



Yolo County Health and Human Services



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To: Yolo County First Responders and EMS Providers

From: Ron Chapman, MD, MPH, Yolo County Health Officer
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Subject: Novel Coronavirus (COVID-19) Update #4

Healthcare Provider Exposure & Workforce Monitoring

This memo is to provide an update for the current guidance on exposure risk and workforce monitoring. This memo does not replace the guidance on recommended actions to minimize exposure, including recommended PPE.

There are now a number of laboratory confirmed cases of COVID-19 in the greater Sacramento region (Yolo, Sacramento, Placer) and the number is increasing rapidly. In addition to cases related directly to international travel and cases related to contact with a confirmed case of COVID-19, we are now seeing cases that represent community spread. Community spread refers to cases of people who have contracted the virus and are not sure how or where they became infected. Community spread indicates that we are entering a new phase in the epidemic. With community transmission present, all healthcare personnel (HCP) are considered at some risk for COVID-19, whether through patient interactions or from general community interactions. Below are the current exposure and mitigation guidelines.

EXPOSURE RISK & MITIGATION:

Agencies should shift their emphasis to routine practices, which include: asking personnel to report recognized exposures; regularly self-monitor for fever and symptoms of respiratory infection/illness; and not report to work if they become ill. The individual should remain at home for 72 hours after last day of a fever, or 7 days after symptoms began, whichever is longer.

We are recommending departments/agencies implement infectious control practices, which include:

- Self-monitor temperature before and after the shift.
- If even mild symptoms consistent with COVID-19 or other respiratory illnesses develop, the individual must cease patient care activities, notify their supervisor, and leave work.
- The individual should remain at home for 72 hours after last day of a fever, or 7 days after symptoms began, whichever is longer

Please do not hesitate to call the EMS/Public Health Duty Officer (530-321-3620), available 24/7, with any questions or concerns that may arise, including while on a scene.

We will continue to provide updates if the situation changes, including if the situation worsens or there is a known risk to our cities or county.