

Local Mental Health Board

Director's Report

May 20, 2019

Mental Health Month Events – The month of May is filled with a variety of Mental Health Awareness events including a Consumer Art Show, a Family Carnival and more. Please see attached calendar of events. Additionally, the City of West Sacramento requested information regarding the state of Mental Health in Yolo County and used the data to create a proclamation declaring May 2019 as Mental Health Awareness Month. Karen and Local Mental Health Board Members James, Maria and Sally were invited to receive the proclamation which was signed and presented, on May 17th at the City Council Meeting. Likewise, the Yolo County Board of Supervisors will present a resolution in support of Mental Health and Maternal Mental Health Awareness on May 21st. Local Mental Health Board Chair, James will receive the resolution.

Pine Tree Gardens Advocacy- On May 9th, Yolo County sent a letter supporting the Steinberg Institute's request of \$18 million in funding, per year, for three years, to supplement the current reimbursement rate paid to licensed residential facilities serving a population of Californians with severe and persistent mental illness (with primary psychotic disorder) experiencing homelessness, or at risk of homelessness. This initial investment of \$18 million per year for three years will provide an immediate infusion of resources into the system while longer-term, more-sustainable solutions to this underfunding crisis can be developed. Please see attached letter.

Pacifico- The County Administrator's Office, HHS and City of Davis are continuing with efforts to move the Pacifico Adult Residential Facility (ARF) project forward. On May 14th, the Davis City Council heard an item to address existing safety concerns on the campus. Once those issues are addressed, the ARF project can start moving through the City's conditional use permit process. To address concerns of residents in the neighborhood surrounding Pacifico. Communicare is now searching for an alternate 5/day per week location for the Navigation Center.

Medication Assisted Treatment- There have been several efforts to expand access to Medication Assisted Treatment (MAT) for Yolo County residents over the past year. As part of launching the Drug Medi-Cal Organized Delivery System (DMC-ODS) waiver July 1st, Yolo County contracted with 2 Narcotic Treatment Program (NTP) providers (CORE Medical and BayMark Clinics) with a total of 4 locations (3 in Sacramento and 1 in Fairfield). Prior to this launch, CommuniCare Health Centers and CORE Medical were awarded a Hub & Spoke grant through the Department of Healthcare Services to expand MAT access and a requirement of this grant was to open an NTP within the County borders. To continue access expansion and meet the needs of the Hub & Spoke grant, CORE Medical will be opening a West Sacramento site at 3990 Industrial Blvd West Sacramento CA 95691 in the next few weeks. They have passed their DEA and Drug Medical site reviews, are hiring staff, and will open doors shortly. As a reminder, to get into substance use services with Yolo County, a client can call 1-888-965-6647.

SAB-G/DMC ODS Audit- On May 8th and 9th, HHS staff hosted reviewers from the Department of Healthcare Services (DHCS) for our annual substance use audit. The Substance Abuse Block Grant (SABG) and Drug Medi-Cal Organized Delivery System (DMC-ODS) Waiver are the two main funding streams for Yolo County clients needing substance use treatment. This was the first year Yolo County was participating in the DMC-ODS waiver which has had, and continues to have, many changes from the state and federal levels, so staff were unsure exactly which requirements the department would focus on. There were 41 items included in the SABG review and 65 in the DMC-ODS review, many with additional components within each item. Preliminary results provided by DHCS show that Yolo County was 95% in compliance with the SABG items and 91% in compliance with the DMC-ODS items. HHS staff anticipates being in full compliance with the SABG requirements and over 95% in compliance with DMC-ODS items within 30 days.

Governor's May Revision – Whole Person Care

The May Revision includes an additional \$20 million in one-time funding (Mental Health Services Fund) over five years to expand Whole Person Care to counties that do not currently operate a pilot. This proposed investment is in addition to the \$100 million in the Governor's January budget.

Peer-Run Mental Health Crisis Line

The May Revision includes \$3.6 million (Mental Health Services Fund) annually for three years to provide support for a statewide peer-run mental health crisis line.

Substance Use Disorder

The May Revision includes \$21.5 million in Proposition 64 funds for competitive grants to develop and implement new youth programs in the areas of education, prevention and early intervention of substance use disorders. The funds are continuously appropriated.

