

# COUNTY OF YOLO

Health and Human Services Agency

*Karen Larsen, LMFT*  
Director

137 N. Cottonwood Street • Woodland, CA 95695  
(530) 666-8940 • www.yolocounty.org

## Local Mental Health Board

**Regular Meeting: Monday, April 27, 2020, 6:00 PM–8:00 PM**

In-Person Meeting cancelled please join by ZOOM in link below:

Join Zoom Meeting

<https://us02web.zoom.us/j/85896655628?pwd=R0dLTDU1c2FFejdCazBmRVg3Mi9adz09>

Meeting ID: 858 9665 5628 Password: 8ETPMc

Dial by your location: +1 408 638 0968 US or +1 669 900 6833

*All items on this agenda may be considered for action.*

### CALL TO ORDER ----- 6:00 PM – 6:10 PM

1. Welcome and Introductions
2. Public Comment
3. Approval of Agenda
4. Approval of minutes from [March 30, 2020](#)
5. Member Announcements

### CONSENT AGENDA ----- 6:10 PM – 7:10 PM

6. [Mental Health Director’s Report](#) – Karen Larsen
  - a. Governors Press Conference
  - b. COVID 19
    - i. Senior Living Facilities
    - ii. Food
    - iii. Services
    - iv. Medical
  - c. Pine Tree Gardens/Adult Residential Facility
  - d. Mental Health Urgent Care
  - e. Crisis Services FY20-21
  - f. MHSA 3-year plan
  - g. Substance Use Treatment
  - h. Collaborative Courts
  - i. Network Adequacy
  - j. Services at HHS Mental Health Clinics
  - k. Meditation Offering

Nicki King  
**Chair**

Vacant  
**Vice-Chair**

Robert Schelen  
**Secretary**

**District 1**  
*(Oscar Villegas)*  
Aleecia Gutierrez  
Maria Simas  
Rachel Warren

**District 2**  
*(Don Saylor)*  
Serena Durand  
Nicki King  
Antonia Tsobanoudis

**District 3**  
*(Gary Sandy)*  
Richard Bellows  
John Archuleta  
Nick Birtcil

**District 4**  
*(Jim Provenza)*  
Carol Christensen  
Robert Schelen  
Jonathan Raven

**District 5**  
*(Duane Chamberlain)*  
Brad Anderson  
Dr. Xiaolong Li

**Board of Supervisors Liaison**  
Don Saylor

**Alternate**  
Jim Provenza

*If requested, this agenda can be made available in appropriate alternative formats to persons with a disability, as required by Section 202 of the American with Disabilities Act of 1990 and the Federal Rules and regulations adopted implementation thereof. Persons seeking an alternative format should contact the Local Mental Health Board Staff Support Liaison at the Yolo County Health and Human Services Agency, LMHB@yolocounty.org or 137 N. Cottonwood Street, Woodland, CA 95695 or 530-666-8516. In addition, a person with a disability who requires a modification or accommodation, including auxiliary aids of services, in order to participate in a public meeting should contact the Staff Support Liaison as soon as possible and preferably at least twenty-four hours prior to the meeting.*

CONTINUED ON REVERSE

**REGULAR AGENDA ----- 7:10 PM – 7:45 PM**

- 7. Board of Supervisors Report – Supervisor Don Saylor
- 8. Criminal Justice Update: MHC- Jonathan Raven
- 9. Chair Report – Nicki King
  - a. [Vitals App](#): Approve revised letter to send to Board of Supervisor

**PLANNING AND ADJOURNMENT ----- 7:45 PM – 8:00 PM**

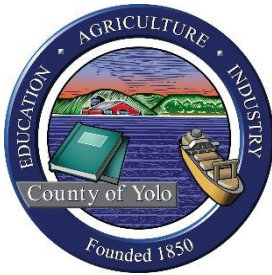
- 10. Future Meeting Planning and Adjournment-Nicki King

Next Meeting Date and Location

Next Meeting: May 18, 2020-to be held in West Sac if Shelter in Place orders are lifted otherwise by ZOOM Meeting.

