



PERSONAL HEALTH & SAFETY GUIDANCE

WEAR A FACE COVERING THAT:



- Fits snugly but comfortably against the side of the face.
 - Is secured with ties or ear loops and includes multiple layers of fabric.
 - Allows for breathing without restriction.
 - Is launderable & machine dried as needed without damage or change to its shape.
- ** Face coverings are mandatory in Yolo County until further notice.**

PRACTICE SOCIAL DISTANCING BY:



- Maintaining 6 feet of distance from others.
- Not gathering in groups unless allowed to by the state or local order.
- Staying out of crowded places and avoiding mass gatherings.
- Limiting contact with others outside your household in outdoor and indoor spaces.
- Connecting through calls, texts, video chat or social media instead of in-person.

ADHERE TO GOOD HYGIENE HABITS LIKE:



- Wiping down high touch surfaces with disinfecting wipes.
- Not touching your eyes, nose, mouth or face with unwashed hands.
- Washing hands frequently or using hand sanitizer when handwashing is not practical.
- Sneezing/Coughing into your elbow or a tissue and disposing the tissue properly.
- Not going to work when sick.

KEEP YOUR DISTANCE.

Everyone should wear a face coverings in accordance with the Health Order AND adhere to the 6 ft of social distancing until further notice. High-risk populations should stay home until Stage 4.

PRACTICE GOOD HYGIENE.

Reinforce good hygiene practices with well-stocked homes and work spaces that have soap and/or anti-viral cleaning supplies. No-touch garbage and recycling receptacles are preferable.

Door handles and commonly touched surfaces should be disinfected throughout the day.

OUR RESPONSIBILITY.

We're all in this together.

Good health depends on a safe and clean environment.

We all have a responsibility to our families and communities to practice good cleaning and health protocols.