

COVID-19 “Coronavirus”

General Information and Guidance



If You Feel Sick...

- Stay home.
- Drink fluids like water.
- Get lots of rest.
- Don't go to work or attend events/gatherings.
- Don't smoke or vape.

Avoid Exposure & Slow The Spread

For You, For Yours, For Your Community.

The best way to prevent infection is to avoid being exposed to this virus. The more social distancing we practice the better for everyone in our community, especially for the elderly or those with immuno-compromised illnesses.



Avoid gatherings and stay home if you are sick.



Masking...

At this time, masks are recommended **ONLY** for healthcare workers or first responders.

If you are sick, stay home.