

What you NEED to know about NOVEL CORONAVIRUS

The virus is NOT currently spreading in the community in Yolo County nor in the United States.

The immediate risk to the general public in Yolo County is LOW. Public Health is carefully assessing this situation as it evolves.



What is it? COVID-19

Novel Coronavirus (has been referred as: 2019-nCoV, Wuhan Virus, nCoV-19, SARS-CoV-2) is a new virus strain that causes illness ranging from the common cold to more serious respiratory illnesses. It is a new strain that has not been identified in humans before.

Who's at risk?

Currently the risk to the general public is low. Immediate risk to the general public in Yolo County is LOW. There are a small number of cases in the U.S. To minimize the risk of spread, health officials are working with healthcare providers to identify and evaluate any suspect cases.



www.yolocounty.org/coronavirus

CDC COVID-19 info: www.cdc.gov/novelcoronavirus

CDPH COVID-19 info:

https://www.cdph.ca.gov/Progra ms/CID/DCDC/Pages/Immunizati on/nCOV2019.aspx

How is it Spread?



Through **droplets**when infected
person coughs or
sneezes.



Close personal contact, such as caring for an infected person. People who traveled to Mainland China since 12/1/2019, could have been exposed to the virus. Seek medical care if you traveled to Mainland China AND develop a fever or respiratory symptoms within 14 days of your return.

Symptoms



Fever



Difficulty Breathing



Cough



Severe Illness

Traveling OUTSIDE U.S

- Wash your hands often with soap and water.
- Use an alcohol-based hand sanitizer, if soap and water aren't available
- Avoid touching your eyes, nose, and mouth
- Avoid contact with sick people
- Avoid animals (alive/dead), animal markets

Traveled to China AND Sick?



- Call your doctor
- Stay home and avoid contact with others
- Don't travel while sick
- Cover your mouth and nose with tissue or sleeve when coughing or sneezing

How is it treated?



There is **NO specific treatment** for illness caused by a novel coronavirus. However, many of the symptoms can be treated.

Treatment will be based on patient's condition. There is **NO** vaccine for novel coronavirus.

What can I do to protect myself and others from respiratory infections like novel Coronavirus?



Stay Home

when you are sick

Limit close contact with people who are sick.

Facemasks are most effective WHEN USED APPROPRIATELY by health care workers and people who are sick.



Wash Hands

Wash with soap and water for 20 sec

If soap and water are not readily available, use an **alcohol-based hand sanitizer** with at least 60% alcohol.

Clean and disinfect frequently touched objects and surfaces



Cover your cough/sneeze

Use a tissue, then throw tissue into trash.

If you do not have a tissue, **use your** sleeve (not your hands).



Get a flu shot to prevent influenza

Get a flu shot if you **HAVE NOT** done so this flu season.

