

## September 2019

## **Yolo County One-Stop Career Workshop Calendar**

25 North Cottonwood Street, Woodland, CA 95695 500-A Jefferson Boulevard, West Sacramento, CA 95605 To register contact: Sandra Jack @ (530) 661-2750, ext. 4049





Monday	Tuesday	Wednesday	Thursday	Friday
2 HOLIDAY - Offices Closed	Goals Assessment Day 1 9am-4pm	Goals Assessment Day 2 9am-4pm	5 How to Write a Résumé 9am-4pm	6 Interview Tips & Tricks 9am-4pm Read a Book Day
9 Résumé Review 9am-12pm How to Find a Job 1pm-4pm	The Art of Parenting Woodland: 9:30am-11:30am How to Keep Your Job 1pm-4pm	Computer Basics 9am-12pm Mock Interviews 1pm-4pm	Budgeting 9am-12pm Time Management 1pm-4pm	Dress for Success 9am-12pm Yes you CAN Positive Thinking Day
16 Goals Assessment Day 1 9am-4pm	Goals Assessment Day 2 9am-4pm	18 How to Write a Résumé 9am-4pm	19 Interview Tips & Tricks 9am-4pm	20 Mock Interviews 9am-4pm
23 How to Find a Job 9am-12pm	24 Effective Communication 9am-12pm Résumé Review 1pm-4pm	Time Management 9am-12pm Budgeting 1pm-4pm	26 How to Keep Your Job 9am-12pm	Housing Resources Woodland: 9am-11am West Sac: 1:30pm-3:30pm
Goals Assessment Day 1 9am-4pm International Podcast Day	1 October  Goals Assessment Day 2 9am-4pm	2 October How to Write a Résumé 9am-4pm	3 October Interview Tips & Tricks 9am-4pm	4 October Mock Interviews 9am-4pm

Employment Center – Main Lobby Mon-Fri, 8am-4pm Employment Center Staff are available to assist participants with computer research and job search techniques such as applications, cover letters, resumes, interview preparation and debriefing, job leads and employer recruitments. Participants have access to the internet, a copy/fax machine, current job openings and typing tests.

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**Goals Assessment:** This class will be the induction course to assist participants explore their career interests correlating to their skills, work personality, work values, career interests, barriers to employment and labor market.

**Resume:** During this class, individuals will learn and get assistance with key fundamentals of creating and writing a successful résumé.

<u>Interview Techniques:</u> Participants will learn how to prepare, communicate positively and effectively with employers during an interview.

<u>How to Find a Job:</u> During this interactive class, participants will explore how to make the best use of resources available to them. They will learn how to utilize these resources and apply them to their job search and find the right job for them.

<u>Computer Basics for Job Seekers:</u> Participants will receive introductory computer skills to assist them during their job search.

How to Keep Your Job: Participants get important information to assist them in maintaining positive working relationships, employer expectations, making good impressions and developing ethical work habits.

<u>Budgeting:</u> Participants will obtain information on useful tools to maximize and save their money.

<u>Housing Resources:</u> This class will focus in presenting valuable information regarding housing resources in Yolo County. Participants will also be given important information on how to read and improve their credit report.

<u>Time Management:</u> Participants will receive a guide to successfully utilize their time and develop good scheduling habits.

<u>Soft Skills:</u> This class will present on various topics that provide participants significant professional and personal attributes to help them succeed in the work force.

<u>Dress for Success:</u> Participants will learn about the importance of making a good first impression and the different aspects of projecting a positive professional image.

<u>Art of Parenting:</u> The Art of Parenting: Strengthening Your Family/Building Resilience is a workshop presented by the Family Hui organization. They will be providing various Life Skills topics each month and alternating between the Woodland and West Sacramento offices.



