

Spending time with family and friends is important. But COVID-19 is a threat to all of us - **including you and your family**. Now, it's spreading in our **community**. A well-intentioned visit or social gathering could **threaten your loved ones' life!** Remember, **you can spread COVID-19** even without showing any symptoms!

For the sake of your family, LIMIT SOCIAL GATHERINGS TO ONLY THE MOST ESSENTIAL.

Limit social gatherings like:

- Parties
- Cook-outs
- Family reunions
- Group fishing trips
- Religious ceremonies
- Graduation Parties
- Birthday celebrations
- House visits
- Going out with friends
- Visiting friends or relatives

If you get COVID-19 that means that you need to isolate (stay home and away from other people) for 14 days. Even those that live with you need to quarantine for 14 days in case they have it as well.

This means that if you have COVID-19, everyone in your household can't work, gather, go out, see friends, visit family, or do anything.

Getting COVID-19 impacts more than just you - it impacts your family and everyone you live with.

Do your part. Do not let your guard down. Keep your family safe. Limit social gatherings now.