching for an alternate 5/day per week location for the Navigation Center.

Medication Assisted Treatment- There have been several efforts to expand access to Medication Assisted Treatment (MAT) for Yolo County residents over the past year. As part of launching the Drug Medi-Cal Organized Delivery System (DMC-ODS) waiver July 1st, Yolo County contracted with 2 Narcotic Treatment Program (NTP) providers (CORE Medical and BayMark Clinics) with a total of 4 locations (3 in Sacramento and 1 in Fairfield). Prior to this launch, CommuniCare Health Centers and CORE Medical were awarded a Hub & Spoke grant through the Department of Healthcare Services to expand MAT access and a requirement of this grant was to open an NTP within the County borders. To continue access expansion and meet the needs of the Hub & Spoke grant, CORE Medical will be opening a West Sacramento site at 3990 Industrial Blvd West Sacramento CA 95691 in the next few weeks. They have passed their DEA and Drug Medical site reviews, are hiring staff, and will open doors shortly. As a reminder, to get into substance use services with Yolo County, a client can call 1-888-965-6647.

SAB-G/DMC ODS Audit- On May 8th and 9th, HHS staff hosted reviewers from the Department of Healthcare Services (DHCS) for our annual substance use audit. The Substance Abuse Block Grant (SABG) and Drug Medi-Cal Organized Delivery System (DMC-ODS) Waiver are the two main funding streams for Yolo County clients needing substance use treatment. This was the first year Yolo County was participating in the DMC-ODS waiver which has had, and continues to have, many changes from the state and federal levels, so staff were unsure exactly which requirements the department would focus on. There were 41 items included in the SABG review and 65 in the DMC-ODS review, many with additional components within each item. Preliminary results provided by DHCS show that Yolo County was 95% in compliance with the SABG items and 91% in compliance with the DMC-ODS items. HHS staff anticipates being in full compliance with the SABG requirements and over 95% in compliance with DMC-ODS items within 30 days.

**Governor's May Revision –
Whole Person Care**

The May Revision includes an additional \$20 million in one-time funding (Mental Health Services Fund) over five years to expand Whole Person Care to counties that do not currently operate a pilot. This proposed investment is in addition to the \$100 million in the Governor's January budget.

Peer-Run Mental Health Crisis Line

The May Revision includes \$3.6 million (Mental Health Services Fund) annually for three years to provide support for a statewide peer-run mental health crisis line.

Substance Use Disorder

The May Revision includes \$21.5 million in Proposition 64 funds for competitive grants to develop and implement new youth programs in the areas of education, prevention and early intervention of substance use disorders. The funds are continuously appropriated.

Council on Criminal Justice and Behavioral Health Juvenile Justice Roundtable –

The Council on Criminal Justice and Behavioral Health (CCJBH) hosted Juvenile Justice Roundtable of subject matter experts on April 30th. Karen was on the morning panel and addressed the link between trauma and criminal justice involvement. This event was facilitated by CCJBH Council Member Mack Jenkins, former Chief Probation Officer, San Diego County. The objective of the juvenile justice roundtable was to gather insight from experts regarding critical issues affecting youth who are justice involved and struggling with serious substance use and mental health disorders. Presenters focused on priority issues which included the link between juvenile justice and homelessness, issues impacting LGBTQ youth, the significant racial and ethnic disparities in the juvenile justice system, and youth with incarcerated parents.

Homeless PIT Count draft report- HHSa staff submitted the 2019 sheltered and unsheltered report to Housing and Urban Development (HUD) by the due date of April 30th. Additionally, staff has worked with Homelessness and Poverty Action Coalition (HPAC) on a draft 2019 Point in Time County Report which provides much more in depth analysis of the survey results than HUD requires. The format is based off the 2017 report which can be found here, <https://www.yolocounty.org/home/showdocument?id=55899>, and will be finalized after an upcoming review by HPAC staff. Countywide, the overall sheltered and unsheltered count went from 459 in 2017 to 655 in 2019, with an increase in unsheltered from 209 in 2017 to 397 in 2019. This report is the result of a number of county, city, and provider staff dedicating time to not only survey administration on the night of the count, but on reviewing information and ensuring accuracy.

