

Mental Health Services Act (MHSA)

Three-Year Plan Summary, 2020-2023

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Community Health Branch



2020–2023

Three-Year Program & Expenditure Plan

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“We are all the
face of mental
illness.”

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Overview

- New strategy for community planning
- Continuing uncertainties related to the impact of COVID-29
- Addressing race and equity

Major Themes From This Report

- People can and do get help from Yolo County HHSA to heal, improve, and recover from mental health issues.
- Much of what people have asked for is already provided in some form.
- Access to services is an enduring issue.*
- People in Yolo County strongly value prevention and support groups, particularly work that prevents youth from developing more serious issues later.
- LGBTQ+ people, youth particularly, are at tremendous risk of mental illness, suicide, and homelessness.

Major Themes From This Report - continued

- The county prioritizes care for people with the most serious mental illness.
- People in the community generally don't understand the difference between "mild to moderate" and "severe" mental illness.
- People don't understand that county mental health services are generally provided to and designed for the most seriously mentally ill.
- Latinx, African American, and Native American people are less likely to get the care they need for mental health issues.
- There is universal agreement about the profound seriousness of the needs of people who are experiencing homelessness.
- HHSA needs more resources to administer and evaluate impact.

The Community Engagement Process


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“Help my
mom.”

– Youth

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- 6-month process from August 2019-January 2020
- 31 focus groups with 524 consumers, their family and friends, people on the front lines, emergency responders, adults, parents, youth, LGBTQ+ people, diverse racial and cultural communities, and many more
- 8 key informant interviews with HHSA leadership (6) and county supervisors (2)
- 3 MHSA education sessions
- 6 community engagement workgroups sessions

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“I see young adults in the
justice system that came
through 10 years ago as
foster children.”

– Focus group participant

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FIGURE 25. PARTICIPANT RACE

Race (Multiple), N = 524	Number	% of 524 Respondents
African American or Black	51	9.7
American Indian or Alaska Native	21	4.0
Asian	36	6.9
Pacific Islander or Native Hawaiian	6	1.1
Middle Eastern	7	1.3
Caucasian	300	57.3
Latinx or Hispanic	173	33.0
Total (>100%)	594	113.4



“That person’s a human being and they need help. We got to be more about humans. I am shocked at how much discrimination goes on today.”

FIGURE 27. PARTICIPANT RESIDENCE BY CITY WITHIN YOLO COUNTY

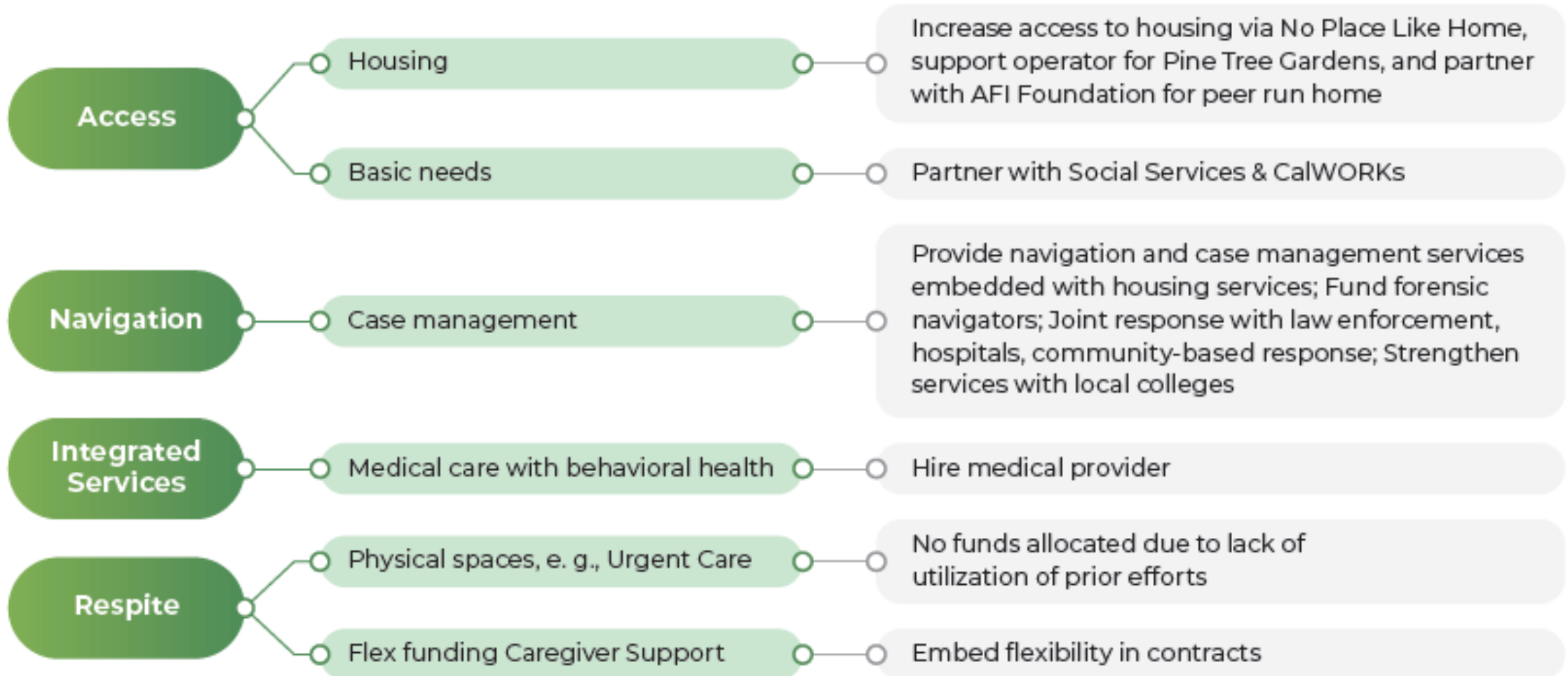
Residence, N=522	Number	%
Clarksburg	1	0.2%
Davis	117	22.4%
Dunnigan	2	0.4%
Esparto	8	1.5%
Knights Landing	4	0.8%
West Sacramento	28	5.4%
Winters	13	2.5%
Woodland	170	32.6%
Yolo County unspecified	8	1.5%
Outside Yolo County	171	32.8%
Total	522	100.0%