Council on Criminal Justice and Behavioral Health Juvenile Justice Roundtable –

The Council on Criminal Justice and Behavioral Health (CCJBH) hosted Juvenile Justice Roundtable of subject matter experts on April 30th. Karen was on the morning panel and addressed the link between trauma and criminal justice involvement. This event was facilitated by CCJBH Council Member Mack Jenkins, former Chief Probation Officer, San Diego County. The objective of the juvenile justice roundtable was to gather insight from experts regarding critical issues affecting youth who are justice involved and struggling with serious substance use and mental health disorders. Presenters focused on priority issues which included the link between juvenile justice and homelessness, issues impacting LGBTQ youth, the significant racial and ethnic disparities in the juvenile justice system, and youth with incarcerated parents.

Homeless PIT Count draft report- HHSA staff submitted the 2019 sheltered and unsheltered report to Housing and Urban Development (HUD) by the due date of April 30th. Additionally, staff has worked with Homelessness and Poverty Action Coalition (HPAC) on a draft 2019 Point in Time County Report which provides much more in depth analysis of the survey results than HUD requires. The format is based off the 2017 report which can be found here, <https://www.yolocounty.org/home/showdocument?id=55899>, and will be finalized after an upcoming review by HPAC staff. Countywide, the overall sheltered and unsheltered count went from 459 in 2017 to 655 in 2019, with an increase in unsheltered from 209 in 2017 to 397 in 2019. This report is the result of a number of county, city, and provider staff dedicating time to not only survey administration on the night of the count, but on reviewing information and ensuring accuracy.

Forensic ACT Team RFP – In late June, HHSA is planning to release a Request for Proposals to implement a Forensic Assertive Community Act (F-ACT) Team. The target population for these services will be seriously mentally ill adults who meet the criteria for Full Service Partnership, are living homeless or who have a history of homelessness, and who are involved in the criminal justice system. The program will maintain an enrollment of 50 individuals. It is hoped that services will start by January, 2020.

Children's Mental Health –

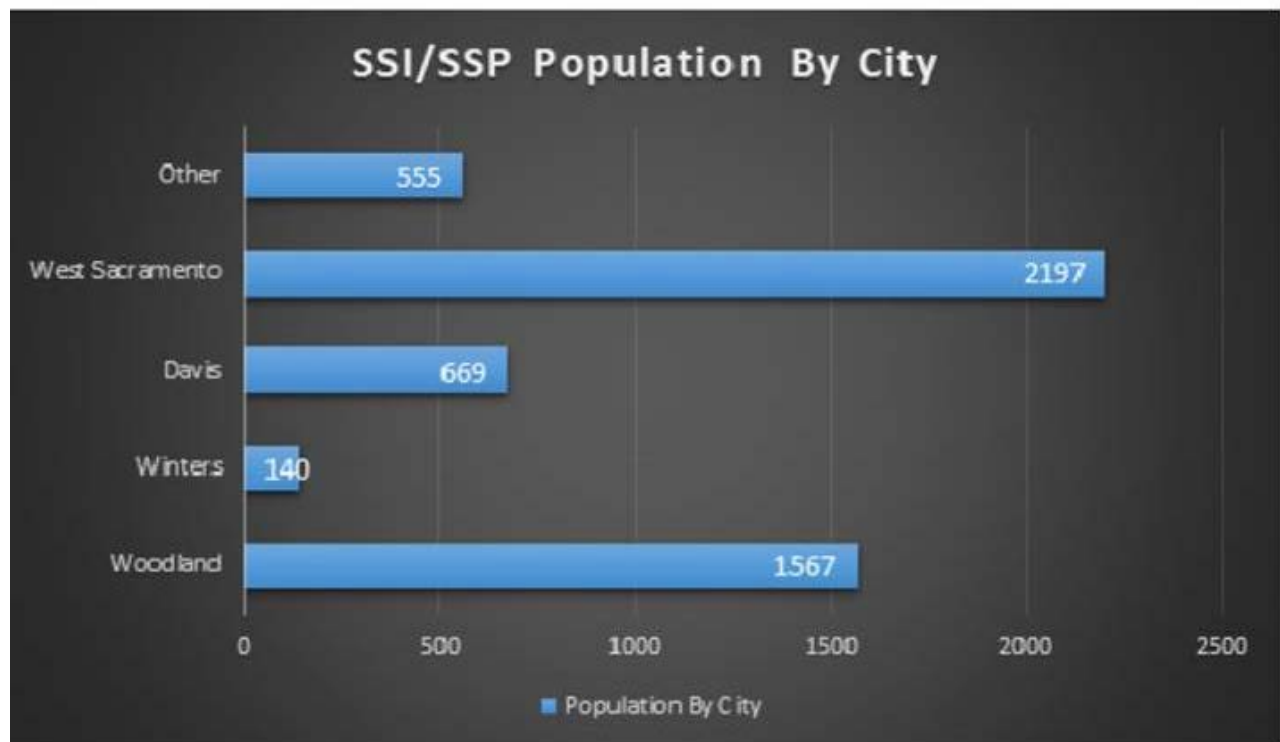
- The HHSA Child Youth and Family Branch hired a Deputy Director who will start on June 10th. The new Deputy Director, Karleen Jakowski, was the Deputy Director of Health and Human Services for Yuba County, overseeing Child Welfare, Adult Services and CalWORKS Employment Services. In her new role with Yolo County HHSA, Karleen will oversee the Children's Medical Services program, Children's Mental Health and the CQI team.
- To fully integrate HHSA's mental health services available to youth and young adults in Yolo County, the Transition Age Youth (TAY) Mental Health team will transition to HHSA's Child, Youth & Family (CYF) Branch. This move will support youth in the children's mental

