

Yolo County Emergency Medical Services Agency

Protocols

Revised Date: June 1, 2023

POST RESUSCITATION CARE

Adult Pediatric

BLS

Assess vital signs
O₂, titrate SpO₂ to ≥ 94%
Assist ventilations as needed
Avoid hyperventilation
Temperature

BLS Local Scope

Blood Glucose Check

ALS

Cardiac Monitor, Waveform EtCO₂, Vascular Access 12-Lead ECG (required on all ROSC patients)

BP < 90 & HR > 50 BPM

Fluid Bolus NS 250 mL IV/IO

May repeat as needed

BP < 90 & HR < 50 BPM

Atropine 1 mg IV/IO

- May repeat every 3 5 minutes
- Max dose 3 mg

If no response, consider

PUSH DOSE Epinephrine (1:100,000)

• 1 mL every 1-5 minutes Titrate to SBP > 90

Consider Transcutaneous Pacing

VF/VT ROSC

*Only give Amiodarone if not previously administered during initial resuscitation

Amiodarone Drip 150 mg in D5W 100 mL IV/IO

(100 gtts/min with 10 gtts/mL set)

- Give over 10 minutes
- No repeat

Signs of hypoperfusion

Fluid Bolus NS 20 mL/kg IV/IO

- Titrate to age appropriate SBP
 - * Sustain normothermia

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Direction

- Transport to a STEMI Receiving Center
 - o DO NOT divert from STEMI Center if patient re-arrests, continue to the STEMI Receiving Center
- Transmit 12-Lead ECG to Receiving ED
- Consider sedation if the patient is combative
- Contact Base Hospital for additional treatment

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