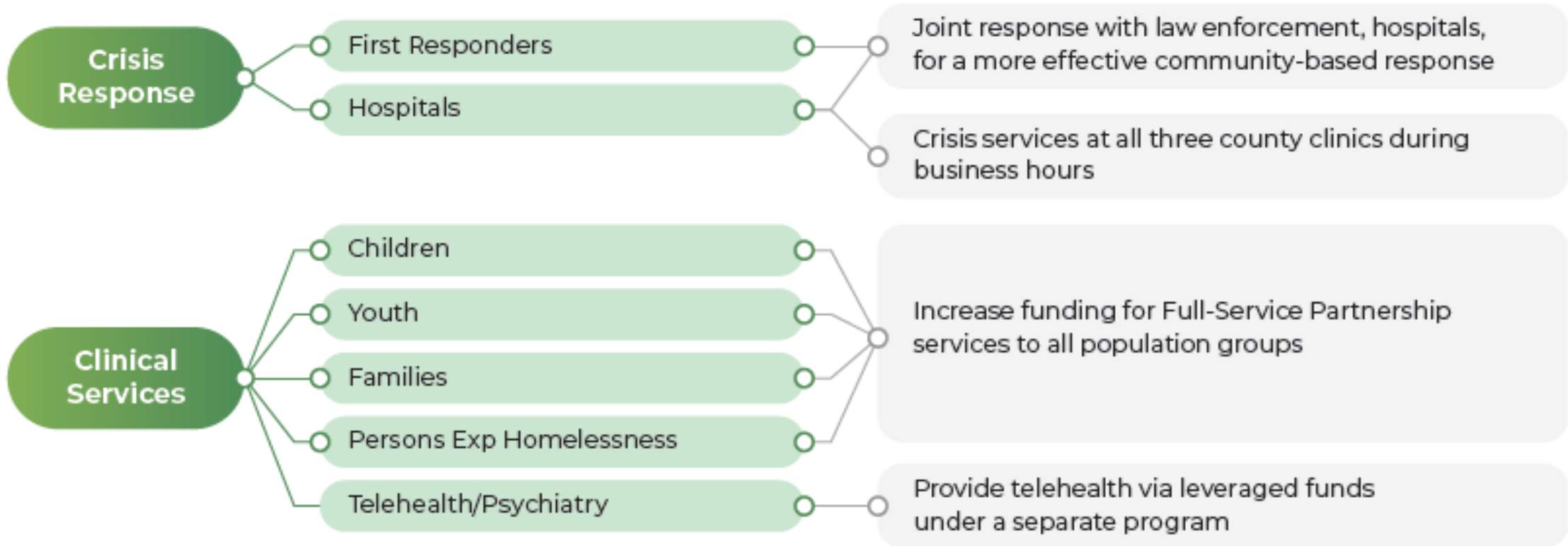
FIGURE 28. PARTICIPANT AFFILIATION

Participant Affiliation (Multiple), N = 534	Number	% Overall	% of 534 Respondents
First responder	10	1.2%	1.9%
Business owner	14	1.7%	2.6%
City or county employee	132	15.8%	24.7%
Community agency	22	2.6%	4.1%
Community member	161	19.3%	30.1%
Educator	70	8.4%	13.1%
Family member or friend of mental health client	64	7.7%	12.0%
Intern	4	0.5%	0.7%
Mental health client	71	8.5%	13.3%
