

# Yolo County MCAH Advisory Board

January 15, 2020

Minutes

CAROLYN CAMPOS, CHAIR  
JESSICA CERNAK, VICE-CHAIR

## **YOLO COUNTY HEALTH AND HUMAN SERVICES AGENCY**

GONZALEZ BUILDING  
25 NORTH COTTONWOOD STREET,  
#167 COMMUNITY ROOM  
WOODLAND, CA 95695

## Yolo County MCAH Advisory Board

Minutes – January 15, 2020

The Yolo County MCAH Advisory Board met on the 15<sup>th</sup> Day of January 2020 in the Community room at the Gonzales Building at 25 North Cottonwood Street, Woodland, CA at 8:30 a.m.

### VOTING MEMBERS PRESENT:

Cherrie Blair, Community Member; Jenna Shaw-Battista, PhD, RN, NP, CNN, FACNM, CommuniCare Health Centers; Carolyn Campos RN, Sutter Davis Hospital; Lana Casper, LCSW, Yolo County Children’s Alliance; Jessica Cerniak, Psy.D., The Chicago School of Professional Psychology; Katherine Eastham, MD, Kaiser Permanente; Suzann Eidson-Ton, MD, Communicare Health Centers; Kathleen Middings, RN, Woodland Joint Unified School District; Melina Ortigas, First 5 Yolo; Leon Schimmel, MD, CommuniCare Health Centers; Ahna Suleiman, Community Member; Margaret Walter, RN, BSN, MBA, UC Davis

### VOTING MEMBERS ABSENT:

Tia Will, MD, Retired OB-GYN-Community Member;

### STAFF & GUESTS PRESENT:

Raquel Aguilar, HHSa; Emily Ault, HHSa; Lizeth Betancourt, HHSa; Ron Chapman, MD, MPH, Health Officer, HHSa; Cindy Martin, HHSa; Gaby Castaneda, HHSa; Nicole Mion, Help Me Grow; Sandeep Shahi, HHSa; Anna Sutton, RN, PHN, MSN, HHSa, Community Health; Brian Vaughn, HHSa; Sandy Alvarez, Davis Police Department

## 8:30 A.M. CALL TO ORDER

1. **WELCOME AND INTRODUCTIONS** – *Carolyn Campos, Chair*  
The January 15, 2020 MCAH Advisory Board meeting was called to order at 8:40 a.m., at which time around the table introductions occurred and quorum was confirmed.
2. **CONSIDER APPROVAL OF AGENDA** – *Carolyn Campos, Chair*  
**Motion:** Jessica Cerniak      **Second:** Ahna Suleiman      **Discussion:** None      **Vote:** Unanimous
3. **APPROVE THE November 20, 2019 MINUTES** – *Carolyn Campos, Chair*  
**Motion:** Kathy Eastham      **Second:** Jessica Cerniak      **Discussion:**      **Vote:** Unanimous
4. **PUBLIC COMMENT**
  - None at this time
5. **COMMUNITY HEALTH BRANCH REPORT** – *Anna Sutton*
  - **Medi-CAL/CMSP-Cindy Martin:** Medical and CMSP enrollment continues to be the same. There has not been many changes to the CMSP enrollment. Continuing to ask the public to be patient when they are calling in. As mentioned before they have started a pilot program to triage incoming calls. The wait time for these calls is approximately 15 minutes and they are to handle 40 % of the calls that come in. 52% of the calls that come are having to be transferred to someone else to process. This has helped them to be able to help people quicker.
  - **CalFresh-Cindy Martin:** The County saw half of what was expected for the population who receive SSI.
  - **Accreditation-Brian Vaughn:** The annual report has been submitted.
  - **MCAH-Anna Sutton:** MCAH will be hosting a webcast of the 2020Mom Forum, February 12 and 13 in the Clarksburg room. CEU’s will be offered for Nurse’s. A flyer is being finalized and will be sent out. You don’t have to attend both days.
  - **Strategic Plan-Brian Vaughn:** The board approved their strategic plan for 2020-2024. One of the items that they prioritized is to reduce economic and educational disparities for children and vulnerable families. Our department instruction will come from the county strategic plan.
  - **Mobile Van-Brian Vaughn:** There will be a mobile van to reach out the homeless population in the county. It will have behavioral health, physical health, and dental health.
  - **Health Alert-Anna Sutton:** There is a chicken pox outbreak in adults in residential care facilities. There were 2 alerts that went out one to the health care system and the other went out to facilities that serve those type of individuals.