health system to receive comprehensive care from their early teen years, through their 20's when needed.

2019/2020 Strategic Plan HHSA Executive Leadership Team has finalized the FY2019/20 Agency Strategic Plan. Please attached plan.

Social Security Income (SSI) Cash Out- With the implementation of the Social Security Income (SSI) Cash-out or CalFresh Expansion, starting June 1 2019, many Yolo County seniors and disabled residents who were previously ineligible for CalFresh may now qualify. CalFresh provides low income families and individuals with financial means to purchase healthy and nutritious food. Prior to this change, SSI recipients were precluded from receiving CalFresh benefits. SSI recipients will now qualify for benefits ranging from \$15 to \$195 per month depending on income and other eligibility factors. Today in Yolo County, we have a little over 17,000 residents on CalFresh and we're anticipating that this change will increase those who are eligible by 5,000. Due to this significant growth in potential recipients, the HHSA Service Center Branch has been gearing up with additional staff, resources, outreach and trainings to meet this increased demand.

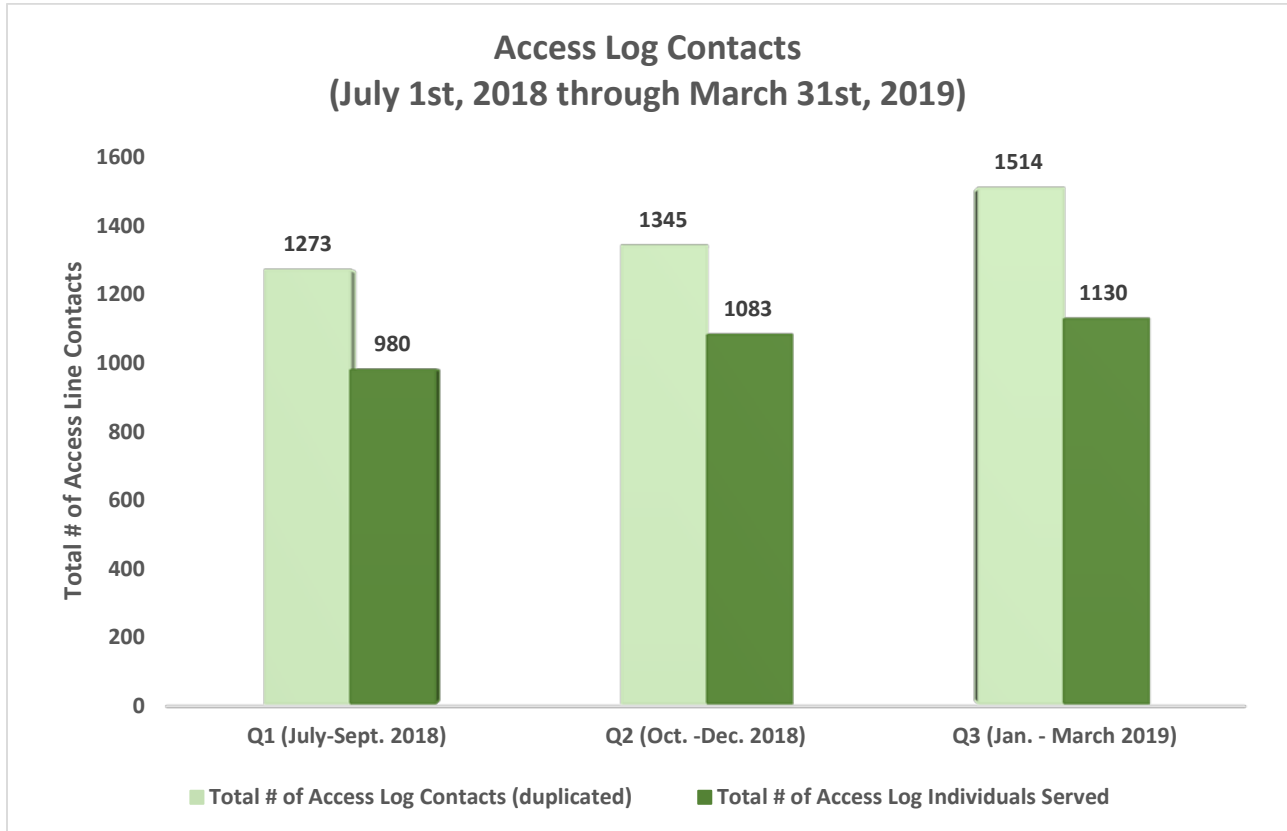
The population represented below shows Yolo County SSI and SSP recipients by City. This is the population of individuals who may become eligible for CalFresh benefits with the implementation of the Social Security Income (SSI) Cash out or CalFresh Expansion starting June 1, 2019.



Access Log Data

On July 1, 2018, Yolo County implemented a new Access Log, designed to capture all calls to the 24-7 Access Line (888-965-6647), as well as requests for services in-person and via written referrals. The following data provides a summary the volume and type of requests received between July 1, 2018 – March 31, 2019.