I certify that the foregoing was posted on the bulletin board at 625 Court Street, Woodland CA 95695 on or before Thursday, April 23, 2020. Christina Grandison Local Mental Health Board Administrative Support Liaison Yolo County Health and Human Services

Item 4.  
Approval of Minutes from  
March 30, 2020



# COUNTY OF YOLO

Health and Human Services Agency

*Karen Larsen, LMFT*  
Director

137 N. Cottonwood Street • Woodland, CA 95695  
(530) 666-8940 • www.yolocounty.org

## Local Mental Health Board Meeting Minutes

**Monday, March 30, 2020**

Online/Call-in ZOOM

**Members Present:** Aleecia Gutierrez, Rachel Warren, Brad Anderson, Robert Schelen, Antonia Tsobanoudis, Nicki King, John Archuleta, Richard Bellows, Serena Durand, Carol Christensen, Dr. Xiaolong Li, Supervisor Don Saylor, Maria Simas, Jonathan Raven

**Members Absent:** Supervisor Jim Provenza,

**Staff Present:** Karen Larsen, Mental Health Director, HHSA Director  
Leigh Harrington, HHSA Medical Director, Mila Green, Deputy Branch Director/Deputy Mental Health Director

### CALL TO ORDER

1. **Welcome and Introductions:** The March 30, 2020 the meeting of the Local Mental Health Board was called to order at 6:06 PM On-line. Introductions were made.
2. **Public Comment:** None
3. **Approval of Agenda:** Moved by Richard and 2<sup>nd</sup> Brad
4. **Approval Minutes:** Minutes approved with the following amendment: Pat Williams reference be changed to Kathy Williams in reference to the awards.
5. **Member Announcements:**
  - Bob did not have a chance to work on the Vitals App re-write, he will complete and bring to next meeting.
6. **Correspondence:** Summary of Budget & Finance Committee Meeting on March 23<sup>rd</sup>, 2020 reviewed
7. **Time Set Agenda:** CONSENT AGENDA
  - a. **Presentation:** Budget Presentation-motion to forward budget committees recommendations to Board of Supervisors-Quorum met, motion approved.
    - Don recommends that before sharing Budget Presentation with BOS that the Slide with the initial pie chart be accompanied with actual numbers in the pie. Then when we move into further detail, we can see how all the numbers add up and fit together. Considering not everyone lives with MHSA/PEI/CSS it would also be helpful to include a slide in the beginning with a brief description & what the total amount for all MHSA would be.
8. **Mental Health Director's Report** by Karen Larsen, Mental Health Director, HHSA

- a. **COVID19-MH/SUD** currently in treatment we are doing our best to continue services. We are offering virtual visits and continuing with Crisis in person as well as the injection clinic. Clients are still getting some level of services in clinic which isn't optimal, but we are doing our best. Working on assisting our unsheltered population, they are at a greater risk no with no access to the usual areas they would utilize for personal hygiene. Working with area motels to partner with wrap around services, food delivery, security and trying to get as many indoors as possible.
- b. CBHDA/CWDA Treatment for Foster Youth
- c. Pine Tree Gardens Ad HOC-Ad HOC Committee with Saylor and Provenza & the Save Pinetree Gardens Group talked about potential for taking \$1 million & investing in the homes in stead of Pacifico project. The contract will have a write in that the homes must remain residential Care facilities for 20 years. The Pinetree Gardens group was agreeable that instead of expanding we will now use the money to preserve. We should have an answer before the money must be spent.
- d. Trauma Informed Primary Care Implementation Advisory Committee Meeting
- e. University of California, Office of the President-four to five thousand students who attend UC Davis are on Medi-cal. Those students are the responsibility of the county and need to have their medi-cal transferred but the process is very cumbersome. We are working on getting that process simplified. UC Davis reached out to leverage resources and grow services on campus. They will raise funds to match our MHSA dollars allowing those resources to be expanded. We will me having more calls to help grow our collaboration.
- f. Crisis Task Force/OAC
- g. Street Medicine/Mobile Medical Unit
- h. Adult Residential facility (ARF) Update
- i. Sequential Intercept Map Refresh
- j. Homelessness
- k. School based mental health
- l. MHSA 3 Year Plan