Forensic ACT Team RFP – In late June, HHSa is planning to release a Request for Proposals to implement a Forensic Assertive Community Act (F-ACT) Team. The target population for these services will be seriously mentally ill adults who meet the criteria for Full Service Partnership, are living homeless or who have a history of homelessness, and who are involved in the criminal justice system. The program will maintain an enrollment of 50 individuals. It is hoped that services will start by January, 2020.

Children's Mental Health –

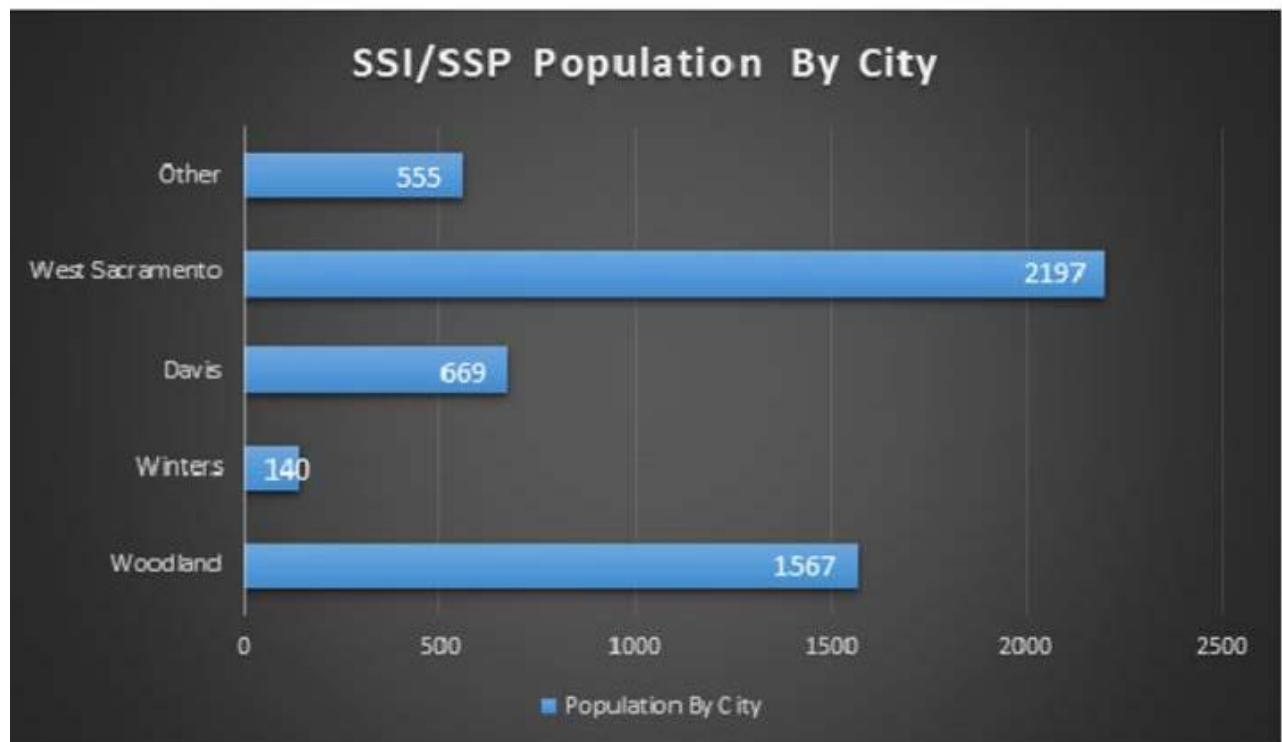
- The HHSa Child Youth and Family Branch hired a Deputy Director who will start on June 10th. The new Deputy Director, Karleen Jakowski, was the Deputy Director of Health and Human Services for Yuba County, overseeing Child Welfare, Adult Services and CalWORKS Employment Services. In her new role with Yolo County HHSa, Karleen will oversee the Children's Medical Services program, Children's Mental Health and the CQI team.
- To fully integrate HHSa's mental health services available to youth and young adults in Yolo County, the Transition Age Youth (TAY) Mental Health team will transition to HHSa's Child, Youth & Family (CYF) Branch. This move will support youth in the children's mental

health system to receive comprehensive care from their early teen years, through their 20's when needed.