Figure 1

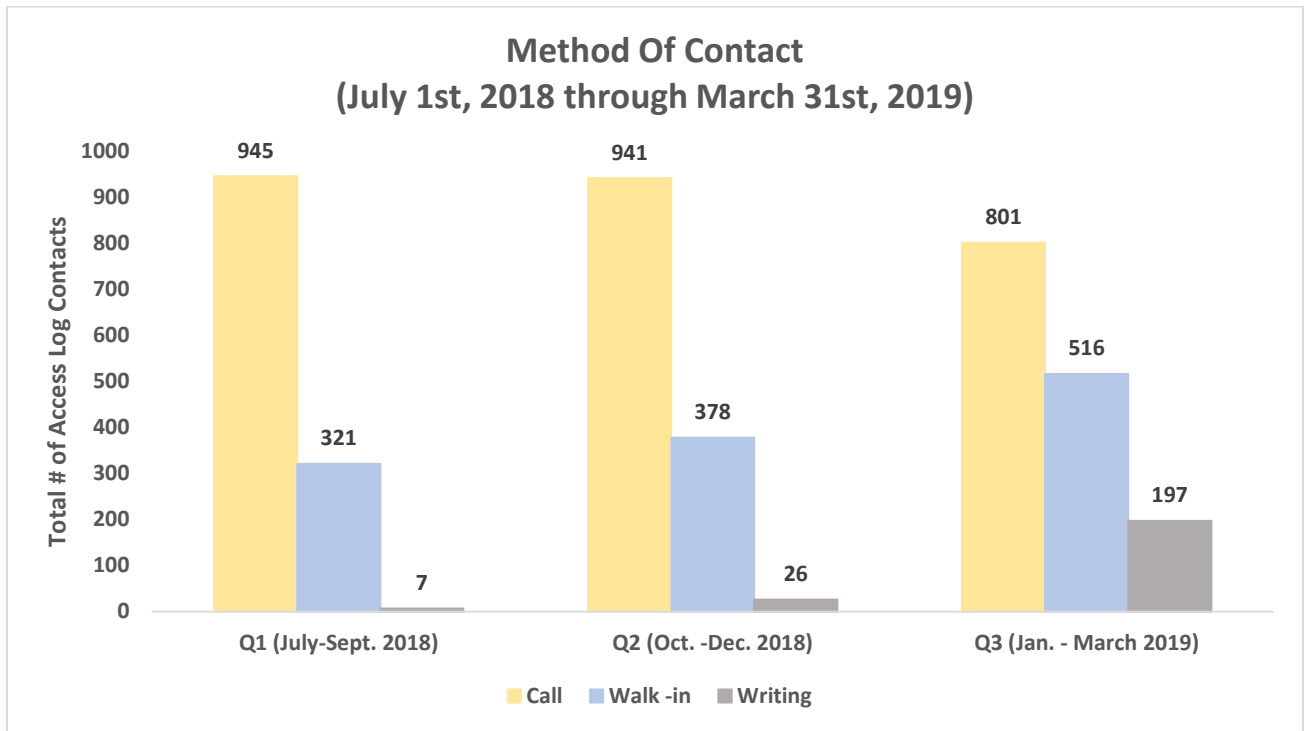


Source Data: Avatar Admission/Discharge Report

	Q1 (July-Sept. 2018)	Q2 (Oct.-Dec. 2018)	Q3 (Jan. - March 2019)
Total # of Access Log Contacts (Duplicated)	1273	1345	1514
Total # of Access Log Individuals Served (Unduplicated)	980	1083	1130

Figure 1 represents all Access contacts entered within the Access Log and the total number of individuals that made contact, for the time period of July 1st, 2018 through March 31st, 2019. Source Data: Avatar Admission/Discharge Report. There has been an 18% increase in contacts during this time period.

