



FREQUENTLY ASKED QUESTIONS

Q: What does a scholarship from First 5 Yolo cover?

A: For the Napa Infant Mental Health Program, First 5 Yolo will cover the full cost of tuition and lodging for the duration of the program (15 months). Participants will be responsible for the costs of travel to Napa monthly, meals, and books. Note: The NIMHP meets monthly in Napa for 15 months including one conference during the month of October. The cost of attending the conference is covered with tuition however, should a participant not be able to attend the identified conference, s/he can attend another approved conference at his/her expense.

For the Child-Parent Psychotherapy Learning Collaborative, First 5 Yolo will cover the cost of trainings, books, and will provide breakfast and lunch on training days. All trainings will be held in Yolo County.

Q: Who is eligible to receive a scholarship from First 5 Yolo?

A: Any masters or doctoral level clinician who is able to provide therapeutic services to children 0-5 and their families in Yolo County. Applicants for a CPP scholarship must be licensed clinicians. While licensure is not required for NIMHP applicants, applicants must be able to provide the required therapy service hours set by First 5 Yolo in order to be eligible.

Q: Can multiple people from the same agency apply?

A: Yes. First 5 will accept applications from individuals from the same agency. If you are a supervisor who supervises another applicant, please note that on the application.

Q: What is required of me if I receive a scholarship?

A: First 5 Yolo requires that all scholarship recipients commit to a number of service hours after the completion of either NIMHP or CPP. Service hours will include providing therapeutic support services to children 0-5 and their families identified by the Help Me Grow Yolo program (HMG). Additionally, both programs require practicum hours (not inclusive of the First 5 required service hours) in order to receive certification, and First 5 Yolo will require that scholarship recipients serve at least 1 Help Me Grow Yolo identified family during the course of training.

After trainings are successfully completed, recipients of a scholarship for the NIMHP will be required to provide **140** therapy hours serving children 0-5 and their families identified via HMG with the model. Recipients of a CPP scholarship will be required to provide **52** therapy hours serving children 0-5 and their families with the model. Service hours should be completed within one year of program completion.

After successful completion of the program, recipients will be required to show proof of certification for NIMHP or proof of inclusion on the CPP roster. If a recipient begins either program and does not successfully complete the program (i.e., meet all program requirements), the full award must be returned to First 5 Yolo within 45 days. Each recipient will enter into an agreement with First 5 Yolo outlining the service requirements and other terms prior to receiving a scholarship.

Recipients will establish a pathway between their practice and Help Me Grow Yolo (based out of Northern California Children's Therapy Center, *NCCTC*) to receive referrals after program completion. NCCTC will support recipients in tracking service hours.

Q: Can I bill a client's insurance for service hours?

A: Service hours will be provided at no direct cost to the client, however, private insurance or Medi-Cal can be billed for families with insurance. Collecting co-pays, sliding-scale fees, or other forms of payment from families will not be allowed.

Q: Do I have to be a certified Medi-Cal provider in order to receive a scholarship?

A: No. You do not need to be a certified Medi-Cal provider nor contract with any specific insurance plan in order to receive a scholarship, however, for all required service hours, families cannot be directly charged. First 5 Yolo is working with Partnership Health Plan to provide a training to scholarship recipients who are not currently, but are interested in becoming, certified Medi-Cal providers.

Q: What is the approximate value of each scholarship and how will it be disbursed?

A: The approximate value of a NIMHP scholarship is \$17,500 and the approximate value of the CPP scholarship is \$5,100. Scholarship awards will be paid directly to the institution on behalf of the recipient. Recipients will not be responsible for remitting tuition or purchasing the covered items.

Q: How do I apply?

A: Application packets will be posted on the First 5 Yolo website in the fall for NIMHP and in the winter for CPP. Application packets will consist of a program application and a brief supplemental First 5 Yolo application. All applicants must apply through First 5 Yolo in order to be considered for a First 5 Yolo scholarship. First 5 Yolo will forward the program applications to NIMHP and CPP for those individuals selected to receive a scholarship from First 5 Yolo.