2019/2020 Strategic Plan HHSA Executive Leadership Team has finalized the FY2019/20 Agency Strategic Plan. Please attached plan.

Social Security Income (SSI) Cash Out- With the implementation of the Social Security Income (SSI) Cash-out or CalFresh Expansion, starting June 1 2019, many Yolo County seniors and disabled residents who were previously ineligible for CalFresh may now qualify. CalFresh provides low income families and individuals with financial means to purchase healthy and nutritious food. Prior to this change, SSI recipients were precluded from receiving CalFresh benefits. SSI recipients will now qualify for benefits ranging from \$15 to \$195 per month depending on income and other eligibility factors. Today in Yolo County, we have a little over 17,000 residents on CalFresh and we're anticipating that this change will increase those who are eligible by 5,000. Due to this significant growth in potential recipients, the HHSA Service Center Branch has been gearing up with additional staff, resources, outreach and trainings to meet this increased demand.

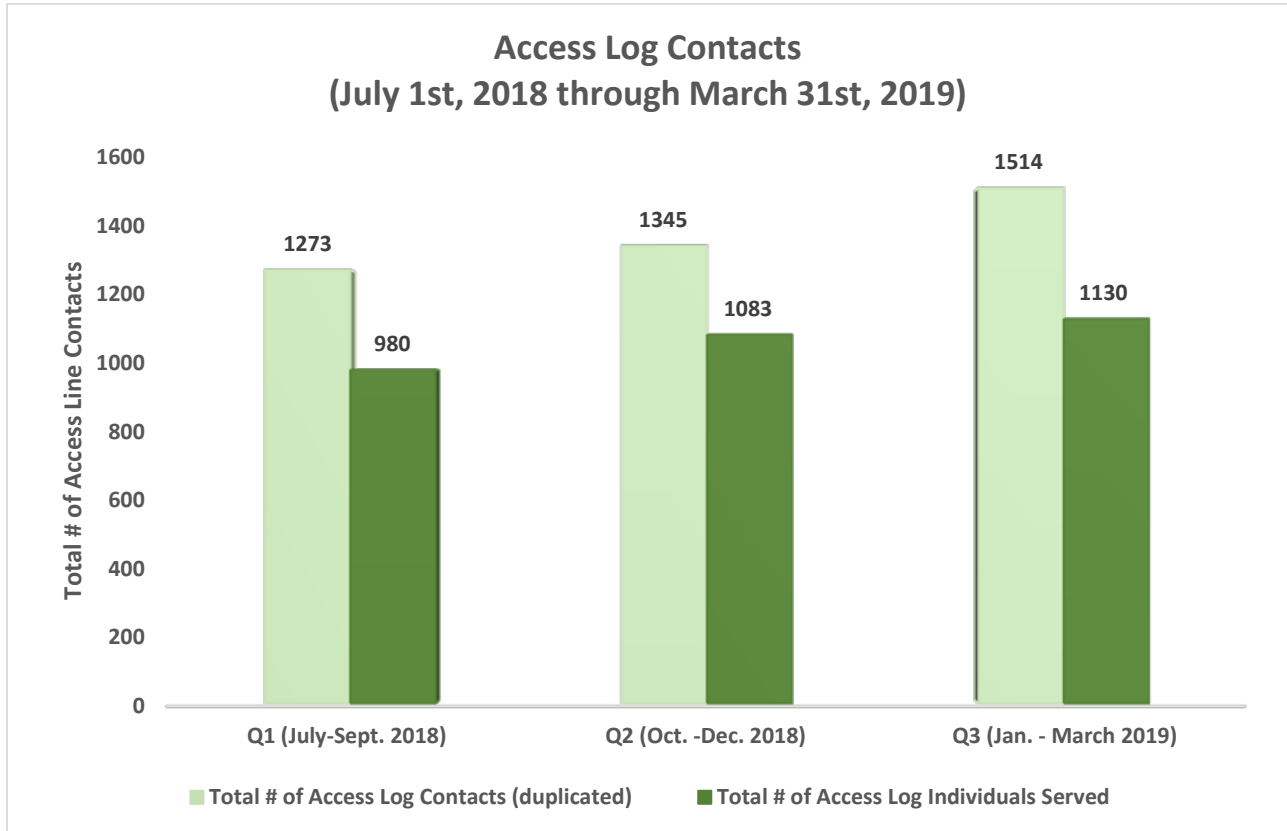
The population represented below shows Yolo County SSI and SSP recipients by City. This is the population of individuals who may become eligible for CalFresh benefits with the implementation of the Social Security Income (SSI) Cash out or CalFresh Expansion starting June 1, 2019.



