

# Yolo County MCAH Advisory Board

September 18, 2019

Minutes

CAROLYN CAMPOS, CHAIR  
JESSICA CERNAK, VICE-CHAIR

**YOLO COUNTY HEALTH AND HUMAN SERVICES AGENCY**

DAVIS BRANCH LIBRARY  
315 E 14<sup>TH</sup> STREET,  
STEPHENS ROOM  
DAVIS, CA 95616

## Yolo County MCAH Advisory Board

Minutes – September 18, 2019

The Yolo County MCAH Advisory Board met on the 18<sup>th</sup> Day of September 2019 in the Stephens room at the Davis Branch Library at 315 E 14<sup>th</sup> Street, Davis, CA at 8:30 a.m.

### VOTING MEMBERS PRESENT:

Jenna Shaw-Battista, PhD, RN, NP, CNN, FACNM, CommuniCare Health Centers;  
Carolyn Campos RN, Sutter Davis Hospital; Lana Casper, LCSW, Yolo County Children's Alliance; Jessica Cerniak, Psy.D. The Chicago School of Professional Psychology; Katherine Eastham, MD, Kaiser Permanente; Stephen Nowicki, MD, PhD, FAAP, Woodland Health Care; Kathleen Middings, RN, Woodland Joint Unified School District; Leon Schimmel, MD, CommuniCare Health Centers; Ahna Suleiman, Community Member; Tia Will, MD, Retired OB-GYN-Community Member;

### VOTING MEMBERS ABSENT:

Margaret Walter, RN, BSN, MBA, UC Davis

### STAFF & GUESTS PRESENT:

James Burke, Partnership HealthPlans of California; Gaby Castaneda, HHSa; Nicole Mion, Help Me Grow; Sandeep Shahi, Sr., HHSa; Anna Sutton, RN, PHN, MSN, HHSa; Emily Ault; HHSa; Haydee Dabritz; HHSa; Georgia Wade; Victoria Zimmerle, First 5 Yolo

## 8:30 A.M. CALL TO ORDER

### 1. WELCOME AND INTRODUCTIONS – Carolyn Campos, Chair

The September 18, 2019 MCAH Advisory Board meeting was called to order at 8:40 a.m., at which time around the table introductions occurred and quorum was confirmed.

### 2. CONSIDER APPROVAL OF AGENDA – Carolyn Campos, Chair

**Motion:** Tia Will      **Second:** Jessica Cerniak, Psy.D.      **Discussion:** None      **Vote:** Unanimous

### 3. APPROVE THE AUGUST 21, 2019 MINUTES – Carolyn Campos, Chair

**Motion:** Ahna Suleiman      **Second:** Jessica Cerniak, Psy.D.      **Discussion:** Anna Sutton: correction to page 3, Brian presented to the Health Council not Carolyn; page 3 first bullet are should be changed to our. Haydee Dabritz, page 3 under women ages 15-24, are should be changed to our. Jenna Shaw-Batista, page 4 last line should be cesarean birth rate      **Vote:** Unanimous

### 4. PUBLIC COMMENT

- **Tia Will:** Shared that she presented a recommended a proclamation which was passed by the City of Davis. This proclamation was in regards to the closing the camps and ending the policy of family separation and providing safe and sanitary conditions. City of Davis accepted the proclamation and the Board of Supervisors strengthens Tia's proclamation and wrote their own and passed it. She was presented with it September 10<sup>th</sup>. The next steps will be to present it to West Sacramento and Sacramento. You can find the Proclamation [here](#).
- **Hayde Dabritz:** Shared that Suntree Apartments in Davis has terminated their four-year contact with HUDS. This means that everyone who lives in those apartments has to go on housing vouchers and will need to apply through the Yolo County Housing Authority. She has also heard that there are 2 other apartment complexes in Davis who are going through the same thing.

### 5. COMMUNITY HEALTH BRANCH REPORT – MCAH HIGHLIGHTS – Anna Sutton, DPHN

- **MediCal/CMSP Enrollment:** Enrollment has been low and continues to be very low. This is a good thing for the County, this means that everyone who is in need of insurance has found access to insurance. The county is continuing to hire and train PAS for MediCal enrollment processing.
- **MCAH:** Will be hosting with YCCA the 4<sup>th</sup> annual Community Baby Shower on September 28<sup>th</sup>, from 10:00 AM – 2:00 PM at the Yolo County fairgrounds. There will be a variety of different vendors from the County, free food, and raffle prizes. There will also be Car Seat checks, appointments are required. For infancy and loss awareness month The FIMR Committee (Fetal Infant Mortality Review) will be hosting a remembrance ceremony on Sunday, October 6<sup>th</sup>.
- **Live Birth Report-Haydee Dabrtiz:** 39% of births in the County were to women on MediCal. There has been a small dropped since 2010 of women on MediCal having babies. Low income women on MediCal are less likely to get prenatal care. The portion of women who receive early prenatal care has fallen from non-Hispanic white women from 2011 –