Mental health service provider	152	18.2%	28.5%
Other	95	11.4%	17.8%
Prefer not to answer	27	3.2%	5.1%
Student	12	1.4%	2.2%
Total (>100%)	834	100.00%	156.18%

Overview of the the 3-Year Plan

SERVICES





PREVENTION

Education

Increase community awareness

School-based programming to increase education, access and referral

Support Group

Peer mentorship

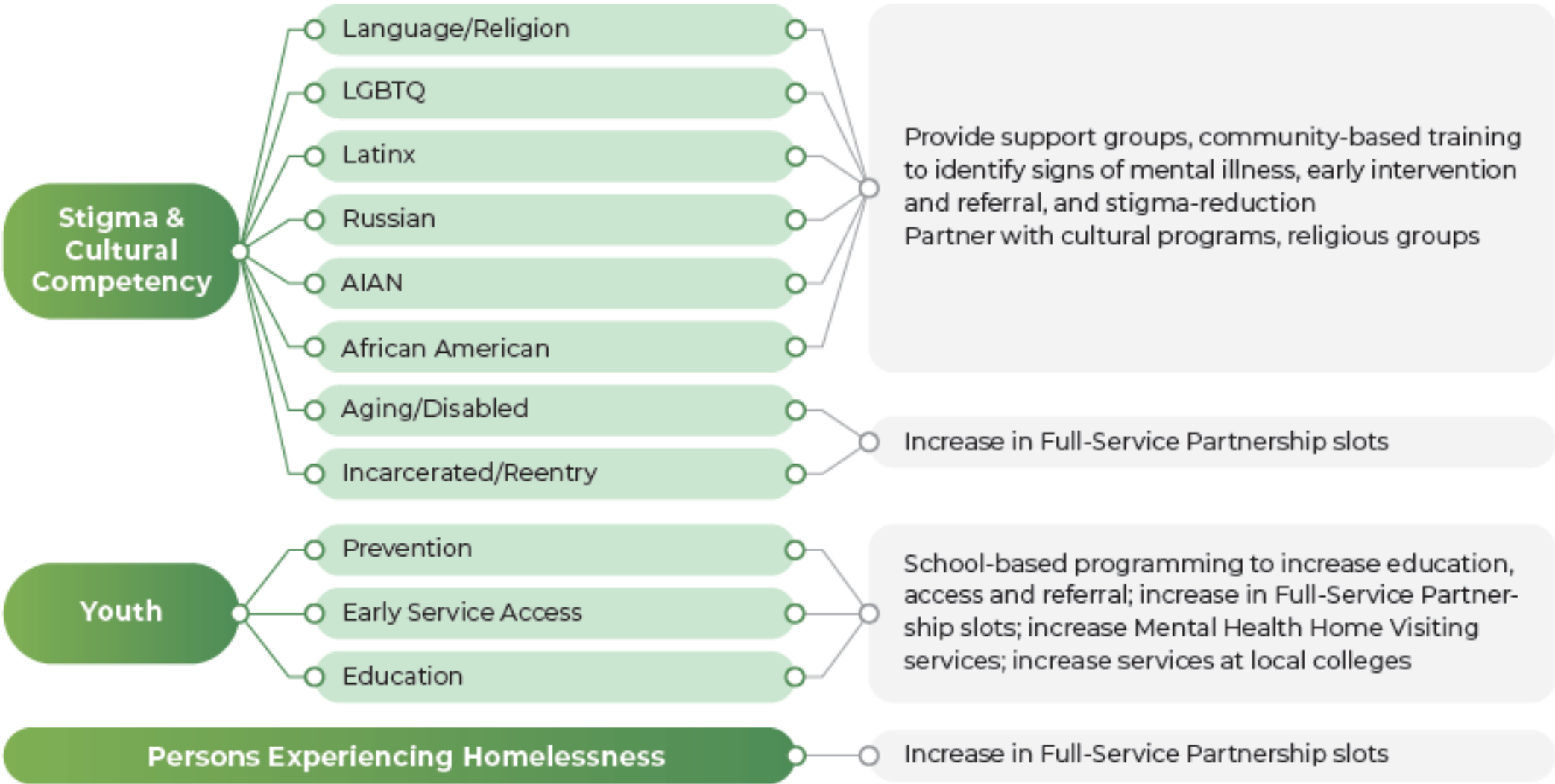
Funds allocated to special needs populations