Figure 2

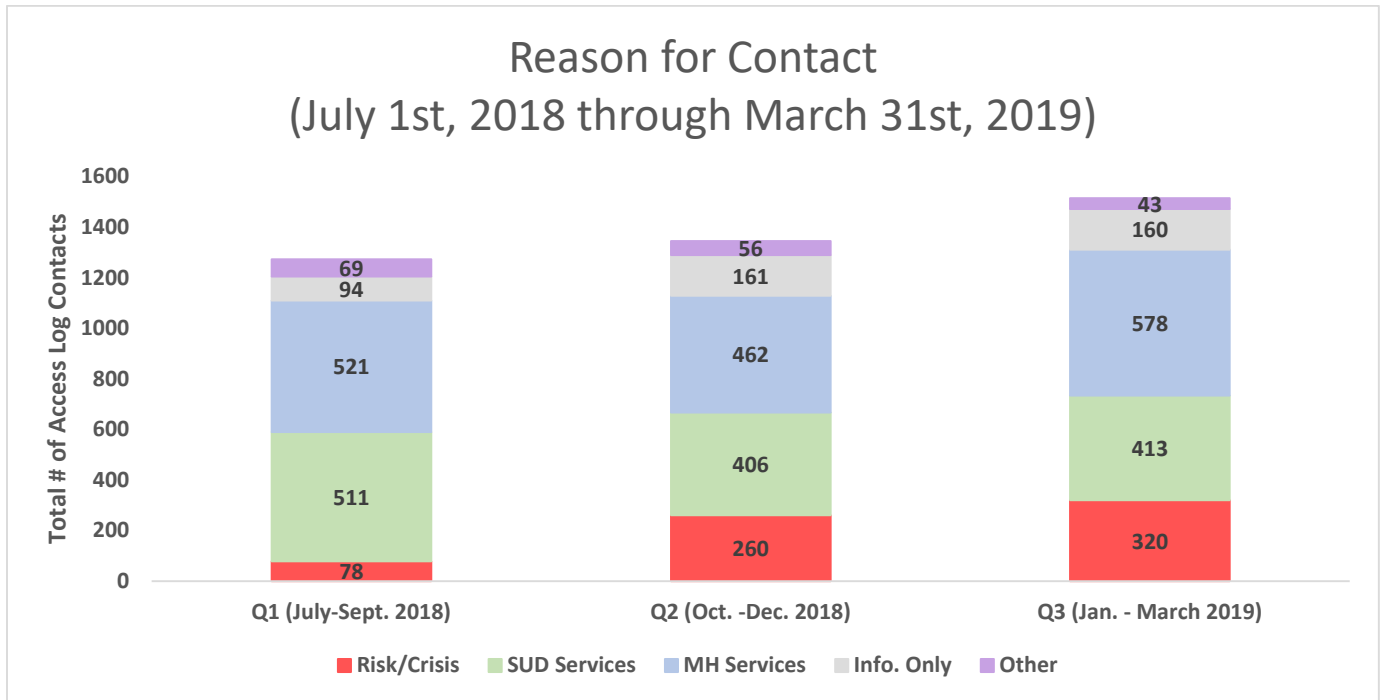


Source Data: Avatar Admission/Discharge Report

	Q1 (July-Sept. 2018)	Q2 (Oct. -Dec. 2018)	Q3 (Jan. - March 2019)
Call	945	941	801
Walk -in	321	378	516
Writing	7	26	197
Total # of Access Log Contacts (Duplicated)	1273	1345	1514

Figure 2 data represents the method of contacting yolo County for all Access contacts entered within the Access Log for the time period of July 1st, 2018 through March 31st, 2019.. The majority of Access contacts occur over the phone.

Figure 3



Source Data: Avatar Admission/Discharge Report

	Q1 (July-Sept. 2018)	Q2 (Oct. -Dec. 2018)	Q3 (Jan. - March 2019)
Risk/Crisis	78	260	320
SUD Services	511	406	413
MH Services	521	462	578
Info. Only	94	161	160
Other	69	56	43
Total # of Access Log Contacts	1273	1345	1514

Figure 3 represents the reason for contact for all Access contacts entered within the Access Log for the time period of July 1st, 2018 through March 31st, 2019. The majority of contacts were requests for Mental Health (33%) or Substance Use (38%) services.



2019

MAY IS MENTAL HEALTH AWARENESS MONTH

Complete an "Each Mind Matters" Green Ribbon this month!

Outing to Sutter-Yuba Rally

Thursday, May 2nd

For details, please contact Linda Hernandez-Fogle at 530-666-8630.

Cultural Competence Committee's May is Mental Health Month Welcoming Event*

Friday, May 10th: 11:30am-1:00pm

View directing change videos and enjoy refreshments including the Stop The Stigma Salsa Bar.

Consumers Art Show Preview

Friday, May 17th: 11:00am-1:00pm
1110 West Capitol Ave, West Sacramento Ca 95691