Access Log Data

On July 1, 2018, Yolo County implemented a new Access Log, designed to capture all calls to the 24-7 Access Line (888-965-6647), as well as requests for services in-person and via written referrals. The following data provides a summary the volume and type of requests received between July 1, 2018 – March 31, 2019.

Figure 1

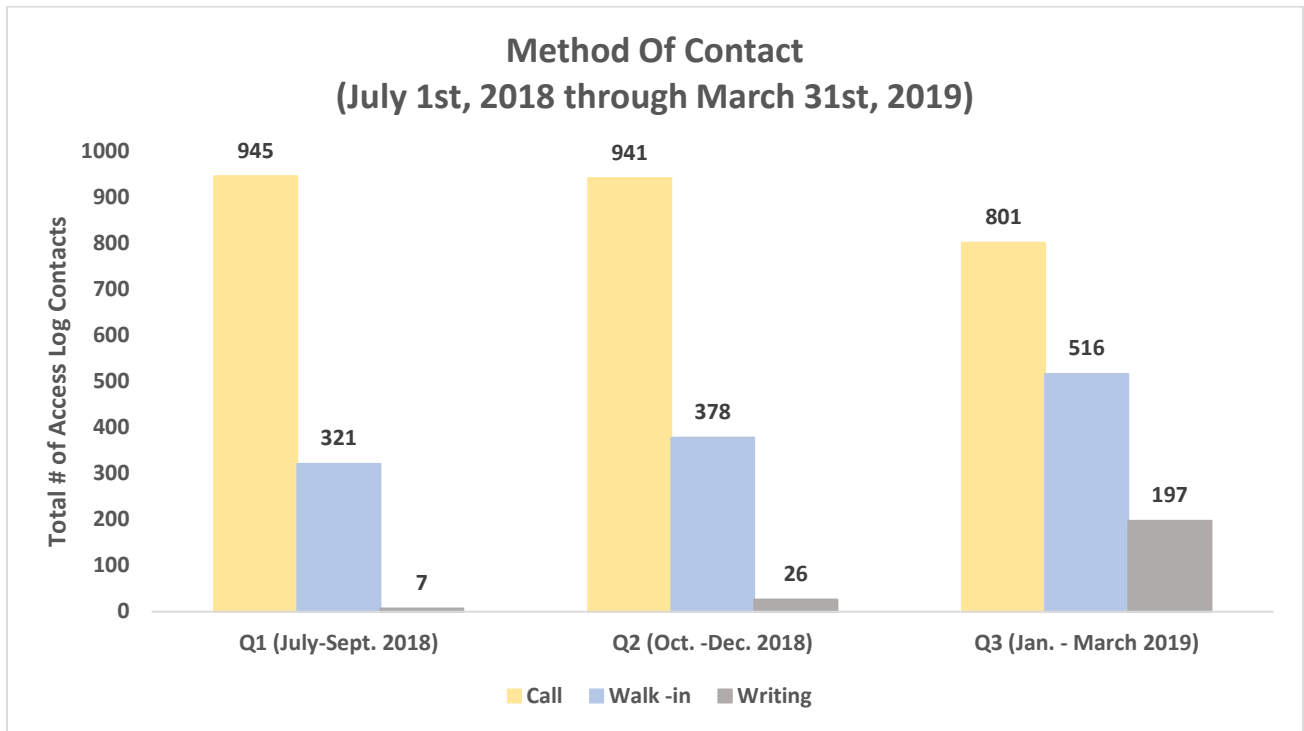


Source Data: Avatar Admission/Discharge Report

	Q1 (July-Sept. 2018)	Q2 (Oct.-Dec. 2018)	Q3 (Jan. - March 2019)
Total # of Access Log Contacts (Duplicated)	1273	1345	1514
Total # of Access Log Individuals Served (Unduplicated)	980	1083	1130