## REGULAR AGENDA

1. **Board of Supervisors Report-Don Saylor**
  - a. BOS is meeting weekly now. Solely focused on COVID19 and County response. We have activated our emergency operations center. People working in normal jobs shift gears when emergencies happen and take over new roles. We are better organized and have better partnerships with cities. Mindi Nunes represents the County as well as a separate group led by

Ron/Karen. The discussion process is very different, and everything is rapid fire. Yolo was the first County to order "Shelter in Place". We are now starting to hear stories of people who are infected; friends, and family members. Look at the County Website. We are working at making it information rich. There is a survey you can take and questions you can ask in an online forum. The California Department of Public Health has great updates as well as the County Facebook page where Karen with assistance has put together a presentation worth looking at. Another good resource on Facebook is called COVID19 Yolo Community Response, this is a group of grassroots individuals who created a forum where you can ask questions, pull resources. The county is about to enter into contract with them to help strengthen their operations. This group will help us reach out through non-in person contact or participate in offering help. You can send a message to Don's office and they will re-route if you are interested in getting involved. This is a tough time and we will emerge stronger.

2. **Criminal Justice Update:** We have been turned on our heads, evolving and changing daily. It is very complicated trying to balance the right to defendants, health and safety to jurors and family members, and staff. All the jury trials are on hold for 30 days. Extending times and deadlines affect those expecting a speedy trial. Continued all Criminal Justice Court for 30 days but may continue with ZOOM. We are having difficulty doing assessments because they are usually done in jail. The jail does not want HHS Staff inside and HHS has their own reservations about being inside as well. We are working on doing video assessments. We are not stopping the work but its very challenging.

Nicki questions what arrangements are being made in custody?

Jonathan states that currently the law says someone in custody has to be arraigned within 48 hours (court days). The court has issued a directive to the jail not to send anyone to court without judges' permission. May extend to 7 days but there is opposition to extensions because they would have to be in court and in jails. We will have to do arraignments by video instead of exposing people in court or during transportation. Yolo County is ahead of the curve.

3. **Chair Report**
  - a. Vitals App: Draft letter will be reviewed at next meeting
  - b. Nicki invites you to serve as her back up on the Health Council
  - c. Nicki has asked the Pine Tree Gardens Group to think about the kind of things they want to pay providers. Is this operator's business or PTG Business? Think through a process that is mindful to the financial process of 501c3, so it doesn't put the group in jeopardy.
4. **Future Meeting Planning and Adjournment**
  - a. No presentation next month, meeting will again be held by ZOOM

Meeting Adjourned at 7:59pm

Item 6.  
Mental Health Director's Report

## Local Mental Health Board

### Director's Report

April 27, 2020

- a. **Governor's Press Conferences** – On April 3<sup>rd</sup> Governor Newsom came to West Sacramento for his press conference at noon regarding the launch of Project Roomkey. The press conference was held in Yolo County as a testament to the fact that we had already sheltered 120 of the 869 sheltered statewide in Project Roomkey. On April 18<sup>th</sup> the Governor again publicly acknowledged Yolo County as one the counties going above and beyond in Project Roomkey.
- b. **COVID19(All)** –
  - a. **Cases/Deaths - Dashboard**
    - i. **Senior Living Facilities**
    - b. **Project Roomkey** – Yolo County HHS requested and received funding from the California Department of Social Services (CDSS) to provide non-congregate shelter opportunities for homeless individuals who meet certain criteria: COVID + and in need of quarantine, COVID tested and in need of isolation, 65+ years and older, chronic health condition placing the individual at increased risk of complications from COVID19. In addition, HHS has applied for a funding allocation from the California Medical Services Program (CMSP) for wrap-around services at motel settings and has received community benefit grants for mobile medicine from both Sutter and Dignity Health Systems.
      - i. **Shelter** – 8 motel leases, for a total of 246 rooms.
      - ii. **Food** – provided by Yolo Food Bank, brought daily to the motels by Yolo Bus and County Disaster Service Workers.
      - iii. **Services** – Four community-based organizations are providing a Lead Air Traffic Controller” role at each motel, case management and “runners” (for urgent supplies) and “callers” who check in several times per week with each motel resident. The four organizations include CommuniCare Health Centers, Turning Point Community Programs, Empower Yolo and Yolo County Children’s Alliance.
      - iv. **Medical**- Two motel medicine teams, each with a Physician, Nurse and Medical Assistants, are rotating 5 days per week through all 8 motels providing immediate medical care as indicated.
  - c. **Pine Tree Gardens/Adult Residential Facility** – The County is working with Turning Point and the Save Pine Tree Gardens group to explore options available for utilizing the funds originally allocated for Pacifico. These funds must be encumbered prior to June 30th or they revert.



