COUNTY OF YOLO
Health and Human Services Agency

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MAILING ADDRESS
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Healthy Yolo Committee Meeting Minutes	
Date & Time:	04/24/2019	8:30 a.m. – 10:00 a.m.
Location	HHSA Bauer Bldg. |Thomson Conference Room
Organizer:	Yolo County Health and Human Services Agency, Community Health Branch
Attendees:	Yolo County Health and Human Services Agency, Community Health Branch (6) , Yolo County HHSA Adult and Aging Branch: IHSS, Yolo Healthy Aging Alliance, Area Agency on Aging 4, Communicare Health Centers (2) , Winters Healthcare, National Alliance on Mental Illness (1), Yolo Hospice
Handouts/Presentations	Agenda,
Website	www.healthyyolo.org

Agenda Items

- **Welcome, Introductions and Agenda Review**
- **Updates:** Deliverables Update, Schedule and Calendars Notices.
- **Historical Review of Food Initiatives in the County**

- **Project Discussion**
- **Action Item Review**
- **Meeting Evaluation**

Recap/Next Steps

Updates

- **Meeting Minutes:** Minutes will be posted to the website upon the return of our Web administrator staff.
- **Schedule:** A new calendar series from Healthy Yolo was distributed on April 22nd.
- **Resource Table:** Please bring flyers for resource table to promote services as well as upcoming events.
- **Call in:** Please add the Call In Number (515) 606-5187| Access Code: 263194 to your meeting notice.

Historical Review of Food Initiatives in the County (Food Centered Initiatives past and present)

- Harvest of the Month
- Rethink your Drink
- Child meals default beverage changes
- Food Demonstrations/Classes: Various providers & venues
- Fruit and Veggie Prescription programs (Communicare and Dignity)
- Community Nutrition Action Partnership
- Communicare Benefit advocates and CalFresh eligibility services
- NAMI Food Delivery to Isolated Individuals with Mental Health needs.
- Cooking Classes by Winters Health, Health Coach
- FENY CalFresh Bonus Bucks with Nutrition Education

- Meals on Wheels
- Nutrition as Education
- Chronic Disease Healthy Living Education
- YCCC Farmhouse Distribution
- Dignity Farmers Markets
- Children's Farmers Markets
- MHSA Wellness Centers Meal Prep Groups
- Fresh Text Program
- My Plate
- Food as medicine

Project Discussion

- **Project Suggestions**
  - SSI Recipient CalFresh expansion and enrollment drive. (Program Expansion starts June 1st.
  - Food Access Resource List
- **Project Selected:** CalFresh SSI Recipient enrollment and Nutrition Resource sharing with those not eligible for CalFresh.
- **Why This Project:** Nutrition is cross cutting across all priority areas from the CHIP, is important in all of our current priority areas (Mental Health, Chronic Disease Prevention, and Healthy Aging)
- **How to move it forward:**
  - May presentations by CalFresh and the food bank regarding how we can help to promote the new CalFresh expansion to SSI Recipients and overview of current services available to all other populations. Specifically around increasing SSI recipient enrollment in CalFresh and connecting those not eligible for CalFresh with nutrition information resources.
- **Considerations for moving forward**
  - What does health improvement mean for our priority areas if we move forward with these efforts?
  - What does food mean in the lives of those we serve?
  - How do we build capacity to ensure those whom we are serving receive the specialized assistance they may need to understand the CalFresh program and enrollment process? (Motivational interviewing)
  - How do these activities impact the social determinants of health?
  - What drives – health in relation to this project? (Upstream and Downstream).

Next Meeting: Wednesday, May 29, 2019 | 8:30 a.m. – 10:00 a.m.
137 N. Cottonwood St. Woodland HHSA Bauer Bldg. Thomson Rm.