



COUNTY OF YOLO

HEALTH AND HUMAN SERVICES AGENCY

POLICIES AND PROCEDURES

SECTION 5, CHAPTER 1, POLICY 007 PRACTICE GUIDELINES

POLICY NUMBER:	5-1-007
SYSTEM OF CARE:	BH
FINALIZED DATE:	05.11.2020
EFFECTIVE:	05.01.2020
SUPERSEDES # :	Supersedes Policy #'s: 6-5-010

- A. PURPOSE:** To ensure that clinical Practice Guidelines informed by current research and professional standards in Behavioral Health (BH) care are adopted by Yolo County Health and Human Services Agency (HHS) Specialty Mental Health Services (SMHS), Drug Medi-Cal Organized Delivery System (DMC-ODS) Substance Use Disorder (SUD) Services, and contracted providers.
- B. FORMS REQUIRED: N/A**
- C. DEFINITIONS: N/A**
- D. POLICY:** Yolo County HHS BH shall implement clinical Practice Guidelines that meet the requirements of the County's SMHS and DMC-ODS contracts with the Department of Health Care Services (DHCS), in compliance with state and federal regulations. Yolo County HHS BH shall review and update Practice Guidelines as appropriate based on relevant evidence-based practices and professional standards in BH care.
- 1. Practice Guideline Criteria**
- The Practice Guidelines adopted by Yolo County HHS BH will meet the following criteria:
- Shall be based on valid and reliable clinical evidence or a consensus of health care professionals in the particular field;
 - Shall consider the needs of Yolo County HHS BH beneficiaries;
 - Shall be adopted in consultation with contracting health care professionals; and
 - Shall be reviewed and updated periodically, as appropriate.

2. Dissemination of Adopted Guidelines

Yolo County HHSA BH shall disseminate Practice Guidelines through appropriate venues, such as staff / provider trainings, stakeholder meetings, and on the County’s website. As appropriate, Yolo County HHSA BH will also disseminate the Practice Guidelines to contract providers upon contract execution and renewal as well as to Medi-Cal beneficiaries and potential beneficiaries upon request.

3. Utilizing Practice Guidelines

Yolo County HHSA BH shall ensure that decisions for utilization management, beneficiary education, coverage of services, and other areas to which the guidelines may apply are consistent with the adopted guidelines.

E. PROCEDURE

1. Yolo County HHSA BH will provide training / guidance to staff and providers on the adopted Practice Guidelines, as appropriate to their job function (e.g. medication management practices for medication support staff; trauma-informed care for clinical staff).
2. Yolo County HHSA BH will make available and provide copies of the Practice Guidelines to Medi-Cal beneficiaries and potential beneficiaries upon request.
3. At least every three (3) years, Yolo County HHSA BH management team will review Practice Guidelines that have been implemented to ensure compliance with the regulations. Guidelines will be revised, if necessary, and new guidelines may be adopted to maintain clinical standards.

F. REFERENCES:

1. 42 CFR 438.236;
2. 9 CCR 1810.326;
3. DMH Letter 04-07;
4. MHP-DHCS Contract;
5. DMC-ODS Intergovernmental Agreement.

Approved by:



Karen Larsen, Director
Yolo County Health and Human Services Agency

5/14/20

Date