Transition Age Youth World Premiere Of Digital Stories at the Davis Wellness Space

May 20th 3:30pm-5:30pm (600 A Street, Davis CA 95616)

Mental Health Matters Day at State Capitol & Wear Green Day Campaign

Wednesday, May 22nd: 9:30am-2:00pm

Outing: Sacramento River Cats Mental Health Matters Night

Friday, May 24th

Face Painting, Photo Booth, Balloons, Corn Hole, Sensory/Art Coping Table, Food Table, Mental Health Awareness, Music, Spoken Word Artists and more!

Children's Wellness Center Carnival*

Bauer Bldg Playground and Parking Lot
Tuesday, May 28th: 4:00pm-7:00pm

Join us for an art exhibit and contest by Yolo County Mental Health Consumers! Community, staff and consumer are invited to attend and cast votes.

Consumer Art Show*





Walker Room, Bauer Bldg
Thursday, May 30th: 11:00am-4:00pm

Each Mind Matters Green Ribbons: Get Involved by completing a ribbon!

The whole month of May!

Blue Dot Campaign (Maternal Mental Health Month)*

The whole month of May!

MON	TUE	WED	THU	FRI
		1	2 ● Outing: Sutter-Yuba Rally	3
6	7	8	9	10 ● Cultural Competence Committee's May is Mental Health Month Welcoming Event*
13	14	15	16	17 ● Consumers Art Show Preview, West Sacramento
20 ● TAY World Premiere of Digital Stories at the Davis Wellness Space	21	22  ● Mental Health Matters Day at State Capitol & Wear Green Day Campaign	23	24 ● Outing: Sacramento River Cats Mental Health Matters Night
27	28  ● Family Carnival*	29	30 ● Consumers Art Show*	31

*Location: Yolo County Health and Human Services, Bauer Building, 137 N. Cottonwood Street, Woodland, CA



