



Yolo County Emergency Medical Services Agency

Protocols

Revised Date: May 1, 2024

DYSTONIC REACTION	
Adult	Pediatric
Signs & Symptoms	
<ul style="list-style-type: none">• Facial grimaces• Anxiety/restlessness• Protruding tongue/jaw muscle spasm• Torticollis (twisting of the neck)• Oculogyric crisis (circular movement of the eyeballs)• Spasms of the back muscles, causing the head and legs to bend backward and the trunk to arch up	
BLS	
Assess vital signs O ₂ , titrate SpO ₂ to ≥ 94%	
ALS	
Cardiac Monitor, Vascular Access	
Diphenhydramine 1 mg/kg IV/IM/PO <ul style="list-style-type: none">• Max 50 mg	
Direction	
<ul style="list-style-type: none">• Contact Base Hospital for additional treatment	