



What you **NEED** to know about **NOVEL CORONAVIRUS (COVID-19)**



What is it? COVID-19

Novel Coronavirus (has been referred to as: 2019-nCoV, Wuhan Virus, nCoV-19, SARS-CoV-2) is a new virus strain that causes illness ranging from mild common cold symptoms to more serious respiratory illnesses. It is a new strain that has not been identified in humans before.

Who's at risk?

Currently the risk to the general public is **LOW**. Immediate risk to the general public in **Yolo County** is **LOW**. There are a number of cases in the U.S. To minimize the risk of spread, health officials are working with healthcare providers to identify and evaluate any suspect cases.



For more information:

www.yolocounty.org/coronavirus

CDC COVID-19 info:

<https://www.cdc.gov/coronavirus/2019-ncov/index.html>

CDPH COVID-19 info:

<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/nCOV2019.aspx>

How is it Spread?



Through **droplets** when infected person coughs or sneezes.



Close personal contact, such as caring for an infected person.

Seek medical care **if you have returned from affected geographic areas AND develop a fever or respiratory symptoms** within 14 days of your return.

Symptoms



Fever



Difficulty Breathing



Cough



Severe Illness

Traveling **OUTSIDE U.S**

- **Wash your hands** often with soap and water for 20 seconds. If not available:
- Use an **alcohol-based hand sanitizer**, with at least 60% alcohol
- **Avoid touching** your eyes, nose, and mouth
- **Avoid contact** with sick people
- **Avoid animals** (alive/dead) at animal markets

Returned to U.S. from High-Risk Area AND Sick?



- **Call** your doctor
- **Stay home** and **avoid contact** with others
- **Don't travel** while sick
- **Cover your mouth** and nose with tissue or sleeve when coughing or sneezing

How is it treated?



There is **NO specific treatment** for illness caused by a novel coronavirus. However, many of the symptoms can be treated. Treatment will be based on patient's condition. There is **NO vaccine for COVID-19**.

What can I do to protect myself and others from respiratory infections like COVID-19?



Stay Home when you are sick

Limit close contact with people who are sick.

*****Facemasks** are most effective **WHEN USED APPROPRIATELY** by **healthcare workers** and **people who are sick**.***



Wash Hands Wash with soap and water for 20 seconds

If soap and water are not readily available, use an **alcohol-based hand sanitizer** with at least 60% alcohol.

Clean and disinfect frequently touched objects and surfaces.



Cover your cough/sneeze

Use a tissue, then throw tissue into trash.

If you do not have a tissue, **use your sleeve (not your hands)**.



Get a flu shot to prevent influenza

Get a flu shot if you **HAVE NOT** done so this flu season.



Learn more at: yolocounty.org/coronavirus

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