Yolo County Maternal Child & Adolescent Health Advisory Board



2018-19 Annual Report

BOARD OF SUPERVISORS MEETING - JUNE 25, 2019

PRESENTER: CAROLYN CAMPOS, RN, MSN
MCAH ADVISORY BOARD CHAIR

2018-19 Yolo County MCAH Advisory Board Chair Message

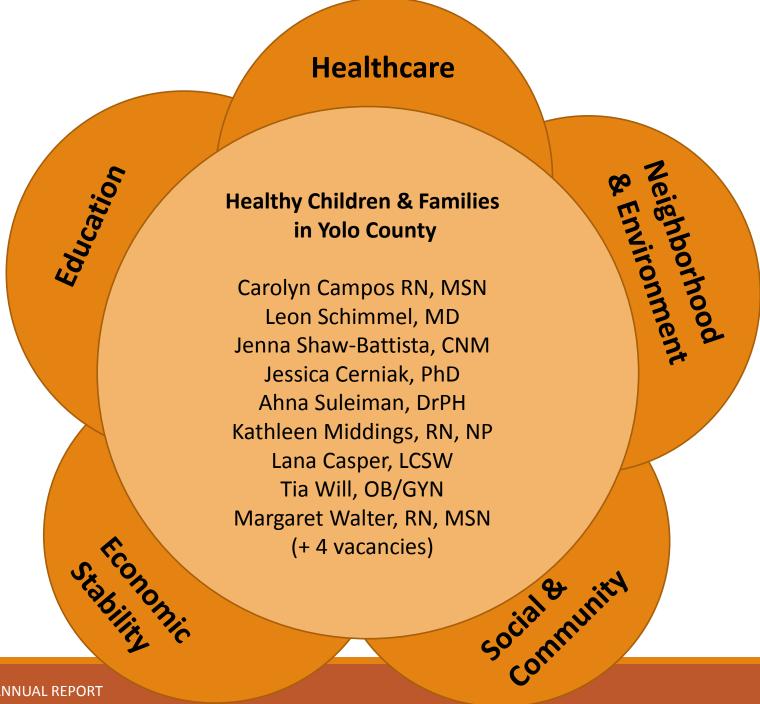


Yolo County MCAH Advisory Board

Mission Statement

To proactively work to preserve, promote and enhance health and support systems for Yolo County women, children, adolescents and their families.

2018-2019 Yolo County MCAH Advisory Board Members



Yolo County MCAH Advisory Board Affiliated Organizations





































SUCCESS

Where Yolo County does better than others...



Infants

Exclusive breastfeeding at hospital discharge.

Yolo 82.6% CA 69.8%



Toddlers & Preschoolers

Up to date on vaccinations

Yolo ~98% CA Goal <u>> 95%</u>



School Aged Children

Up to date on vaccinations

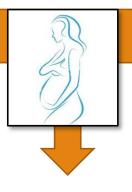
Yolo ~98% CA Goal > 95%



Teens and Young Adults

Teen pregnancy rates are down

Yolo rate = 7.7 CA rate = 15.7 (per 1000 births to 15-19 y/o)



Women & Mothers

Yolo County mothers have low C-section rates

Yolo rate 18.3 CA rate 25.8 (per 100 births, 2013-2015)

Opportunities to help our MCAH population thrive



Infants

Exclusive
Breastfeeding at 6
months

Only 27.7% of WIC moms exclusively breastfeeding @ 6mos



Toddlers & Preschoolers

Substantiated child abuse and neglect

44% increase between 2016 vs 2017



School Aged Children

Overweight & Obesity

1 in 3 kids are overweight or obese by 7th grade



Teens and Young Adults

Sexually Transmitted Infections

Chlamydia rates for ages 15-19 climbed while CA rates flattened



Mothers

Maternal Mental Health

Up to 15% of hospitalized pregnant women had a mental health diagnosis

Barriers to ACCESS

A Cross cutting theme at MCAH Advisory Board Meetings in 2018-19

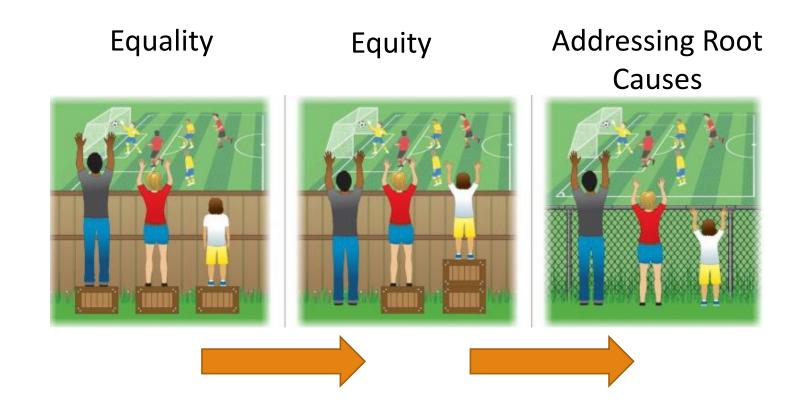
More than half of families with school aged kids are living with increased stressors related to poverty

Yolo County children ages 5-17, eligible for free and reduced price school meals



Yolo County MCAH Advisory Board

2019-2020



To understand past efforts that Yolo County has succeeded in...

To apply those learnings to optimize thriving children and families.

Key Findings & Recommendations

- Poverty, and its effects, are a root cause of poor health outcomes for the MCAH population
- Addressing poverty and inequality head-on would improve numerous outcomes for women, children, and their families
- Despite poverty being identified as a fundamental driver of health and social concerns, no entity in Yolo County is focused solely on poverty reduction
- In order to address poverty directly, the MCAH Advisory Board recommends the Board of Supervisors and other stakeholders form a community leadership collaborative focused exclusively on poverty reduction strategy development and implementation