

Yolo County Emergency Medical Services Agency

Protocols

Revised Date: June 1, 2023

ALTERED LEVEL OF CONSCIOUSNESS (ALOC)

Adult Pediatric

Indication

Glasgow Coma Scale (GCS) is < 15 and etiology unclear

BLS

Assess vital signs
Consider SMR for suspected trauma
O₂, titrate SpO₂ to ≥ 94%
Assist ventilations as needed
Temperature
Suction as needed

BLS Local Scope

Blood Glucose Check

Blood Sugar (BS) < 60 mg/dL or un-measurable

Glucose Paste 1 tube by mouth (PO)

<u>Or</u>

Commercially prepared Glucose Solution, 1 bottle by mouth (PO) Do not administer if patient is unconscious, lethargic, or unable to drink fluids

If mental status and respiratory effort are depressed and suspected opioid overdose

Naloxone (Narcan) 2 mg IN

- ½ dose per nare
- May repeat x 1
- Max dose 4 mg

<u>Or</u>

Naloxone (Narcan) Preload IN

• OK to give 4 mg dose as packaged

ALS

Cardiac Monitor, Waveform EtCO₂, Vascular Access



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Adult	Pediatric	
ALS cont.		
BS < 60 mg/dL		
Dextrose 10% 25 gm in NS 250 mL IV/IO Infuse wide open	Dextrose 10% in NS 250 mL IV (See Infusion Chart on the next page) • Infuse wide open	
<u>If no IV/IO</u>	<u>If no IV/IO</u>	
Glucagon 1 mg IM/INNo repeat	Glucagon 0.5 mg IM/IN No repeat	

If mental status and respiratory effort are depressed and suspected opioid overdose

Naloxone (Narcan) 0.1 mg/kg IV/IO/IM

- May repeat x 2 every 2 3 minutes
- Max single dose 2 mg

Or

Naloxone (Narcan) 0.4 mg increments IV/IO

- titrated to a respiratory rate ≥ 12 and SpO₂ of 94%
- May repeat to a max of 6 mg

If unable to obtain vascular access:

Naloxone (Narcan) 2 mg IN

- ½ dose per nare
- May repeat x 1
- Max dose 4 mg

Or

Naloxone (Narcan) Preload IN OK to give 4 mg dose as packaged

Following reversal of overdose

See Opioid Withdrawal Protocol for treatment considerations

Naloxone (Narcan) 0.1 mg/kg IN

- ½ dose per nare
- May repeat x 1
- Max single dose 2 mg

Pediatric Dextrose 10% in 250 mL Infusion Chart		
AGE	WEIGHT	VOLUME D 10% 25 gm
Preemie	2 kg	10 mL
Newborn	3 kg	15 mL
3 months	5 kg	25 mL
6 months	7 kg	35 mL
1 - 2 years	11 kg	55 mL
3 - 4 years	15 kg	75 mL
5 - 6 years	19 kg	95 mL
7 - 8 years	24 kg	120 mL
9 - 10 years	31 kg	155 mL
11 - 15 years	40 kg	200 mL

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ALS cont. Adult Pediatric Consider

- Consider diabetic related complications (hypoglycemia/diabetic ketoacidosis)
- Consider carbon monoxide toxicity
- Consider 12-Lead ECG

AEIOU-TIPS*

- Alcohol
- Epilepsy/Endocrine/Electrolytes/Exocrine
- Insulin/Infection
- Overdose/Oxygen deprivation
- Uremia
- Trauma/Temperature
- Psychosis/Porphyria/Poison
- Stroke/Shock/Sepsis/Space occupying lesion/Subarachnoid hemorrhage

Direction

Contact Base Hospital for additional treatment

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^{*}Refer to appropriate treatment protocol