



# Yolo County One-Stop Career Workshop Calendar

25 North Cottonwood Street, Woodland, CA 95695

500-A Jefferson Boulevard, West Sacramento, CA 95605

To register contact: Sandra Jack @ (530) 661-2750, ext. 4049



## February 2020

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b> <b>Goals Assessment</b> Day 1 9am-4pm	<b>4</b> <b>Goals Assessment</b> Day 2 9am-4pm	<b>5</b> <b>How to Write a Résumé</b> 9am-4pm	<b>6</b> <b>Interview Tips &amp; Tricks</b> 9am-4pm	<b>7</b> <b>Mock Interviews</b> 9am-4pm
<b>10</b> <b>Résumé Review</b> 9am-12pm <b>How to Find a Job</b>	<b>11</b> <b>The Art of Parenting</b> West Sac: 9:30am-11:30am <b>How to Keep Your Job</b> 1pm-4pm	<b>12</b> <b>Computer Basics</b> 9am-12pm	<b>13</b> <b>Budgeting</b> 9am-12pm <b>Time Management</b> 1pm-4pm	<b>14</b> <b>Dress for Success</b> 9am-12pm <i>Valentine's Day</i> 
<b>17</b> <b>HOLIDAY</b> Offices Closed <i>President's Day</i> 	<b>18</b> <b>Goals Assessment</b> Day 1 9am-4pm	<b>19</b> <b>Goals Assessment</b> Day 2 9am-4pm	<b>20</b> <b>How to Write a Résumé</b> 9am-4pm	<b>21</b> <b>Interview Tips &amp; Tricks</b> 9am-4pm
<b>24</b> <b>Mock Interviews</b> 9am-12pm <b>How to Find a Job</b> 1pm-4pm	<b>25</b> <b>Effective Communication</b> 9am-12pm <b>Resume Review</b> 1pm-4pm	<b>26</b> <b>Budgeting</b> 9am-12pm	<b>27</b> <b>How to Keep Your Job</b> 9am-12pm <b>Time Management</b> 1pm-4pm	<b>28</b> <b>Housing Resources</b> Woodland: 9am-11am West Sac: 1:30pm-3:30pm

Employment Center is open Monday through Friday, 8am to 4pm, except Holidays

**Employment Center – Main Lobby                      Mon-Fri, 8am-4pm**

Employment Center Staff are available to assist participants with computer research and job search techniques such as applications, cover letters, resumes, interview preparation and debriefing, job leads and employer recruitments. Participants have access to the internet, a copy/fax machine, current job openings and typing tests.

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**Goals Assessment:** This class will be the induction course to assist participants explore their career interests correlating to their skills, work personality, work values, career interests, barriers to employment and labor market.

**Résumé:** During this class, individuals will learn and get assistance with key fundamentals of creating and writing a successful résumé.

**Interview Techniques:** Participants will learn how to prepare, communicate positively and effectively with employers during an interview.

**How to Find a Job:** During this interactive class, participants will explore how to make the best use of resources available to them. They will learn how to utilize these resources and apply them to their job search and find the right job for them.

**Computer Basics for Job Seekers:** Participants will receive introductory computer skills to assist them during their job search.

**How to Keep Your Job:** Participants get important information to assist them in maintaining positive working relationships, employer expectations, making good impressions and developing ethical work habits.

**Budgeting:** Participants will obtain information on useful tools to maximize and save their money.

**Housing Resources:** This class will focus in presenting valuable information regarding housing resources in Yolo County. Participants will also be given important information on how to read and improve their credit report.

**Time Management:** Participants will receive a guide to successfully utilize their time and develop good scheduling habits.

**Soft Skills:** This class will present on various topics that provide participants significant professional and personal attributes to help them succeed in the work force.

**Dress for Success:** Participants will learn about the importance of making a good first impression and the different aspects of projecting a positive professional image.

**Art of Parenting:** The Art of Parenting: Strengthening Your Family/Building Resilience is a workshop presented by the Family Hui organization. They will be providing various Life Skills topics each month and alternating between the Woodland and West Sacramento offices.