Figure 1 represents all Access contacts entered within the Access Log and the total number of individuals that made contact, for the time period of July 1st, 2018 through March 31st, 2019. Source Data: Avatar Admission/Discharge Report. There has been an 18% increase in contacts during this time period.

Figure 2

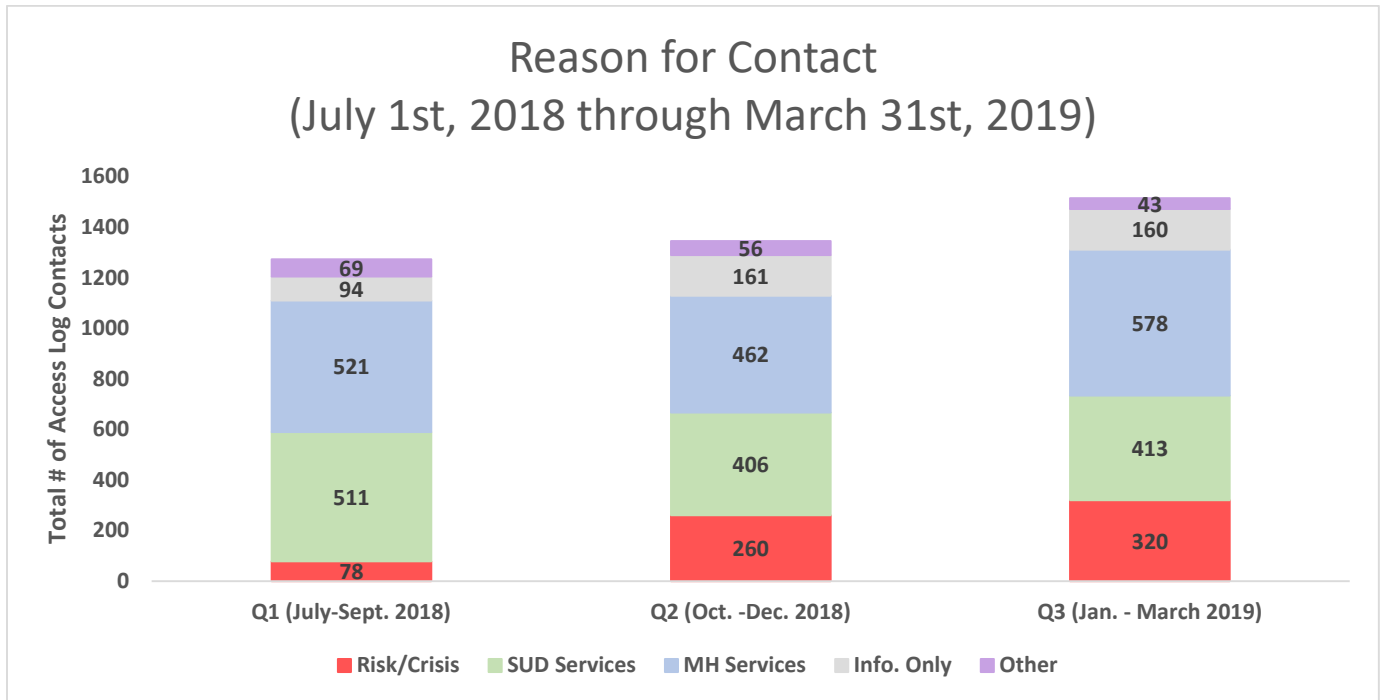


Source Data: Avatar Admission/Discharge Report

	Q1 (July-Sept. 2018)	Q2 (Oct. -Dec. 2018)	Q3 (Jan. - March 2019)
Call	945	941	801
Walk -in	321	378	516
Writing	7	26	197
Total # of Access Log Contacts (Duplicated)	1273	1345	1514

Figure 2 data represents the method of contacting yolo County for all Access contacts entered within the Access Log for the time period of July 1st, 2018 through March 31st, 2019.. The majority of Access contacts occur over the phone.