Training

Increase community knowledge

Fund Suicide Prevention Lifeline, Suicide Prevention Training, Mental Health First Aid Trainings

SPECIAL NEEDS POPULATION & CULTURAL COMPETENCY



FUNDING

Increase Funding

Identify collaborations and partnerships to broaden funding base in order to address multiple complex needs, including several projects leveraging funding with partners like K-12 schools, community college, MHSOAC, Prop 56, First 5, AFI Foundation and law enforcement

More Providers

Funded via increased FSP slots, School-based services, integrated health

Flexible Funding

Embed flexibility in contracts

INFRASTRUCTURE

Evaluation/ Data

Assess impact, quality of services and overall capacity of programs to inform data-based decision-making

Support new contractors

Fund staffing development and evaluation services to manage large data sets; look at evidence-based practices and their impact; support investments in cultural competency; provide technical assistance for new programs

Community Services & Supports Plan

Program	Status	Target	3-year budget	1-year budget
Peer- and Family-Led Support Services	Continuing	26-59	\$300,000	\$100,000
Older Adult Outreach Assessment Program	Continuing	60+	\$3,894,269	\$1,251,345
Adult Wellness Services Program	Continuing	26-59	\$18,205,939	\$5,556,979
Community-Based Drop-In Navigation Center	Continuing	16+	\$2,533,200	\$844,400
Tele-Mental Health Services	Continuing	16+	\$2,347,632	\$771,538
Mental Health Crisis Service & Crisis Intervention Team Training	New/Modification	16+	\$5,385,240	\$1,505,779
Children's Mental Health Services	Continuing	0-20	\$2,142,387	\$686,311
Pathways to Independence	Continuing	16-25	\$4,910,466	\$1,573,481
		Subtotal CSS	\$39,719,133	\$12,289,833

Prevention & Early Intervention Plan

Program	Status	Target	3-year budget	1-year budget
Senior Peer Counseling	Continuing	60+	\$150,000	\$50,000
Latinx Outreach/Mental Health Promotores Program	Continuing	16-59	\$885,444	\$295,148
Early Childhood Mental Health Access & Linkage Program	Continuing	0-5	\$1,200,000	\$400,000
K-12 School Partnerships	New	6-18	\$3,300,000	\$1,100,000
Youth Early Intervention Program	Continuing	6-25	\$382,148	\$122,421
College Partnerships	New	16-25	\$450,000	\$150,000
Early Signs Training and Assistance	Continuing	16+	\$1,296,014	\$425,895
Cultural Competence	New	0+	\$2,572,221	\$675,967
Maternal Mental Health Access Hub	New	0+	\$300,000	\$100,000
		Subtotal PEI	\$10,535,827	\$3,319,431

Innovation, Capital Facilities & Technology, Workforce Education & Training Plans

Innovation Plan

Program	Status	Target	3-year budget	1-year budget
Integrated Medicine into Behavioral Health	New	16+	\$1,808,000	\$506,000
Crisis Now Learning Collaborative	New	16+	\$145,000	\$145,000
		Subtotal INN	\$1,953,000	\$651,000

Capital Facilities & Technological Plan

Program	Status	Target	3-year budget	1-year budget
IT Hardware/Software/Subscription Services	Continuing	NA	\$2,492,790	\$811,374
Peer-Run Housing	New	26-59	\$250,000	\$250,000
		Subtotal CFTN	\$2,742,790	\$1,061,374

Workforce Education & Training Plan

Program	Status	Target	3-year budget	1-year budget
Mental Health Professional Development	Continuing	16+	\$167,422	\$54,880
Peer Workforce Development Workgroup	Continuing	26+	\$69,111	\$23,037
Central Regional WET Partnership	New	16+	\$85,000	\$30,000
			\$321,533	\$107,917