



COUNTY OF YOLO

Health and Human Services Agency

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Director

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Local Mental Health Board Meeting Minutes

Monday, December 9, 2019

25 N Cottonwood Woodland Ca 95695

Members Present: Jonathan Raven, Brad Anderson, James Glica-Hernandez, Supervisor Don Saylor, Robert Schelen, Sally Mandujan, Antonia Tsobanoudis, Maria Simas, Nicki King, John Archuleta

Members Absent: Carol Christensen, Serena Durand, Richard Bellows, Jessie Tessler

Staff Present: Karen Larsen, Mental Health Director, HHS Director
Leigh Harrington, HHS Medical Director

CALL TO ORDER

- 1. Welcome and Introductions:** The December 9, 2019 meeting of the Local Mental Health Board was called to order at 7:02 PM in Woodland. Introductions were made.
- 2. Public Comment:** Linda Wight from NAMI let the group know that she sent an email regarding the pending MHS legislation.
- 3. Approval of Agenda:** Approved with 7a amended to include an update from Chief Investigator John Ehrk.

Approval Minutes: Minutes approved with the following amendment:

Update location to reflect West Sacramento in the "Welcome and Introductions Section."

4. Member Announcements:

- a. Johnathon Raven let the group know that he has been working on the bylaws but has been waiting to connect with others on the committee. With the passage of AB 1352 it's important to consider how that might impact our bylaws. Brad noted that AB 1352 is encouraging term limits. Bob requested that we contact the Assembly Members Office to ask what the intentions of AB 1352 are. Brad asked if there's a timeline in completing or adjusting the bylaws. James recommends that we complete the bylaw update sooner rather than later. Bob said he'll contact the ASM staffers of AB 1352 in January.
- b. Brittany let the LMHB know that the request for a meeting in Clarksburg wasn't possible because the Clarksburg Library isn't open on Mondays. That meeting will be Winters instead.
- c. Chief Investigator John Ehrk provided an update to the Board on his progress in moving a pilot project forward. Nicki made a motion for the board to write a letter in support of the Vitals App. Nicki is going to draft a letter for support to bring to the board in January.

5. Correspondence: None

6. Time Set Agenda: CONSENT AGENDA

- a. **Presentation:** None

7. Mental Health Director's Report by Karen Larsen, Mental Health Director, HHS

- a. **Pine Tree Gardens**
- b. **Adult Residential Facilities Update**
- c. **Davis Navigation Center Update**
- Karen explained that this project is modeled after a "Portugal Model." This decriminalizes some drug related offenses and provides a warm off to navigation and behavioral health services. CommuniCare Health Centers will be the service provider.
- d. **Data Driven Recovery Project (DDRP) Update**
- Antonia said she just watched a TED Talk with Dr. Nadine Burke Harris and was really intrigued by the ACES conversation. Karen explained that Dr. Lisa Lit of Yuba County just completed a Trauma Training for our Behavioral Health Clinicians and Criminal Justice Partners. We'll also be doing in custody assessments so we can provide the services that are needed to those with higher ACE scores.
 - Nicki mentioned that Nadine Burke Harris's book, "The Deepest Well." She said it is great!
- e. **Partnership Health of CA and Blue Sky Consulting**
- f. **Yolo County Opioid Coalition**
- Maria asked about the LA Model and Karen explained that the summary just provided an overview of what LA does. This was the first opioid coalition meeting.
- g. **Sheriff's Association Presentation**
- h. **National Alliance on Mental Health (NAMI) Regional Advocacy Meeting**
- Karen spoke at the NAMI Regional Advocacy Meeting and said the day was very productive for planning.
 - Johnathon wanted to mention that he believes that 5150's are being handled incorrectly. He would like to bring social workers into the picture. Johnathon contacted Chief Farrow (CHP) and would like to promote his concept that is from of Contra Costa County. They developed a countywide task force that go out on 5150 calls. He knows it costs a lot of money, but the long-term outcomes could be extraordinary.
- i. **Statewide implementation of Early Psychosis (EP) Care in California**

REGULAR AGENDA

1. Board of Supervisors Report

- a. Supervisor Saylor mentioned that December 17th is last Board of Supervisors meeting of the 2019. Some of the highlights will include addressing the needs of those who need shelter in West Sacramento, Woodland and Davis. Updates on the strategic plan will be shared, the plan will be finalized and adopted. We will be recognizing many interesting things including James Glica-Hernandez's time on the LMHB and service in Yolo County. The meeting will start at the Historic Court House (grand opening

and tour starting at 9:00am), the Board of Supervisors meeting will start right after in the Board Chambers.

2. Criminal Justice Update: Johnathan Raven & Bret Bandle: Mental Health Court (MHC)

- a. The LMHB received the MHC report from FY 8/19 and Johnathon wanted to share the outcomes and numbers. All of the measurements show great outcomes and we're looking forward to expanding the program. The real work is being done by the patients.

Grant funding will be doubling grant and HHSA will be doing the hiring to staff the expansion. Determination for eligibility to participate in MHC is made by the Probation Office, a forensic clinical supervisor and a social worker.

3. Chair Report

- a. James will be receiving a Board Resolutions on December 17th and wanted to let board know.

4. Future Meeting Planning and Adjournment

- a. Long Range Planning Calendar: Next Meeting Date and Location – January 27th, 2020-1212 Merkley Ave West Sacramento Ca 95691. Reminder time change to 6:00PM start time. Nicki will take over as chair at that time.
- b. Robert will send out annual report and come in January for Long Range Meeting Calendar. Email reminder will be sent out

Meeting Adjourned at 8:19pm with commendations and gratitude to our outgoing chair, James Glica-Hernandez.