Figure 3



Source Data: Avatar Admission/Discharge Report

	Q1 (July-Sept. 2018)	Q2 (Oct. -Dec. 2018)	Q3 (Jan. - March 2019)
Risk/Crisis	78	260	320
SUD Services	511	406	413
MH Services	521	462	578
Info. Only	94	161	160
Other	69	56	43
Total # of Access Log Contacts	1273	1345	1514

Figure 3 represents the reason for contact for all Access contacts entered within the Access Log for the time period of July 1st, 2018 through March 31st, 2019. The majority of contacts were requests for Mental Health (33%) or Substance Use (38%) services.



2019

Outing to Sutter-Yuba Rally

Thursday, May 2nd

For details, please contact Linda Hernandez-Fogle at 530-666-8630 .

Cultural Competence Committee's May is Mental Health Month Welcoming Event*

Friday, May 10th: 11:30am-1:00pm

View directing change videos and enjoy refreshments including the Stop The Stigma Salsa Bar.

Consumers Art Show Preview

Friday, May 17th: 11:00am-1:00pm
1110 West Capitol Ave, West Sacramento Ca 95691

Transition Age Youth World Premiere Of Digital Stories at the Davis Wellness Space

May 20th 3:30pm-5:30pm (600 A Street, Davis CA 95616)

Mental Health Matters Day at State Capitol & Wear Green Day Campaign

Wednesday, May 22nd: 9:30am-2:00pm

Outing: Sacramento River Cats Mental Health Matters Night

Friday, May 24th

Face Painting, Photo Booth, Balloons, Corn Hole, Sensory/Art Coping Table, Food Table, Mental Health Awareness, Music, Spoken Word Artists and more!

Children's Wellness Center Carnival*

Bauer Bldg Playground and Parking Lot
Tuesday, May 28th: 4:00pm-7:00pm

Join us for an art exhibit and contest by Yolo County Mental Health Consumers! Community, staff and consumer are invited to attend and cast votes.

Consumer Art Show*

Walker Room, Bauer Bldg
Thursday, May 30th: 11:00am-4:00pm

Each Mind Matters Green Ribbons: Get Involved by completing a ribbon!













The whole month of May!

Blue Dot Campaign (Maternal Mental Health Month)*

The whole month of May!

MAY IS MENTAL HEALTH AWARENESS MONTH

Complete an "Each Mind Matters" Green Ribbon this month!

MON	TUE	WED	THU	FRI
		1	2  Outing: Sutter-Yuba Rally	3
6	7	8	9	10  Cultural Competence Committee's May is Mental Health Month Welcoming Event*
13	14	15	16	17 Consumers Art Show Preview, West Sacramento 
20  TAY World Premiere of Digital Stories at the Davis Wellness Space	21	22   Mental Health Matters Day at State Capitol & Wear Green Day Campaign	23	24  Outing: Sacramento River Cats Mental Health Matters Night
27	28   Family Carnival*	29	30  Consumers Art Show*	31

*Location: Yolo County Health and Human Services, Bauer Building, 137 N. Cottonwood Street, Woodland, CA



COUNTY OF YOLO

Board of Supervisors

District 1, **Oscar Villegas**
District 2, **Don Saylor**
District 3, **Gary Sandy**
District 4, **Jim Provenza**
District 5, **Duane Chamberlain**

625 Court Street, Room 204 • Woodland, CA 95695
(530) 666-8195 • FAX (530) 666-8193
www.yolocounty.org

County Administrator, **Patrick S. Blacklock**
Deputy Clerk of the Board, **Julie Dachtler**