- d. **Mental Health Urgent Care** - Yolo HHSA suspended its Sacramento Mental Health Urgent Care as of Monday, April 13, 2020. In light of the current COVID-19 crisis, coupled with low usage data and lack of fiscal sustainability, the County has decided to suspend operations of the First Responders Mental Health Urgent Care for the near future; we will reassess once the crisis has fully resolved.

In the meantime, HHSA continues to provide drop-in crisis mental health services and accept law enforcement drop offs in West Sacramento, Monday through Friday 8:30am – 4:30pm, as well as continue to have a Clinician available for crisis response in support of our local hospitals. Drop in crisis services and law enforcement drop offs are also available at our Woodland and Davis clinics, 8:30 am to 4:30 pm Monday to Friday.

We have been meeting with our hospital partners as well as our law enforcement partners to discuss the best approach moving forward to serve our residents who may be experiencing a mental health crisis.

- e. **Crisis Services FY20-21**- HHSA has been meeting with our hospital partners as well as our law enforcement partners to discuss the best approach moving forward to serve our residents who may be experiencing a mental health crisis. In light of expected revenue loss next FY due to COVID-19 and the economic downturn, adjustments have had to be made. Despite this, HHSA is committed to providing as full a contingent of services as possible. While specifics will be made available in the near future, the following will be in place:

- Walk-in crisis services and law enforcement officer drop off, including medication support from our Sutter Nurse Practitioners, at all three County clinics during business hours;
- Crisis clinician field response to accompany our County law enforcement partners in the community;
- County-provision of initial and annual CIT training for all County enforcement agencies;
- Crisis evaluations in both County ERs by hospital staff; and
- Inpatient facility placement coordination by HHSA staff.

- f. **MHSA** – HHSA staff continue to work on finalizing the new Three-Year MHSA Programs and Expenditure Plan 2021-2024. COVID-19 response efforts have delayed finalization of the plan and forced staff to revisit initial revenue and expenditure projections based on the expected economic impact of COVID-19. Staff hopes to finalize the draft plan in the next couple of weeks and post for public review in May.

The MHSA Coordinator recruitment was placed on hold along with all other county positions as a result of the COVID-19 pandemic response. We will be working with county Human Resources to release the recruitment in the next few weeks.

- g. **Substance Use Treatment** – Despite the COVID-19 crisis, substance use services remain active in Yolo through telehealth and telephone with some very limited in-person services. One residential provider is only accepting 2 male and 2 female clients per week from custody as a way to mitigate exposure for existing clients and staff at the facility. In May, the next Opioid Coalition meeting will be held so each provider can briefly discuss the services they are providing and the protective measures they are taking during this time.
- h. **Collaborative Courts** – Yolo was one of the first, if not the first, County in CA to hold specialty courts during the COVID-19 crisis. In the last two weeks, Mental Health Court and Addiction Intervention Court were both held via zoom with all protective measures to ensure the clients understand how the zoom court sessions were happening and staff utilized the wait room feature to ensure only those allowed to participate in the court sessions were a part of the proceedings. Both courts went off without a hitch and the team plans to continue utilizing zoom meetings until the courts fully re-open.
- i. **Network Adequacy** – Yolo County received notification from the Department of Health Care Services (DHCS) on April 6, 2020 that it has successfully implemented the approved Corrective Action Plan (CAP) for the 2019 Mental Health Network Adequacy Certification, and that the CAP is hereby closed. In September 2019, Yolo County was placed on a CAP due to non-compliance in a) Outpatient Specialty Mental Health Services (SMHS) Provider Capacity - Children/ Youth (age 0-20) and b) Timely Access.