2018. For other non-Hispanic races has not changed. More than 1 in 4 women are obese during pregnancy, this is up 43% since 2007. In terms of health inequities, Hispanic women are more likely to be obese at the start of pregnancy. Non-Hispanic Asian women were significantly less likely to be obese. These reports will be emailed to the group.

**6. AUGUST 21, 2019 MCAH ADVISORY BOARD MEETING FOLLOW UP ITEMS - Anna Sutton & Carolyn Campos**

- We should follow up with invitations to the Food Bank, housing, Poverty Leadership Coalition, and other representatives that represent the social determinant of Health
- Towards the end of the year we will have a representative from Child Welfare Services. We should be think about stats we would like them to bring to us.
- The question was asked if there is ACE’s assessment for these children that are in CWS system. Karen Larsen-Director of HHS has created an internal Trauma Informed Advisory Work Group and CWS is on it and Anna is part of this group as well.

**PRESENTATIONS**

**7. APPRECIATIVE INQUIRY: MATERNAL/INFANT HEALTH – Carolyn Campos, Chair**

- **Social and Community:**
  - Community is benignly comfortable with nursing in public (good for some)
  - Family acceptance and support of the choice
  - Support for planning to BF exclusive
  - Support maternal choice
  - Moms group/Informal support groups (FB, in person, UCD)
  - Acknowledgement of historical trauma on BF success (BIH)
  - Less stigma associated with BF (not an association with poverty)
- **Education:**
  - Broad based efforts that cross across many sectors
  - Consistent messaging!
  - Very strong presence in healthcare settings
- **Neighborhoods and Environments:**
  - Regulation changes for employers
  - Brestfeeding Coalition: ongoing
  - County position: BF Coordinator
  - Baby friendly policies
- **Economic Stability:**
  - Extremes in \$\$ that promote more exclusive brestfeeding
  - Access to free pumps
  - Reimbursement for services offered
  - WIC: pop up tents for migrant workers; counseling services
  - Employers: working with mother’s rights
- **Health and Healthcare:**
  - Pediatrician and OB Support
  - Hospitals are baby friendly
  - Cultural considerations support some groups (Spanish and English)
  - Outpatient IBCLC follow up: available at CHDP and Delivery-Kaiser, Communicare, and Sutter Davis
  - BIH Efforts (health equity lens)
  - Home Visiting programs have LC’s
  - Very breastfeeding friendly/pro breastfeeding providers
- **Parking Lot:**
  - PFL-duration, inclusion as a policy consideration
  - Exclusive breastfeeding: definition (baby to breast vs human milk access)
  - Ask about BF at CHDP (data source?)
  - Adopt baby friendly framework for outpatient settings, employers, schools, businesses?
  - % of workforce is working mothers (data need)

- 8. APPRECIATIVE INQUIRY: WHAT HAS WORKED IN YOLO COUNTY: TODDLERS AND PRESCHOOLERS?** – *Carolyn Campos, Chair*
- Due to limitations with time this exercise will be pushed back to October’s meeting.
- 9. ACTION ITEM PRIORITIES FOR OCTOBER 16, 2019** – *Carolyn Campos, Chair*
- The group would like to have the Fishbone diagram printed out to use at next month’s meeting.
  - It was requested that the today’s exercise be sent out to the group before next meeting to review what was discussed.
  - We will send it out and follow up on Maternal/Infant Health at next month’s meeting before we move into Toddlers and Preschoolers.

**ANNOUNCEMENTS**

**10. MEMBER ANNOUNCEMENTS/SHARING**

- **Carolyn Campos:** Shared that Sutter Davis Hospital is expanding its birthing center.
- **Jenna Shaw-Batista:** Shared that CommuniCare Health Centers will start serving Nivano patients.

**ADJOURNMENT**

**11. Next Meeting: October 16, 2019**

Proposed Topics

- Appreciative Inquiry: What has worked in Yolo County: Toddlers and Preschoolers
- Appreciative Inquiry: What has worked in Yolo County: School aged kids (5-14yo)

**10:00 A.M. ADJOURNMENT**

Respectfully submitted by:



Gaby Castaneda, Secretary  
Yolo County MCAH Advisory Board