- **Breastfeeding Coalition-Lizeth Betancourt:** The California Breast Feeding Coalition will be hosting the annual breastfeeding summit in Sacramento. They're going to be working on establishing a fourth trimester culture of supporting maternal mental health and how to support chest feeding for member of the LGBTQ community. Coalition members can get a discount.
- **WIC-Lizeth Betancourt:** Starting this week WIC will no longer be offering group appointments for prenatal education or other types of education. Clients prefer one on. starting this month, they will begin to offer one on one appointments. Online breastfeeding and baby behavior education can also be accessed online. If moms are working or unable to make their appointment they can take the class online and receive their contact credit and their benefits will be added to their E card.
- **Partnership Health Plan- Dr. Chapman:** Partnership Health Plan and Dignity Health are currently in some challenging negotiations. This is to renew the contracts between Partnership and Dignity Health for all their medical services. It has reached a deadline set by the state at the beginning of January. Because they have not reached an agreement, Partnership had to send a letter to all 18,000 Partnership members in Yolo County that the negotiations are ongoing and Partnership members could possibly lose their Dignity Health Provider. If an agreement between the two is not met, all 18,000 members will have to be reassigned to a new provider. At this time, it is unclear if Yolo County has the capacity to take offer care to all of the people that will be affected.

**6. ADVISORY BOARD VACANCIES AND MEMBER DUTIES - Anna Sutton & Carolyn Campos**

- Anna, Emily, and Carolyn met to discuss how to go about changing what the makeup of our membership looks like if need be
- If we determine that there is a gap and we need more representation in economic stability, how we can do that
- We don't have bylaws that restricts us from changing our membership; we need to develop bylaws, and we can change the categories
- We can use Health Councils bylaws to help us develop our own

**Advisory Board Member:**

- **Health Care:**
  - Carolyn Campos RN, MSN
  - Leon Schimmel, MD
  - Jenna Shaw-Battista, CNM
  - Jessica Cerniak, PhD
  - Kathleen Middings, RN, NP
  - Lana Casper, LCSW
  - Tia Will, OB/GYN
  - Margaret Walter, RN, MSN
  - Melina Ortigas, Yolo First 5
  - Dr Suzanne Eidson-Ton
  - Kathy Eastham, MD
- **Neighborhood & Environment:**
  - Ahna Suleiman, DrPh
  - Melina Ortigas, First 5 Yolo
  - Cherrie Blair, Parent
- **Social & Community:**
  - Leon Schimmel, MD
  - Jessica Cerniak, PhD
  - Ahna Suleiman, DrPh
  - Lana Casper, LCSW
  - Tia Will, OB/GYN
  - Cherrie Blair, Parent
  - Melina Ortigas, Yolo First 5

- **Economic Stability:**

- Jessica Cerniak, PhD
- Ahna Suleiman, DrPh
- Kathi Middings, RN, NP
- Margaret Walters, RN, MSN
- Melina Ortigas, Yolo First 5

**Advisory Board Affiliate Organizations:**

- **Healthcare:**

- Sutter Health
- CommuniCare Health Centers
- WIC
- First Yolo
- Help Me Grow
- UC Davis
- Community Medical Centers
- Yolo County Children’s Alliance

- **Neighborhood & Environment:**

- CommuniCare Health Centers
- Help Me Grow
- First 5 Yolo
- Yolo County Children’s Alliance

- **Social & Community:**

- Sutter Health
- CommuniCare Health Centers
- Help Me Grow
- WIC
- Yolo County Children’s Alliance
- First 5 Yolo
- CASA
- California Breastfeeding Coalition

- **Economic Stability:**

- CommuniCare Health Centers
- Help Me Grow
- WIC
- First 5 Yolo
- Children’s Home Society
- Yolo County Children’s Alliance

- **Education:**

- CommuniCare Health Centers
- Woodland Joint Unified School District
- California Breastfeed Coalition
- Help Me Grow
- Yolo County Office of Education
- WIC
- First 5 Yolo
- Yolo County Children’s Alliance
- UC Davis

7. [APPROVE 2020 CALENDAR](#) - *Carolyn Campos*

Motion: Kathy Eastham

Second: Jessica Cerniak

Discussion:

Vote: Unanimous

**PRESENTATIONS**

8. **2019 YEAR IN REVIEW** – *Carolyn Campos*

- **January 2019:** Data presentation, root cause analysis of maternal/infant indicators
- **February-April 2019:** Root cause analysis of toddler/preschooler, school aged kids, older teens and TAY
- **May 2019:** MCAH Advisory Board Annual Report BOS
- **August-November 2019:** Appreciative inquiry of maternal/infant, toddlers/Preschoolers, Schools aged, older teens/TAY

9. **WHERE ARE WE GOING IN 2020** – *Carolyn Campos & Anna Sutton*

- **January 2020:** MCAH AB Retreat, strategy mapping, brain storming of all services
- **February 2020:** Strategic mapping: Opportunities for improvement in areas of concern
- **March 2020:** Strategy mapping: Opportunities to lift up successes
- **April 2020:** Strategy mapping what is being done to address a root cause: Poverty

