

Yolo County One-Stop Career Workshop Calendar

25 North Cottonwood Street, **Woodland**, CA 95695 500-A Jefferson Boulevard, **West Sacramento**, CA 95605 **To register contact: Sandra Jack @ (530) 661-2750, ext. 4049**

July 2019

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| 1 Résumé Review 9am-12pm | 2 Interview Practice 9am-12pm | 3 How to Find a Job 9am-12pm | HAPPY INDEPENDENCE * * * * * DAY | 5 - 日共学 - 日 - フェー - 10 - |
| 8 Goals Assessment Day 1 9am-4pm | Goals Assessment Day 2 9am-4pm | 10 How to Write a Résumé 9am-4pm | 11 Interview Tips & Tricks 9am-4pm | 12 Mock Interviews 9am-4pm |
| Resume Review 9am-12pm How to Keep Your Job 1pm-4pm | 16 The Art of Parenting (Woodland) 9:30am-11:30m How to Keep Your Job 1pm-4pm | 17 Computer Basics 9am-12pm | Budgeting 9am-12pm Time Management 1pm-4pm | Dress for Success 9am-12pm |
| Goals Assessment Day 1 9am-4pm | Goals Assessment Day 2 9am-4pm | 24 How to Write a Résumé 9am-4pm | 25 Interview Tips & Tricks 9am-4pm | 26 Mock Interviews 9am-4pm |
| 29 How to Find a Job 9am-12pm | Soft Skills Topic- 9am-12pm Résumé Review 1pm-4pm | Time Management 9am-12pm Budgeting 1pm-4pm | 1 How to Keep Your Job 9am-12pm | Housing Resources Woodland: 9:30am-11:30am West Sacramento: 2pm-4pm |

Employment Center is open Monday through Friday, 8am to 4pm, except Holidays

Employment Center – Main Lobby Mon-Fri, 8am-4pm

Employment Center Staff are available to assist participants with computer research and job search techniques such as applications, cover letters, resumes, interview preparation and debriefing, job leads and employer recruitments. Participants have access to the internet, a copy/fax machine, current job openings and typing tests.

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<u>Goals Assessment:</u> This class will be the induction course to assist participants explore their career interests correlating to their skills, work personality, work values, career interests, barriers to employment and labor market.

Resume: During this class, individuals will learn and get assistance with key fundamentals of creating and writing a successful resume.

<u>Interview Techniques:</u> Participants will learn how to prepare, communicate positively and effectively with employers during an interview.

<u>How to Find a Job:</u> During this interactive class, participants will explore how to make the best use of resources available to them. They will learn how to utilize these resources and apply them to their job search and find the right job for them.

<u>Computer Basics for Job Seekers:</u> Participants will receive introductory computer skills to assist them during their job search.

<u>How to Keep Your Job:</u> Participants get important information to assist them in maintaining positive working relationships, employer expectations, making good impressions and developing ethical work habits.

<u>Budgeting:</u> Participants will obtain information on useful tools to maximize and save their money.

Housing Resources: This class will focus in presenting valuable information regarding housing resources in Yolo County. Participants will also be given important information on how to read and improve their credit report.

<u>Time Management:</u> Participants will receive a guide to successfully utilize their time and develop good scheduling habits.

<u>Soft Skills:</u> This class will present on various topics that provide participants significant professional and personal attributes to help them succeed in the work force.

<u>Dress for Success:</u> Participants will learn about the importance of making a good first impression and the different aspects of projecting a positive professional image.

<u>Art of Parenting:</u> The Art of Parenting: Strengthening Your Family/Building Resilience is a workshop presented by the Family Hui organization. They will be providing various Life Skills topics each month and alternating between the Woodland & West Sacramento offices.



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