



COUNTY OF YOLO

HEALTH AND HUMAN SERVICES AGENCY

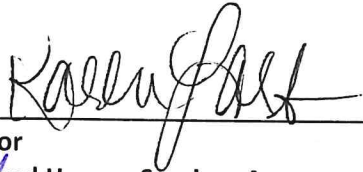
POLICIES AND PROCEDURES

SECTION 5, CHAPTER 11, POLICY 026

MEDICATION EDUCATION GROUP

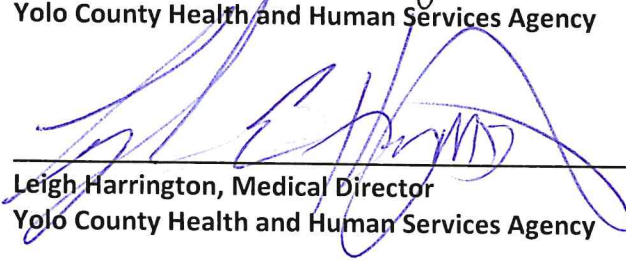
- A. PURPOSE:** To provide Yolo County Health and Human Services Agency (HHSA) nursing staff with guidelines for facilitating medication education groups in the Wellness Center(s) for HHSA clients interested in further information about prescribed psychiatric medications.
- B. FORMS REQUIRED/ATTACHMENTS:** N/A
- C. DEFINITIONS:** N/A
- D. POLICY:** HHSA medication education groups are for HHSA clients who are interested in learning more about prescription psychiatric medications. Non-compliance with psychiatric medication regimens can contribute to a relapse of psychiatric symptoms and result in inpatient psychiatric care and the need for higher levels of care in the community. Common medication questions can more efficiently be addressed in groups. Examples of topics that may be addressed include, but are not limited to: benefits of medication compliance; medication interactions; managing common side effects; medication organization techniques (e.g., bubble packs, calendar, pill boxes, telephone reminders); pros and cons of long-acting injections; treatment authorization request (TAR) for non-formulary drugs; and other client questions. Medication education groups are intended to help improve compliance through education and support of HHSA clients.
- E. PROCEDURE**
1. Medication education groups will be offered to HHSA clients in the Wellness Center.
 2. Medication education groups will occur once per month as scheduled in collaboration with the Wellness Center. Groups will be re-scheduled to an alternate day, if necessary, due to any holidays or unforeseen circumstances.
 3. Medication education groups will have a maximum of eight (8) clients.
 4. Medication education groups will be facilitated by a licensed Registered Nurse (RN).
 5. Groups are meant to answer general questions regarding medications that could benefit group members. Clients needing additional personal consultation regarding their medication will be offered a one-on-one appointment with the nurse or their prescriber.
- F. REFERENCES:** N/A

Approved by:



Karen Larsen, Director
Yolo County Health and Human Services Agency

7/31/19
Date



Leigh Harrington, Medical Director
Yolo County Health and Human Services Agency

7/29/19
Date