



COUNTY OF YOLO

Office of the County Administrator

Patrick S. Blacklock
County Administrator

625 Court Street, Room 202 ▪ Woodland, CA 95695
Phone: (530) 666-8042 ▪ Fax: (530) 668-4029
www.yolocounty.org

Jenny Tan
Communications Coordinator
Jenny.Tan@yolocounty.org

FOR IMMEDIATE RELEASE
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Contact: Jenny Tan, Communications Coordinator
W: (530) 666-8042 ▪ C: (530) 908-8170

Free Yolo County Flu Vaccination Clinics

(Woodland, CA) – The Yolo County Health and Human Services Agency will be holding the following free influenza vaccination clinics this fall:

- **October 16, 9:00 a.m. - 12:00 p.m.** University Covenant Church 315 Mace Blvd. in Davis
- **October 16, 4:30 - 7:30 p.m.** West Sacramento Recreation Center, 2801 Jefferson Blvd. in West Sacramento
- **November 6, 4:00 - 7:00 p.m.** Winters Community Center 201 Railroad Ave. in Winters

In addition to getting a flu shot, follow these simple steps to avoid getting the flu:

- Wash hands often with soap and water.
- Regularly clean commonly-touched surfaces, like countertops, doorknobs, telephones.
- Don't share cups, straws or anything that goes in the mouth.
- Cover nose and mouth when coughing and sneezing, and promptly throw away used tissues.
- Stay home if sick.

Other important factors that help prevent sickness include:

- Eating more whole grains, vegetables and fruits.
- Getting enough rest and staying physically fit to help the body fight off disease.
- Not smoking and reducing exposure to secondhand smoke.

For more information about the flu, visit Yolo County's Influenza page at: www.yolocounty.org/Flu.

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Attachment: Flu Clinic Flyer in English and Spanish

TAKE ACTION!

FIGHT FLU

INFLUENZA

Yolo County has teamed up with city and community partners to provide free flu clinics for residents!



GET YOURSELF AND YOUR FAMILY VACCINATED!

IT'S FREE!

DAVIS	WEST SACRAMENTO	WINTERS
<p>October 16, 2019 9:00 am - 12:00 pm</p> <p>University Covenant Church</p> <p>315 Mace Blvd. Davis, CA</p>	<p>October 22, 2019 4:30 - 7:30 pm</p> <p>West Sacramento Recreation Center</p> <p>2801 Jefferson Blvd. West Sacramento, CA</p>	<p>November 6, 2019 4:00 - 7:00 pm</p> <p>Winters Community Center</p> <p>201 Railroad Ave. Winters, CA</p>

For more information, please call the Yolo County Immunization Program (530) 666-8552.
The Yolo County Immunization Program is a part of the Yolo County Health and Human Services Agency Community Health Branch.

¡TOMAR ACCIÓN!

COMBATA LA INFLUENZA

¡USTED Y SU FAMILIA DEBEN VACUNARSE!

¡El Condado de Yolo se ha asociado con socios de la ciudad y la comunidad para proporcionar clínicas GRATUITAS de gripe para los residentes!



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Para mas informacion, llame al Condado de Yolo Programa de vacunas (530) 666-8552.
El Programa de Vacunas del Condado de Yolo es parte de Salud y Servicios Humanos, Subdivisión de Salud Comunitaria del Condado de Yolo.