



# COUNTY OF YOLO

## Health and Human Services Agency

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### **Behavioral Health Services Provider Stakeholder Work Group Minutes** Thursday, September 19, 2019, 10:30 AM – 11:30 AM

Attendees: Fabian Valle, Sandra Sigrist, Brian Vaughn, Renee Johnson, Samantha Fusselman, Anthony Taula-Lieras, Maria Gump, Amara Pickens, Christina Grandison

#### **Introductions and Program Updates**

- David Haftner is now overseeing contracts. Please welcomes Renee Johnson, she will be taking over for David.
- Sam-NACT preparing next quarterly submission on Oct 1st and EQRO 1/2nd

#### **Mental Health Directors Report-Sam** (Handout)

#### **MHSA Presentation-Focus Group** (Handouts)

*\*This portion of the meeting was recorded. Anthony Reinforced the importance of partner feedback. Focus group-during the three-part planning process we try and hit key populations. There is a demographic survey just so we know who we are getting information from. Ground rules reviewed and then focus group began.*

Nine Section Questionnaire reviewed- (First two questions were skipped for PSWG)

**Question 3**-Specific to Mental Health issues, what are some general or specific improvements needed in Yolo County?

- Gaps/Barriers -We offer FSP but do not have flexible spending dollars. All to support families such as school clothing, Housing to prevent homelessness, we don't use MHSA codes for billing. Something's aren't billable and could be used to make billable. Would enhance service that we provide
- Amara-Accessing services can be difficult, more services embedded or accessible. Our demographic is the homeless population. Difficulty getting people to appointments which are linked to schedules that clients do not always operate on. Having enough services available. Having more services in field.
- Sud Services-we serve population already but 3.5 are those with mental health needs in lower level care where it would benefit.
- Victory Community-respite services for family members under stress or child that is struggling. Stigma is an issue. We provide PEI, some schools feel like MH isn't a problem here mainly due to stigma. Some populations are eligible, but they are unable to access

because of that. Brian asks do you have access issues. Renee states that clients who have mc can get a referral to get access to services but there is a barrier to obtaining because of transportation issues. Brian asks why schools are closing off outside services. Reasoning is unknown. It just been harder to get into Yolo District because there is a preference to do in house.

**Question 4-** Can people get MH services they need?

- Public vs. Private Services-you have to be poor t receive services because mc covers higher level of care. Other insurances are waitlisted. Hispanic/Latino population has difficult time penetrating. No referral from Russian language services. FSP outreach and engagement is needed to figure out where to partner. Victor is only serving two Russian speaking families.
- What do we do well around prevention? Victor is a prevention early intervention in schools. We couldn't get buy-in from school staff. Lack of connection and community. Growing up in severely dysfunctional families.

**Victor**

**Tier 1**-general for everyone-suicide prevention presentations for whole school

**Tier 2**-smaller group of kids

**Tier 3**-individualized treatment—this deal more with family dynamic

- Drop in center for TAY in Davis, great program but not everyone can access because of location.

**Question 6-** People sometimes talk about stigma associated with Mental Health, what are your thoughts about this?

- Do we need to do more? We do a lot of awareness campaigns, but can we do it better differently?
- Being able to do as an assembly or whole class has been helpful. Some children are experiencing anxiety but doesn't want his teachers to know. Having group discussion or assemblies help to normalize it. School administration is still disciplinarian.
- New service trauma informed classroom for teachers. What's going on what's happened as opposed to what's wrong with you? Create environments from themselves and students that are more productive and less chaotic.

**Question 7-**If you had a million dollars, how would you spend it on MH?

- Community outreach in the streets because programs aren't accessible for some.
- A drop-in model less structured.

**RFP Update Reviewed-Sam**

- All updates can be found on the website at the following location:  
<https://www.yolocounty.org/health-human-services/providers-partners/contracts-unit>

Evaluation: Plus/Delta

<b>Plus (+)</b>	<b>Delta (Δ)</b>
<ul style="list-style-type: none"><li>• Good conversation</li><li>• Brainstorming</li><li>• Topic of Day and Sharing perspectives</li></ul>	<ul style="list-style-type: none"><li>• Low turnout</li><li>• Would like link to SUD provider mtg</li></ul>

**NEXT MEETING**

Thursday, December 12, 2019  
10:30 AM – 11:30 AM  
137 N. Cottonwood, Woodland, CA 95695 – Bauer Building,  
Thomson Conference Room