COUNTY OF YOLO

Board of Supervisors

District 1, **Oscar Villegas**
District 2, **Don Saylor**
District 3, **Gary Sandy**
District 4, **Jim Provenza**
District 5, **Duane Chamberlain**

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www.yolocounty.org

County Administrator, **Patrick S. Blacklock**
Deputy Clerk of the Board, **Julie Dachtler**

May 9, 2019

The Honorable Dr. Richard Pan
Chair, Senate Health and Human Services Budget Subcommittee 3

The Honorable Eloise Gómez Reyes
Chair, Assembly Health and Human Services Budget Subcommittee 1

RE: Budget Request - Preserving the Safety Net for Low-income People with Mental Illness, and Preventing Homelessness

Dear Chairs Pan and Reyes,

Yolo County supports the Steinberg Institute's request of \$18 million in funding, per year, for three years, to supplement the current reimbursement rate paid to licensed residential facilities serving a population of Californians with severe and persistent mental illness (with primary psychotic disorder) experiencing homelessness, or at risk of homelessness.

Statewide, this funding would increase reimbursement rates for 1,500 people. This three-year request is intended as an initial investment to address the immediate, urgent need to infuse resources into this system of care; due to chronic underfunding, facilities have been closing and licensed beds are being lost permanently. On July 1, 2019, when minimum wage increases, we anticipate a significant increase in these closures statewide. Raising the reimbursement rate from \$1,058 to \$2,058 would ensure residential facilities in Yolo County could sustainably continue to accept and care for this vulnerable population. This initial investment of \$18 million per year for three years will provide an immediate infusion of resources into the system while longer-term, more-sustainable solutions to this underfunding crisis can be developed.

For these reasons, Yolo County urges your support.

Sincerely,

Don Saylor
Chair, Yolo County Board of Supervisors

cc: The Honorable Bill Dodd
The Honorable Cecilia Aguiar-Curry
The Honorable Kevin McCarty

Yolo County Health and Human Services Agency

2019-2020 Strategic Plan

Vision: Yolo County residents are healthy, safe, and economically stable.

GOAL 1: Improve Outcomes for Clients and the Community

Residents are Safe:

- ◆ Increase HHS employees ability to respond to emergencies
 - ◆ *% of essential employees who have completed emergency preparedness training*
- ◆ Reduce the recurrence of child abuse
 - ◆ *# of children who experience subsequent abuse (recurrence) within 12 months of closing an investigation*

Residents are Healthy:

- ◆ Reduce transmission of sexually transmitted diseases
 - ◆ *# of cases of syphilis per 100,000*
- ◆ Increase timely linkage of children and adults to appropriate level of mental health care
 - ◆ *% of children and adults who receive first appointment post psychiatric hospitalization within 7 days*

Residents are Economically Stable:

- ◆ Increase self-sufficiency of CalWORKs participants
 - ◆ *# of participants who exited CalWORKs due to earned income within 1 year of beginning Welfare to Work program*
- ◆ Increase enrollment of eligible residents in CalFresh
 - ◆ *# and % of residents receiving CalFresh*
- ◆ Increase self-sufficiency of individuals experiencing homelessness in Yolo County
 - ◆ *# and % of participants who increase income while receiving Agency case management*

GOAL 2: Ensure Fiscal Health

- Align Agency's fiscal structure to include budgets and performance measures by program.
- Expand Agency's ability to produce accurate and timely administrative and financial reports.
- Invest in infrastructure and technology that will streamline and automate administrative functions to increase efficiencies.
- Prepare for the economic downturn by:
 - Establishing Agency reserve policy for non-categorical funds; and
 - Pursuing designation as an integrated health and human services agency from State.

GOAL 3: Strengthen Integration

- Expand training curriculums that offer employees the tools they need to do their jobs.
- Increase employee recruitment, engagement and retention in classifications with frequent turnover.
- Evaluate and plan for long-term space needs of Agency.
- Assess opportunities to improve client outcomes through multi-disciplinary work.
- Increase internal and external communications regarding Agency programs.

GOAL 4: Make Data Informed Decisions and Create a Culture of Quality

- Assess the impact of Agency programs by establishing routine monitoring groups and quality improvement efforts for all identified strategies.
- Establish a process for creating, approving and updating program performance measures.
- Establish standards for active contract management in Agency.
- Conduct contract procurements that align internal program and external contract performance measures.

