



# Roadmap to Recovery: Youth Sports Protocol & Recommendations

## FACE COVERINGS:

### All youth sports operators and participants must:

- Require athletes, coaches, and volunteers to wear a face covering when onsite at a youth sport activity;
- Maintain 6 feet or greater social distancing when exercising; if you can maintain 6 ft. of distance you do not need to wear a face covering;
- Inform parents about face covering requirements;
- Take reasonable steps to keep people not wearing a face covering from coming in close proximity to the practice area, and
- Refuse service to anyone not wearing a face covering.
- Exceptions: (1) a medical professional has advised against wearing a face covering for health-related reasons; or (2) wearing a face covering would create a risk to staff related to their work. (3) someone has trouble breathing or is unconscious, incapacitated, or otherwise unable to remove the face covering without assistance; or (4) children 2 years or younger. Children 2 years and older are required to wear a face covering.
- For detailed information, visit: <https://www.yolocounty.org/coronavirus-roadmap>.

## SOCIAL DISTANCING:

All industries must utilize social distancing measures (of at least 6 feet), as well as in common spaces, such as breakrooms, meeting rooms, etc.

SEPTEMBER 22, 2020

# Youth Sports Protocol

## PROTOCOLS

During Expanded Stage 2 for variance-approved counties, only Youth Sports trainings and practices are permitted in Yolo County at this time, as long as the operator follows this local guidance and the [State guidance for Youth Sports](#). The No indoor or outdoor Youth Sports events including games, tournaments, events, and gatherings are allowed until further notice. If the training/practice activity cannot be managed in such a way as to prevent the close proximity of coaches and athletes, then the activity cannot be permitted. Youth sports and physical education are permitted only when the following can be maintained: (1) physical distancing of at least six feet; and (2) a stable cohort, such as a class, that limits the risks of transmission.

Avoid equipment sharing, and if unavoidable, clean and disinfect shared equipment between use by different people to reduce the risk of COVID-19 spread.

Members of the same household may engage in sports activities together.

## RESOURCES

### Yolo County

<https://www.yolocounty.org/coronavirus-roadmap>

<https://www.yolocounty.org/coronavirus-documents>

<https://www.yolocounty.org/coronavirus>

<https://www.yolocounty.org/shelter-in-place>

### State of California

<https://covid19.ca.gov/>

State Guidance on Youth Sports: <https://files.covid19.ca.gov/pdf/guidance-youth-sports--en.pdf>

State FAQs on Youth Sports Guidance: <https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/Youth-Sports-FAQ.aspx>

### California Department of Public Health

<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/ncov2019.aspx#>