May 9, 2019

The Honorable Dr. Richard Pan
Chair, Senate Health and Human Services Budget Subcommittee 3

The Honorable Eloise Gómez Reyes
Chair, Assembly Health and Human Services Budget Subcommittee 1

RE: Budget Request - Preserving the Safety Net for Low-income People with Mental Illness, and Preventing Homelessness

Dear Chairs Pan and Reyes,

Yolo County supports the Steinberg Institute's request of \$18 million in funding, per year, for three years, to supplement the current reimbursement rate paid to licensed residential facilities serving a population of Californians with severe and persistent mental illness (with primary psychotic disorder) experiencing homelessness, or at risk of homelessness.

Statewide, this funding would increase reimbursement rates for 1,500 people. This three-year request is intended as an initial investment to address the immediate, urgent need to infuse resources into this system of care; due to chronic underfunding, facilities have been closing and licensed beds are being lost permanently. On July 1, 2019, when minimum wage increases, we anticipate a significant increase in these closures statewide. Raising the reimbursement rate from \$1,058 to \$2,058 would ensure residential facilities in Yolo County could sustainably continue to accept and care for this vulnerable population. This initial investment of \$18 million per year for three years will provide an immediate infusion of resources into the system while longer-term, more-sustainable solutions to this underfunding crisis can be developed.

For these reasons, Yolo County urges your support.

Sincerely,

Don Saylor
Chair, Yolo County Board of Supervisors

cc: The Honorable Bill Dodd
The Honorable Cecilia Aguiar-Curry
The Honorable Kevin McCarty

Yolo County Health and Human Services Agency

2019-2020 Strategic Plan

Vision: Yolo County residents are healthy, safe, and economically stable.

GOAL 1: Improve Outcomes for Clients and the Community

Residents are Safe:

- ◆ Increase HHS employees ability to respond to emergencies
 - ◆ *% of essential employees who have completed emergency preparedness training*
- ◆ Reduce the recurrence of child abuse
 - ◆ *# of children who experience subsequent abuse (recurrence) within 12 months of closing an investigation*

Residents are Healthy:

- ◆ Reduce transmission of sexually transmitted diseases
 - ◆ *# of cases of syphilis per 100,000*
- ◆ Increase timely linkage of children and adults to appropriate level of mental health care
 - ◆ *% of children and adults who receive first appointment post psychiatric hospitalization within 7 days*

Residents are Economically Stable:

- ◆ Increase self-sufficiency of CalWORKs participants
 - ◆ *# of participants who exited CalWORKs due to earned income within 1 year of beginning Welfare to Work program*
- ◆ Increase enrollment of eligible residents in CalFresh
 - ◆ *# and % of residents receiving CalFresh*
- ◆ Increase self-sufficiency of individuals experiencing homelessness in Yolo County
 - ◆ *# and % of participants who increase income while receiving Agency case management*

GOAL 2: Ensure Fiscal Health

- Align Agency's fiscal structure to include budgets and performance measures by program.
- Expand Agency's ability to produce accurate and timely administrative and financial reports.
- Invest in infrastructure and technology that will streamline and automate administrative functions to increase efficiencies.
- Prepare for the economic downturn by:
 - Establishing Agency reserve policy for non-categorical funds; and
 - Pursuing designation as an integrated health and human services agency from State.

GOAL 3: Strengthen Integration

- Expand training curriculums that offer employees the tools they need to do their jobs.
- Increase employee recruitment, engagement and retention in classifications with frequent turnover.
- Evaluate and plan for long-term space needs of Agency.
- Assess opportunities to improve client outcomes through multi-disciplinary work.
- Increase internal and external communications regarding Agency programs.

GOAL 4: Make Data Informed Decisions and Create a Culture of Quality

- Assess the impact of Agency programs by establishing routine monitoring groups and quality improvement efforts for all identified strategies.
- Establish a process for creating, approving and updating program performance measures.
- Establish standards for active contract management in Agency.
- Conduct contract procurements that align internal program and external contract performance measures.

