Protecting Your Family

Your family's health is the most important priority.
We know gathering with family is important.
Family is a part of our identities and culture.
But seeing your loved ones can also put them at risk!

If you are going to gather with family:

- Wear a face covering
- Socially distance (6 feet)
- Frequently wash hands with soap and water
- Cover your cough

Do NOT GATHER if you think you are sick. **Do NOT GATHER** if you have any doubts.
Protect your family from COVID-19. Do not do something you will regret.
Remember, you can spread COVID-19 even without showing any symptoms.

If you get COVID-19 that means that you need to isolate (stay home and away from other people) for 14 days. Even those that live with you need to quarantine for 14 days in case they have it as well. This means that if you have COVID-19, everyone in your household can't work, gather, go out, see friends, or visit family.

Getting COVID-19 impacts more than just you - it impacts your family and everyone you live with.