



# COUNTY OF YOLO

Health and Human Services Agency

*Karen Larsen, LMFT*  
Director

**Brian Vaughn, MPH**  
Branch Director, Community Health

MAILING ADDRESS  
25 N. Cottonwood Street • Woodland, CA 95695  
(530) 666-8771 • [www.yolocounty.org](http://www.yolocounty.org)

## Healthy Yolo Workgroup

<b>Date &amp; Time:</b>	03/28/2019   8:30 a.m. – 10:00 a.m.
<b>Location</b>	HHSA Bauer Bldg.   Thomson Conference Room
<b>Organizer:</b>	Yolo County Health and Human Services Agency, Community Health Branch
<b>Attendees:</b>	Yolo County Health and Human Services Agency, Community Health Branch (8) , Yolo County HHSA Adult and Aging Branch: IHSS, Yolo Healthy Aging Alliance, Communicare Health Centers, Winters Healthcare, National Alliance on Mental Illness (1), Latinos Info and Resource Center, Yolo Food Bank, .
<b>Handouts/Presentations</b>	<a href="#">Agenda</a> , <a href="#">Values Proposition.Draft</a> ,
<b>Website</b>	<a href="http://www.healthyyolo.org">www.healthyyolo.org</a>

### Agenda

- **Welcome, Introductions and Agenda Review**
- **Updates and Framing:** Deliverables Update, Schedule and Calendars Notices.
- **Defining Healthy Yolo Values Proposition Feedback**
- **Shared Project Brainstorming**

### Action Items

#### Updates and Framing

- **Meeting Minutes:** Notification will be provided when all past minutes have been posted to the website.
- **Schedule:** New calendar notice to be sent from Calendaring Tool as opposed to as an attachment. Reminder: Delete prior calendar notices before populating the calendar with this one.
- **Resource Table:** Please bring flyers for resource table to promote services as well as upcoming events.
- **Survey: How does Healthy Yolo Bring Value to your work?** Please complete survey, <https://www.surveymonkey.com/r/2TRL5GL>, on or before 04/15/2019.

#### Healthy Yolo: Values Proposition

- County will refine current language to incorporate the following suggestions: remove the line that focuses on the past and focus on where we are going, include that the group is county led, spans across the life cycle, and specify that the primary role is developing interventions to address county health needs and priorities.
- To aid in the finalization of the proposition participants agreed to provide feedback that helps to simplify the language. When making suggestions, ensure the statement clearly addresses:
  1. What are we doing?
  2. What is happening
  3. How do we propose to address it?
  4. What is our value to each other and the community?

#### Project Brainstorming

- **Project Focus: Healthy Eating and Active Living**
  - **How it fits:** Healthy Eating and Active Living all play a role in our current priority areas (Mental Health, Chronic Disease Prevention, and Healthy Aging) and will likely play a role in the future priority areas.
- **How to move it forward:** Develop a strategy, a plan for stewardship, and layout what is needed to ensure sustainability.
- **Project Prompts:** Kellymarie to provide prompts prior to the next meeting to allow for members to bring forward project suggestions.
- **Project Suggestions:** Members to bring project suggestions to the next meeting
- **Current Intervention Assessment:** Come with a basic idea of what is already being done in the county around food.
- **Historical Review:** Rebecca will provide this group with a historical context of what has previously been done around food.
- **Things to consider**
  - What would health improvement would look like for the project(s) you wish to pitch.
  - What are the short term and long term interventions?
  - Consider what is and what drives – health in relation to your project suggestion (Upstream and Downstream).

**Next Meeting:** Wednesday, April 24, 2019 | 8:30 a.m. – 10:00 a.m.  
137 N. Cottonwood St. Woodland Walker/Thomson Room