As part of the Mental Health Plan (MHP) and Drug Medi-Cal Organized Delivery System (DMC-ODS) contracts with DHCS, in accordance with network adequacy standards developed by the Centers for Medicare and Medicaid Services, Yolo County is required to demonstrate that it:

- Has the capacity to serve the expected enrollment in its service area;
- Offers an appropriate range of specialty mental health and substance use disorder services that are adequate for the anticipated number of beneficiaries for the service area; and
- Maintains an MHP network of providers and a DMC-ODS network of providers that are each sufficient in number, mix, and geographic distribution to meet the needs of the anticipated number of beneficiaries in the service area.

On April 17, 2020, Yolo County submitted the 2020 Network Adequacy Certification Tools and supporting documentation for both the MHP and the DMC-ODS.

- j. **Services at HHSA Mental Health Clinics** – Essential (and in-person) mental health services, i.e. crisis intervention and long acting injectable medication appointments, continue to be provided at all three County Mental Health Clinics in Woodland, Davis and West Sacramento. Other mental services continue to be provided by telephone or telehealth – medication evaluations and prescriptions, assessments, therapy, and case management. Prescribers have retained very close to normal schedules, reaching clients

by phone for their scheduled appointments. Clients should expect that phone calls from their County provider may appear from a “restricted” number – not the clinic, in most cases. For clients coming into a clinic for injection appointments, they will be asked to wear a face covering, and injections will be given in a larger room than usual. They can expect nursing staff to also be wearing a mask.

For any questions about appointments, or to reschedule appointments, our County support staff can be reached at 530-666-8630. The Mental Health Crisis and Access line continues to be available at 888-965-6647 for screening and referrals for mental health and substance use treatment needs.

- k. **Meditation Offering** – Dr. Harrington, Medical Director for Behavioral Health Services, who has previously led groups in the Woodland Wellness Center that include meditation, is offering a weekly 15-20-minute meditation to our staff and community on Tuesdays at 4pm. Call in number is: 669 900 6833. Meeting ID: 974 416 852. Password: 423567

Item 9 a.  
Revised Vitals App-Letter to BOS from  
Chief Erk

April 27,2020

The Honorable Board of Supervisors  
County of Yolo  
625 Court Street. #204  
Woodland, CA 95695

Dear Yolo County Board of Supervisors,

The Vitals App is a program designed to help individuals with various conditions and/or disabilities, including mental illness issues to communicate with first responders, providers, and families in teal time.

The vitals app enables safer communications and allows for de-escalation of possible dangerous encounters by allowing such individuals and/or their families to create and share a personalized digital profile with authorized first responders via a secure mobile app. The material provided in the app fir the beacon is prepared by the family member, the individual, or providers for the individual. It can say how to deal with the individual, what the individual fears, or what medicine the individual needs in an emergency.

The purpose of the program is to provide hope, hope for the individual and their family that they are protected when they leave the house. They have a safety net there for ten when they need it most. Today, especially with the COVID-19 issues, this service can provide great help. Various first responders' groups throughout the country have partnered with NAMI chapters throughout the country to provide this service.

It is important to note we have concerns about privacy and abuse issues with the program. Use of this program should be done more with a keen eye to safeguard these issues. While the information provided is voluntary information from the sources (family, individual, provider), we cannot recommend it without the caveat that it company continue to work on those aspects of the program.

With the success of the program in other areas, especially in de-escalation in first responder incidents, we recommend use of this app.

Thank you,

Local Mental Health Board