

Yolo County MCAH Advisory Board

August 21, 2019
Minutes

CAROLYN CAMPOS, CHAIR
JESSICA CERNAK, VICE-CHAIR

YOLO COUNTY HEALTH AND HUMAN SERVICES AGENCY

GONZALEZ BUILDING
25 NORTH COTTONWOOD STREET,
#167 COMMUNITY ROOM
WOODLAND, CA 95695

Yolo County MCAH Advisory Board

Minutes – August 21, 2019

The Yolo County MCAH Advisory Board met on the 21st Day of August 2019 in the Community room at the Gonzales Building at 25 North Cottonwood Street, Woodland, CA at 8:30 a.m.

VOTING MEMBERS PRESENT:

Carolyn Campos RN, Sutter Davis Hospital; Jenna Shaw-Battista, PhD, RN, NP, CNN, FACNM, CommuniCare Health Centers; Lana Casper, Yolo County Children Alliance, Step by Step; Jessica Cerniak, Psy.D., The Chicago School of Professional Psychology; Ahna Suleiman, Community Member; Margaret Walter, RN, BSN, MBA, UC Davis; Tia Will, MD, Retired OB-GYN-Community Member;

VOTING MEMBERS ABSENT:

Kathleen Middings, RN, Woodland Joint Unified School District; Leon Schimmel, MD, CommuniCare Health Centers; Stephen Nowicki, MD, PhD, FAAP, Woodland Health Care; Katherine Eastham, MD, Kaiser Permanente

STAFF & GUESTS PRESENT:

Lizeth Betancourt, HHS; James Burke, Partnership HealthPlans of California; Mariah Ernst-Collins, ASW, CATC, Yolo County Office Education; Cindy Martin, HHS; Sandeep Shahi, Sr PHN, HHS; Anna Sutton, RN PHN, MSN, HHS; Gina Daleiden, First 5 Yolo; Haydee Dabritz, HHS; Rosa Gregorio; Children's Home Society; Suzane Eiceon-Ton, CommuniCare Health Centers

8:30 A.M. CALL TO ORDER

1. WELCOME AND INTRODUCTIONS – *Carolyn Campos, Chair*

The August 21, 2019 MCAH Advisory Board meeting was called to order at 8:40 a.m., at which time around the table introductions occurred and quorum was confirmed.

2. CONSIDER APPROVAL OF AGENDA – *Carolyn Campos, Chair*

Motion: **Second:** **Discussion:** None **Vote:** Unanimous

3. APPROVE THE MAY 15, 2019 & JUNE 19, 2019 MINUTES – *Carolyn Campos, Chair*

Motion: **Second:** **Discussion:** None **Vote:** Unanimous

4. MCAH ADVISORY BOARD – WELCOME NEW MEMBERS – *Carolyn Campos, Chair*

- We are close to having all of our vacancies filled
- We had an application from a parent, Cherrie Blair. She has not been appointed yet. She will fill category A
- Kathy Eastham, Pediatrician at Kaiser has been appointed to the board. She will fill category E

5. PUBLIC COMMENT

- **Tia Will:** Shared that at the September 10 board meeting she will be presenting a Proclamation regarding detention camps at the United States boarders.
- **Nicole Mion:** Shared that Help Me Grow Yolo County has organized a training through Strategies that will be September 4, 2019, in the Gonzales Building from 8:00-4:00 on facilitating chance and motivational interviewing. This is a free training. You can register at Strategies.ca.org
- **Ahna Suleiman:** Shared that the California State Board of Education is recruiting applicants for their Instructional Quality Commission. This a very critical time to have people that are focused on health. The health standards are being reviewed for the first time in 12 years. It is a 4-year appointment and they are accepting applications until October 9th. If anyone is interested, you can go to the California Department of Education website and you will find a link to apply. They also have a program where they offer a 1-year appointment for high school students.
- **Lizeth Betancourt:** Shared that August is National Breastfeed month and they celebrate the first week of August for World breastfeeding week. This year they will also be celebrating black world breastfeeding week. The Breastfeeding Coalition is meeting September 13th and they will be developing a survey to find out where they can find support for breastfeeding mothers as well as where the gaps are. Anyone who is interested in helping with the development of this survey is invited to attend. They are also working on their milk drive, which will be held on December 5th. They are currently looking for a place to host the event.

