

COUNTY OF YOLO

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Importance of Social Distancing and Limiting Gatherings

(Woodland, CA) – With increasing numbers of locally confirmed Coronavirus Disease 2019 (COVID-19) cases, Yolo County is reinforcing the importance of social distancing and limiting social gatherings.

With the temptation of warming weather, upcoming Father's Day, and the start of summer, communities and residents are being asked to continue to social distance and reduce close contact, such as hugging or shaking hands, with people from other households, including family members and friends.

The last seven days (6/10 - 6/16) of confirmed cases in Yolo County have been due to a variety of reasons, including social gatherings with a lack of social distancing, where friends or family met, gathered, and contracted COVID-19 and individuals who traveled to other counties, states, or even out of the country and contracted the virus and then brought it back to their residence in Yolo County. This increase in confirmed cases due to social gatherings, travel, or the lack of social distancing is happening throughout the region and in surrounding counties as well.

"With Father's Day rapidly approaching it is vitally important that families celebrate safely," said Yolo County Board Chair Gary Sandy. "That means maintaining social distancing, frequently hand washing, and avoiding celebrating with family members from different households, particularly those from outside our area."

COVID-19 is mainly spread among people who are in close contact with each other for a prolonged amount of time. Social distancing, also called "physical distancing," is one of the best ways to reduce the spread of COVID-19 by helping to limit the opportunities for the virus to infect others by staying at least six feet away from other people. Social distancing is important for everyone to follow, especially for people who are considered high risk or have compromised immune systems.

In addition to social distancing, the <u>Center for Disease Control</u> (CDC), the <u>World Health Organization</u> and the California Department of Public Health have all stated that face coverings are an additional protective measure to help slow the spread of the virus, especially when social distancing is not possible. Face coverings are mandatory in Yolo County and should be worn as directed in public situations and as detailed in various Yolo County guidance for reopened activities.

For additional information Yolo County's visit: about Roadmap Recovery, www.yolocounty.org/coronavirus-roadmap. Residents can also call Yolo 2-1-1 for resource information. For additional updates follow Yolo County on Facebook at: https://www.facebook.com/YoloCounty/ or Twitter at: https://twitter.com/YoloCountyCA.