10. **YOLO COUNTY 2020 STRATEGIC MAPPING EXERCISE FOR POPULATION HEALTH: MATERNAL/INFANT, TODDLERS/PRESCHOOLERS, SCHOOL AGED, ADOLESCENTS AND YOUNG ADULTS** – *Carolyn Campos & Anna Sutton*

HANDOUT:

**Health Indicator: Improve Maternal Mental Health**

- **Direct Healthcare Services**
  - CCHC: full integration of BH
  - Kaiser: Social Worker
  - HMG: self-care, playgroups, social worker, parent/infant mental health
  - MCAH-HV: assessment, education
  - UCDSH: Counseling, treatment
- **Enabling Services:**
  - CCHC: care coordination/case management
  - SDH: patient education and Social Worker
  - Kaiser: Social Worker
  - HMG: Partners in parenting (family support) and case management (CCHC-HMG linkage)
  - YCCA: home visiting case management, referral and monitoring
  - MCSH-HV: case management, refer, educate, linkage, navigation, follow up
  - WIC: referrals
  - UCDSH: health education (dedicated MH)
  - Medi-Cal/Service Center: access to medi-cal, CalWORKs linkage
- **Population-Based Services:**
  - CCHC: BF population evaluation
  - SDH: screening
  - HMG: parent MH screening, outreach
  - YCCA: screening (HFA and HMG), medical home, resources for MMH
  - MCAH-NHV: screening, education, training
  - WIC: Screening
- **Infrastructure-Building Services:**
  - CCHC: program dev/QI (i.e. R2R), workforce development (FP/Psychiatry and midwifery)
  - SDH: program development (legislation)

- F5Y: workforce (infant/parent MH)
- HMG: Data and evaluation (CQI)
- YCCA: Systems integration w/CCHC, collaboratives
- MCAH-HV: system coordinator, needs assessment
- WIC: workforce training
- **Parking Lot:**
  - MMH across other life stages? (i.e. teens)
  - Perinatal MH as a data point (Julie Fraga’s NPR)
  - “Parenting piece” connection- the “moon identity’s lost after childbirth
  - “Peripubal timeframe”

**Health Indicator: Increase breastfeeding beyond 6 months:**

- **Direct Healthcare Services:**
  - CCHC: peds, perinatal, primary care, IBCLC integration
  - YCCA: lactation education (HV) and support
  - SDH: lactation care standardized
  - WIC: education, peer counseling, special food package, patient consultation, pumps and equipment, high risk infant assessments
  - Kaiser: coordinated peds/lactation appointments (unlimited), 7 days a week lactation visits
  - MCAH-HV: assessments, nurse consult, CLE (nurses)
  - Community: formal/informal milk sharing (FB groups)
- **Enabling Services:**
  - Dignity: IBCLC X3 patient
  - CCHC: health education, supplies
  - SDH: breastmilk bank, nurse follow up for lactation, lactation visit for YC residents
  - YCCA: Link to WIC, BF promotion/education
  - WIC: service coordination, R&R (2 private IBCLC), warm line
  - Kaiser: education, pumps access
  - Dignity: early notification with WIC, issue pumps
  - MToBaby: pump loans, infant groups (Food Co OP)
- **Population-Based Services:**
  - CCHC: BF screening, public education, awareness week
  - WIC: community warm line, pump supplies, awareness week, breastmilk bank, public education
  - Kaiser: screening
  - UCDSH: support group
  - Dignity: BF support group, Baby & Me
  - LLL: infant and toddler support and education groups
- **Infrastructure-Building Services:**
  - CCHC: NA, evaluation, program planning, QA, training for providers (workforce), workforce support (HV)
  - SDH: baby friendly (policy, workforce, training, QI, staffing) + other lactation training, breastmilk bank (systems transformation)
  - YCCA: policy to support
  - F5Y: funding policy to support, policy and advocacy
  - WIC: QA, policy development/lactation accommodation, technical assistance, training, coalition, QA, data, evaluation
  - Kaiser: data across many ages, QI, policy, protected paid time to pump (unlimited)
  - UCDSH: policy, accommodation
  - MCAH-HV: QI/QA
  - Dignity: baby friendly, cross train psych unit
  - HHSa-infant to work pilot

- **Parking Lot:**
  - Coordination between immediate pp and longer term (outpatient services – no reimbursement)
  - Gap: maternal support beyond the postpartum period. I.E. coverage of hospital pump after 6 months
  - Success: d/t laws

**11. REFLECTION**

**ANNOUNCEMENTS**

**12. MEMBER ANNOUNCEMENTS/SHARING**

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**ADJOURNMENT**

**13. Next Meeting: February 19, 2020**

**10:00 A.M. ADJOURNMENT**

Respectfully submitted by:



Gaby Castaneda, Secretary  
Yolo County MCAH Advisory Board