

Yolo County One-Stop Career Workshop Calendar

25 North Cottonwood Street, **Woodland**, CA 95695
500-A Jefferson Boulevard, **West Sacramento**, CA 95605
To register contact: **Sandra Jack @ (530) 661-2750, ext. 4049**



Monday	Tuesday	Wednesday	Thursday	Friday
2 Goals Assessment Day 1 9am-4pm	3 Goals Assessment Day 2 9am-4pm	4 How to Write a Résumé 9am-4pm	5 Interview Tips & Tricks 9am-4pm	6 Mock Interviews 9am-4pm
9 Résumé Review 9am-12pm How to Find a Job 1pm-4pm	10 The Art of Parenting Woodland: 9:30am-11:30am How to Keep Your Job 1pm-4pm	11 Computer Basics 1pm-4pm	12 Budgeting 9am-12pm Time Management 1pm-4pm	13 Dress for Success 9am-12pm
16 Goals Assessment Day 1 9am-4pm	17 Goals Assessment Day 2 9am-4pm  <i>St. Patrick's Day</i>	18 How to Write a Résumé 9am-4pm	19 Interview Tips & Tricks 9am-4pm	20 Mock Interviews 9am-4pm  <i>Spring</i>
23 How to Find a Job 9am-12pm	24 Résumé Review West Sacramento: 9am-12pm Effective Communication 1pm-4pm	25 Time Management 9am-12pm Budgeting 1pm-4pm	26 How to Keep Your Job 9am-12pm	27 Housing Resources Woodland: 9am-11am West Sac: 1:30pm-3:30pm
30 Résumé Review 9am-12pm	31 Interview Tips 9am-12pm	1 April Mock Interviews 9am-12pm	2 April How to Find a Job 9am-12pm	3 April Time Management 9am-12pm

Workshop topics and schedule are subject to change.

Yolo County One-Stop Career Center Workshop Calendar

25 North Cottonwood Street, Woodland, CA 95695
500-A Jefferson Boulevard, West Sacramento, CA 95605

Employment Center – Main Lobby Mon-Fri, 8am-4pm

Employment Center Staff are available to assist participants with computer research and job search techniques such as applications, cover letters, résumés, interview preparation and debriefing, job leads and employer recruitments. Participants have access to the internet, a copy/fax machine, current job openings and typing tests.

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Goals Assessment: This class will be the induction course to assist participants explore their career interests correlating to their skills, work personality, work values, career interests, barriers to employment and labor market.

Résumé: During this class, individuals will learn and get assistance with key fundamentals of creating and writing a successful résumé.

Interview Techniques: Participants will learn how to prepare, communicate positively and effectively with employers during an interview.

How to Find a Job: During this interactive class, participants will explore how to make the best use of resources available to them. They will learn how to utilize these resources and apply them to their job search and find the right job for them.

Computer Basics for Job Seekers: Participants will receive introductory computer skills to assist them during their job search.

How to Keep Your Job: Participants will get important information to assist them in maintaining positive working relationships, employer expectations, making good impressions and developing ethical work habits.

Budgeting: Participants will obtain information on useful tools to maximize and save their money.

Housing Resources: This class will focus in presenting valuable information regarding housing resources in Yolo County. Participants will also be given important information on how to read and improve their credit report.

Time Management: Participants will receive a guide to successfully utilize their time and develop good scheduling habits.

Soft Skills: This class will present various topics that provide participants significant professional and personal attributes to help them succeed in the work force.

Dress for Success: Participants will learn about the importance of making a good first impression and the different aspects of projecting a positive professional image.

Art of Parenting: *The Art of Parenting: Strengthening Your Family/Building Resilience* is a workshop presented by the Family Hui organization. They will be providing various Life Skills topics each month and alternating between the Woodland and West Sacramento offices.

Employment Centers are open Monday through Friday,
8am to 4pm, except holidays.



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