PRESENTATIONS

6. FOLLOW UP DATA REQUESTS FROM BOARD OF SUPERVISORS ANNUAL REPORT – Haydee Dabritz, Epidemiologist
HANDOUT:

- **Anna Sutton & Carolyn Campos:**
 - The report was very well received by the Board of Supervisors and our message was very well received.
 - Brian will be presenting the report at September's Health Council Meeting.
 - The board would like all presentations to begin using the template that we used for our presentation.
 - There were follow up request from the Board of Supervisors; we were asked to do some heat mapping of where our success where and where our opportunities are by zip code if possible.
- **Haydee Dabritz:**

Strength Areas in Yolo County:

 - **C-Sections:**
 - C-sections rates are low around in our county hospitals.
 - In the rural areas of the county our C-Section rates are a lot higher; this could be due to the fact that these women deliver out of county; 25% of our births are out of county
 - **Vaccines:**
 - Vaccination rates are really good in the county.
 - Our immunization clinic is very good about encouraging our clients to see their Primary Care Physician for their immunizations so that someone is monitoring the child and making sure that they receive their vaccines on schedule.
 - We have just found out that we cannot transport the vaccines for children (VFC) on ice in coolers to other sites.
 - VFC's need to be checked twice a day to ensure that the refrigerator is at the correct temperature.
 - We can no longer have clinics for children at other sites as we did in the past.
 - We do not receive the immunization data for children in Dunnigan because the schools they attend are out of our County.
 - Our immunization rates are higher than that of the state
 - **Breastfeeding:**
 - We have been very successful in breastfeeding because of the support in the County

Areas of Improvement Needed:

 - **Childhood Obesity:**
 - The rates throughout the County's school districts are high, but those of the rural areas are much higher, except in Davis
 - 1 in 4 kids in most of the county is overweight except in Davis
 - 4 out of 10 in the Esparto/Guinda school district are overweight
 - **Women Ages 15-24 Hospitalized for a Mental Health:**
 - The percentages are higher in the rural areas of the County and on the west side of Woodland
 - Our rates are high compared to those of the state
 - **Child Abuse:**
 - This data is not available by city or regions, HHS would have to do this for us
 - The number of cases of neglect went up the most and there is a chart that shows that
 - As a follow up item we should have someone from Child, Youth, and Family to come and speak on the type of cases that they receive for neglect
- **Anna Sutton:** Proposed that as an Advisory Board we redefine the social determinants of health to be, where we live, work, play, and give birth and that we rebrand ourselves as the Maternal/Paternal Adolescent Health Advisory Board so that we are more inclusive

- 7. APPRECIATIVE INQUIRY EXERCISE – MATERNAL/INFANT HEALTH – Carolyn Campos, Chair**
- Due to time limitations the group this exercise will be pushed back to September’s meeting

ANNOUNCEMENTS

- 8. MEMBER ANNOUNCEMENTS/SHARING**
- **Jenna Shaw-Battista:** Project Manager Position for their new Child Project Program is open. They are looking for a Nurse or someone with Project Management data experience to run the Program for 3-5 years, to coordinate with multiple programs across the county as well as behavioral health and perinatal in CommuniCare sending out perinatal social workers and behavioral health social worker to do homes visit with HFA workers. CommuniCare received another national award from the American College of Nurses/Midwives for the lowest singleton cesarean birth rate.

ADJOURNMENT

- 9. Next Meeting: September 18, 2019**
- Proposed Topics
- Appreciative Inquiry: What has worked in Yolo County: Toddlers and Preschoolers?
 - Appreciative Inquiry: Maternal/Infant Health

10:00 A.M. ADJOURNMENT

Respectfully submitted by:



Gaby Castaneda, Secretary
Yolo County MCAH Advisory Board